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He said to them, "Go into all the world and preach the gospel to all creation." - Mark 16:15

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November 2023



**The Ten Commandments**  
Exodus 20:3-17

- I Thou shalt have no other gods before me.
- II Thou shalt not make unto thee any graven image.
- III Thou shalt not take the name of the Lord thy God in vain.
- IV Remember the sabbath day, to keep it holy.
- V Honor thy father and thy mother.
- VI Thou shalt not murder.
- VII Thou shalt not commit adultery.
- VIII Thou shalt not steal.
- IX Thou shalt not bear false witness against thy neighbor.
- X Thou shalt not covet.

**HAPPY Thanksgiving DAY**

Give thanks to the Lord, for he is good; his love endures forever.  
1 CHRONICLES 16:34



This month we celebrate Thanksgiving Day. We learned in school that the first Thanksgiving was celebrated by the Pilgrims at Plymouth Rock in 1621. What we may not remember is that the Pilgrims didn't have many reasons to be thankful. H. U. Westermayer noted, "The Pilgrims made seven times more graves than huts. No Americans have been more impoverished than these who, nevertheless, set aside a day of thanksgiving."

St. Paul wrote, in Philippians 4, "Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done." We are not instructed to ignore our needs or make believe that they do not exist.

No, we are told to acknowledge them and present them to God in prayer. Yet, in the midst of our worries and prayers, Paul asks us to remember everything that is good and offer thanks.

Lately, the news in our world has not been very good. Personally, you may find yourself in times of difficulty. It is important, especially during times like these, to remember to be thankful, even though it may not be easy to do. Being thankful reminds us that not everything is bad. We often get focused on our problems and miss all the good around us. Reminding ourselves of what is good in our lives can help raise our spirits above our problems, and produce the faith we need to accompany our prayers.

*Continued on Page 8*

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See article on Page 7

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**How Grateful Are You?**

"With gratitude, optimism is sustainable." I heard Michael J. Fox say this in a recent interview.

I know that I've written about gratitude before, but I think it bears repeating. Without gratitude in our daily lives, we can become miserable, giving in to any negative energy that can surround us. The only way to change the way things appear to us is to change the way that we look at them. And being thankful is the best way to change our outlook on the things that pull us down.

Here are the five main types of benefits of practicing regular gratitude, according to the Happier Human's analysis of 26 studies on gratitude:

- **Emotional benefits** that can include feeling happier, improving our self-esteem, and helping us feel more resilient.
- **Social benefits** that can improve our friendships and romantic relationships and strengthen our family relationships in times of stress.
- **Personality benefits** that can help us feel more optimistic, increase our spiritualism, reduce materialism, and increase our interests in giving to others.
- **Career benefits** that can help us be more effective in managing and mentoring employees, reduce impatience, improve our decision-making skills, find meaning and purpose in our work, improve mental health, and reduce stress.

*Continued on Page 5*

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**See Page 8**

## GFWC 44th Annual Arts & Crafts Show



GFWC Lutz-Land O'lakes Woman's Club is busily preparing for its 44th Annual Arts & Crafts Show on December 2nd and December 3rd, 2023 on the Campus of Keystone Prep, 18105 Gunn Highway, Odessa 33556 (north of VanDyke). The clubwomen, who work so hard on behalf of the community, again anticipate a crowd of over 30,000 for this very popular FREE family weekend event.

The juried Arts & Crafts Show, with cash arts awards presented, will be bigger and better than ever, featuring over 200 vendors, a large food court with great choices and a visit from SANTA on both days for the kiddies. This show is always a big hit with friends and families enjoying the fun holiday atmosphere with very unique shopping and great food. Find that special gift or treat yourself to original artwork, photography, beautiful hand-crafted jewelry, artisanal products, wood and metal art, plants, yard art and so much more.

This show is the Woman's Club's largest annual fundraiser, enabling it to provide many scholarships and funding to area schools, libraries, and donations to many organizations and non-profit projects. Mark your calendar for this show on Sat. & Sun December 2nd & 3rd.

Show Hours: Sat. 10 to 5pm; Sun 10 to 4pm. Admission is FREE; \$5 parking per car will be collected by the school to benefit it. Plan to carpool and save. Handicap parking is available. For Info: Call Faith Sincich at 813-389-2719 or [LutzArtsandCraftsShow@gmail.com](mailto:LutzArtsandCraftsShow@gmail.com)



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# Honoring All Veterans

TO HONOR

## THE MEN AND WOMEN OF THE US ARMED FORCES

You probably know that on November 11th, Americans celebrate Veterans Day to honor the millions of the men and women who have served or are serving in the nation's armed forces. But did you know the whole story behind the holiday?

For starters, you probably didn't know it wasn't called Veterans Day, but Armistice Day, to commemorate the truce signed by the allies in Germany in World War 1 on the 11th hour, the 11th day, of the 11th month 1918. The first Armistice Day was celebrated in the U.S. on November 11, 1919.

All businesses were suspended for 2 minutes starting at 11:00am, and parades and public gatherings were held to commemorate the occasion. Later, Americans began honoring our unknown soldiers on Armistice Day, the tradition that continues today. At 11:00am every Veterans Day, a color guard ceremony represents all branches of the military, and the tomb of the unknown soldiers in Arlington National Cemetery.

In 1954, President Eisenhower officially changed the name to Veterans Day following a national campaign to have the day honoring all veterans, not just those who served in World War 1, and did you know for seven years Veterans Day was actually celebrated in October?

In 1968 Congress moved Veterans Day to the fourth Monday in October so the government employees could enjoy a long weekend. But in 1975, President Gerald Ford returned Veterans Day to November 11 due to the historical significance, and that's where it sits on a calendar today.

Did you know the difference between Memorial Day and Veterans Day? Both of them honor those men and women that served in the military, but Memorial Day honors America's war dead, while Veterans Day honors all American veterans living and dead. The U.S. census bureau estimates 21 million veterans living in the United States. More than 16 million of these served in a time of war. 5.5 million served during peacetime only. So this Veterans Day, don't forget to say thanks to some of the men and women that served our country.

<http://www.history.com/topics/holidays/veterans-day-facts>

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## Are you an expecting mom (35 weeks+)?

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### ● HOW DO I PARTICIPATE?

**1- Fill out our Form**  
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**2- Feed Your Baby**  
 Based on random selection (like flipping a coin), we'll provide one of the three study products or an existing cow milk infant formula at no cost. You will receive it immediately upon your baby's enrollment visit, and at each follow up visit throughout the study.

**3- MEASURE GROWTH**  
 On a scheduled basis, you will visit a study doctor to have your baby's growth measured and to check on your baby's progress over 16 weeks. Daily tasks can be completed in the comfort of your own home via our study app.

### ● ABOUT OUR STUDY

**What is the purpose of the study?**  
 The goal of this study is to demonstrate that babies fed Bubs infant formula grow at the same rate as those fed a commercially available cow milk formula. Such a study is a requirement by the FDA to allow a new infant formula into the USA market. The study also includes a group of breastfed babies.

**How long will I participate?**  
 You and your baby will be in the study for up to 18 weeks, including enrollment and training. Once you have registered, you will be asked to occasionally visit a study doctor for growth measurements 6 times over a 16 week period.

**What is the compensation for my participation?**  
 The total compensation for completing the study is \$300 spread out over six payments. Participants receive payment after completion of each visit with a study doctor. Formula feeding parents who successfully complete the study, will receive a complimentary two-month supply of the study formula.

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SCAN ME

For more information and to see if you may qualify, visit [validcare.com/bubs-gms/](http://validcare.com/bubs-gms/)



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Michele Johnson-Towson, MD, FAAP, PA

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## Flu Season Is Right Around the Corner! Protect Your Child's Health

By Karen McBride

Dr. Michele Johnson-Towson, Pediatric Place of Tampa, is a board-certified pediatrician with 30 years of experience in caring for children ages newborn to 21 years old.

Students headed back to school last month which means, the cold and flu season is not far behind. Kids share germs right along with academics and sports. The doctor is encouraging patients to schedule flu shots starting in September. The flu shot which contains coverage against the influenza A&B strains is available in proper doses for ages 6 months and up. Same-week appointments are available for school physicals at Pediatric Place of Tampa, and the practice accepts all insurances as well as self-pay patients. New patients are always welcome!

Dr. Johnson-Towson and her staff are dedicated to keeping patients both healthy and educated on changes in children's health care. Pediatric Place of Tampa offers Urgent Care hours to accommodate sick children after work, school, and/or daycare. Urgent Care hours are available Monday - Friday until 7pm and Saturday 8am until noon. Pediatric Place of Tampa is conveniently located at 1338 W. Fletcher Avenue in Tampa. Call today at 813-264-2288 to schedule an appointment for school physicals, checkups, and flu shots.

I heard about this lady who surprised a burglar in her house late one night.

She was home alone and didn't have a weapon and she didn't know what to do. Finally she thought, "I'll quote a scripture verse," so she shouted out "Acts 2:38!" and the burglar suddenly froze in his tracks and didn't move.

As soon as the police arrived they were amazed how a woman with no weapon could do this. They asked the burglar what was it about that scripture that had such an effect on you. He said, "Scripture? I thought she said she had an Axe and two .38's!"

"Say it like you mean it." Joel Osteen

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## Do You Like Diamonds?

I have never met anyone who does not like diamonds. Why? Because they get your attention. Their brilliant sparkle reflects light that catches the eye of the beholder. Diamonds are valuable. The amazing glitter of an engagement ring brings delight that can be heard in the squeals of the young ladies; while the cluster of large stones on the hand of the more mature solicits the curiosity of others as to the size of the bank account they must represent.

In the Bible, diamonds and precious stones represent people. On the breastplate of the high priest were four rows of valuable stones, each etched with the names of the tribes of Israel (Exodus 28). In the Book of Revelation, the "Bride of Christ" is a city with twelve gates and twelve foundations each bearing the names of the tribes of Israel and apostles of Christ (Rev. 21). The walls of this spiritual city are built with "precious stones", and we don't have to guess what they are because Peter tells us that we are "living stones built up as a spiritual house." This heavenly city has been endowed with most valuable stones all set in the purest gold.

Do you know that this is how God sees you? You are precious and your value far exceeds the most expensive treasures you can image. Many might say, "I just cannot understand why God would see me as something to be treasured."

Let me remind you that a diamond's value is found in the price someone is willing to pay for it. God paid the highest price there ever could be. The blood of His Son Jesus was required to purchase us for Himself. You may still be a "diamond in the rough", yet uncut or polished, but God sees you as a most valuable treasure.

God wants to help you shake off the mud and dirt that obscures your ability to shine with a brilliance that reflects His glory. You see, this city God is building has no light of its own, for it is the glory of God that is the light (Rev. 21:23). The more like Jesus we become, the more glory we reflect.

Paul said in 2 Corinthians 3:18 NET, **"And we all, with unveiled faces reflecting the glory of the Lord, are being transformed into the same image from one degree of glory to another, which is from the Lord, who is the Spirit."**

God wants us to shine bright like a diamond so others will be attracted to Him. After all He is the Master Jeweler and the good work He has begun in us He will continue to perform until we reflect the pure light of His glory and get everyone's attention.

Dr. Dan Coflin and his wife Dianne co-pastor River of Life Church at 410 E. Chapman Rd. in Lutz, FL. 33549, (813) 949-9931, [www.roltampa.org](http://www.roltampa.org)

We would love to invite you to visit River of Life Church. Our lively worship begins at 10:30am on Sunday. We are a non-denominational, spirit-filled ministry.



## Self-Control with Food Choices

Samantha Taylor, Health & Fitness Expert



Did you know it's actually a characteristic of following God to be able to have self-control? Some people say that "willpower doesn't work" but that's not the kind of thing I'm talking about. Galatians 5:22-23 talks about how a "fruit" of the Spirit is self-control. The word fruit in this scripture actually means a result or an effect of something. Chapter 5 talks about following God and walking in the ways of the Spirit instead of just following your flesh that has the cravings and desires. But that word self-control actually means in the Bible "to master oneself, to restrain, to have control over".

I don't know about you, but I struggled immensely with food and I had no self-control whatsoever. Until I learned that the Bible actually talks about having self-control and that it's an effect or result of following after God. That really gave me hope because I was such a food addict and overeater, I didn't know how to say no to unhealthy food.

I just thought if I had a craving for it, I had to eat it. But then I found when I overate, I was frustrated with how I felt afterwards and in the end, I was frustrated with my decision. There's a difference between something tasting good and making you feel physically not well because you either ate too much of it or it's just an unhealthy processed food that's not good for the body.

So it was really empowering to learn that you actually can have godly self-control over yourself and your cravings. You learn to not just jump on impulse with any food that is before you, you actually stop and think about it and make a decision based on what you want as a result of eating that food. Again, there's a big difference of eating something just for flavor compared to eating things that are going to help you be healthy, feel amazing, easily maintain your weight AND taste great. From working on this, I really learned how to respond to a trigger or stimulus with certain foods and CHOOSING what to eat based on the whole experience instead of just reacting on impulse.

This had a huge impact on my food choices and more easily being able to choose foods that I was not going to regret later. Again, I'm not talking about making a choice just on the flavor. I'm talking about the whole experience that it brings to the table because after the flavor is over, now you have to deal with the aftermath of what the food is doing to your body. And you learn to ask yourself if the effect of that food is what you really want, after the flavor is gone.

After going through these principles, I realized that I had a dysfunctional, unhealthy relationship with food, almost a love-hate relationship of loving the flavor but hating the result of what I was eating. It was when I worked on having a healthy relationship with food and choosing the foods based on the outcome I wanted, instead of just being impulse driven, that my food choices really started to change.

If you would help with this, I did a recent Bible study on this topic and you can get it here:

[www.SamanthaTaylor.com/selfcontrol](http://www.SamanthaTaylor.com/selfcontrol)

I also just launched my new you tube channel where you can get weekly inspiration here:

[www.youtube.com/@SamanthaTaylor333](http://www.youtube.com/@SamanthaTaylor333)

"Thank God! He deserves your thanks. His love never quits." — Psalms 136:1

Remember Our Veterans

### A LITTLE BIT ABOUT OUR FAMILY

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813.265.3859 LifeConnectionsOnline.org

## How Grateful Are You?

Continued from Page 1

- **Physical benefits** include reducing depression symptoms, reducing blood pressure, improving sleep, making it easier to exercise, and overall improving physical health. And here are a few ideas that can help you to add more gratitude in your life:
- **Prayer**, focus on listing things you're grateful for as part of your prayer time.
- **Think about 5 things** that you're grateful for every day, either as you're waking up or right before you fall asleep: or better yet, both!
- **Journaling** is a great practice where you list 3 things that you're especially grateful for. Do this every day and you will notice less stress in your life.
- **Create a gratitude jar** and fill it as you write something you're grateful for on a piece of paper each day, or each time you walk by the jar. It's a great visual for all the good things in your life.
- **Write thank you cards** not just when someone does something or gives you a gift, but also just to say you are thankful they are in your life.
- **Use your 5 senses** to create your gratitude list: find scents, touches, visuals, tastes, and sounds you're grateful for.
- **Make an effort** to tell your friends, family, coworkers, and even strangers what you appreciate about them each time you see them.

As for me, I am grateful for the many people who have graced my studio and given me the honor of letting me use my reflexology skills on them; people who are customers and later became friends.

In honor of Veterans' Day, I am offering a special to our veterans, both active and retired. Book an appointment to come in for a reflexology session during the week of November 6th through 11th and get a one-hour session for only \$40! This is my way of expressing gratitude for their service to our country.

You can book a reflexology session (which always makes me grateful) by calling (813) 965-1697 today. May God bless you with good health always. —Louise Richardson



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### Will You Pray For Our Nation?

In the face of widespread insecurity, fear, and hopelessness, our nation desperately needs your prayers.

Today we are surrounded by the effects of forgetting—even forsaking—God, both as a nation and as individuals. The problem is too big for human effort. Our nation has a heart problem, and only God can fix it. Will you join us in prayer as we ask God to heal our land?

We have a promise from the Lord: **“If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.”** (2 Chronicles 7:14, NIV)



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Faith is being sure of what we hope for and certain of what we do not see. Hebrews 11:1

## Kidz Korner: Pizza, Pastry, Party!

Hello and welcome to the Kidz Korner section of the newspaper! My name is Harley Smith, and this month's topic is the same as the event I planned in September.

If you read last year's November article, you would know I'm an American Heritage Girls member. American Heritage Girls (AHG) is a Christ-centered scouting program. Every week, the members—girls aged 5-18—of a troop gather to earn badges and learn more about their faith. Besides the weekly troop meetings, there are special events for the girls to attend. I organized one of these events, which was a Lock-In!

The event was planned by yours truly to earn the Level Award for moving to the next age group. Currently, I am an Explorer (ages 9-12) but will move to the Pioneer Level (ages 12-14) in May. The requirements of this Explorer-Pioneer Level Award required me to spend at least two hours planning an event for the troop. So, I chose to organize a Lock-In! But not just any Lock-In.

Annually, AHG has a themed National Day of Service, which is a service project opportunity for troops nationwide. Last December, I attended a party where the guests assembled Blessing Bags, which contained necessities such as toothbrushes, water bottles, and socks.

After the party, the guests took home the Blessing Bags they had made and gave them to homeless people. I loved the idea, so my Troop Coordinator suggested a National Day of Service-themed event to play games and make Blessing Bags! I was enraptured.

Okay, enough talk about the planning. Many weeks, lots of brainpower, and an arduous Sign-Up Genius later, girls arrived at the Lock-In at our troop's charter church. While playing games, the leaders organized rotations to the church's kitchen so we could bake pizzas and pastries, courtesy of a talented cook from the troop! After putting together the Blessing Bags, most of the evening was spent with zero structure, as per the plans, and the girls hit the sack at eleven.

In the morning, after a scrumptious breakfast of cinnamon rolls, a devotional was given for the girls, similar to the one that was read the evening before. Both devotionals expressed the importance of serving others freely of what God has blessed us with.

The first one also told the parable of the Good Samaritan from the Gospel of Luke and how anyone with a willing heart can serve. My challenge to you this month is to spend at least two hours volunteering in your community.

Goodbye! Stay tuned for next month's Kidz Korner article!

Harley Isabel Smith is a homeschooled 6th grader who has been featured on TV as a philanthropist, has a heart for evangelism, and writes monthly for the Gazette's Kidz Korner. Visit online at <https://harleyisabelsmith.com> where she is constantly adding written and video content to entertain and educate children.

**Matthew 19:14** Jesus said, **“Let the little children come to me and do not hinder them, for the kingdom of heaven belongs to such as these.”**

*“Give thanks to God—he is good and his love never quits.” — 1 Chronicles 16:34*  
**Remember Our Veterans**







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## Tax Collector Offices Raised Over \$11,900 for Pasco Fire Rescue's Annual "Boot Drive" for the Muscular Dystrophy Association



Tax Collector Mike Fasano's five offices featured Pasco Fire Rescue's Annual "Boot Drive" as the charitable organization for the month of August. \$11,906.77 was raised during this promotional effort. This annual event benefits the Muscular Dystrophy Association (MDA), which is a key organization supported by Pasco Fire Rescue/ Pasco Firefighters Charities.



"It was an honor to assist Pasco Fire Rescue once again with the annual MDA Boot Drive," comments Tax Collector Mike Fasano. "In the past our staff and a very generous community have come together to support this important organization. The "Boot Drive" brings back memories of the late Jerry Lewis' Labor Day Telethon and the images of firefighters collecting donations for the MDA with their firefighter boots. It was a blessing that we were able to devote an entire month to helping raise funds for the MDA. We are proud to assist Pasco's first responders as they work tirelessly to help fund research and treatment for individuals afflicted with this dreaded disease."

"In the local Pasco community, a shining example of this commitment is the partnership between the tax collector's office, Mike Fasano, and Firefighters Charities of Pasco," remarks Lisa Brekke, Director of Firefighters Charities of Pasco. "For the past three years, they have lent their steadfast support to the efforts of our dedicated Pasco Firefighters, collectively raising substantial funds for this tremendous cause. As we look back on this remarkable journey that began in 1954, we see a legacy of compassion, resilience, and generosity that has touched countless lives. The Fill the Boot program continues to be a beacon of hope for those affected by neuromuscular diseases, proving that when communities unite, they can make a profound impact."

Tax Collector Mike Fasano and Chief Deputy Tax Collector Tim Couet presented the donations to Captain J.J. Martinez and Lisa Brekke, Director of Pasco Firefighters Charities at a recent firefighters' event (see attached photo).

For more information about the promotional and charitable giving programs at the tax collector's office please contact Assistant Tax Collector Greg Giordano at 727-847-8179 or visit [www.pascotaxes.com](http://www.pascotaxes.com) For more information about Pasco Fire Rescue/Pasco Firefighters Charities please contact Lisa Brekke at (813) 244-8619.



**"Thank God no matter what happens. This is the way God wants you who belong to Christ Jesus to live." — 1 Thessalonians 5:18**

**Remember Our Veterans**

## During the Month of September Tax Collector Offices Collected Over \$5,000 to Support Premier Community HealthCare's Expansion of Medical Services



Staff from the Pasco Tax Collector's Office join Tax Collector Mike Fasano and Becky Bennett, representing Premier Community HealthCare, for the check presentation.

Tax Collector Mike Fasano's five offices featured Premier Community HealthCare, which is the primary non-profit agency to provide health care to the uninsured and underinsured in Pasco County, as the charitable organization for the month of September. A total of \$5,013.61 was presented to Premier following the September fundraising drive. These funds will benefit Premier Community HealthCare's expansion of medical services across the county.

"Our Premier family is thankful for the tax collector, his team's support of our organization, as well as the community's support," comments Joey Resnick, CEO of Premier. "These funds will help us support our mission of providing accessible healthcare services to all, and to help us continue to expand our services in Pasco County."

"For many years it has been an honor to be affiliated with Premier Community HealthCare and their efforts to provide and expand availability of medical services to those most in need in our community," comments Tax Collector Mike Fasano. "Premier Community HealthCare has a long history of providing medical care for those without access to primary health care in Pasco County. I am very thankful for the generous community members who made donations to our fundraising effort. Because of these dollars, Premier will be able to serve even more individuals and families in need."

For more information about Premier Community HealthCare's services please contact Cheryl Pollack, Community Engagement Officer at 352.518.2000, ext. 9012 or visit <https://premierhc.org> For more information about the promotional and charitable giving programs at the tax collector's office please contact Assistant Tax Collector Greg Giordano at 727-847-8179 or visit [www.pascotaxes.com](http://www.pascotaxes.com)

## Pasco Tax Collector Offices Will Be Hosting "St. Vincent de Paul CARES" as the November Charity of the Month



**MAKING HOMELESSNESS RARE. BRIEF. ONE-TIME.**

St. Vincent de Paul CARES is a non-profit organization dedicated primarily to reducing homelessness, especially among the veteran community. Over the past ten years St. Vincent de Paul CARES has helped over 22,000 individuals and families overcome homelessness. Of those, over 63% were homeless veterans. All funds raised during the month of November will go directly to helping our military heroes and their families escape a life living in their cars, surviving in the woods, or moving from shelter to shelter.

"St. Vincent de Paul CARES is one of the largest social service providers in the Southeastern United States that focuses on ending veteran homelessness," remarks Michael Raposa, CEO of St. Vincent de Paul CARES. "Since 2013, we have served over 14,500 veterans across the state of Florida, and we are proud to partner with Pasco TC Gives to end homelessness for thousands more through your generous donations. With every dollar donated during the month of November staying in Pasco County, this is our chance as a community to give back to those who sacrificed so much to keep our nation safe and free."

Donations can be made at any of the five tax collector locations in Pasco County. For those who would like to give online, the tax collector office's charitable giving arm Pasco TC Gives has a webpage through which donations for St. Vincent de Paul CARES (Charity of the Month) can be made: <https://www.govhub.com/fl-pasco/tc-gives/donate>

For more details regarding this promotion or services provided by the Pasco County Tax Collector's Office please contact Greg Giordano, Assistant Tax Collector at (727) 847-8179 or visit [www.pascotaxes.com](http://www.pascotaxes.com). For more information about St. Vincent de Paul CARES please visit <https://www.svdpsp.org> or contact Mary Burns-Montante, Director of Communications & Marketing at (727) 270-3871.



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## God Has Opened Another Door for Canines 4 Christ Founder Larry Randolph

By Karen McBridet



It started one morning when Chaplain Larry Randolph was spending time in his devotional. He was reading Proverbs 3:5-6 'Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight.' He heard God speak to him and He said, "therapy dogs". Larry didn't understand as he didn't own a dog at the time. His beloved dog, Gus, had passed away several years earlier.

Larry prayed on it and as he remembered what a comfort his own dog was during difficult times in his life, he took the first step in faith. He borrowed his daughter's dog and visited a nursing home for the first time. From there Canines 4 Christ ministry was formed and has grown to over 1,200 people involved in the organization, in 38 states, and 8 foreign countries!

Canines 4 Christ brings joy to patients and volunteers by sharing God's love. The animal therapy ministry visits people in cancer centers, children's homes, nursing homes, hospitals, prison ministries, and other places where people are in need of God's comforting words and the unconditional love and affection dogs bring.

Establishing the ministry was just the beginning of God's plans. His plans were greater than Larry could ever imagine and it started with a phone call in 2021. Tyndale Publishing, one of the largest Christian publishing companies was on the other end, and they were interested in publishing his story on how Canines 4 Christ began.

Over the next two years, Larry worked with Jennifer Marshall Bleakley, a well-established author with many published books.

"She is a master storyteller and a beautiful writer," said Larry.

The pair spoke nearly every day for two years. Larry kept prayer journals of the encounters he and his dog Gracie had with people in nursing homes, hospitals, assisted living facilities, and more.

"I remember a lady that was crying, and Gracie put her head on the woman's lap to calm her. That simple act brought peace to her heart."

Being able to remember special moments through his prayer journals helped with the material for the book. This was just another example of how God was preparing him for the door He would open.

"It's an uplifting book in dark times," said Larry. "God's timing is perfect. He knew His people would need something now."

Finding Grace: The Inspiring True Story of Therapy Dogs Bringing Comfort, Hope, and Love to a Hurting World is available in stores, airports, and on Amazon.

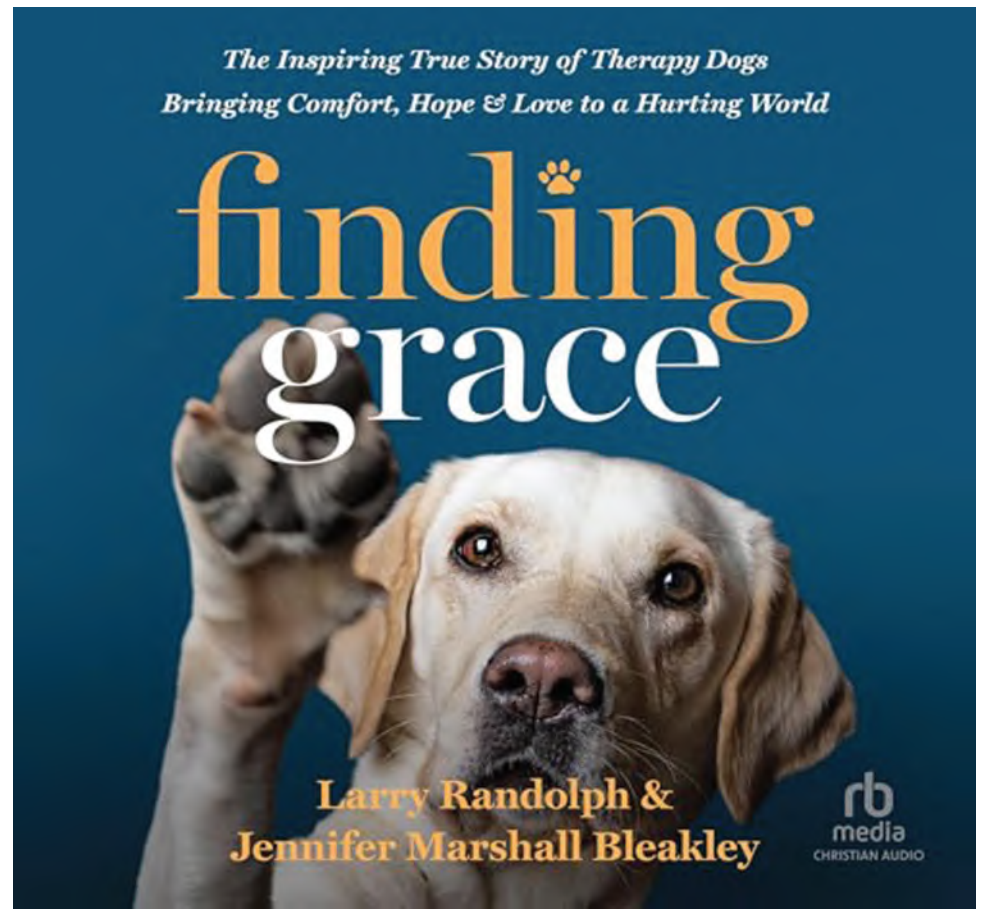
For more articles on Canines 4 Christ, visit here:

<https://dunndeanpublications.com/2017/05/canines-for-christ/>

<https://dunndeanpublications.com/2017/07/canines-for-christ-2/>

<https://dunndeanpublications.com/2022/11/canines-for-christ-bringing-gods-love-and-hope-to-the-community/>

<https://dunndeanpublications.com/2021/01/canines-for-christ-bringing-joy-and-peace-to-people/>



## The Great Florida Outdoors: Bird Migration, Part One

Dr. Robert Norman, Clinical Professor, Dermatology, Nova Southeastern University



I recently heard a keynote talk on Bird Migration by Stan Takiela at the Florida Birding & Nature Festival. As usual, I took copious notes as I do when I attend most talks. Stan also gave a talk the next day on Bird Nest that I attended and devoured.

I have been fascinated by this topic of bird migration for years and recently have taken a particular interest in swallow tail kites and other birds that establish homes in Florida prior to migrating enormous distances, often thousands of miles.

The Florida Birding & Nature Festival is an annual event that takes place in Apollo Beach, Florida. It is a four-day festival that offers a range of activities such as field and boat trips, expert seminars, keynote speakers, and a free nature expo.

Before I take on any writing task, a short essay or a 500 page book, I formulate questions that I want answered. With migration, I had boundless curiosity.

Why and when did migration first begin millions of years ago? How do the birds know when to push off and migrate? If all the species of one bird are spread out all over Florida, such as swallow tail kites, do they all leave at the same time? Do they join up? Do certain birds fly alone and others in massive groups? How many kinds of migrations are there?

Not all migration are the same. Complete migration is the one that most people think about when it comes to migration. It's a population of complete migrators where generally all the birds, go perhaps thousands of miles between summer and winter locations at certain predictable times each year. Examples include warblers and tanagers who fly some of the longest distances of any migrator. They are called Neotropical migratory birds because they migrate in the fall from northern states and Canada to spend the winter in the tropics of Central and South America. They make a long journey back to the north in the spring, where they nest and reproduce.

Short distance migrators, such as the eastern bluebird and the American robin generally migrate shorter distances, sometimes only a couple hundred miles.

Why do some birds stay put? Over many years of evolution many species of birds adapt to seasonal changes. They can survive both good and bad times and these non-migrators have physical traits that help these birds to stay and live in extreme weather conditions, traits not found in species that migrate. For example, non-migrators grow 2/3 more feathers during the fall molt than migrators. An example is the black capped chickadee.

There are some birds that exhibit what is called nomadic spontaneity such as the American goldfinch, also called the wild canary. Banding records are used to show that some of these winter in northern states and others enjoy the warmth of southern states; these birds stay wherever food is abundant and move on without any regard to the season.

Certain birds have a complete migration that is vertical. The dusky grouse, a chicken-like bird in the Rocky Mountains region, migrates up and down the mountains. During spring, it moves down to the breeding grounds, which are at low elevations. In the fall, it moves up into the mountains, to the coniferous forest at high elevations. This regular movement, representing up to thousands of feet of elevation change, is also regarded as complete migration.

What are some cues as to why birds migrate? There are internal and external cues.

External cues include changes to the amount of daylight, the availability of food and changes in the weather. They tip the bird off to when it's time to feed for the trip and later to fly and migrate.

Internal factors have a specific genetic aspect that can best be noted when you look at a species that has individuals living in different region. For example, the peregrine falcon that nests in the southern regions don't migrate. If they live in the far north, for example, the Alpine tundra, they migrate to spend the winter farther south, so they respond to these external factors along with their genetic programming,

Other species of birds, such as Orchard Orioles and Blooming Warblers leave for migration in the late summer, long before the weather changes, or before food becomes scarce. When there's still plenty of food, the birds leave their nesting grounds to head south for the winter, relying on a genetic type of internal or endogenous cue for migrating.

How birds navigate is still a great mystery. Although there are many theories that persist over the years, new studies and ideas have helped explain the complexity of bird navigation. More stories on bird migration will be covered in Part Two. Join me for the adventure.

And where can you see bird migration?

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**1 Timothy 5:8**

**Anyone who does not provide for their relatives, and especially for their own household, has denied the faith and is worse than an unbeliever.**

As the holiday season quickly approaches and we turn our attention to gathering with family, mine looks forward to seeing people not seen for a while. While we are excited for these times, I realize that for some people, these are stressful times.

Many people have a strained relationship with a parent or sibling. We don't always get along well with our in-laws or the spouse of our siblings. Sometimes a simple family dinner at Thanksgiving can turn into an argument about who was supposed to bring what or where we need to sit at the table. It can be not only unpleasant but an all-around drain on your whole family.

With this year's upcoming holidays, I would encourage everyone to look to 1 Timothy 5:8.

Look at yourself hard before you drive over to your parents' too small house for dinner. Remember that even though they keep their house at 80 degrees, you're there for a more important reason. Put away the petty slights you feel like your family might have done against you. Treat this upcoming holiday like the last supper. Go into the day as if this is the last meal you will share together and really SPEND time together. Find something to say "Thank you" for. You will find that it is absolutely contagious. The feeling you leave with will stay with you. You will actually BE thankful. And with Christmas right around the corner, wouldn't it be nice to look forward to that drive instead of dreading it? Take it from my family and don't wait. Take the lead.

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**Thanksgiving**

Continued from Page 1

Being thankful produces hope. As the old saying goes, "This too shall pass." Thankfulness reminds us of times when situations changed, friends helped, and God proved faithful. Hope gives us the strength to endure, to keep going.

Being thankful creates a humble heart. Gratitude recognizes the contribution of those around us. It reminds us that we are never self-sufficient, and that we often need the support and encouragement of others. The Scriptures tell us that God rescues the humble. Lastly, being thankful blesses others. We can't always give the way we want to, but we can always give the gift of appreciation. Saying thank you can make a person's day or even change a life.

I pray your Thanksgiving season will be one of abundance, full of love, laughter and friendship. I pray that your needs will be supplied, and your surplus will be used to bless others. I pray that your heart will overflow with gratitude to God and as a gift to others.

**An Act of Kindness: The Good Samaritan**



Jesus answered, "A certain man was going down from Jerusalem to Jericho, and he fell among robbers, who both stripped him and beat him, and departed, leaving him half dead. By chance a certain priest was going down that way. When he saw him, he passed by on the other side. In the same way a Levite also, when he came to the place, and saw him, passed by on the other side. But a certain Samaritan, as he travelled, came where he was. When he saw him, he was moved with compassion, came to him, and bound up his wounds, pouring on oil and wine. He set him on his own animal, and brought him to an inn, and took care of him. On the next day, when he departed, he took out two denarii, and gave them to the host, and said to him, 'Take care of him. Whatever you spend beyond that, I will repay you when I return.' Now which of these three do you think seemed to be a neighbor to him who fell among the robbers?" He said, "He who showed mercy on him."

Then Jesus said to him, "Go and do likewise."

— Luke 10:30-37, World English Bible



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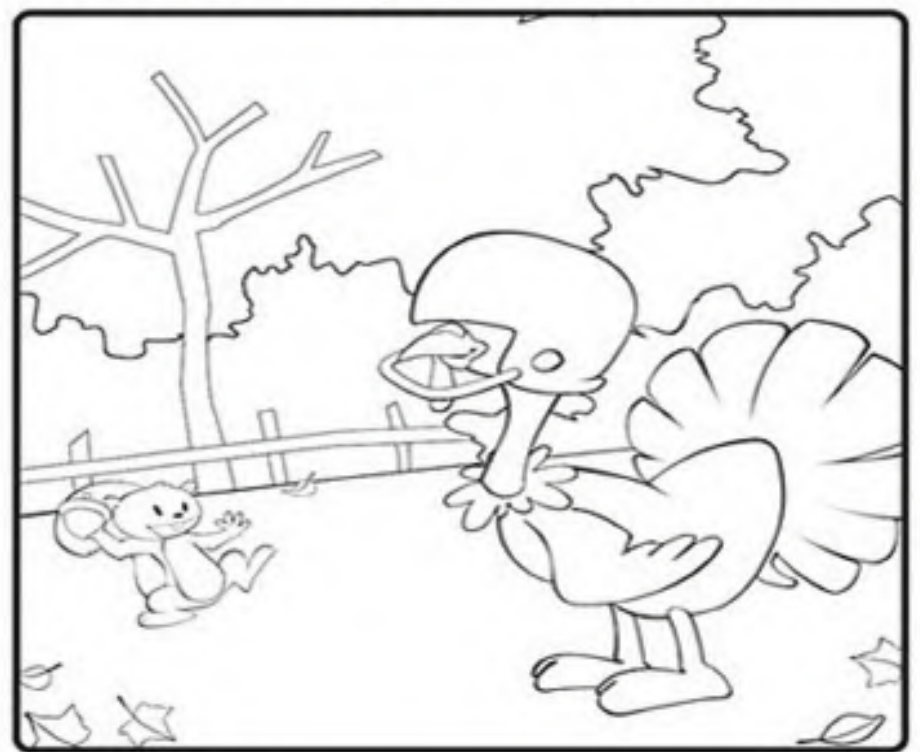


*"Thanksgiving Day is coming up soon. It's a holiday that happens to be one of the best reflections of America's Christian Heritage. And it is God's words about giving thanks that prompted the Pilgrims to begin the tradition of Thanksgiving Day."*

1. Give thanks to God \_\_\_\_\_
2. Thank God no matter \_\_\_\_\_
3. May the God of \_\_\_\_\_
4. Thank God! He deserves \_\_\_\_\_
5. Shout 'Hallelujah' because \_\_\_\_\_

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## GFWC Donates to Camp Boggy Creek



(L-R) Club VP Peggy Andrews, GFWC Florida President Linda O'Toole & Club President Elayne Bassinger presenting donation

GFWC Lutz-Land O'Lakes Woman's Club President Elayne Bassinger and Vice President Peggy Andrews recently presented a large donation check of \$5,000 to GFWC Florida President Linda O'Toole to benefit Camp Boggy Creek, founded in 1996 by Paul Newman and Gen. H. Norman Schwarzkopf. This camp is a medically-sound camp for children with serious illnesses to safely enjoy a carefree camp experience free of cost. Florida GFWC President Linda O'Toole has chosen this particular charity to be supported by the Florida Federation statewide during her term in office.

These local clubwomen volunteers held several fundraisers and worked very hard to raise their goal in this current

climate when so many charitable organizations are in dire need of financial support.

[gfwclutzlandolakeswomansclub.org](http://gfwclutzlandolakeswomansclub.org)

## GFWC Donates to Old Lutz School

members, through its Arts & Culture Committee headed by Lois Cohen, presented a donation check for \$900 to Stephanie Ensor (center), representing Old Lutz School, toward the purchase of an Automated External Defibrillator (AED) device to be installed at the Historic Old Lutz School.

[gfwclutzlandolakeswomansclub.org](http://gfwclutzlandolakeswomansclub.org)



(L-R) Committee members Peggy Andrews, Sandy Giddens, Chair Lois Cohen presenting check to Stephanie Ensor, Aniko Solomonson, Lea Griffin & Jean Palmieri



GOOD NEWS, JUST 40 LAPS AROUND THE WILDERNESS FOR DISOBEYING GOD ... BAD NEWS, EACH LAP TAKES A YEAR

## Seeing Differently at Dining in the Dark



### What a surprise

"Even the most discerning dinner could not always tell the difference between a grape and a tomato." The photo is of a surprised Kipper Connell at the Dining Station at Lighthouse's Dining in the Dark.



### Theresa and a guest wearing simulator glasses

Theresa Santana, LVIB Assistive Technology Instructor, provides a vision simulation experience and technology training to Amber Ashford at Lighthouse's Dining in the Dark.

The Lighthouse for the Visually Impaired and Blind held its 8th Annual Dining in the Dark on Friday, October 13, 2023, at the Heritage Pines Country Club in Hudson. Guests experienced an interactive reception where they wore blindfolds while doing different activities at various stations. They also enjoyed a performance provided by The Two Tenors of Tampa Bay and a speech by Rhonda Warren, Lighthouse's newest board member.

Rhonda, who is also a Lighthouse client, explained how life was as she became a visually impaired person—from learning how to live independently to being looked over by paid drivers because she travels with a guide dog. She spoke about isolation and disappointment, and then developing confidence and independence at the Lighthouse. Her lasting message was and is that being visually impaired is not the end, but a beginning.

The main feature of Dining in the Dark was the interactive stations. At the dining station, blindfolded guests tried to decipher their food using their sense of touch, smell, and taste. At the technology station, they were given simulator glasses so they could try to read printed material using a video magnifier and they watched a demonstration of a person who is blind navigating an iPhone using access technology.

At the production and the craft stations, guests tried to pack batteries into boxes and make pumpkin crafts. But the most compelling activity was wearing a blindfold while walking with a white cane with one of Lighthouse's Orientation and Mobility instructors. Guests felt a range of emotions, such as excitement and fear while using a white cane and some said it was not for the faint of heart. All were glad to have taken the leap to learn about vision impairment.

Proceeds from Dining in the Dark are used to help the Lighthouse meet the need for programs and services provided to our clients and their families. Our sponsors included Publix Super Markets Charities, Roe Insurance, and Windsong Charters and Boat Rentals. In addition to sponsorships, funds were raised through ticket sales, a 50/50 chance drawing, and a Silent Auction. Volunteers and supporters included members of the Rotary Club of West Pasco Sunset, Rotary Club of Spring Hill, and J. David Wright (Photos by J. David).

This October, the Lighthouse celebrates its 40th Anniversary. Lighthouse began serving babies and seniors in Pasco County in 1983, and now serves clients of all ages residing in Pasco, Hernando, and Citrus. The mission of the Lighthouse is to educate, empower, and employ people who are visually impaired and blind. For more information about the Lighthouse or Dining in the Dark, please visit [lvib.org](http://lvib.org). To see more Dining in the Dark photos, visit <https://photos.app.goo.gl/XCKb9vU5Bgzo4mGA>.

## Holiday Tables was a Hit at Idlewild Baptist Church!

By Karen McBride



Idlewild Baptist Church held its annual Holiday Tables event on Thursday, October 19, 2023. Holiday Tables is an event that brings women together from all over our community. It is a way that members of Idlewild can invite women who may never go to church to enjoy an evening of viewing beautifully decorated tables, music, and a sermon. This year the music was sung by young ladies and gentlemen of the Cambridge School choir, and a heart-warming presentation by Jody Montgomery, reminding us of God's promises.

"Anxiety weighs down the heart, but a kind word cheers it up." Proverbs 12:25

Over 80 tables were decorated with a variety of themes, including a Paris inspired table adorned with glittering plates and

an assortment of macarons, an outdoorsy table with natural wood chargers (place mats) and tackle boxes filled with edible treats, and several tables reminding us to be thankful for our blessings and giving us inspiration for our own Thanksgiving table this year.

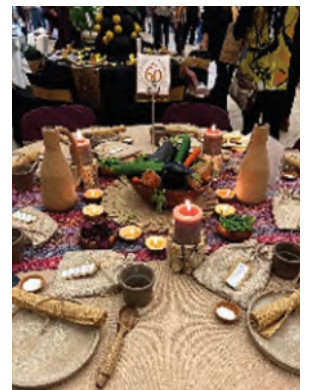
Many tables were decorated for special birthdays, including the birth of our Lord and Savior, Jesus Christ, and the celebration of Christmas.

A few more of my favorites included a Breakfast at Tiffany's inspired table with white, turquoise, and of course fabulous sunglasses, a fun Jaws-inspired table with a paper-machete shark, and a beautiful rose China table setting adorned with a napkin folded in the shape of a rose

Among the fun and whimsical place settings, I found a replica of what a table might have resembled during Jesus' time, with wooden spoons, pictures, and burlap napkins. It really made me pause and think. Nearby was a Handel's Messiah-themed table with a large angel centerpiece and gold and red place settings.

All of the tables were incredible to look at and I'm amazed at the amount of time and planning that went into decorating for this event. The women involved are so clever and talented.

It was a great evening and be sure to mark your calendars for next year's event. You don't want to miss it!



## Holiday Shopping Safety

As we enter one of the busiest shopping times of the year, it's important to take steps to keep safe while shopping. Being aware of your surroundings while shopping in person and considering your safety online can prevent you from becoming a victim this holiday season. These shopping safety tips from Pasco Sheriff's Office can help keep you and your purchases safe this season.

When heading out to shop in person, staying vigilant of what's going on around you can keep you and your items safe. Consider where you park by choosing a well-lit and highly visible spot. Remove your personal belongings when exiting your car and store any large packages out of sight in the trunk. Always lock your car doors, close windows and set an alarm, if possible. Be attentive when walking or driving in parking lots for everyone's safety. Shop with a buddy; thieves are less likely to target people in groups. When shopping with children, designate a place for them to meet you, such as a customer service counter, in the event you get separated, and make sure children know to ask a security guard or store employee for help.

Although gift cards offer flexibility, they also create ideal opportunities for scammers. Buy gift cards directly from the retailer and save the receipt. Carefully inspect gift cards and their packaging prior to purchase for signs of tampering. If a gift card appears damaged, notify a store representative and ask for a new card. Never buy gift cards from an auction or community website. Resale sites are often an outlet for stolen, fraudulent or already used gift cards.

Although online shopping is convenient, always think before you click too quickly to protect your personal information. Only use secure Wi-Fi networks for online purchases, as public Wi-Fi is usually unencrypted and therefore, much less secure for your personal information. Verify you're shopping on a secure and legitimate website; secure websites start with https://. Beware of phishing attacks. Don't click on pop-ups or open suspicious advertising emails. Using secure accounts with creative passwords can protect your account from hackers. Using credit cards for online purchases can offer enhanced fraud protection compared to other forms of payment; avoid using debit cards for online purchases.

Crimes of opportunity, such as package theft, often increase during this busy shopping season. If you know you will be away for a delivery, have packages delivered to a safe location such as an office, a package room or to a trusted neighbor who is home during the day. If it's available from a retailer, elect for free in-store delivery, order pick-up lockers or curbside pick-up for extra security that works with your schedule. If a package is stolen, notify the retailer and delivery company, and file a report with law enforcement.

As sales start appearing, don't let your valuables vanish. Taking extra precautions this holiday season goes a long way in ensuring that you, your loved ones and your property stay safe. Check out PSO's social media pages for the latest updates and safety information.

Pasco Sheriff's Office 727-844-7705

"A good character is the best tombstone. Those who loved you and were helped by you will remember you when forget-me-nots have withered. Carve your name on hearts, not on marble." — Charles Spurgeon

"May the God of hope fill you up with all joy and peace as you trust in him so that you may overflow with hope by the power of the Holy Spirit." — Romans 15:13

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## Bella Tires Takes the Safety of Their Customers Seriously

By Karen McBride

Our community is growing so quickly! The new homes and businesses can be a blessing to the area, improving the economy and filling our churches with new members. However, the new construction can also fill our roads with hazards, such as potholes, nails, and other construction material.

The perils can be rough on our tires. Bella Tires takes the safety and salvation of their customers very seriously. One that doesn't know Christ as their savior will be sure to hear the gospel at Bella Tires.

A damaged tire can be very serious to the safe operation of any vehicle. When you observe a low-pressure indication on your dashboard, or your car seems to drive differently, stop by for a free tire assessment. More likely than not, the tire can be repaired, and you will not need to purchase a new tire.

Bella Tires specializes in all brands of car, truck, and trailer tires including, but not limited to, Toyo (Elite Dealer), Goodyear, Cooper, Michelin, Goodrich, Mastercraft, and more. Also available for most vehicles are steel, forged or cast wheels. Specialty orders can be easily sourced. Bella Tires changing and balancing equipment, coupled with experience, is top rated in the industry.

Rich Nicoloff is the manager of Bella Tires. Ladies are made to feel comfortable coming into the shop as it is not your normal car tire repair shop. He shares his faith in Jesus with his customers as they wait for their car to be repaired.

He would like the opportunity to share the gospel of Jesus Christ with you, what He has done in Rich's life, and what Jesus Christ can do in your life. He invites people to attend Bible classes at his shop on Thursdays. Dinner is at 6:00pm and the bible study is from 7-8:00 pm.

Bella Tires is conveniently open Monday through Friday, from 8am – 6pm, and Saturday from 8:30am – 1pm. It is located at 19245 State Road 52, Land O' Lakes, Florida 34637.

For more information, visit <https://bellatires.com> or to schedule an appointment, please call (813) 995-0777 or email [bellatires@hotmail.com](mailto:bellatires@hotmail.com).

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Today is a gift,  
Tomorrow is a mystery,  
That's why it's called  
the present!*

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*Faith is being sure of what we hope for and certain of what we do not see.*  
Hebrews 11:1

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**JOHN 14:3** "and if I go and prepare a place for you, I will come back and take you to be with me that you also may be where I am."



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8:00 a.m. – 2:00 p.m. Sat.



## GFWC Donates to Domestic Violence Shelter



(L-R) Chair Gail Howard, 2 shelter staff members & club President Elayne Bassinger

GFWC Lutz-Land O'Lakes Woman's Club held a fundraiser luncheon at the Groves Golf & Country Club to benefit Sunrise of Pasco County, a domestic & sexual violence center, which provides emergency safe shelter to women and children who are victims of abuse, as well as numerous support services. Club members acknowledged October as the month designated to bring awareness to this problem and donated 2 carloads filled with needed personal items for the shelter residents, as well as a generous check for \$1,000 presented to the staff members of Sunrise by the event chair Gail Howard and club President Elaine Bassinger. [gfwclutzlandolakeswomansclub.org](http://gfwclutzlandolakeswomansclub.org)

## GFWC Participates in Florida Day of Service

GFWC Lutz-Land O'Lakes Woman's Club members have partnered with their teen club, the Little Women of Lutz, as a joint effort to participate in the GFWC Florida Day of Service. Together the clubwomen and girls collected over 300 pounds of shelf-stable food and pantry items for the food insecure in our community. The foodstuffs were delivered to the St. Vincent DePaul Food Pantry in Land O'Lakes, Florida for distribution to the needy. For more information on this community service organization, please visit [gfwclutzlandolakeswomansclub.org](http://gfwclutzlandolakeswomansclub.org) or its Facebook page.



(L-R) Blue shirt advisors and Little Women of Lutz members with (green shirt) Woman's Club President Elayne Bassinger

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IC: H4YF69

## Mobile Check-In Express

By Javier Morales, Social Security Public Affairs in South Florida



Our Mobile Check-In Express feature makes it easier to check in if you must visit a Social Security office.

To use Mobile Check-In Express, scan the QR code located at your local Social Security office. This will allow you to check in for:

- Scheduled and non-scheduled appointments.
- Services—including requesting a replacement Social Security card, a benefit verification letter, proof of income, and more.

For Mobile Check-In Express to work, you must be at the Social Security office and have location services on. You should also make sure you're using the latest version of your internet browser. The service is most compatible with Safari, Google Chrome, Microsoft Edge, and Firefox. You'll also want to:

- Ensure you are in the office when your ticket number is called.
- Enable your mobile notifications. This will:
- Allow you to receive your electronic ticket – so you know your place in line.
- Alert you when we're ready to help you.
- Provide you with your interview location information.
- Invite you to participate in our feedback survey.

We encourage you to use Mobile Check-In Express for all office visits. Please share this information with those who may need it.

*"Shout 'Hallelujah' because God's so good, sing anthems to his beautiful name." — Psalms 135:3*

**Remember Our Veterans**

### OUR MISSION

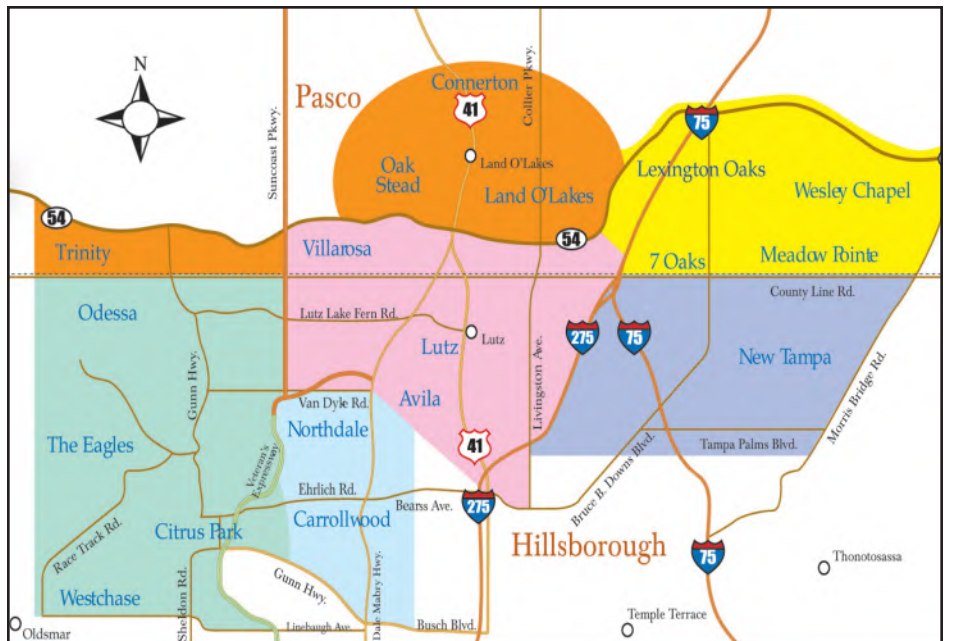
Is to effectively connect consumers with Christian product and service providers who strive to operate their business organization according to Biblical principles.

### Christian Business Partners

Business	Contact	Phone
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Christian Chamber of Commerce	<a href="http://www.c3tb.org">www.c3tb.org</a>	
Costanera Peruvian Cuisine	<a href="http://www.costaneratampa.com">www.costaneratampa.com</a>	(813) 960-5820
Crespo Business Brokers	Daniel Crespo	(813) 770-6712
Don Julio's	Julio Rodriguez	(813) 898-2860
Dr. Norman Dermatology	Dr. Robert Norman	(813) 880-7546
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Holliday Karatinos Law Firm, PLLC	<a href="http://helpinginjuredpeople.com">helpinginjuredpeople.com</a>	(813) 868-1887
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River of Life Church	<a href="http://www.roltampa.org">www.roltampa.org</a>	(813) 949-9931
Samantha Taylor Fitness	<a href="http://www.samanthataylorfitness.com">www.samanthataylorfitness.com</a>	(813) 377-3739
Serralles Real Estate Investment	<a href="http://SerrallesTrainingGroup.com">SerrallesTrainingGroup.com</a>	(813) 307-0007
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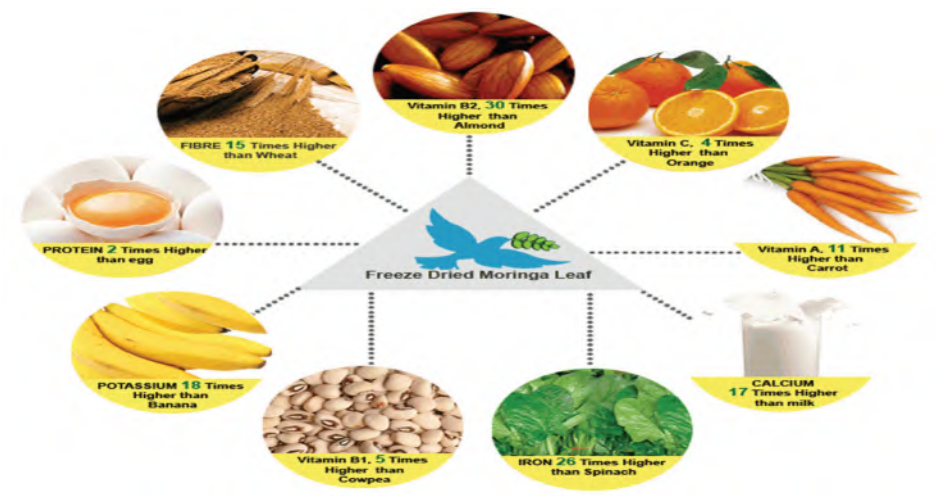
### The Moringa Oleifera—The Tree of Life!



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- 9x MORE iron than spinach!
- 14x MORE calcium than in milk!
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- 4x MORE fiber than oats!
- 2x MORE protein than in eggs!

Imagine a tree in your backyard that will meet most of your nutritional needs, purify your water, and take care of you medicinally!



John Hopkins School of Medicine has reported on the positive medical evidence for the Moringa's nutritional, therapeutic, and prophylactic properties. The report stated in part "the nutritional properties of Moringa are now so well known that there seems to be little doubt of the substantial health benefit to be realized by consumption of Moringa leaf powder in situations where starvation is imminent."

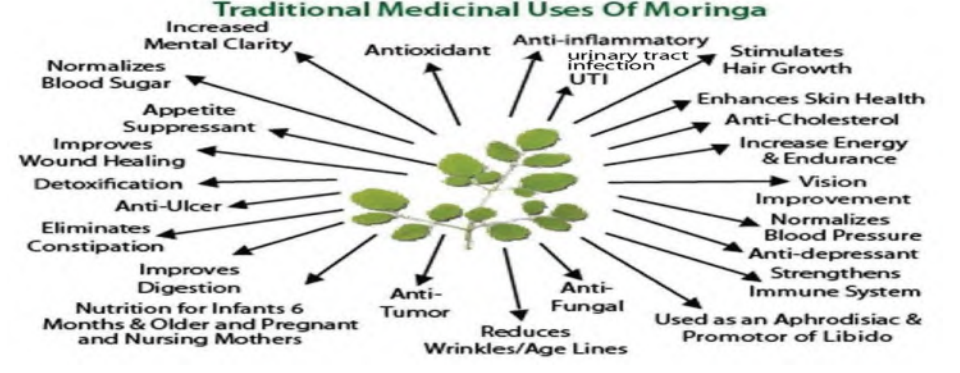
When taken as a supplement, Moringa is a powerhouse of nutrients (90), antioxidants (46), and vitamins. It has been used in Asia for centuries and is now available locally in health food stores and through private distributors. Like most supplements, Moringa is not approved by the FDA, and anyone adding it to their diet should check with their own private doctor.

While the American diet is generally plentiful, poor nutrition is common. Many of our foods are processed until little nutritional value remains. Moringa is gluten and GMO free as well as organically and vegan certified and is available in powder and capsules as well as tea.

Each serving is packed with calcium, iron, potassium, fiber, and protein so anyone adding it to their diet should evaluate any other supplements they are taking so as not to consume excessive amounts of vitamins and minerals.

A recent example of Moringa's widespread appeal was noted recently by this reporter during a routine visit for car maintenance. Another customer greeted friends within earshot of my area. The customer, Curtis O., was complimented by employees Micheal E. and Jacklyn B. on his improved appearance and weight loss—they had not seen each other in a few months. Curtis quickly gave Micheal the credit for introducing him to Moringa. Curtis explained he had lost weight, had more stamina, and was feeling so well he now worked out regularly.

These nice folks included me in the conversation, and I learned Micheal has been taking Moringa for a year and a half and Jacklyn for six months. Both have noticed improved levels of energy, and Jacklyn has been able to cut some of her prescription medicine. All three of these local residents were happy to share the positive effects the amazing Moringa has made in each of their lives.



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 I have leaves. If you're ready to try this tree of life, call or text Kay: (813) 841-5932  
 "I can fulfill God's vision by choosing to live with expectant hope. I will watch the Lord do the impossible in my life and use it to help reach people who need to know him." —Ephesians 1:18

a gathering of christian believers



# ASAPH '23

A NIGHT OF MUSIC,  
WORSHIP AND ENCOURAGEMENT

**November 11, 2023**  
**5-7pm**  
Under the Florida evening sky

**Pioneer Florida Village  
and Museum**  
15602 Pioneer Museum Rd.  
Dade City




**ALL ARE WELCOME**  
bring friends and family,  
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✔ Please RSVP  
the number of people in your party (for the  
planning of food) by scanning the QR code above.




We will also be celebrating our veterans

A GATHERING OF CHRISTIAN BELIEVERS



# ASAPH23

NOVEMBER 11, 2023



↓ DINNER SERVED! ↓  
RSVP here

You might have noticed...there is a stirring in the hearts of Christians lately. A noticeable undercurrent, that humanity as a whole, is in great need. Need of hope and encouragement, because the distractions of this world have become so great. Can you feel it?

Well, on November 11, 2023 believers and seekers alike are going to gather. On this night, the Church unites! It will be a night of worship...a night of focus...a night of recharge. On this night Christians will gather to sing, worship, be inspired and honor our Savior Jesus Christ. Some will actually meet Him for the very first time... Everyone is invited! Expect to leave the world behind for the evening and catch a glimpse of what it feels like to know joy and hope. Recapture your first love...a call to revival!

Please RSVP the number of people in your party (for the planning of food) by scanning the QR code above. All churches, congregations and denominations are invited to come together to share in the fellowship of God's people...sing to the heavens...and enjoy a meal together. During the praise and worship, there will be pastors and volunteers from all over Pasco County that will be there to assist those who have questions about who Jesus is, or to just offer support in any capacity—all without highlighting any one church. As we stand in the faith, let us rekindle the strength of the inner man, breathing new life into the weary, especially as we see “the Day approaching”. Our purpose is to see God move in amazing ways...to encourage and remind each other of our victory in Christ and that the Call is still very real. Our prayer is that seekers and believers will come and find the peace they so desperately long for in Christ: the forgiveness of sin and the assurance of eternal life.

The music will be provided by a local worship team that will lead in praise and worship under the fall Florida skies of the Pioneer Florida Museum in Dade City beginning at 5pm. Be sure to bring a chair or blanket. Food will be provided.

“Asaph 23” means “the gatherer of people”. Of Hebrew origin, it is a rare name that speaks to a warm and welcoming soul. Asaph was a descendent of Levi and served both King David and King Solomon. He was commissioned to be in charge of singing in the house of Yahwah. Asaphites were one of the guilds of musicians in the First Temple mentioned in the Books of Chronicles.

**VOLUNTEER OPPORTUNITIES AVAILABLE [Asaph23pasco@gmail.com](mailto:Asaph23pasco@gmail.com)**

## JESUS is not our Religion, He is our Savior...

*Faith is being sure of what we hope for and certain of what we do not see. Hebrews 11:1*

*In the beginning God created the heavens and the earth. “The Big Bang” Genesis 1:3 “Let there be light...”*

Thanks to the advertisers, our Operating Partners, we can make a difference in the community. Their support of the Gazettes has brought us to the crossroads in Bible ministries that our forefathers forged into our Constitution, **IN GOD WE TRUST**. As a Christian publication, we are on a mission to exceed expectations with outstanding hard work by connecting with Christian businesses, and churches. Our uplifting editorials are mainly contributions from local businesses, churches, and events... *1st Corinthians 16:14 Let all that you do be done in love.*



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