



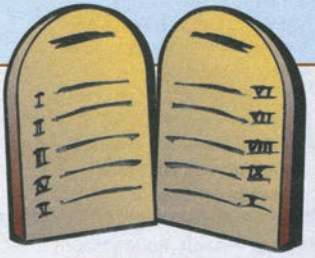
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Celebrating Our Independence  
A Non-denominational Publication

# MY Dunndean Gazette

He said to them, "Go into all the world and preach the gospel to all creation." - Mark 16:15

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## The Ten Commandments

*Exodus 20:3-17*

- I Thou shalt have no other gods before me.
- II Thou shalt not make unto thee any graven image.
- III Thou shalt not take the name of the Lord thy God in vain.
- IV Remember the sabbath day, to keep it holy.
- V Honor thy father and thy mother.
- VI Thou shalt not murder.
- VII Thou shalt not commit adultery.
- VIII Thou shalt not steal.
- IX Thou shalt not bear false witness against thy neighbor.
- X Thou shalt not covet.

## Giving Easter A Second LOOK! And What Does It Have to Do With A Bunny?

**John 11:25-26: Jesus said to her, "I am the resurrection and the life. The one who believes in me will live, even though they die, and whoever lives by believing in me."**

Easter, a celebration of Jesus Christ's resurrection from the dead, is the holiest day of the Christian calendar. According to the gospels of the New Testament, Jesus Christ and his apostles entered Jerusalem to observe Passover, the Jewish holy season that celebrates the Hebrews' release from slavery.

After the Passover supper, Jesus was arrested, and on what is now called Good Friday, he was crucified. Two days later, he rose from the dead. Those of Jewish origin were the first to celebrate the resurrection, likely as a new facet of the Passover festival. In fact, the Easter celebration was called "PASCHA." It's derived from the word "PESACH" (the Jewish translation for Passover).

Originally, Easter was celebrated two days after Passover, so it fell on any day of the week, but Easter Wednesday just didn't feel right. In 325 AD, Roman Emperor Constantine and the Council of Nicaea ruled that Easter must fall only on a Sunday, the day when Christ rose from the dead. Easter Sunday would be the first Sunday following the full moon after the spring equinox; it could occur anywhere between March 22nd and April 25th.

*Continued on Page 8*

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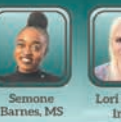
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## GFWC Annual Flea Market Workers



GFWC Lutz-Land O'Lakes Woman's Club members wish to thank the community for strongly supporting its Annual Flea Market at the Historic Old Lutz School. It was a very important fundraiser for this long-serving volunteer organization to support its many projects which benefit our community in so many ways. Pictured are some of the club's almost 100 members, who worked tirelessly to put this popular Flea Market together, together with assistance from The Little Women of Lutz, Boy Scout Troop 12, Old Lutz School Board, husbands and family members.



## Earth Day, What Does It Mean To You?

“The earth is the Lord's, and everything in it.” (1 Corinthians 10:26)

April is the month that we celebrate Earth Day, on the 22nd. The first thing that comes to mind when we hear Earth Day generally has something to do with ecology, right? We see the image of a green planet, lots of trees, lush gardens, aqua seas, clear blue skies, with birds and butterflies scurrying about. But do we ever consider how that got here? As Christians we know and believe that this magnificent picture was created by God, a wonderful gift to behold. We also know that this planet of ours must be treated with respect, as God wants us to do.

However, lately when I drive down our local streets, I see much of our farms, ranches, groves, and such, disappearing in the name of progress. I see that huge cloud of dust blowing across the road, coming from that newly acquired ranch being excavated and developed into an area for new residences and commercial properties. It saddens me to think about the wildlife that inhabited that land having to relocate to another part of town.

With that in mind, let's take a small journey together. Let's picture that raw land with all of its intended potential provided by God Himself. That land would be the very place that can grow the plants that produce our fruits, vegetables, and herbs. The land also provides that place for the animals to live and grow to become the meat that we eat, the skins for clothing and furniture, and so on. This is merely a small example of the things that the space can do for us.

Another way to appreciate our earth is to use it in a more spiritual way. That is, put your bare feet on the ground and let the earth's energy travel up your legs and body, and feel that sense of peace that we all long for. This the feeling of being “grounded,” balanced, and in harmony. Appreciate it because this is a gift from God. Don't you ever feel this way when you take a long walk barefoot on the beach? It's difficult to describe that good feeling of sinking your toes in the sand, but that it just feels good. Perhaps it's because we know deep down that the Bible says that we came from dust and that we will return to that dust someday.

The next time you walk barefoot in the grass, or on the beach, or climb that hill or mountain, or hike in the woods, remember that this is a gift from God. Treat it with respect and appreciation, and enjoy its beauty!

“The highest heavens belong to the Lord, but the earth he has given to mankind.” (Psalms 115:16)

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## Beautiful Beginnings Boutique Shows Teens the Unconditional Love of Jesus!

By Karen McBride



Bay Hope Church had a vision to create a boutique for underprivileged girls to provide them with essentials such as clothing, jewelry, makeup, and other toiletries. As part of their At-Risk Kids Ministry, Beautiful Beginnings Boutique opened last year and hosts over 100 girls per week.

The ministry works with teenage girls who are in the juvenile justice and foster care programs. The volunteers at Beautiful Beginnings Boutique teach the girls their confidence is

found in God because He loves them unconditionally, while providing them with necessities.

“It is all about the unconditional radical love of Jesus. These girls have been abused, abandoned, and trafficked, and we just want to show them the love of Jesus”, said Cheryl Jackson, Senior Director of At-Risk Kids Ministry. “Through the ministry, we want them to understand their value and their worth.”

The girls are invited to attend a youth group on Sunday afternoons and are treated to a shopping day in the quaint boutique, which resembles a quality specialty store. The shop is a labor of love for the Boutique Coordinator, Danyelle Schaer. “Walking through the hard, being able to love on these vulnerable girls, and meeting their tangible needs is such a blessing.”

The boutique has given over 6000 items to girls in need in the past year. Gently used clothing, new makeup, and toiletries are needed to keep the boutique stocked. Donations can be dropped off at Bay Hope Church, 17030 Lakeshore Road, Lutz, FL 33558 in Portable D. See the full Amazon wish list here: [https://www.amazon.com/hz/wishlist/ls/1AXTEYA7NGTT4/ref=hz\\_ls\\_biz\\_ex](https://www.amazon.com/hz/wishlist/ls/1AXTEYA7NGTT4/ref=hz_ls_biz_ex).

For more information, go to <https://www.bayhope.church/beautiful-beginnings-boutique>.



“I have been crucified with Christ and I no longer live, but Christ lives in me. The life I live in the body, I live by faith in the Son of God, who loved me and gave himself for me.” — Galatians 2:20

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## Deep Reflection of the Love of God

*Samantha Taylor*



Many of us are coming off some of the toughest years of our lives and going into April can remind us of deeper things to think about. I think back to 25 years ago on Easter when my husband and I made it to a church service because someone had invited us to go.

And honestly, we didn't want to go but because it was Easter, we did. What we didn't know was that was the day God was going to change our lives as we both surrendered our lives to Jesus Christ, which led our lives on a journey following God.

What I could've never imagined at that moment was that 25 years later I would be crying over my husband laying in a hospital bed, knowing that he was about to actually meet Jesus in heaven! And that everything our lives stood for, in surrendering to God and getting to know God in this life, that outcome was about to truly reveal itself.

As my tears fell on my husband's face, knowing that any minute he was about to actually meet Jesus, that moment was so intense and so revealing of what you truly believe is going to happen when you die.

When your earthly body no longer has a breath and a heartbeat and your spirit leaves to go to eternity, when that moment actually happened, I knew it to be more real than anything I've ever known. Although the depths of the pain was indescribable to lose him, there was a moment of peace knowing that his spirit was going to be in heaven in complete absolute peace, joy, and love with no sin or pain.

So for me, the anniversary of Easter celebrates the day that he and I met God and honestly, I can't imagine having gone through the last 25 years without knowing God. And I couldn't imagine going through, losing the love of my life since I was 17 and not having the strength of God to support and love on me in those deep dark times of pain.

But what that did reiterate to me was how truly real our God is. How truly real His love is for us and the comfort and the peace that He gave me in the most difficult season of my life, made me love and respect God even more.

I encourage you if you've not been to church in a while or maybe you have and you've got some neighbors you can invite, Easter is the holiday that more people will go to church when invited than any other holiday. So take a minute to think about who you could invite to go to church with you or if you've not gone in a while, or ever, you find a good church to go to as well. It matters. There is some type of spiritual awakening and movement happening all over this nation right now, people seem even more open to God.

God is the most important experience that any of us could ever have in this life and to try to live without Him is not something I would ever want to do. God is so intimate, so beautiful and so loving and He wants to have a relationship with us for He is such a personal God. The God of the Holy Bible is alive! And that is why we celebrate Easter (Resurrection Day!).

He calls us to Him. He draws us to Him. I pray that anybody reading this that feels that "draw" from God, that you respond because there's a reason for it. He loves you and He wants to guide you through the life that He put you on this earth for. But if you don't surrender to Him and you don't respond to the call, then it's difficult to know what your God given purpose is.

Just like I brutally had to find out, none of us know the number of days that we have. We thought we had the rest of our lives ahead of us just like most people think but in that rude awakening of reality, I was aware that all of us will die even though we don't know what day that is. So, making sure that we have a right relationship with God is more important than anything we can do in life.

For a list of powerful, inspirational movies and music that have touched our lives and a video I made about how to walk in the peace of God, go here. Happy Resurrection Day!

[www.SamanthaTaylor.com/powerfulresources](http://www.SamanthaTaylor.com/powerfulresources)

## Start 2023 Off Right by Maintaining Your Child's Good Health

*By Karen McBride*

As we begin a new year, start it off the right way by maintaining the health of your child. Dr. Michele Johnson-Towson and her staff at Pediatric Place of Tampa are dedicated to keeping patients both healthy and educated on changes in children's health care. They take the time to answer any questions parents may have. They treat your child's overall health, including immunizations, allergies, asthma, and ADHD (Attention-Deficit/ Hyperactivity Disorder).

It is important to schedule your child's appointment to ensure his/her immunizations are up to date. COVID immunizations are now available for ages 6 months and older. Contact Dr. Johnson-Towson, a board-certified pediatrician with over 30 years of experience in caring for children ages newborn to 21 years old, to schedule your child's appointment.

Same-week appointments are available at Pediatric Place of Tampa, and the practice accepts all insurances as well as self-pay patients. New patients are always welcome!

When visiting Pediatric Place of Tampa for the first time, new patients should bring:

- Your child's insurance card
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Pediatric Place of Tampa offers Urgent Care hours to accommodate sick children after work, school, and/or daycare. Urgent Care hours are available Monday – Friday until 7pm, and Saturday 8:00am until noon.

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## Easter's Hope

There is a story in the Bible usually not associated with Easter, but it may be one of the best Easter stories. It is the story of Abraham and the birth of his son Isaac.

Early in Abraham's life, God promised he would be the father of many nations. It was a promise filled with blessings and a hope for the future. Yet Abraham did not have any children, and his wife, Sarah, was unable to conceive.

Abraham waited and waited, but no child ever came. Making matters worse, Abraham's name means “the father of many.” It must have been disheartening every time someone used his name and he recalled his lack of children.

He and Sarah finally reached an age where it seemed the promise would be impossible to fulfill. But Abraham would not give up on God's promise. Finally, at the age of 100, Abraham became the father of Isaac. Happy Easter!

How is this an Easter story? St. Paul wrote in Romans 4, “And Abraham's faith did not weaken, even though, at about 100 years of age, he figured his body was as good as dead – and so was Sarah's womb.” How was Abraham able to do this? St. Paul wrote, “This happened because Abraham believed in the God who brings the dead back to life and who creates new things out of nothing.”

Easter is the celebration of God bringing the dead back to life. In the story of the death and resurrection of Jesus, we find hope, a hope for eternity to be sure, but also a hope for our lives today. You may find yourself in an impossible situation, a situation where all the possibilities seem dead, buried and gone. But, don't give up hope on God's promises for your life. Dead possibilities are no problem for a life-giving God. He brings the dead back to life.

Over 2000 years ago, Jesus was crucified, placed in a tomb and had a stone rolled over the opening. He was considered dead, buried and gone. But on Sunday morning, the stone rolled away, the tomb opened up and he which had been dead walked out alive! God's promise was fulfilled.

I pray you will let the story of Easter strengthen your hope during difficult times. St. Paul wrote, “Even when there was no reason for hope, Abraham kept hoping.” The same can be true for us. Happy Easter!

## GFWC Supports “Dress For Success”

GFWC Lutz-Land O'Lakes Woman's Club members recently donated a large number of fashionable work-appropriate outfits to 'Dress for Success' to help women present well in job interviews and in the workplace. Club woman Madeline McCulloh delivered a large amount of donations to the Dress for Success offices in West Tampa on behalf of the club.

The Woman's Club works diligently to support home-insecure and unemployed women re-enter the work force so they may realize their self-worth, be self-sufficient and support themselves and their children.

For more information on this long-serving community service organization, please visit [gfwclutz-landolakeswomensclub.org](http://gfwclutz-landolakeswomensclub.org) or its Facebook page.



Vernell King (director) receives donations from club via member Madeline McCulloh



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## GFWC Enjoyed Its Camp Boggy Creek Bingo Fundraiser



(L-R) Member Dee Knerr, Jim Rader & member wife, Beth Nevel-Rader



(L-R) Members Lorraine DeForest, Deb Cardona, Melba Pineiro & Jeannie Sheets



(L-R) Club President Elayne Bassinger & First Husband Hall Bassinger

GFWC Lutz-Land O'Lakes Woman's Club members hosted a fun “Boggy Bingo” fundraiser on St. Patrick's Day to benefit Camp Boggy Creek at Beef O'Brady's in Lutz. The support of the restaurant management and staff was greatly appreciated and helped make this event a big success. The proceeds will go toward the club's goal to send 2 seriously ill children to a weeklong summer camp where they will be treated to a fun-packed week of just being happy kids. This camp was founded by Paul Newman and the late Gen. Norman Swartzkopf to provide a cost-free respite to these sick children. For more information on this community service organization, please visit [gfwclutz-landolakeswomensclub.org](http://gfwclutz-landolakeswomensclub.org) or its Facebook page.



(L-R) Joanne Mason, member Pat Serio & Ms. Mason's daughter



Member Lois Cohen

*“For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.”*  
— John 3:16



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I heard about this lady who surprised a burglar in her house late one night. She was home alone and didn't have a weapon and she didn't know what to do. Finally she thought, "I'll quote a scripture verse," so she shouted out "Acts 2:38!" and the burglar suddenly froze in his tracks and didn't move. As soon as the police arrived they were amazed how a woman with no weapon could do this. They asked the burglar what was it about that scripture that had such an effect on you. He said, "Scripture? I thought she said she had an Axe and two .38's!"  
*"Say it like you mean it." Joel Osteen*



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**Don't Be Impatient**

*Amy Peterson Office Manager, River of Life Church*

"Forget the former things; do not dwell on the past. See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland." Isa. 43:18-19

Don't get impatient! When we don't see what we would like to see as quickly as we would like to see it, we get impatient. It's natural to try to figure out how to get what we want more quickly. Whether it be more money, a different job, a spouse, a house. When it doesn't happen as quickly as we would like, we then try to figure it out and lots of times, end up settling for second best.

There is a story in the Bible about a woman named Sarah who wanted a baby. She even had a promise from the Lord that she would get pregnant. But when it didn't happen in her timing, she made it happen. She had her handmaid sleep with her husband. Her plan worked. Sarah's handmaid got pregnant. A few years later Sarah did get pregnant just as the Lord had promised. But Sarah ended up resenting her handmaid and her handmaid's son. Why? She settled for second best. She didn't wait for the Lord to bring about His promise, and therefore had a constant reminder of her poor choices.


Don't settle! Don't get impatient! It robs you of the best.

Choose to be patient. It is a choice. By choosing to be patient you will lack nothing in the end. In James 1:4, it reads, "And let endurance (patience) have its perfect work, so that you may be perfect and complete, lacking in nothing."

Ask the Lord to help you while you wait. He will give you the grace you need to be patient so that He can bless you with the best.

We would love for you to join us at River of Life Church, located at 410 E. Chapman Rd. in Lutz, every Sunday at 10:30am and every Wednesday at 7:00pm. For more information, please visit us online at [www.roltampa.org](http://www.roltampa.org).

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Faith is being sure of what we hope for and certain of what we do not see. Hebrews 11:1

**Kidz Corner: Crocheting**



Hi! I'm Harley, writer of the monthly Kidz Korner column. Recently, my homeschool group held a Talent Show, Show and Tell event for the kids, who were all pre-K through high school, to show others their God-given talents and what they've worked hard and diligently on. Mother suggested that my crocheting should be in the Show and Tell. I doubted there were enough creations to fill up an ENTIRE half of a table, but while sifting through the knick-knacks, there were a lot.

When you do many small things, like crocheting bracelets and dragons (even though no one could tell they were dragons) or helping someone out, and you don't think it matters much, it often adds up to something great. When I first started crocheting, my creations weren't fabulous. The original plan was to make a quilt out of different yarns, but I don't know WHAT I was thinking.

Many of the pieces weren't even squares or rectangles at all. They were more like rhombuses, parallelograms, or not polygons at all.

So the scraps were donated to the Salvation Army, where they shred them and use them as stuffing for pillows. It benefits a great cause, and it helps me learn how to crochet useful projects!

Anyway, after watching the talent show on the big day, which included guitar and piano performances and a stop-motion video, the Show and Tell began. At first, it seemed like other people had more interesting displays. (Examples: 3-D printing, a rabbit, a trifold showing someone's house fixer-upper).

Do you see what I mean? But God cares about the heart. Mostly my visitors were older ladies and I had a great time listening to them, even though I didn't reach my daily step goal due to standing beside a stationary table for two hours. God uses everything for good, and He'll teach you lessons, many that may benefit others as well. Bye! See you next month!

Harley Isabel Smith is a 5th grader who has been featured on TV as a philanthropist, has a heart for evangelism, and writes monthly for the Gazette's Kid's Corner. Visit online at <https://harleyisabelsmith.com> where she is constantly adding written and video content to entertain and educate children. Matthew 19:14 Jesus said, "Let the little children come to me and do not hinder them, for the kingdom of heaven belongs to such as these."

*"He himself bore our sins in his body on the tree, so that we might die to sins and live for righteousness; by his wounds you have been healed." — 1 Peter 2:24*



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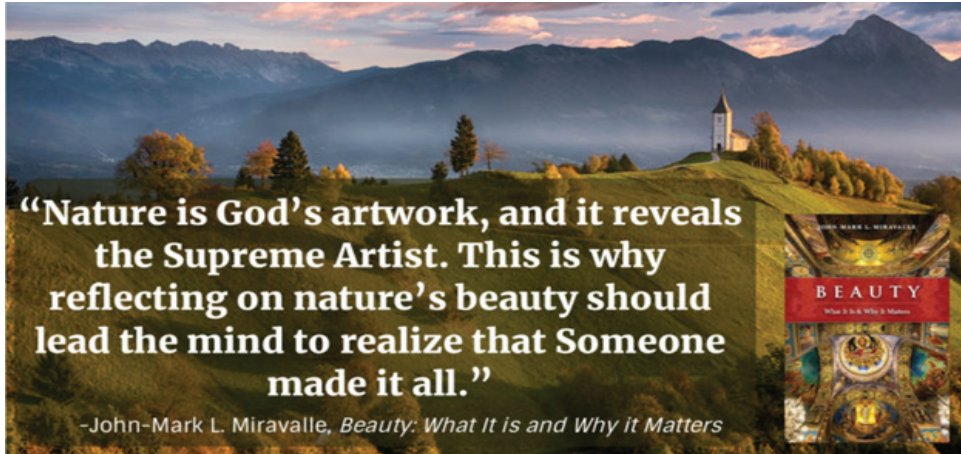
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## The Great Florida Outdoors: Nature and Writing, Part 2

Dr. Robert Norman, Clinical Professor, Dermatology, Nova Southeastern University



Writing can be compared to the three major forms of natural interactions: mutualism commensalism, and parasitism. In writing, mutualism represents the combination of two clear patterns of behavior: a pure line of thought on paper with no detritus, and a pure comprehension by the reader. This is the relationship we strive for, however idealistic.

The writer, even with the best intentions, and the finest editor, has good and bad days. And the reader has similar peaks and troughs. But the partnership, the symbiosis, is the goal. As with lichen, a cohabitation of algae and fungus, the symbiosis can be close to ideal. The fungus provides plant form and absorbs water and minerals while the algae utilizes these raw materials to manufacture food for both. The writer absorbs from the environment and the reader takes the new insight and knowledge inward and also outward into the community. A ripple effect occurs and the beauty of communication shines brightly to replace the darkness.

Parasitism provides the benefit of one and is detrimental to the other, like a tick on a dog.

Commensalism is when one benefits and the other gains no benefit, represented by creatures like the remora which follow sharks and eat their leftovers. When the natural balance is out of control, as with pathological perceptions dictated by propaganda to a vulnerable ear, or fertile prose offered to a barren and unwilling listener, parasitism or commensalism is the rule and the byproducts of mutualism disappear.

A writer who tunes into the rhythm of the environment must be aware of the clearness which is being attempted in the writing. The laws of nature dictate the need for clarity and viability without stagnation. Wipe away the dirty windshield of unclear, parasitic prose and a chance for a new vision appears!

The writer's freedom, survival, sustenance, and contributions will be based, at least partially, on the mutualism created and respect paid to the naturally curative powers of clear communication. The true test is to transfer knowledge successfully. If a direct wisdom-transfer does not occur, the reader and writer both will be disappointed, and the reader may not appoint the writer to the highest position of creative leadership.

In summary, the truth of nature will stand the test of time. The epiphany and true excitement

of writing are enhanced when the laws of nature are followed with due humility.

Dr. Robert Norman, Clinical Professor of Dermatology

Director, Center for Geriatric Dermatology, Integrative Dermatology and Neuro-Dermatology

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## Pasco Tax Collector Mike Fasano Announces that 100% of Employees Are Trained in Human Trafficking Awareness

As his commitment to putting an end to human trafficking, Pasco Tax Collector Mike Fasano announces that every active employee has completed extensive training in the recognition of human trafficking. The Pasco County Tax Collector's Office has become part of Florida Attorney General Ashley Moody's "100 Percent Club."

This designation indicates that the agency has taken the proactive steps needed to train employees to recognize the signs of human trafficking and have been given the resources to report the indications to law enforcement.

"I applaud Staff Development Manager Alicia Albanese and her staff for putting in the hard work to ensure that all 229 active employees of the tax collector's office have been trained to recognize the red flags of this crime," Tax Collector Mike Fasano states. "Utilizing curriculum created by the Florida Alliance to End Human Trafficking we have taken the positive steps needed to make sure our employees are fully trained in spotting human trafficking in its many forms."

"Ending the scourge of human trafficking requires our community to be aware and engaged," remarks Sheriff Chris Nocco. "The Pasco Sheriff's Office applauds our partner, the Pasco County Tax Collector's Office, for their 100% completion in human trafficking awareness which will continue to assist law enforcement as we seek to end this heinous crime."



## SHINE Offers Free Medicare Answers: Medicare Assistance in Pasco County



**New River Library- Thursday, April 20th at 10:30am**

A SHINE Volunteer will be available to answer Medicare questions at the library located at 34043 State Rd. 54 Wesley Chapel, FL 33543. For information call 813-788-6375.

**CARES Senior Center Hudson- Every Thursday from 9:00am-12:00pm**

A SHINE Volunteer will be available to answer Medicare questions on Thursdays at CARES Senior Center located at CARES, 12417 Clock Tower Pkwy, Hudson, FL 34667, USA For information call 727-863-6868.

**Land O Lakes Library - By Appointment**

A SHINE Volunteer will be available to answer Medicare questions at the Land O'Lakes Branch Library located at 2818 Collier Pkwy, Land O Lakes, FL 34639. Call to make an appointment at 813-929-1214.

**Land O Lakes - By Appointment**

A SHINE Volunteer will be available to answer Medicare questions at the Hap Clark Building (next to the Tax Collector Bldg.) Suite 100, 4111 Land O Lakes, FL 34639. Call to make an appointment at 727-570-9696 x235.

## Slam the Scam: How to Spot Government Imposters

By Javier Morales, Social Security Public Affairs in South Florida

Do you know how to spot a government imposter scam? Knowing how to identify potential scammers will help safeguard your personal information.

There are common elements to many of these scams. Scammers often exploit fears and threaten you with arrest or legal action. Scammers also pose as Social Security or other government employees and claim there's a problem with your Social Security number (SSN) or your benefits. They may even claim your SSN is linked to a crime.

When you identify a potential scammer:

- Hang up right away or ignore the message.
- Never give personal information or money.
- Report the scam immediately to our Office of the Inspector General at [oig.ssa.gov/scam-awareness/report-the-scam](http://oig.ssa.gov/scam-awareness/report-the-scam).



If you owe money to Social Security, we'll mail you a letter with payment options and appeal rights. We only accept payments electronically through Pay.gov, Online Bill Pay, or physically by check or money order through our offices.

We will never do the following:

- Threaten you with arrest or legal action because you don't agree to pay us money immediately.
- Promise a benefit increase in exchange for money.
- Ask you to send us gift cards, prepaid debit cards, wire transfers, internet currency, cryptocurrency, or cash through the U.S. mail.

Scammers continue to evolve and find new ways to steal your money and personal information. Please stay vigilant and help raise awareness about Social Security-related scams and other government imposter scams. For more information on scams, please visit [www.ssa.gov/scam](http://www.ssa.gov/scam).

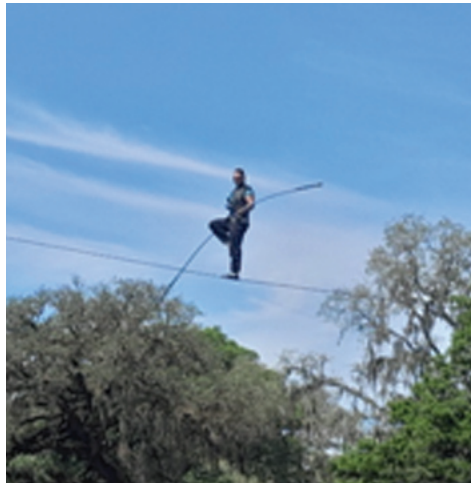
Tell your friends and family about government imposter scams. Let them know they don't have to be embarrassed to report if they shared personal financial information or suffered a financial loss. The important thing is to report the scam right away.

Together, we can "Slam the Scam!"

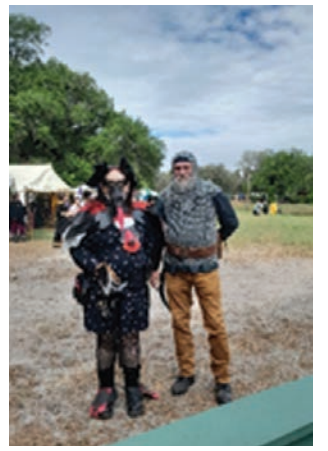
## Strawberry Festival Record Attendance

The 88th Annual Florida Strawberry Festival ended Sunday, March 12th with record-breaking attendance. The 11-day event drew 606,116 visitors to take part in concerts, livestock shows, free entertainment, rides, food, arts and crafts vendors and more. The 2024 Florida Strawberry Festival will take place February 29 - March 10 in Plant City, FL. For more information, visit [www.flstrawberryfestival.com](http://www.flstrawberryfestival.com), Facebook, Instagram, TikTok, and Twitter (#berryfest24).

## 6 Weeks Of Entertainment at the 2023 Bay Area Renaissance Festival!



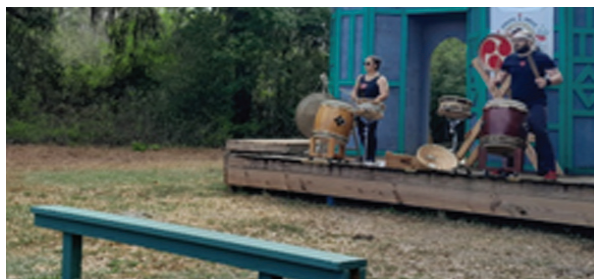
Hi I went last year and would love to win tickets for this year's festival. We had a great time, with lots to see, do and, eat! — Karen



The Gazette duo, Mark & Kay Dunn, had a fantastic time celebrating their 24th anniversary on the hottest and the coldest days of the festival!!! But the attractions were always amazing!!!! Our favorites were the Aerial Silk Fantasy, the Wheel of Death, and the Wallenda Highwire Skywalk. All of these performers are family!!!! Of course, lots of the attendees were dressed in renaissance style!!! Here's some photos for you to enjoy.

The 2023 Bay Area Renaissance Festival was held in Dade City Feb. 18th – April 2nd weekends with an

Added event on Sat., April 8th Kegs n Eggs [www.kegsneggstampa.com](http://www.kegsneggstampa.com)



Boy, what a lovely surprise to find the winning tickets in my mailbox from Dunndea Publications to the Florida Strawberry Festival AND the Renaissance Festival. THANK YOU SO MUCH! I really enjoy the inspiration of the Gazette. It brings joy to so many in our community, especially at a time when it is so needed. I enjoyed entering the contest, and my family has been blessed by your kindness and hard work.

Sincerest appreciation,  
Lori / Lutz  
God Bless you, your staff, and readership.

## Efficient Air Conditioning Units Can Save On Electric Bills

By Karen McBride

### Proper maintenance of air conditioning units can save you money

The temperatures have been changing drastically and you may find yourself switching your thermostat from air conditioning to heat and back to air conditioning again within a few days.

It is important to keep your air conditioning unit working efficiently so that it does not increase your electric bill. Malfunctioning units can struggle to cool or heat your home, and therefore, cause your electric bill to rise. Air-O Force 1 has been serving the community for over 30 years. The company provides residential and commercial air conditioning repair and replacement services to Hillsborough, Hernando, Pasco, Polk, and Pinellas counties.

### Regular maintenance is needed for efficiency

Regular maintenance is important to keep your air conditioning unit running efficiently and to reduce the chance of problems during the hottest times of the year. Air-O Force 1 offers tune up services starting at \$49.95, and services all makes and models, including Rheem, Goodman, American Standard, Trane, Ruud, Daiken, Amana and more. Preventative maintenance contracts are available, and service includes a full inspection and thorough cleaning of your HVAC system.

### Relief for allergy sufferers

Allergy season is almost year-round in Florida. Media air filters and annual duct cleaning will reduce pet dander, dust, and pollen from recirculating throughout your home. The air quality is an important factor in alleviating some of the allergens in your home.

### Replacing a malfunctioning unit can reduce your electric bill

Replacing a malfunctioning air conditioning unit can actually save you money in the long run. If you need a new unit, Air O Force 1 will provide you with a free estimate on their state-of-the-art equipment. The cost of a new air conditioning unit can be daunting, but an energy efficient unit will cool your house faster and actually save you money on your monthly electric bill. Financing is available.

### Hours of service and contact information

In Florida, you cannot have a malfunctioning air conditioning unit for long periods of time. As longtime residents, Air-O Force 1 knows this all too well and offers around the clock emergency service. Their standard hours of operation are Monday – Friday 8am – 7pm with Saturday – Sunday hours available for emergency service only. To schedule an appointment, call 813.972.9449. Air O Force 1 is licensed and insured. For more information, go to <https://airoforce1.com>.

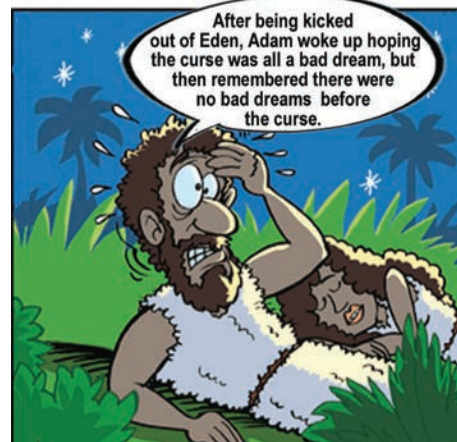


## Royal Family Kids Camp

Royal Family Kids Camp is now accepting counselor applications for this summer's camp in July 2023. We need your help to provide an amazing camp for 60 children.

If you have the heart and desire to serve children, we would love to have you join us this July at RFK Camp. Visit our website to find out how you can get involved: Counselor Application - Tampa Foster Kids Camp ([tampakidscamp.org](http://tampakidscamp.org))

## Adam & Eve After Celebrating in the Garden of Eden...



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## Easter And What It Has To Do With A Bunny

Continued from Page 1



Around the same time, Christians began one of the first recorded rituals of the modern Easter celebration—the lighting of the Paschal candle. Its flame is a reminder of Christ’s resurrection—light out of darkness. As Christianity spread throughout Europe, different pagan customs blended into the holidays. In fact, the actual word “Easter” may have come from “Ēostre,” the Goddess of spring and fertility, which brings us to the Easter egg.

Eggs have been a mythological symbol of birth for thousands of years. Christians adopted the egg as an Easter custom sometime around the 13th century. The yolk inside a shell represented Christ emerging from the tomb. Eggs were painted red, representing the blood Christ shed from the cross.



The colorful Easter egg soon hatched its own traditions. A popular one was egg rolling. In 1876, Congress prohibited kids from playing on the Capitol grounds, so President Rutherford B. Hayes opened the White House lawn to the little rollers. Thereafter, the White House Easter Egg Roll became a tradition.

So, when did that Easter Bunny hop onto the scene? The fertile rabbit has long been a symbol of new life in European pagan celebrations.

Beginning around the 16th century, parents told children that if they behaved, on the eve of Easter, the Osterhase (the name given in Germany to the Easter Bunny) would come and lay colorful eggs, so the children built nests in their homes to entice the rabbit to visit.

Thus began the custom of the Easter egg hunt and the Easter basket. To help fill out those baskets, 19th century European chocolatiers began making egg-shaped chocolates, and the sweet trend spread throughout the world. Today, billions of dollars are spent each year on Easter candy.

Easter is a joyful day when Christians celebrate Jesus Christ’s resurrection. It witnesses the immense power of God Himself and the belief that God exists. Only He who created life can resurrect it after death

**1st Corinthians 15:54-55** “He can remove the sting that is death and the victory that is the grave.” In Jesus resurrecting from the grave, God reminds us of His absolute sovereignty over life and death. Jesus is the testimony to the resurrection of human beings, which is the principle on which the Christian faith is based.

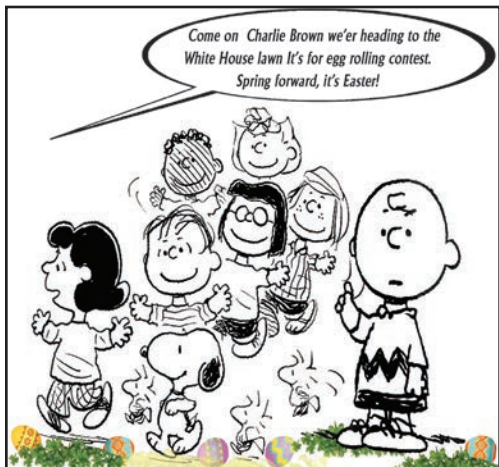
Unlike all other religions, Christianity alone possesses a founder who transcends death and who promises that His followers will do the same. All the other religions were founded by men and prophets whose end was the grave.

As Christians, we take comfort in the fact that our God became a man who died for our sins and was resurrected on the third day from a grave that could not hold him. Today, He lives and sits at the right hand of God.

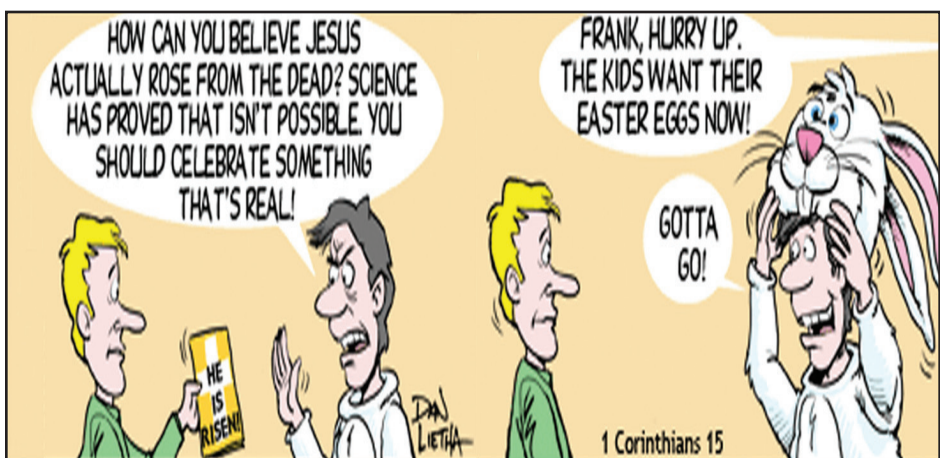


For 2000 years, new customs have been added, some spiritual and some fun. But Easter is also the time for families to gather and to welcome spring, when new life emerges after the dead of winter.

For more information, visit <http://www.history.com/topics/history-of-easter/videos#history-of-the-holidays-easter-video>.



In 1876, Congress prohibited kids from playing on the Capitol grounds until President Rutherford B. Hayes opened the White House lawn for the Easter Egg Roll. Eggs have been a mythological symbol of birth. Christians adopted the egg as an Easter custom, the yolk inside a shell represented Christ emerging from the tomb. Eggs were painted red, representing the blood Christ shed from the cross.



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**Down:**

1 - What is now called Good Friday, Jesus was...?

3 - Eggs have been a mythological symbol of...?

4 - Jesus was arrested after observing...?

7 - Eggs were painted red, representing the blood Christ shed from the...?

**Across:**

2 - The yolk inside a shell represented Christ emerging from the...?

5 - Roman Emperor Constantine and the Council of Nicaea ruled that Easter must fall only on a...?

6 - Easter, a celebration of Jesus Christ's...?

8 - Parents told children that if they behaved, on the eve of Easter, the (.....?) bunny would come and lay colorful eggs.

9 - Two days later, Jesus rose from the...?

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While the American diet is generally plentiful, poor nutrition is common. Many of our foods are processed until little nutritional value remains. Moringa is gluten and GMO free as well as organically and vegan certified and is available in powder and capsules as well as tea.

Each serving is packed with calcium, iron, potassium, fiber, and protein so anyone adding it to their diet should evaluate any other supplements they are taking so as not to consume excessive amounts of vitamins and minerals.

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The risk of heart disease is prevalent in many types of arthritis, especially in the ones where inflammation has a crucial role in the disease development.

The inflammation promotes the process of atherosclerosis (deposition of plaque in the arteries) and harms the endothelium (inner lining of the blood vessels), which eventually impedes the cardiovascular function.

It further increases the risk of heart diseases such as hypertension, strokes, heart attack, etc. <https://www.getgreen.com>

It's absolutely possible to eat too much of any vitamin or minerals. That's the reason we have Tolerable Upper Intake Levels; to tell us how much calcium, vitamin A, and potassium is too much. But luckily for us, "too much moringa" is a large amount; far more than we typically eat.

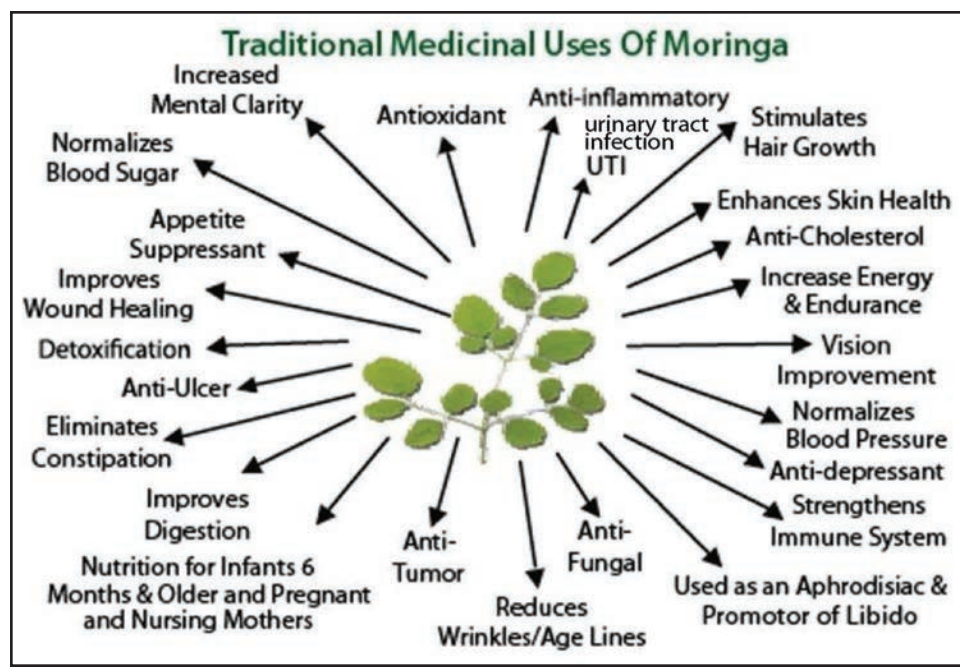
Moringa encourages the removal of toxins through its support of liver and kidney function. When used environmentally, even the moringa seeds do an amazing job of removing contaminants from water.

Research shows that taking moringa powder every day, even 50 mg/kg of body weight, successfully reduces oxidative stress in the body—that's the equivalent of approximately 1.5 teaspoons for someone weighing 150 pounds on the other end of the spectrum.

Animal studies using Moringa oleifera extract revealed delayed tumor growth and increased life span at a dosage of 500 mg/kg of body weight. Taking 1 tablespoon of moringa powder is the equivalent of eating 1 cup of leafy greens, but if a person is new to increasing their greens, the body needs time to adjust, and every individual has unique body chemistry. It's best to start slow by taking 1 teaspoon if adding to a personal smoothie or single-serving meal, or use 1 tablespoon for a family dish.

Moringa has strong effects that improve blood sugar control and reduce lipids in diabetic patients, so it can be used for prevention as well as management of blood sugar disorders. In a study using Moringa oleifera, Murraya koeingii and Curcuma longa (Ratio 6:3:1), obese patients on the herbal formula showed a 17% reduction in serum glucose, 16.43% reduction in triglycerides and 12.6% improvement in LDL/HDL ratios. Whatever amount you decide is right for you, the best results are achieved by using moringa regularly.

If you have questions about moringa, call Kay at (813) 949-4411.



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*"I can fulfill God's vision by choosing to live with expectant hope. I will watch the Lord do the impossible in my life and use it to help reach people who need to know him." —Ephesians 1:18*

## A Recipe I Found That Is Delicious, Healthy, And Easy To Create!

### Broccoli & feta frittata is good for any meal!

Preheat oven to 350°

Whisk in a bowl & set aside:

- 1 doz. eggs,
- ½ cup milk
- 1/4 teas. salt

Heat in cast iron skillet and cook 9 min.: 1 tbsp. olive oil, add 12 oz. broccoli florets, pinch red pepper, ¼ teas. Salt. Add 3 tbsp. water, ½ tsp. lemon juice cook 1 min.

Add the egg mixture and 4 oz feta cheese crumbled. Stir and cook 1 min.

Transfer the skillet to oven and bake 20 min. until puffy. Enjoy!

**AFTER EDEN** by Dan Lietha

1 Timothy 4:16

For the time will come when they will not endure sound doctrine ... And they shall turn away their ears from the truth, and shall be turned unto fables.

2 Timothy 4:3a-4b

## How To Alkaline Your Water

This will fill a 2 gallon container:

Add 1 sliced lemon, 1 cucumber sliced, ginger & turmeric root sliced, mint leaves, 1 teas. baking soda, 2 cups aloe vera juice, 1 sliced small eggplant. Fill with water.



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
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 **Get your Smile on!** Think about this: 

- \* Many folks want to serve God, but only as an adviser.
- \* Do you think "stop, drop, and roll" will work in Hell?
- \* Some minds are like concrete: thoroughly mixed up and have permanently set.
- \* God loves everyone but probably prefers "fruits of the Spirit" over nuts!
- \* The good Lord didn't create anything without a purpose, but mosquitoes came close.
- \* Opportunity may knock once, but temptation bangs on the front door forever.
- \* Quit griping about your church! If it was perfect, you couldn't belong.
- \* If your church needs a better pastor, it only needs to pray for the one it has.
- \* The best mathematical equation is 1 cross + 3 nails = 4 given.
- \* God Himself doesn't propose to judge a man until he's dead. So why should you?
- \* Don't wait for six strong men to take you to church.
- \* We don't change the message, the message changes us.
- \* Why advertise your business to keep God's word in print media? He will give you something to sing about and something you can dance to.

**AVAILABLE NOW!**



**Will You Pray For Our Nation?**

In the face of widespread insecurity, fear, and hopelessness, our nation desperately needs your prayers. Today we are surrounded by the effects of forgetting—even forsaking—God, both as a nation and as individuals. The problem is too big for human effort. Our nation has a heart problem, and only God can fix it. Will you join us in prayer as we ask God to heal our land? We have a promise from the Lord: **"If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land."** (2 Chronicles 7:14, NIV)



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**An Act of Kindness: The Good Samaritan**



Jesus answered, "A certain man was going down from Jerusalem to Jericho, and he fell among robbers, who both stripped him and beat him, and departed, leaving him half dead. By chance a certain priest was going down that way. When he saw him, he passed by on the other side. In the same way a Levite also, when he came to the place, and saw him, passed by on the other side. But a certain Samaritan, as he travelled, came where he was. When he saw him, he was moved with compassion, came to him, and bound up his wounds, pouring on oil and wine. He set him on his own animal, and brought him to an inn, and took care of him. On the next day, when he departed, he took out two denarii, and gave them to the host, and said to him, 'Take care of him. Whatever you spend beyond that, I will repay you when I return.' Now which of these three do you think seemed to be a neighbor to him who fell among the robbers?" He said, "He who showed mercy on him." Then Jesus said to him, "Go and do likewise."

— Luke 10:30-37, World English Bible

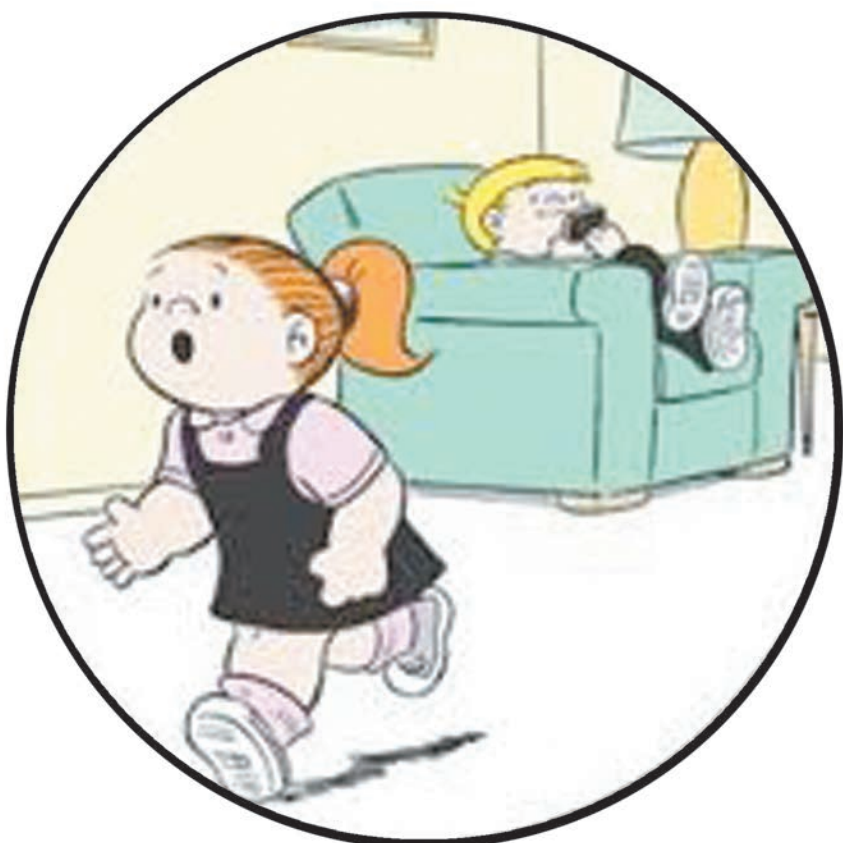
**Shred 2022 Goodbye!**

Thrivent Members, guests and the public are invited to shred your old documents. 2022 is over and it is time to clean those files. Shred any documents that you no longer need and free up space. We are providing a site secured shredder truck for you to use to dispose of those unnecessary documents.

Come, shred, and enjoy refreshments compliments of the Tampa Bay Group of Thrivent Financial and Financial Representatives Keith Harvey, CFP, CDEFA, AEP and Jason Carrier, FIC.

When: Saturday, April 22, 9:00am-11:00am  
Where: 1307 W. Fletcher Ave, Tampa  
Cost: Free!!  
Limit: 5 Bankers boxes per vehicle

We will be collecting canned goods for a local food pantry. For more information, contact 813-269-1116.



**Mom! "Billy says he doesn't hafta go to church anymore 'cause his phone has an app for that!"**



The woman said to him, "Sir give me this water, so that I may never be thirsty or have to keep coming here to draw water." (John 4:15)

Imagine yourself at the well with Jesus. Ask Him what He wants you to do. What is the answer that you hear?

If you hear the gentle yet persistent call, "Follow me", consider religious life.

The Benedictine Sisters of Florida are welcoming single women who are practicing Roman Catholics to spend some time with us to learn more about religious life. You will have the opportunity to worship with us, pray with us, relax with us. You will also be welcome to participate in our ministries and learn about the Benedictine charism.

Holy Name Monastery, our home, is located in Saint Leo, Florida, about a 40 minute drive north of Tampa on Interstate 75.

The time available is Holy Week and the First Week of Easter (April 2-16, 2023). You can stay for a few days, a week or longer.

To schedule a visit with us or to request further information, please email us at [Vocations@saintleo.edu](mailto:Vocations@saintleo.edu).

**Tampa Bay Dance Club**

**April 2023 Schedule**

- 4/07 Jorge Perez Good Friday
- 4/14 Albie First-timers free admission
- 4/21 John Ricky
- 4/31 Mike Unwin Bring a dish to share

Dances every Friday night! Everyone is welcome. Doors open at 7:00pm, goes from 7:30pm-10:30pm. Admission \$12. Dress code is casual. 8401 W. Hillsborough Ave. at the Lutheran Church of our Savior, 8401 W. Hillsborough Ave. BYOB-type club. Music to the 50's & up, Latin, country. Weekly broadcast on Facebook: Tampa Bay Dance Club or Tampa Bay Dancing.

Contact Roger Verszyla at [r.verszyla@aol.com](mailto:r.verszyla@aol.com)

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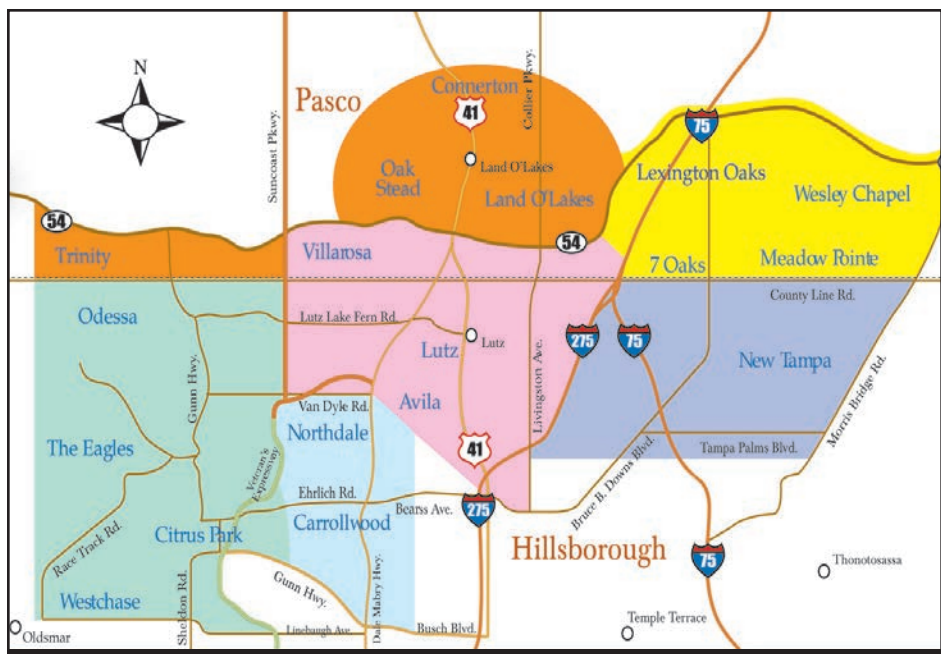
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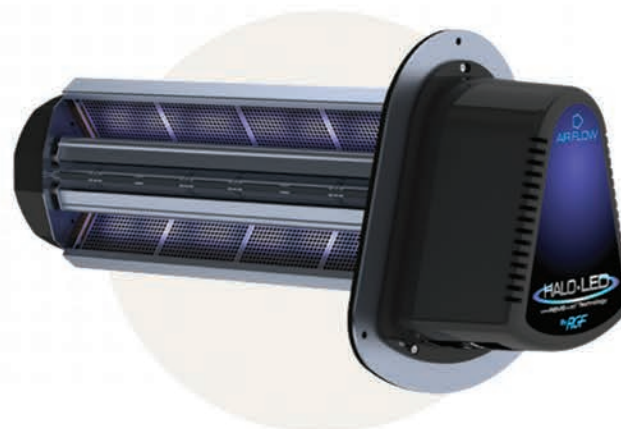


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