



The Ten Commandments

- Exodus 20:3-17
- I Thou shalt have no other gods before me.
- II Thou shalt not make unto thee any graven image.
- III Thou shalt not take the name of the Lord thy God in vain.
- IV Remember the sabbath day, to keep it holy.
- V Honor thy father and thy mother.
- VI Thou shalt not murder.
- VII Thou shalt not commit adultery.
- VIII Thou shalt not steal.
- IX Thou shalt not bear false witness against thy neighbor.
- X Thou shalt not covet.



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Celebrating Our Independence A Non-denominational Publication

Dunndeal Gazettes

He said to them, "Go into all the world and preach the gospel to all creation." - Mark 16:15

Father's Day is fast approaching. I might be biased, but my father is the best. My parents divorced very early in my life, and my dad was always involved in my life.

I remember running around dad's house as a young child with my superhero cape and superhero underwear, watching my favorite superhero movies with my dad every weekend I was over at his house. I only found out a few years ago in a conversation with him that he really, really disliked them. I asked why he sat through them so many times if he disliked them so much, and he told me, "You loved them. They were important to you. Because of that, they became important to me."

Actually, I have been blessed for almost my entire life to have not just a father who loves and cares for me, but a stepfather who has never treated me as less than wonderful. Both of my dads have watched out for me, taken care of me, protected me, and loved me completely.

No matter what I've done or how much of a jerk I've been to them at times, I've always known I could count on them to be there when I needed them.

Ernest Walker, Agent

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www.ernestwalkerinsurance.com Hablamos Español Continued on Page 7

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Americans Come Together to Celebrate Juneteenth! By Karen McBride

June 19th is a day of celebration for Americans. Families gather in prayer and thanksgiving for this special remembrance of a historic event. Juneteenth as it is named, is also known as Emancipation Day, Freedom Day, and Black Independence Day. History of Iuneteenth

Abraham Lincoln issued the Emancipation Proclamation during the American Civil War on January 1, 1863. The proclamation declared more than three million slaves living in the south to be set free. Remarkable changes began throughout the country as we were reminded that our forefathers established the United States as "the land of the free and home of the brave."

It wasn't until the surrender of General Lee that Texas learned the news. General Granger led Union soldiers into Galveston, Texas on June 19, 1865, to personally make the announcement that the Civil War was over, and that slavery had finally been abolished.

General Order Number 3 Announcing Freedom

General Granger read General Order Number 3, which began with:



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Father's Day Giveaway Enter to Win! See Page 8 "The people of Texas are informed that in accordance with a Proclamation from the Executive of the United States, all slaves are free. This involves an absolute equality of rights and rights of property between former masters and slaves, and the connection heretofore existing between them becomes that between employer and hired laborer."

Euphoric with their newly established freedom, many citizens left the plantations and headed north, while others went to family members in Louisiana, Arkansas and Oklahoma.

First Juneteenth Celebration

HEATING AND COOLING SYSTEMS INC.

The following year, on June 19, the first celebration took place. Families travelled to Galveston for a day of prayer and gratitude to the Lord for their many blessings. He had led them out of enslavement into freedom as He had done with the Israelites out of Egypt many years ago.

It wasn't until 2021 that the United States declared June 19th as a federal holiday.

President Biden said, "On Juneteenth, we recommit ourselves to the work of equity, equality, and justice. And we celebrate the centuries of struggle, courage, and hope that have brought us to this time of progress and possibility. That work has been led throughout our history by abolitionists and educators, civil rights advocates and lawyers, courageous activists and trade unionists, public officials, and everyday Americans who have helped make real the ideals of our founding documents for all." *Continued on Page 7*

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"Am I Ever Going to Change?"

Someone asked me the other day, "Am I ever going to change?" I had to laugh, not because I think this person was trying to be funny, quite the opposite, they were frustrated. However, I recalled the scripture that the great apostle Paul wrote, when he said in **Romans 7:21** "I have discovered this principle of life – that when I want to do what is right, I inevitably do what

is wrong." This was a surprising statement coming from Paul. He too, was expressing his frustration much like my friend was, "Am I ever going to change?" I told her she was in good company.

Paul discovered as we read in this chapter and the next, how much he loved God's Word, but at the same time, struggled with his desire to change. In Romans 7:22-23, he states, "I love God's law...but there is another power that is at war with my mind. This power makes me a slave to sin that is still within me." Then he asks a question after stating what he felt made him miserable. "Who will free me from this life that is dominated by sin and death?" Paul was genuinely sincere in his frustration and powerless struggle. However, he made a discovery and there are two points that I want to bring out in his statements from the scriptures.

First, Romans 7:25 answers the question as to who will free him from his sin, **"Thank God, the answer is in Jesus Christ our Lord."** Paul had discovered the way to victory. What was it about Jesus Christ that Paul was so excited about? He states that the old covenant law proved mankind was unable to obey because of their sinful nature, and he points out in **Romans 8:3 "...So God did what the law could not do. He sent His own Son in a body like the bodies we sinners have. And in that body God declared an end to sin's control over us by giving his Son as a sacrifice for our sins."**

He did this so that we no longer have to follow our sinful nature but instead follow the Holy Spirit who now lives within us when we receive Jesus as our Savior. No wonder Paul was excited because He discovered that Jesus was the answer and always will be, yesterday, today, and forever!

Secondly, Paul recognized that there was a war with his mind. He recognized another aspect of his struggle that needed to be dealt with. Why is this important? Because he realized his mind struggled with evil thoughts, and imaginations that had a powerful effect on him, making him feel like a slave to sin.

In Romans 8:6 it says, **"So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace."** Paul had discovered two guiding principles, not only his need for Jesus Christ as his Savior, but the power available for him to change through the Holy Spirit. He learned about what God had provided for him. Notice I said learned, which involves a process of acquiring knowledge and putting into practice those things you've learned.

Paul would later write in Romans 12:1-2 "... I plead with you to give your bodies to God because of all He has done for you...and let God transform you into a new person by changing the way you think...." He was referring to the powerful ability the Word of God has to transform our thinking. Would this be a key to help Paul win the war on his mind? Paul was expressing his gratitude to the Lord for this discovery for his victory that truly showed him, yes, he could change.

Please know that God provides hope and power to change us all through a personal relationship with the Lord Jesus and the power of His Holy Spirit through the incredible Word of God. There is never a struggle too hard for Him. If you need to take that step today, He's always waiting ready to be your answer and reveal His love.

Dr. Dianne Coflin Co-Pastor River of Life Church

410 East Chapman Rd. Lutz, Florida 33549

Service Times: 10:30am Sunday morning and Wednesday night 7:00pm. Childcare provided. We are also online at <u>www.roltampa.org</u> to watch live!! Hope to see you soon!

Father and Son Love Ministries – Support for the Food Insecure, Veterans, Seniors, First Responders, and Essential Workers

By Karen McBride

Pastor C.J. Johns Following his Calling from the Lord

Pastor C. J. Johns has been a Christian for all of his adult life, attending services and Bible studies, and raising his children in Christ. Early on, the Lord had placed it on his heart to become a pastor, but he ran from it. He was in the banking industry for many years and busy with life's challenges. It wasn't until 12 years ago that he followed his calling to become a pastor to help spread the "Love Revolution of Jesus the Christ" to help people in the community.

"I was given a vision. It is difficult for seniors to ask for help, and that is the impetus for how this entire endeavor [Father and Son Love Free Food Pantry] started," said Pastor Johns.

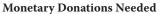
The Food Pantry is Helping the Food Insecure and Seniors

The two commandments that Jesus gave in the New Testament are "Love the Lord your God with all your heart, all your soul, and all your mind" and "Love your neighbor as yourself" (Matthew 22: 37-39).

Father and Son Love Ministries has taken that commandment to heart and established a food pantry for the food insecure. It is like no other pantry you have seen before. Some pantries are stocked with damaged or expired goods donated from local grocery stores.

Pastor Johns explained, "I am not that kind of man. If it is not something that I would serve my mother, then it is not something that is in our pantry."

The clean, welcoming pantry is full of fresh fruits and vegetables, rows of neatly stacked cans, boxes, breads, milk, and much more. In addition to nine freezers full of meat, the pantry has an assortment of food provided from local restaurants such as Station House BBQ in Lutz and Nicolas doughnuts in Tampa,



The food is purchased at a discounted bulk rate to fill the shelves of the pantry. Patrons are not charged a mem-

bership or ANY fee to access the pantry. With limited financial support from the community, many times Pastor Johns purchases the food with funds from his own pocket. This is where the community can help.

"With monthly donations, we can keep the pantry going," said Pastor Johns. "Even a small amount of \$100.00 can go a long way if enough corporations and individuals would support us."

If your business is looking for a way to make a difference in our community, consider becoming a monthly partner. To make a donation, go to <u>https://www.paypal.com/donate/?hosted_button_id=5BZJ5FSHQNUCN</u>

The pantry feeds 1000-1500 people each week. The ministry extends south to Sarasota and east to Orlando. Tuesdays are reserved for military personnel, first responders, and essential workers. The food pantry is open from 12:00-2:00pm. The public is welcome on Friday from 12:00-3:00pm. To find out more about the pantry, visit <u>https://www.facebook.com/freefood-pantries</u>. The church and pantry are located at 21418 Carson Drive, Land O Lakes, FL 34639. Sunday service is held at 10:00am.

For more information about the ministry, visit <u>https://fatherandsonloveministries.com</u>or call (813) 846-9993.



Will You Pray For Our Nation?

In the face of widespread insecurity, fear, and hopelessness, our nation desperately needs your prayers.

Today we are surrounded by the effects of forgetting even forsaking—God, both as a nation and as individuals. The problem is too big for human effort. Our nation has a heart problem, and only God can fix it. Will you join us in prayer as we ask God to heal our land?

We have a promise from the Lord: "If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land." (2 Chronicles 7:14, NIV)





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Our Spiritual Father

Samantha Taylor

For believers, the Bible refers to God as our spiritual Father. We have of course our father that we were born from physically on this Earth but the Bible calls God, our spiritual Father. It even says that He knew us before He put our spirit in our mother's womb, which is pretty amazing.



I heard a pastor say, "We are an eternal spirit that lives in a temporal body and that has a soul which is our mind, will, and emotions." One of the things that I found so impactful in this life is really paying atten-

tion to the fact that we are a spirit, mind, and body. I find that when you are more aware of this, you actually do make better choices with your food because you want to honor the body God gave you and respect the gift that He gave you to take care of.

So on Father's Day, I like to also think about my spiritual Father as well and how He is the one that chose the parents for us to have and the timing that we would be born. It was picked out and ordained by God for you to be here today at the time that you are for a very specific purpose with a plan that God had in mind when He created you.

The adventure is discovering what that is and why your spiritual Father put you here at the time that He did. I find that very interesting and sometimes it's not what we would have thought but He does say that He gives us the desires of our heart.

I believe that He put certain interests and desires inside of us because it's connected to why He put us here. That's an interesting question to ask your spiritual Father and Creator. "Why did You put me here? What is it that You want me doing with the talents and desires that You've given me?" I know with the amount of transition that's happened in my own life. I've had to ask Him, "Why have You given me such a passion for health and wellness and what do You want me to do with that now?"

I've discovered that the one thing I love more than anything is showing people how powerful the Bible is and how much it can impact your life, in every area, it is quite amazing! I've actually been doing a weekly get together online called "Finding Health in the Word." If you would like to see what I'm up to next, go here: www.findinghealthintheword.com

Happy Father's Day to all of you fathers out there. You are the one that God chose to play a huge part in our life to help grow us up and be the people we are today. Thank you!

We Support CHRISTIAN EDUCATION... Teaching our children that the Word of God is a way of life. Can we afford anything less?

How Healthy Are Your Lungs?

The lungs tend to be one of those organs that we don't think much about, yet the lungs are responsible for getting the oxygen we breathe into the bloodstream that delivers it to every cell in our body. Our breath is our life, and we need healthy lungs for it.

Early signs of lung disease such as asthma, bronchitis, pneumonia, lung cancer, etc. can often be overlooked and include:

• Lower energy levels than normal, decreased stamina for exercising

- Shortness of breath
- Decreased stamina for exercising
- A chronic cough
- Discomfort when breathing
- And more
- As with most diseases, prevention is easier to come by than a cure.

According to Jennifer M. Ryan, PT, MS, DPT, CCS, a certified specialist in cardiovascular and pulmonary physical therapy, "Lungs at rest and during most daily activities are only at 50 percent of their capacity. Like the rest of your body, lungs thrive on movement and activity. To help counteract the build-up of toxins and tar in the lungs caused by environmental pollutants, allergens, dust, and cigarette smoke, you need to help your lungs cleanse themselves." (Source for quote: https://www.rush.edu/news/8-tips-healthy-lungs)

Here are a few tips to help keep your lungs healthy:

- Exercise
- Practice breathing exercises
- Stay hydrated (drink enough water)

• Improve indoor air quality (don't use artificial air fresheners, use filters to reduce pollutants like dust and mold, clean out your air ducts, etc.)

• Spend time outside, especially around trees but stay away from areas with high pollution.

• Don't smoke or vape (or spend time around those who do, as secondhand smoke is just as dangerous

And of course, we can work on the lung reflex during your sessions. Other benefits to your lungs from reflexology include:

- Reducing stress reduces the body's inflammatory response, promoting natural healing
- Detoxifying the body of pollutants (why you should always drink extra water after a session)
- Supporting the entire respiratory system and circulatory and lymphatic systems as well
- Improved mobility (making it easier to exercise)
- Reduced pain and inflammation (making it easier to exercise)
- Space and time to practice your breathing exercises while your body relaxes during your session Here's to your healthy lungs and deep breaths!
- Louise Richardson, Certified Reflexologist

Call (813) 965-1697 for your next reflexology appointment





It's Time For Fun In The Sun, But Keep In Mind The Importance Of Summer Safety!

By Karen McBride

Summertime is here! It's time for picnics, days at the beach, cooling off in the swimming pool, and enjoying time with your family and friends.

Unfortunately, it can also be the time of summer accidents. The euphoria of free time in the summer can result in slip and fall accidents around the pool, bicycling calamities, and illness caused by dehydration from not drinking enough water during playtime.

We hope that your child remains safe and healthy throughout the summer, but rest assured if your child should suffer a mishap, Dr. Michele Johnson-Towson and her staff at Pediatric Place of Tampa are available to help you. She and her team are dedicated to keeping patients both healthy and educated on changes in children's health care. They take the time to answer any questions parents may have. They treat your child's overall health, including immunizations, allergies, asthma, and ADHD (Attention-Deficit/ Hyperactivity Disorder).



Same-week appointments are available at Pediatric Place of Tampa, and the practice accepts all insurances as well as self-pay patients. New patients are always welcome!

Pediatric Place of Tampa offers Urgent Care hours to accommodate sick children after work, school, and/or daycare. Urgent Care hours are available Monday – Friday until 7pm, and Saturday 8:00am until noon.

Pediatric Place of Tampa is located at 1338 W. Fletcher Avenue, Tampa, FL 33612. For more information or to schedule an appointment, call 813-264-2288.



Pasco Tax Collector Offices Donate to Pasco Friends of Animal Services



Includes Tax Collector Mike Fasano; Chief Deputy Tax Collector Tim Couet; Michael Cox, Board Advisor; Abby Cox, Board Chair; Mike Shumate, Director of Pasco's Animal Services Department and various employees and volunteers of both the Pasco Tax Collector's Office and Friends of Animal Services

During the month of March Pasco Friends of Animal Services was the featured charitable giving organization at the Pasco County Tax Collector's Office. Pasco Friends of Animal Services is dedicated to enriching the lives of pets at the Pasco County Animal Shelter and improving the likelihood of adoption into loving homes. The primary focus of this campaign was to build up the medical fund which will help enhance the health, welfare and environment of sheltered animals. \$11,724.19 was collected to help achieve that goal.

"We are humbled by the level of support the residents of Pasco County have continued to provide to help all of the unfortunate animals in care of Pasco County Animal Services," commented Abby Cox, Chair of the non-profit's Board of Directors. "The animals come in abandoned, lost, and scared. Due to the fine work of county staff, and the support of Friends of Animal Services, they are given a temporary home in the county's no-kill shelter. On behalf of the voiceless animals, we thank you!"

"On behalf of our staff please accept our heartiest thanks for the generosity of our great community" states Tax Collector Mike Fasano. "The funds that were collected during the month of March will go a long way towards not only providing what could be lifesaving medical care for the shelter animals, it will be used to prepare the animals for potential adoption into a forever home."

For more information about the charitable giving programs and other services at the Pasco Tax Collector's Office, please visit www.pascotaxes.com or call Greg Giordano, Assistant Tax Collector/ Communications & Special Projects at 727-847-8179. For more information regarding Pasco Friends of Animal Services, please visit the website http://fpcas.org/word-press or contact Michael Cox at 727-815-3010.







Proverbs 27:23 Know well the condition of your flocks, and give attention to your herds.

I came across this verse this week as we were helping a retired couple set forth their Will & Trust. They had been married early, had lived spiritually, and had made sound investments. They were in our office to make sure that their assets would pass to their only daughter without any legal issues and as they intended. Now it would seem, on the surface, that this would be a straightforward document listing both the husband and the wife as beneficiaries should the other pass first and the daughter as primary beneficiary at the passing of the second.

However, the couple knew their daughter well and worried that she may squander what they had left her quickly as she had not married and had few friends to help advise her about finances, real estate, or investments. They put together a complex plan that included stipulations around her education, her first house purchase, and even directions for disbursement at marriage. The process took several consultations, but once the final document was drafted and notarized, the couple had addressed all of their assets and how they felt they would be transferred to their daughter in the most beneficial way for her.

The couple lived Proverbs 27:23. They knew their daughter well enough to know she would not be able to manage all of their assets, if she received them all at once. They were aware of the "condition of their flock" and gave her the attention that she deserved. They talked with their daughter and advised her of their wishes, ahead of time. They met with us to prepare all of the necessary documents needed to execute their wishes and ensured that their family's assets would be a blessing for their daughter, not an encumbrance.

If you have not completed this process in your own life, I encourage you to follow this couple's lead and get your own house in order. Those that survive you will be grateful for your wisdom and you will be appreciated for your foresight. Blessings from The Willis Agency

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Our community can benefit by many organizations and individuals that recognize that it truly takes an entire community to make our world a better place. Who understands that better than the Administration and Staff at Assurant. Assurant is "committed to building a better, smarter and stronger world. As they focus on achieving long-term profitable growth, they are determined to do so in ways that strengthen communities, respect the environment and deliver greater societal value." Assurant is a leading global business services company that supports, protects and connects major consumer purchases.



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Assurant helped our community become a better place by serving a Community Service Day for Liberty Manor for Veterans. Assurant has invested several years of community service to the Veteran community and Liberty Manor.

The mission of Liberty Manor for Veterans; Inc. is to promote the developmental and social needs of disabled and honorably discharged veterans who have fallen victim to homelessness providing transitional; supported housing and establishing objectives designed to attribute to self-sufficiency. Anyone interested in assisting this meritorious initiative please contact Connie Lindsay (813) 900-9422, or Liberty Manor for Veterans (a 501c3 non profit organization), website http://www.libertymanor.org, 10015 N 9th Street Tampa, FL 33612; or the mailing address P.O. Box 274081 Tampa, FL 33688-4081. Veterans are certainly worthy of our help. EIN #02-0775720.

GFWC Ribbon Cutting



(L-R) T2T Coordinator with Ed Garver, vet & husband of member Nancy Taylor, Dee Knerr & Beth Nevel-Rader at Ribbon Cutting

Beth-Nevel Rader were present at the dedication ceremony to welcome the new family and to present them with housewarming gifts and fire extinguishers to keep them safe. For more information on this community service club, please visit gfwclutz-landolakeswomansclub.org or its Facebook page.

GFWC Donates To Elementary School



(L-R) Lutz Guv'na Atlas Cortecero, Maniscalco Elem. nurse & staff & Trisha Long (holding check) with President Elavne Bassinger & club members Linda Buzzee & Linda Mitchell & Pam Blumenthal

GFWC Lutz-Land O'Lakes Woman's Club stepped to the fore when Lutz Guv'na Atlas Cortecero brought to its attention Maniscalco Elementary School's urgent need for a secure, locked and mobile medical cabinet for the nurse's office. The club lost no time in generously donating \$1450 toward the purchase of a suitable cabinet and President Elayne Bassinger and club members delivered the check to the school. For more information on this community service organization, please visit gfwclutz-landolakeswomansclub.org or its Facebook page.

GFWC Lutz-Land O'Lakes Woman's Club

President Elayne Bassinger and member

Linda Mitchell recently presented, on behalf

of the Club, a donGFWC Lutz-Land O'Lakes

Woman's Club members attended the ribbon-

cutting ceremony at the newly dedicated home

for a seriously wounded and disabled veteran,

Sualauvi Tuimaleali' Ifano III, and his family

in the new Tunnels to Towers Community in

Land O'Lakes. This newly developed subdivision is constructing brand-new mortgage-free

and handicap-accessible homes for disabled

veterans and first responders. Woman's Club

members Nancy Taylor, her veteran husband,

Ed Garver, Dee Knerr, and



Kidz Corner: 50th Article!

Hi! My name is Harley. Sometimes summer can be boring. That might sound crazy, but if you're not at a camp or with a friend, it can feel like there's nothing to do. One activity I tried out recently with my dad was making a hat out of a paper bag. We made a replica of Napoleon's golf leaf crown using a helpful book and a small gold gift bag. Another enjoyable thing to do during the summer is read about history.

I enjoy reading, and history is very interesting. Napoleon Bonaparte was a fascinating character. But that is off-topic. The hat gave us something to do for an hour, fashionable headgear, and memories. So if your kid complains that they're bored, tell them to find a paper bag (which shouldn't be too hard) and make themselves an ancient Egyptian mask, pioneer bonnet, 1920's cloche, or a crown. Warning: they may strut around the house wearing it for the next few days.



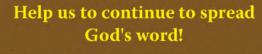
Even though paper bag crowns and real crowns are cool, they are only temporary. Someone will likely sit on your paper bag hat someday, and real crowns will tarnish and rust. So it's important to store up treasures in heaven because they will be there for eternity. And, anyway, virtue is a whole lot cooler than a hunk of gold.

"Do not store up for yourselves treasures on earth, where moths and rust destroy, and where thieves break in and steal. But store up for yourselves treasures in heaven, where moths and rust do not destroy, and where thieves do not break in and steal. For where your treasure is, there your heart will be also." Matthew 6:19-21

Harley Isabel Smith is a 5th grader who has been featured on TV as a philanthropist, has a heart for evangelism, and writes monthly for the Gazette's Kid's Corner. Visit online at https:// harleyisabelsmith.com where she is constantly adding written and video content to entertain and educate children. Matthew 19:14 Jesus said, "Let the little children come to me and do not hinder them, for the kingdom of heaven belongs to such as these."







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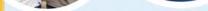
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A LITTLE BIT ABOUT OUR FAMILY

- For more than 50



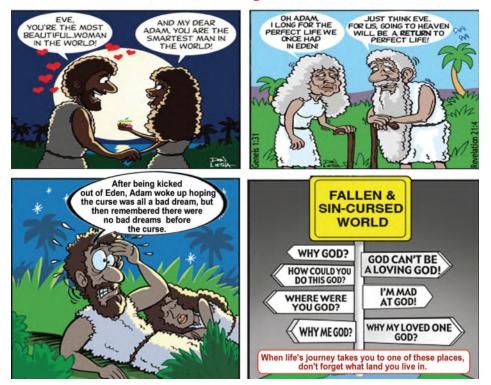
Make a difference in a child at Hope Children's Home in Tampa!

Since 1968, Hope has rescued nearly 5,000 children and helped them believe again by showing them their true worth in Christ!

To learn more about Hope and how you can help meet some of their everyday needs, visit the website below or scan the QR Code with your scan here smart phone.

HopeChildrensHome.org/Dunndeal 11415 Hope Int'l Dr. Tampa, FL 33625 813.961.1214

Adam & Eve After Celebrating in the Garden of Eden...



GFWC Acknowledges Club Years Of Service & Installs New Members





(L-R) President Elayne Bassinger with newly installed members: Pennee Bowen, Karla Wilson and Tracy Kersey and District 8 Director Annette Bellingar.

(L-R) President Elayne Bassinger with Barbara Booth – a 5 year member.

GFWC Lutz-Land O'Lakes Woman's Club members enjoyed a celebratory luncheon with three new members warmly welcomed into the club. Pennee Bowen, Karla Wilson, and Tracy Kersey were installed by fellow member and District 8 GFWC Director Annette Bellingar.

President Elayne Bellingar honored long-serving members with 'years of service pins' to acknowledge their volunteerism. Barbara Booth (5 years), Mary Anne Lykins, Lois Cohen and Cheryl Winegar (10 years each) and Peggy Cooper (20 years) served for a cumulative 90 years of valuable service within their club and the community. Several members were unable to attend but they, too, contributed many additional years of volunteerism and service.



(L-R) Mary Anne Lykins, Lois Cohen, Cheryl Winegar - 10 year members with President Elayne Bassinger



(L-R) Peggy Cooper - a 20 year member with President Elayne Bassinger

"The Spirit himself testifies with our spirit that we are God's children." - Romans 8:16

Dignitaries Gather For Royal Pets Urgent Care Ribbon Cutting



Photo Appearance Left to Right: Dr. Andrea Braha, DMV, Urgent Care Veterinarian Heydi Acuna, President/Founder of Mercy Full Project Rescue Christina Harden, General Manager, Midtown Tampa Honorable Guido Maniscalco, Tampa City Council, District 2 Dr. Bryan McGoldrick, DVM, Chief Veterinary Officer Cassandra D'Addio, Board Member, South Tampa Chamber of Commerce Dr. Nobuki Stobaeus, DVM, Area Medical Officer Doreen Straka, Vice President of Operations & Marketing Royal Pets Market & Resort

It was standing room only-for attendees of both the two- and four-legged varieties-at the May 10th ribbon-cutting celebration for Royal Pets Urgent Care Center at 1102 North Himes Avenue, Tampa. Dignitaries assembled for the brief ceremony within the Midtown Tampa location, while attendees enjoyed pizza from neighbor Colony Grill and the furry kids snacked on "barkery treats."

"Royal Pets Urgent Care provides a different level of service when it comes to taking care of your pets," said Dr. Bryan McGoldrick, DVM and Chief Veterinary Officer in kicking off the ceremony. "Pet parents are all familiar with making appointments, but sometimes pets needs aren't appointment-based, and you really need to see a vet today."

"I'm so glad we have the Midtown community, with Royal Pets Urgent Care providing these new services," said Tampa City Councilman Guido Maniscalco. Also on hand with adoptable puppies was Heydi Acuna, President and Founder of the nonprofit Mercy Full Project Rescue, who thanked Royal Pets for their partnership.

Royal Pets Market & Resort caters exclusively to dogs and cats and has locations in Carrollwood, Palm Harbor, St. Petersburg, and Midtown Tampa. For more information, visit www. royalpetsmarket.com.

Bags packed for Summer Travel & looking for the perfect adventure for your furry friend?

Look no further than your local Royal Pets

Why stay at a pet hotel when you can stay at the Royal Resort?

Why stay at a pet hotel when you can stay at the Royal Resort? Our resorts are built with the utmost comfort for every pet. We have spacious suites with private play yards and all the comfort of Royalty without emptying your wallet!

Here's just a sample of what's available:

- Pet Health & Safety Team on site 24/7
- Flat screen TV in all suites
- All the comforts of home with bedding, blankets & treat time
- Grassed relief area



Visit us online at: royalpetsmarket.com for locations & more info!

MARKET 📽 RESORT VETERINARY CENTER

Who's Your Daddy?

Continued from Page 1

In 1 Thessalonians 2: 10-12 Paul writes a perfect example of how fathers should raise their children:

"You are witnesses, and so is God, how devoutly and uprightly and blamelessly we behaved toward you believers; just as you know how we were exhorting and encouraging and imploring each one of you as a father would his own children, so that you would walk in a manner worthy of the God who calls you into His own kingdom and glory."

After food, shelter, and clothing, the most important need that children have is to know that they are loved, that they are cared for, and that they matter. As Father's Day comes near, remember that we serve a God who fulfills all of these needs for us. We don't have to walk this world and face our troubles alone. We have the support of an all-knowing, all-encompassing parent whose only wish is that we become the

best people we can be.

Sun. Ser. 10:30

May God bless you today, and if you do not have a church home, the wonderful people of Christ Cumberland Presbyterian Church would love the chance to meet you.

By Rev. Joshua Murray Christ Cumberland Presbyterian Church 19501 Holly Lane, Lutz FL 33548 Phone: (813)909-9789



Americans Celebrate Juneteenth!

Continued from Page 1

Today's Juneteenth Celebrations

Today's celebrations bring people of all races, nationalities, and religions together. They include prayer and religious services, family gatherings, speeches, educational events, and festivals with music, food, and dancing.

On June 19, 2023, we will celebrate the 158th anniversary of Juneteenth. Americans will celebrate this historic day when we were brought together as a nation. One nation, under God. As we celebrate Juneteenth this year, let us take a moment to pray for our Nation, thank God that we have grown from our past mistakes, and to ask for guidance for the future of our great country. It is such a blessing to see how far we have grown under God's guidance. America is truly the land of the free and the home of the brave. Rather than let it divide us, let us grow stronger together. Together we can overcome obstacles and change the world for the better.

To learn more about this historic celebration, visit https://www.juneteenth.com.

"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life." — John 3:16

The Moringa Oleifera—The Tree of Life!

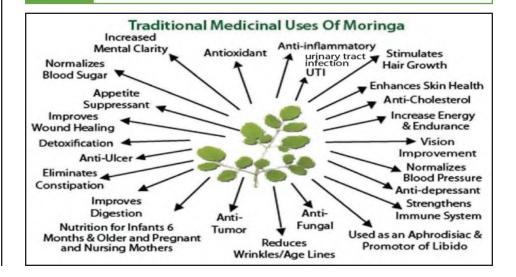


A Supermarket **On A Tree** Prevents 300 diseases! 9x MORE iron than spinach! 14x MORE calcium than in milk! 4x MORE potassium than in bananas! **4x MORE** fiber than oats! 2x MORE protein than in eggs!

Imagine a tree in your backyard that will meet most of your nutritional needs, purify your water, and take care of you medicinally!

MORINGA AS ANTIOXIDANT

Moringa has approximately 46 antioxidants and is one of the most richest sources of natural antioxidants. Similar to Pomegranate and Green tea, Moringa also acts as a powerful source of antioxidant. Unlike the other source of antioxidants. Moringa leaves also offer various other nutrients to the body. Its a well known scientific fact that the antioxidants work better in combination with other nutrients. Moringa leaves are rich in Flavonoids, a class of anti-oxidants.



The Great Florida Outdoors: The Florida Scrub Jay

Dr. Robert Norman, Clinical Professor, Dermatology, Nova Southeastern University

Do you want to learn about an amazing bird that you can go out and observe? I have had the good fortune of seeing the marvelous Florida Scrub Jay (aphelocoma coerulescens) at many locations, including The Archbold Biological Station and Oscar Scherer State Park.

What is the bird's color pattern? Dull blue overall with a whitish forehead and a pale gray back and belly. Juveniles are grayer overall than adults and lack the adult's blue head.

The Florida Scrub Jay has fascinating and entertaining behaviors. The bird hops on the ground or in trees and shrubs to pick insects and harvest acorns, which it buries in the ground to eat later. It often perches vertically on wires or exposed branches with its long tail hanging down.



Where can you find this wonderful bird?

Florida Scrub-Jays are restricted to low-growing (less than 6.5 feet tall) oak scrub and scrubby flatwoods found in sand ridges only in Florida. Within these patches of oak scrub, they frequent relatively open areas and bare sandy patches. Species within this community include myrtle oak, Archbold oak, sand live oak, Chapman oak, runner oak, rusty lyonia, Florida rosemary, and at least 18 endangered or threatened plants. In the absence of lightning-ignited, low-intensity fires (which used to be very common in Florida) the oak-scrub community becomes too dense and tall to support Florida Scrub-Jays. Where do they go when they hear their stomach grumbling? Florida Scrub-Jays hop along the ground between shrubs looking for insects, acorns, berries, and small vertebrates such as snakes, mice, and lizards. They also eat peanuts provided by people. They eat small insects and berries whole but carry larger prey in their bill to a perch where they proceed to pick it apart.

of 4,000 individuals according to Partners in Flight. They are a Red Watch List species with a Continental Concern Score of 20 out of 20. Primary threats include habitat loss, fragmentation, and degradation due to Florida's heavy urban, suburban, and agricultural development; and fire suppression.

The annual Florida Scrub-Jay Festival travels around the state to different important scrub areas each year.

Reference: The Cornell Lab/All About Birds

Although there are many other scrubs and other jays, where can you find this one-of-a-kind flying wonder-the Florida Scrub Jay?

Get out and enjoy The Great Florida Outdoors!

I see more and more young people not getting outdoors, glued to their phones and other devices. I write them an Rx for Vitamin N-Nature-and hopefully they get out to see our amazing outdoors!

Dr. Robert Norman, Clinical Professor of Dermatology

Director, Center for Geriatric Dermatology, Integrative Dermatology and Neuro-Dermatology 8002 Gunn Hwy. • Tampa, Florida 33626 • 813-880-7546

61 books (series editor of 13) • 300+ articles • 25 videos and films • 16 photo calendars and xhibits • 4 music CDs

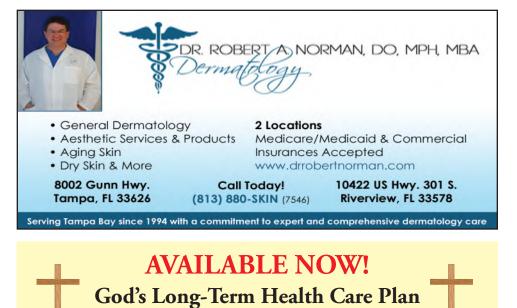
Florida Scrub-Jays hold acorns in their feet, hammering them apart with their chisel-like bill. When they've had their fill of acorns, they hammer them into the sandy soil or stuff them into palm fronds or moss to eat later in the year. They often place a leaf or twig over the area, perhaps to help them remember where they buried it. Throughout the year, they also dig up and recache the acorns perhaps to check on the condition of the acorn or to help them remember the location. A single Florida Scrub-Jay may cache between 6,500 and 8,000 acorns each fall.

Florida Scrub-Jays nest at the edge of a clump of low shrubs. They tend to place the nest in sand live oak trees under dense greenbrier vines or dense clumps of leaves about 3 feet above the ground. Males and females form permanent monogamous bonds that are reinforced by mate feeding, especially during the nesting season. When the nesting spirit enters, males and females collect twigs from oaks and fibers from saw palmetto and cabbage palm. Oak twigs make up the outer basket of the nest and smaller twigs and palm fibers make up the inner basket. Both sexes help build the nest, but the female spends more time shaping the cup.

The Florida Scrub-Jay is a declining species with an estimated global breeding population

Tampa Bay Medical Hero Award (2008) • Hadassah Humanitarian Award (2012) Visit my Amazon Author Page:

https://www.amazon.com/Robert-A.-Norman/e/B0033Z4HTY



Space Available! "Hell" Forgot About That!

The Fourth of July was traditionally celebrated as America's birthday, but the idea of an annual day specifically celebrating the Flag is believed to have first originated in 1885. BJ Cigrand, a schoolteacher, arranged for the pupils in the Fredonia, Wisconsin Public School, District 6, to observe June 14 (the 108th anniversary of the official adoption of The Stars and Stripes) as 'Flag Birthday'.

In numerous magazines and newspaper articles and public addresses over the following years, Cigrand continued to enthusiastically advocate the observance of June 14 as 'Flag Birthday', or 'Flag Day'.

Following the suggestion of Colonel J Granville Leach (at the time historian of the Pennsylvania Society of the Sons of the Revolution), the Pennsylvania Society of Colonial Dames of America on April 25, 1893 adopted a resolution requesting the mayor of Philadelphia and all others in authority and all private citizens to display the Flag on June 14th.

Leach went on to recommend that thereafter the day be known as 'Flag Day', and on that day, school children be assembled for appropriate exercises, with each child being given a small Flag.

In 1894, the governor of New York directed that on June 14 the Flag be displayed on all public buildings. With BJ Cigrand and Leroy Van Horn as the moving spirits, the Illinois organization, known as the American Flag Day Association, was organized for the purpose of promoting the holding of Flag Day exercises.

On June 14th, 1894, under the auspices of this association, the first general public school

The History of Flag Day

children's celebration of Flag Day in Chicago was held in Douglas, Garfield, Humboldt, Lincoln, and Washington Parks, with more than 300,000 children participating.

Inspired by these three decades of state and local celebrations, Flag Day - the anniversary of the Flag Resolution of 1777 - was officially established by the Proclamation of President Woodrow Wilson on May 30th, 1916.

While Flag Day was celebrated in various



communities for years after Wilson's proclamation, it was not until August 3rd, 1949, that President Truman signed an Act of Congress designating June 14th of each year as National Flag Day.

http://www.usflag.org/history/flagday.html.

How to Observe Flag Day

The week of June 14 is designated as "National Flag Week." During National Flag Week, the president will issue a proclamation urging U.S. citizens to fly the American flag for the duration of that week. The flag should also be displayed on all Government buildings. Some organizations hold parades and events in celebration of our national flag and everything it represents. It's also a time to remember and honor military men and women who defend our flag and our country.

United We Stand Divided We Fall

Patrick Henry used the phrase in his last public speech, given in March 1799, in which he denounced The Kentucky and Virginia Resolutions. Clasping his hands and swaying unsteadily, Henry declaimed, "Let us trust God, and our better judgment to set us right hereafter. United we stand, divided we fall. Let us not split into factions which must destroy that union upon which our existence hangs." At the end of his oration, Henry fell into the arms of bystanders and was carried almost lifeless into a nearby tavern. Two months afterward, he had died.

The phrase also appears in the New Testament, albeit in slightly different language. Mark 3:25, "A house divided against itself cannot stand" http://en.wikipedia.org/wiki/United_we_stand, divided_we_fall

Mark 3:23-29

Jesus spoke to the crowd in parables:

'How can Satan drive out Satan? If a kingdom is divided against itself, that kingdom cannot stand. If Satan opposes himself and is divided, he cannot stand; his end has come. In fact, no one can enter a strong man's houee and carry off his possessions unless he first ties up the strong man. Then he can rob his house. I tell you the truth, all the sins and blasphemies of men will be forgiven them. But whoever blasphemes against the Holy Spirit will never be forgiven; he is guilty of an eternal sin."





The Origins of Father's Day & The Fairmont Mining Disaster at Darr Mine

DARR MINE DISASTER

On Dec. 19, 1907, an explosion killed 239 men and boys, many Hungarian immigrants, in Darr coal mine near Van Meter. Some were from the closed Naomi mine, near Fayette City, which exploded on Dec. 1, killing 34. Over 3000 miners died in Dec. 1907, the worst month in U. S. coal mining history. In Olive Branch Cemetery. 71 Darr miners, 49 unknown, are buried in a common grave. The campaign to celebrate the nation's fathers did not meet with the same enthusiasm—perhaps because, as one florist explained, "fathers haven't the same sentimental appeal that mothers have." On July 5, 1908, a West Virginia church sponsored the nation's first event explicitly in honor of fathers, a Sunday sermon in memory of the 362 men who had died in the previous December's explosions at the Fairmont Coal Company mines in Monongah, but it was a one-time commemoration and not an annual holiday. The next year, a Spokane, Washington woman named Sonora Smart Dodd, one of six children

raised by a widower, tried to establish an official equivalent to Mother's Day for male parents. She went to local churches, the YMCA, shopkeepers and government officials to drum up support for her idea, and she was successful: Washington State celebrated the nation's first state-

Enter to Win!

A golf certificate from Heritage Harbor! Find the answers in the Gazette!

1. For God so loved_____

2. The Spirit himself _____

3. Our Father in heaven, ____

wide Father's Day on July 19, 1910.

Slowly, the holiday spread. In 1916, President Wilson honored the day by using telegraph signals to unfurl a flag in Spokane when he pressed a button in Washington, D.C. In 1924, President Calvin Coolidge urged state governments to observe Father's Day.

However, many men continued to disdain the day. As one historian writes, they "scoffed at the holiday's sentimental attempts to domesticate manliness with flowers and gift-giving, or they derided the proliferation of such holidays as a commercial gimmick to sell more products--often paid for by the father himself."

During the 1920s and 1930s, a movement arose to scrap Mother's Day and Father's Day altogether in favor of a single holiday, Parents' Day. Every year on Mother's Day, pro-Parents' Day groups rallied in New York City's Central Park--a public reminder, said Parents' Day activist and radio performer Robert Spere, "that both parents should be loved and respected together."

Paradoxically, however, the Depression derailed this effort to combine and de-commercialize the holidays. Struggling retailers and advertisers redoubled their efforts to make Father's Day a "second Christmas" for men, promoting goods such as neckties, hats, socks, pipes and tobacco, golf clubs and other sporting goods, and greeting cards.

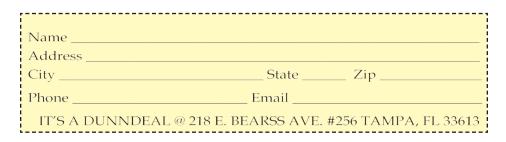
When World War II began, advertisers began to argue that celebrating Father's Day was a way to honor American troops and support the war effort. By the end of the war, Father's Day may not have been a federal holiday, but it was a national institution.

In 1972, in the middle of a hard-fought presidential re-election campaign, Richard Nixon signed a proclamation making Father's Day a federal holiday at last. Today, economists estimate that Americans spend more than \$1 billion each year on Father's Day gifts.

http://www.history.com/topics/fathers-day

http://patheoldminer.rootsweb.ancestry.com/darr2.html

Email your entry to <u>web@ddpnews.com</u> or mail the entry to the address below.





"I was reading in the Dunndeal Gazettes, during National Flag Week, the president will issue a proclamation urging U.S. citizens to fly the American flag for the duration of that week. The flag should also be displayed on all Government buildings. Some organizations hold parades and events in celebration of our national flag and everything it represents. It's also a time to remember and honor military men and women who defend our flag and our country".

GFWC Awards \$16,000 In Student Scholarships



(L-R) Group photo of 2023 Scholarship Awardees: Club President Elayne Bassinger, Alessandra Diggs, Allen Ho, Kelly Beilfuss, Edyth Krook, Humberto Martinez (not pictured) and Chair Lucy Albury.

GFWC Lutz-Land O'Lakes Woman's Club is pleased to announce the winners of its Class of 2023 Scholarship Awardees. Kelly Beilfuss and Humberto Martinez (not pictured) were each awarded \$5,000 scholarships from the Lutz Volunteer Fire Dept. (ret.) Endowment Fund and \$2,000 Woman's Club scholarships were awarded to Alessandra Diggs, Allen Ho and Edyth Krook and presented by Club President Elayne Bassinger, Jay Muffly, (ret.) President of Lutz Volunteer Fire Dept. and Chairperson Lucy Albury. A total of \$16,000 in scholarship funds was awarded. The Woman's Club heartily congratulates this fine group of very high-achieving students and wishes them every success in their future academic careers.



(L-R) Photo 2: Lutz Volunteer Fire (ret.) Endowment Scholarship winners: Club President Elayne Bassinger, Kelly Beilfuss, Humberto Martinez (not pictured) & Jay Muffly, President of former Lutz Volunteer F.D



(L-R) Club Scholarship winners: Club President Elayne Bassinger, Alessandra Diggs, Allen Ho, Edyth Krook & Chair Lucy Albury





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Jesus answered, "A certain man was going down from Jerusalem to Jericho, and he fell among robbers, who both stripped him and beat him, and departed, leaving him half dead. By chance a certain priest was going down that way. When he saw him, he passed by on the other side. In the same way a Levite also, when he came to the place, and saw him, passed by on the other side. But a certain Samaritan, as he travelled, came where he was. When he saw him, he was moved with compassion, came to him, and bound up his wounds, pouring

on oil and wine. He set him on his own animal, and brought him to an inn, and took care of him. On the next day, when he departed, he took out two denarii, and gave them to the host, and said to him, 'Take care of him. Whatever you spend beyond that, I will repay you when I return.' Now which of these three do you think seemed to be a neighbor to him who fell among the robbers?" He said. "He who showed mercy on him."

Then Jesus said to him, "Go and do likewise."

— Luke 10:30–37, World English Bible

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NatureHills.com

"Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth as it is in heaven." — Matthew 6:9-10

Carrollwood Service League



The Carrollwood Service League is a non-profit organization that serves the Tampa Bay community through various service projects. This year 2023, Liberty Manor for Veterans was chosen as their Charity of the Year. They presented the Veterans organization with a check by hosting a Fashion Show and luncheon that raised \$17,000.00! Contact prepjanetdaggs@gmail. com for additional detail regarding membership.

The mission of Liberty Manor for Veterans; Inc. is to promote the developmental and social needs of disabled and honorably discharged veterans who have fallen victim to homelessness providing transitional; supported housing and establishing objectives designed to attribute to self-sufficiency. Anyone interested in assisting this meritorious initiative please contact Connie Lindsay (813) 900-9422, or Liberty Manor for Veterans (a 501c3 non profit organization), website <u>http://www.libertymanor.org</u>, 10015 N 9th Street Tampa, FL 33612; or the mailing address P.O. Box 274081 Tampa, FL 33688-4081. Veterans are certainly worthy of our help. EIN #02-0775720.

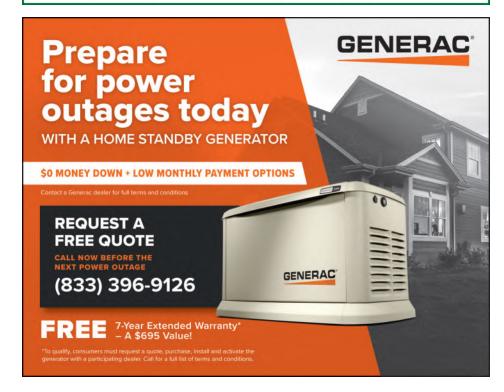
BEST

FATHER'S

#Tee time is me time, # I win, Mothersday in disguise as Fathersday



required for TruGreen Lawn Assessment, which is performed at the first visit. *Guarantee applies to annual plan customers only. BBB accredited since 07/01/2012. ©2023 TruGreen Limited Partnership. All rights reserved. In Connecticut, B-0153, B-1380, B-0127, B-0200, B-0151.





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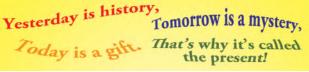
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Publishers of the Dunndeal Gazettes





CARPET CONSTRUCTOR OF CONSTRUCTOR O

Beautify Your Home By Karen McBride

When it is time to freshen the look in your home with new flooring, Reliable Carpet is here to do the installation. With over 30 years' experience in flooring installation, you can count on the professionals to do the job right. Herb Johnson, his brother Maurice, and Uncle Rosco moved the family-owned business from Miami to Tampa in 2020.

There is nothing like the feel of soft carpeting under your feet in the morning or when you are sitting on the floor playing with your kids. A great option for carpeting is vinyl flooring. It is easy to clean and maintain, especially for families with pets or little children.

The expert technicians can install new flooring, remove old carpeting, as well as repair vinyl flooring and carpeting. The well-organized and efficient crew will install your new floor covering in a timely manner so that you can begin enjoying the new look and feel of your home. The licensed and insured contractors offer pickup and delivery and same day service. To schedule an appointment, call 786-721-1814.

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classes. (In-Person and Zoom) We provide the Training, the Support and the Leads. Earn 50% of any Investor Profit. Some have earned 5 to 6 figures a month doing so. Call - (813) 307-0007 or email - admin@serrallesgroup.com

Visit our website - SerrallesTrainingGroup.com Our office location is 2322 N. Highland Ave. Tampa, Fl. 33602



- * Many folks want to serve God, but only as an adviser.
- * Do you think "stop, drop, and roll" will work in Hell?
- * Some minds are like concrete: thoroughly mixed up and have permanently set.
- * God loves everyone but probably prefers "fruits of the Spirit" over nuts!
- * The good Lord didn't create anything without a purpose, but mosquitoes came close.
- * Opportunity may knock once, but temptation bangs on the front door forever.
- * Quit griping about your church! If it was perfect, you couldn't belong.
- * If your church needs a better pastor, it only needs to pray for the one it has.
- * The best mathematical equation is 1 cross + 3 nails = 4 given. * God Himself doesn't propose to judge a man until he's dead. So why should you?
- * Don't wait for six strong men to take you to church.
- * We don't change the message, the message changes us.

* Why advertise your business to keep God's word in print media? He will give you something to sing about and something you can dance to.

AVAILABLE NOW!

Tampa Bay Dance Club

June 2023 Schedule

Please note we are in need of single male attendees			
6/	02	Albi	
6/	09	Rick Bourbon	First Timers Free Admission
6/	16	John Ricky	Father's Day Celebration
6/	23	Mike Unwin	
6/	30	Mike Unwin	Hot Dog Sales

Celebrate Independence Day

Dances every Friday night! Everyone is welcome. Doors open at 7:00pm, goes from 7:30pm-10:30pm. Admission \$12. Dress code is casual. 8401 W. Hillsborough Ave. at the Lutheran Church of our Savior, 8401 W. Hillsborough Ave. BYOB-type club. Music to the 50's & up, Latin, country. Weekly broadcast on Facebook: Tampa Bay Dance Club or Tampa Bay Dancing. Contact Roger Verszyla at <u>r.verszyla@aol.com</u>

How To Alkaline Your Water

This will fill a 2 gallon container:

Add 1 sliced lemon, 1 cucumber sliced, ginger & turmeric root sliced, mint leaves, 1 teas. baking soda, 2 cups aloe vera juice,1 sliced small eggplant. Fill with water.



Start Hurricane Season Well-Prepared

As hurricane season looms ahead of us, Pasco Sheriff's Office wants to remind citizens to prepare well in advance of the storm to help ensure your safety. Simple steps taken now can help not only your family, but first responders in a storm. Atlantic Hurricane Season begins on June 1 and runs through the end of November. Keeping your hurricane kit and plan up-to-date is a smart idea before the storm arrives.

Staying prepared throughout hurricane season will help provide a sense of calm before a storm threatens our area. Build an emergency kit and keep it stocked throughout the storm season. Have bottled water and non-perishable food in your emergency kit so you can avoid busy stores. Additionally, make sure your household has a hurricane evacuation plan and knows where to go in the event of an evacuation. Ensure your car's gas tank and any propane tanks

I heard about this minister who was driving down the road when he was pulled over by a policeman. The officer came to his window and smelled alcohol. He saw a thermos and asked, "Sir, what are you drinking?" The minister said, "just water." The officer asked for the thermos, took a sip, and said, "This taste like wine to me." The minister said, "What do you know, Jesus did it again!" *"Say it like you mean it." Joel Osteen*

Defend Against Scammers Who Target Your Social Security Benefits

By Javier Morales, Social Security Public Affairs in South Florida

Scammers are always finding new ways to steal your money and personal information by exploiting your fears. The most effective way to defeat scammers is to know how to identify scams and to ignore suspicious calls and emails.

One common tactic scammers use is



are above half full. Test generators monthly to confirm they're working properly. Lastly, review insurance policies and have a copies easily accessible and stored in a waterproof container.

Once a storm is on its way, assess your current supplies and be ready to activate your emergency plans. For those who need to evacuate, make arrangements early and have a backup plan. Consider particular accommodations for special needs such as disabilities, language barriers or pets before a storm. For example, not all shelters accept animals, so locating ones that do ahead of the storm will save you time during your evacuation. Plan accordingly for pets' needs by ensuring you have a pet carrier, plenty of food and medications for each animal.

Strengthen your home before a storm. Put away loose items that can act as debris during a storm, such as toys or furniture. Keep shrubs and trees trimmed throughout storm season and keep drains and gutters clear. For homes that experience flooding, know your closest sandbag distribution site, and obtain sandbags before a storm. Not only will these steps help keep your home safe, but those of your neighbors as well.

Knowing where to find emergency alerts and warnings before, during and after a storm can save a life. If a storm moves into our area, keep phones charged to ensure you can stay in touch in the event of an emergency. Pasco Sheriff's Office will also provide information on storms on our news site, News.PascoSheriff.com. Add a battery-powered radio with extra batteries in your emergency kit as well.

Before returning home after a storm moves through our area, be patient and allow time for first responders to assess if areas are safe. Only return from evacuations after the all-clear is given for your area, as roads may be closed or obstructed from debris. Stay clear of downed power lines, which may be live. Inspect homes with exterior damage assessments for safety issues. Never run generators, grills or other gas-operated appliances indoors.

The time to prepare for hurricane season is now. A few steps taken ahead of a storm can help keep you safe when a storm affects our area. Prepare now and stay safe this hurricane season!

posing as federal agents or other law enforcement. They may claim your Social Security number (SSN) is linked to a crime. They may even threaten to arrest you if you do not comply with their instructions. Here are three things you should do:

• Hang up right away or do not reply to the email.

• Never give personal information or payment of any kind.

• Report the scam at <u>oig.ssa.gov</u> to immediately notify the law enforcement team in our Office of the Inspector General.

You should continue to remain vigilant if you receive a phone call from someone who claims there's a problem with your SSN or your benefits. If you owe money to us, we will mail you a letter explaining your rights, payment options, and information about appealing.

There are a few ways you can identify a scam call or email. Remember that we will never:

- Threaten you with benefit suspension, arrest, or other legal action unless you pay a fine or fee.
- Promise a benefit increase or other assistance in exchange for payment.

• Require payment by retail gift card, cash, wire transfer, internet currency, or prepaid debit card.

- Demand secrecy from you in handling a Social Security-related problem.
- · Send official letters or reports containing personally identifiable information via email.

If you do not have ongoing business with our agency, it is unlikely we will contact you. Again, if you get a suspicious call claiming to be from us or law enforcement about Social Security, you should hang up and report it right away to our Office of the Inspector General at <u>oig.ssa.gov</u>.

June 2023

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