

Father and Son Love Ministries – Support for the Food Insecure, Veterans, Seniors, First Responders, and Essential Workers

By Karen McBride



Pastor C.J. Johns Following his Calling from the Lord

Pastor C. J. Johns has been a Christian for all of his adult life, attending services and Bible studies, and raising his children in Christ. Early on, the Lord had placed it on his heart to become a pastor, but he ran from it. He was in the banking industry for many years and busy with life’s challenges. It wasn’t until 12 years ago that he followed his calling to become a pastor to help spread the “Love Revolution of Jesus the Christ” to help people in the community.

“I was given a vision. It is difficult for seniors to ask for help, and that is the impetus for how this entire endeavor [Father and Son Love Free Food Pantry] started,” said Pastor Johns.

The Food Pantry is Helping the Food Insecure and Seniors

The two commandments that Jesus gave in the New Testament are “**Love the Lord your God with all your heart, all your soul, and all your mind**” and “**Love your neighbor as yourself**” (Matthew 22: 37-39).

Father and Son Love Ministries has taken that commandment to heart and established a food pantry for the food insecure. It is like no other pantry you have seen before. Some pantries are stocked with damaged or expired goods donated from local grocery stores.

Pastor Johns explained, “I am not that kind of man. If it is not something that I would serve my mother, then it is not something that is in our pantry.”

The clean, welcoming pantry is full of fresh fruits and vegetables, rows of neatly stacked cans, boxes, breads, milk, and much more. In addition to nine freezers full of meat, the pantry has an assortment of food provided from local restaurants such as Station House BBQ in Lutz and Nicolas doughnuts in Tampa,

Monetary Donations Needed

The food is purchased at a discounted bulk rate to fill the shelves of the pantry. Patrons are not charged a membership or ANY fee to access the pantry. With limited financial support from the community, many times Pastor Johns purchases the food with funds from his own pocket. This is where the community can help.

“With monthly donations, we can keep the pantry going,” said Pastor Johns. “Even a small amount of \$100.00 can go a long way if enough corporations and individuals would support us.”

If your business is looking for a way to make a difference in our community, consider becoming a monthly partner. To make a donation, go to https://www.paypal.com/donate/?hosted_button_id=5BZJ5FSHQNUCN

The pantry feeds 1000-1500 people each week. The ministry extends south to Sarasota and east to Orlando. Tuesdays are reserved for military personnel, first responders, and essential workers. The food pantry is open from 12:00-2:00pm. The public is welcome on Friday from 12:00-3:00pm. To find out more about the pantry, visit <https://www.facebook.com/freefoodpantries>.



A 4th of July “Sip & Save” event to raise funds for the pantry will be held on Saturday, July 2nd from 12pm to 3pm. Check out the Facebook page for details.

The church and pantry are located at 21418 Carson Drive, Land O Lakes, FL 34639. Sunday service is held at 10:00am.

For more information about the ministry, visit <https://fatherandsonloveministries.com> or call (813) 846-9993.

Tax Collector Mike Fasano’s Five Offices Collected \$10,000 for CARES During the Month of May

Tax Collector Mike Fasano’s five offices featured CARES (Community Aging & Retirement Services) as the charitable organization for the month of May. \$10,000 was collected through this promotional effort. All funds raised will benefit the CARES “We Help” campaign.

CARES provides services to vulnerable seniors who need meals, home health care, home maintenance, and help with pet care. Without the assistance provided by CARES many seniors would be unnecessarily placed in nursing homes or possibly even perish alone.

A check for \$10,000 was presented to CARES at its annual celebrity waiter event held June 2, 2022 (see photo attached). Local physician Dr. Rao Musunuru pledged to match dollar-for-dollar the funds raised during this campaign.

For more information about CARES and the various services available to seniors and their loved ones, please contact Jemith Rosa at 727-863-6868 or visit the website www.CARESFL.org For more information about this promotion and the charitable giving programs at the tax collector’s office please contact Assistant Tax Collector Greg Giordano at 727-847-8179 or visit www.pascotaxes.com.



Tax Collector Mike Fasano presents \$10,000 to CARES President and CEO Jemith Rosa and Director of Fundraising Arlene Brock

Kidz Corner: Camp Deep Waters

Hi! My name is Harley, and I have written monthly articles for this amazing newspaper for over three years. This month’s topic in the Kidz Corner will be Camp Deep Waters.

Camp Deep Waters is a camp run by American Heritage Girls in Leesburg, Florida. It lasts for one week in June and is enjoyable and exhausting. We shake ourselves awake at 7:15 and plop down in our bunks at 10:00pm, after four one-hour classes, one-hour meals, free times, chapel, and activities! This year’s camp theme was being shipwrecked in sin (with plenty of skits in the chapel), and at the end of the week, the Lord came to save us. We learned about our identity in Christ.

Each girl had four one-hour classes, two in the morning and two in the afternoon. The classes included Swim, Leadership, Marine Biology, Needle Arts, and more! The classes I had were Outdoor Skills, Textile Arts, Entrepreneurship, and World Languages. We had a workbook for each class, and we learned a lot. At the end of the week, we earned badges for each class to put on our AHG uniforms.

At camp, I signed up for a leadership position, and I was part of the team of Mail Coordinators. We had to organize mail every day at lunch and hand it out. It was awesome.

Free time was awesome! We could swim in the pool, or play GaGa ball at the gym, buy snacks at the Snack Shack, or chill in our cabins. My friends and I played a game we made up that involved a lot of orphans and hilarious lunacy.

The food was wonderful for having to cook in bulk for 70 girls. We had cinnamon rolls, hot dogs, pizza, and Sloppy Joe’s.

To wrap it up, Camp Deep Waters was incredible. Even better, it was Christian, and it taught us that we are Created, Protected, Resilient, Loved, and Rescued. Ciao! See you next month!

Harley Isabel Smith is a 4th grader who has been featured on TV as a philanthropist, has a heart for evangelism, and writes monthly for the Gazette’s Kid’s Corner. Visit <https://harley-isabelsmith.com> where she is constantly adding written and video content to entertain and educate children. **Matthew 19:14 Jesus said, “Let the little children come to me and do not hinder them, for the kingdom of heaven belongs to such as these.”**

“Whoever acknowledges me before men, I will also acknowledge him before my Father in heaven. But whoever disowns me before men, I will disown him before my Father in heaven.”
— Matthew 10:32-33

Tax Collector Mike Fasano Sponsors Donation Drive for the Pasco School District’s ABC Program

Tax Collector Mike Fasano’s five offices will be collecting donations in July for the Pasco County School District’s ABC (Assist, Believe & Care) Program. The program was created to provide financial assistance to students and their families who are experiencing economic hardship, especially when those needs interfere with the student’s ability to be academically successful. The cash donated goes into a fund that teachers can use when they see or learn of a need a child may have. In past years this office has donated thousands of dollars to Pasco schools to support this important program.

“The impact of COVID and other challenges of uncertain economic times have brought challenges to so many families,” remarks Tax Collector Mike Fasano. “The strain can be enormous, especially when a parent loses a job, or a single parent is struggling to raise children while doing all they can to make ends meet. Children without food, adequate clothing or other unmet needs often suffer academically. The ABC Program was designed to help students and their families who are experiencing hardship or crisis. The assistance provided helps students get back on track and stay on track. During the month of July our five offices will be collecting donations to help children and their families during their time of need.”

Cash donations can be made at any of the five tax collector locations in Pasco County. For more information about the Pasco Tax Collector’s ABC Program campaign, as well as the charitable giving programs in general, please contact Assistant Tax Collector Greg Giordano at 727-847-8179 or visit www.pascotaxes.com Donations may also be mailed to the tax collector’s office at the following address: Tax Collector Mike Fasano, P.O. Box 276, Dade City, FL 33526. Please note on your check’s memo line “Pasco ABC Program.”



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Thank You For Our Freedom Happy 4th of July!

Samantha Taylor, Samantha Taylor Fitness

I want to thank all of the people that served this country and express compassion for the people have that lost loved ones during this process, for without these sacrifices we would not even be able to celebrate our freedom in this country. I want to also thank my dad for serving this country in Vietnam who was in the 101st Airborne Division and had to skydive into the jungle in the middle of the night. I can't even imagine the intensity of that!

I am grateful we got to celebrate Father's Day together, for I appreciate that he has been such a great influence in my life. He is always happy, so positive and grateful to be alive. As a kid, he would make us listen to motivational tapes in the car when I was only 10! Back then we hated it but when I look at who I am today, I see so much of my personality from my dad.

Even after almost dying in Vietnam, he came back and focused on what was positive about life. He knew he could either let that experience destroy him or become better from it. He never used circumstances as an excuse to not succeed. He started many businesses and I remember for the last 30 years, he always talked about his dream of owning a sailboat.

He knew exactly how much money he needed to save to get this boat because he wanted to sail to the Bahamas a few times a year. The amazing thing was he did retire in his 70's and got his dream boat! He and his wife sailed to the Bahamas for 3 months.


You might have read my last article about my dad and the conversation we had a few years back of how he was "turning into a marshmallow" because he wasn't taking his health and fitness seriously. Well, he has been listening to his daughter and he not only got more serious but now he is about to turn 76 and still looks this amazing while enjoying an active life. I am so proud of him!

Here's a picture of him doing his Superman pose in front of their boat. Instead of struggling with his health as he has gotten older, he is taking serious action and is living life! He has gotten his blood sugar under control, lost over 20 lbs. and toned his muscles. I will admit, I do smile from ear to ear knowing my dad finally listened to me and he too saw success like our clients do.

By getting his dream boat, he taught me that if you want great things in life, we need to plan for them. You don't just get them, many times they are earned. That also applies to a healthy and fit body! It helps to have a vision of what you do want your body to look like and your level of health, for its one of the best investments we can ever make in life. It's also one of the biggest regrets people have when they don't take care of it and they are suffering with a lack of health.

Let us help you get on track so your body doesn't turn into a "marshmallow" either, because if we don't tone the muscles, they turn into mush. Learn how to age gracefully and enjoy an active life while feeling amazing at any age! If you are ready to get into great shape and feel great, contact us for a free Body Transformation Analysis, go here:

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Preventing and Treating COVID-19 in Children and Teens

By Karen McBride

We are well aware that adults can contract COVID-19, but, unfortunately, children and teens are also susceptible. However, there are certain precautions we can take to reduce the chance of becoming ill with COVID-19 or the flu.

Wash your hands often, avoid touching your face, limit exposure to people outside the home, and wear masks.

Hand washing should last for 20 seconds. Try to make it fun with your child by singing his or her favorite song while hand washing.

Encourage your child or teen to practice social distancing. Limit the people they are exposed to whenever possible. If you can leave them at home with a family member while you go to the store, then do so. If they must go out in public, they should wear a cloth mask and use hand sanitizer often.

Clean and disinfect your home, especially toys, doorknobs, tables, light switches, television remote controls, and, of course, bathrooms.

As in flu prevention, eating a healthy, well-balanced meal, getting enough sleep as well as plenty of outdoor exercise in the fresh air and sunshine, can help to build your immune system to fight off the illnesses.

If you suspect your child has been exposed to COVID-19, the symptoms can include fever, cough, nasal congestion or runny nose, sore throat, shortness of breath, fatigue, headache, muscle aches, nausea or vomiting, diarrhea, poor appetite, new loss of taste or smell, or belly pain.

If your child is exhibiting any of these symptoms, call to schedule an appointment with Dr. Michele Johnson-Towson of Pediatric Place of Tampa, a board-certified pediatrician with over 30 years of experience in caring for children ages newborn to 21 years old.

Pediatric Place of Tampa is located at 1338 W. Fletcher Avenue, Tampa, FL 33612. For more information or to schedule an appointment, call 813-264-2288.

Same-day appointments and after-hours care are available (Monday, Tuesday, Thursday 8:00am-7:00pm; Wednesday 8:00am-6:00pm; Friday 8:00am-5:00pm and Saturday 8:00am-12:00pm).

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A photograph of three people on a wooden pier. On the left, a man in a white t-shirt with a red and blue graphic, blue jeans, and a dark baseball cap holds a beer. In the center, a person in a white tank top and a camouflage visor sits in a blue and black wheelchair. On the right, a woman in a green patterned top and black pants stands with her hand on the wheelchair. The background shows a body of water and a distant city skyline under a cloudy sky.

A man wearing a white tank top, blue shorts, and a baseball cap is sitting in a wheelchair on a wooden pier. He is holding a fishing rod and looking out over a body of water. The pier has a white railing and extends into the distance.



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A photograph of the exterior of the Life Connections Counseling Center. The building is a single-story structure with light-colored stucco walls and dark shutters on the windows. It features a covered entrance with white columns and a small pediment above the door. A sign on the right side of the building reads "4903 Life Connections". The address "4903" is also visible above the entrance. The roof is dark grey shingles.

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Inflation. It seems that there is no end in sight! Retail prices keep going up, interest rates are on the rise, real estate values are beginning to decline, the stock market is volatile. Whew!!

Are you feeling stressed yet? Then this would be a good time to look at the state of your own health. We all know that stress can cause or aggravate the adverse health conditions of today. So how can we reduce some of the stress that we feel today?

- Quiet prayer and meditation
- Controlled breathing
- Exercise
- Spend some time outdoors
- Eat a healthy diet, avoid processed foods
- Spend time with loved ones
- Get some reflexology

Most of these things cost little or nothing. And those things that do cost money are a good investment in your health. Why? Because not doing these things will cost you more later with medical care and the support services that go with having lived a long-term unhealthy lifestyle.

Speaking about investing in your health, I'm offering a way to \$ave money on your reflexology sessions. Here is how it works:

- 1) Buy a series of 5 one-hour sessions, and get the sixth one FREE
- 2) Do this in July and get an additional 5% off! WOW!

You must Act Fast! This offer expires 7/31/2022. (Not to be combined with any other specials.)

"Behold, I will bring health and healing to it, and I will heal them and will let them enjoy abundant peace and security." (Jeremiah 33:6)

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— Galatians 2:20

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Exciting things are happening for our Wesley Chapel location! We are updating our office to better serve our community. We are adding more service windows and more seating to make your visit as quick and comfortable as possible.

While renovations are underway, our Wesley Chapel Office will be open in a temporary location. We will be located in suite 109 in the building next door from July 11th through October 31st. During this time we will be offering most of our current services and temporarily suspending the following services; Concealed weapons permits and all written testing. These services will be offered at our other offices for your convenience.

We apologize for any inconvenience this may cause and thank you for allowing us to serve you.

Our temporary location address:

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The Great Florida Outdoors: Jelly Fungi

Dr. Robert Norman, Clinical Professor, Dermatology, Nova Southeastern University



During this time of year, in the rainy season, I have hiked along paths in which jelly-like fungi seem to appear on logs out of nowhere.

Jellyfungiis Tremellauniforms.(Kingdom:Fungi, Division: Basidiomycota, Class:Tremellomycetes, Order:Tremellales, Family:Tremellaceae, Genus: Tremella,

Species: T. fuciformis)

Tremella fuciformis is a species of fungus that produces white, frond-like, gelatinous basidio-carps (fruiting bodies). It is widespread, especially in the tropics, where it can be found on the dead branches of broadleaf trees. This fungus is commercially cultivated and is one of the most popular fungi in the cuisine and medicine of China. Other names for Tremella fuciformis are snow fungus, snow ear, silver ear fungus, white jelly mushroom, and white cloud ears.

Tremella fuciformis is a parasitic yeast, and grows as a slimy, mucus-like film until it encounters its preferred hosts, various species of Annulohyphoxylon (or possibly Hypoxylon) fungi, whereupon it then invades, triggering the aggressive mycelial growth required to form the fruiting bodies.

Tremella fuciformis was first described in 1856 by English mycologist Miles Joseph Berkeley, based on collections made in Brazil by the botanist and explorer Richard Spruce. In 1939, Japanese mycologist Yosio Kobayasi described Nakaomyces nipponicus, a similar-looking fungus that differed by having scattered, dark spines on its surface. Later research, however, showed that the fruit bodies were those of Tremella fuciformis parasitized by an ascomycete, Ceratocystis epigloeum, that formed the dark spines. Nakaomyces nipponicus is therefore a synonym of T. fuciformis.

In his book, Growing Gourmet and Medicinal Mushrooms, Paul Stamets lists the following common names for Tremella fuciformis (which he calls “white jelly mushroom”): yin er, white jelly fungus, white jelly leaf (“shirokikurage”), silver ear mushroom, snow mushroom, and chrysanthemum mushroom.

Fruit bodies are gelatinous, watery white, up to 7.5 centimetres (3 inches) across (larger in cultivated specimens), and composed of thin but erect, seaweed-like, branching fronds, often crisped at the edges. Microscopically, the hyphae are clamped and occur in a dense gelatinous matrix.

Tremella fuciformis has been cultivated in China since at least the nineteenth century. Initially, suitable wooden poles were prepared and then treated in various ways in the hope that they would be colonized by the fungus. This haphazard method of cultivation was improved when poles were inoculated with spores or mycelium. Modern production only began, howev-

er, with the realization that both the Tremella and its host species needed to be inoculated into the substrate to ensure success. The “dual culture” method, now used commercially, employs a sawdust mix inoculated with both fungal species and kept under optimal conditions.


In Chinese cuisine, Tremella fuciformis is traditionally used in sweet dishes. While tasteless, it is valued for its gelatinous texture as well as its supposed medicinal benefits. Most commonly, it is used to make a dessert soup called luk mei () in Cantonese, often in combination with jujubes, dried longans, and other ingredients.

Tremella fuciformis extract is used in women’s beauty products from China, Korea, and Japan. The fungus reportedly increases moisture retention in the skin and prevents senile degradation of micro-blood vessels in the skin, reducing wrinkles and smoothing fine lines. Other anti-aging effects come from increasing the presence of superoxide dismutase in the brain and liver; it is an enzyme that acts as a potent antioxidant throughout the body, particularly in the skin. Tremella fuciformis is also known in Chinese medicine for nourishing the lungs.

Thank you to Wiki and Paul Stamets.

How can you observe these mysteries of nature?
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Air conditioning maintenance and repair

Regular maintenance is important to keep your air conditioning unit running efficiently and to reduce the chance of problems during the hottest times of the year. Air-O Force 1 offers tune up services starting at \$49.95 and services all makes and models, including Rheem, Goodman, American Standard, Trane, Ruud, Daiken, Amana and more. Preventative maintenance contracts are available, and service includes a full inspection and thorough cleaning of your HVAC system.

Relief for allergy sufferers

Allergy season is almost year-round in Florida. Media air filters and annual duct cleaning will reduce pet dander, dust, and pollen from recirculating throughout your home. The air quality in your home is an important factor in alleviating some of the allergens in your home.

Air duct cleaning and indoor air quality

When moving into a home or if you have been in your home for several years, it is time for duct cleaning. If you have noticed your allergy symptoms have become worse, cleaning the air ducts will remove dust from recent renovations, animals or insects in the system and pet dander. Air-O Force 1 utilizes the Brush Beast air duct cleaning machine, which is the most powerful tool in the industry. A dryer vent cleaning is complimentary with the purchase of a duct cleaning.

Sanitizing the vents will eliminate odors at their source and eliminates the organisms at the origin. These organisms can include mold, mildew, and bacterial growth in your system. The Environmental Protection Agency (“EPA”) states that indoor levels of pollutants can be 2-5 times worse than outdoor levels.

Air-O Force 1 also offers UV Germicidal Light Installations which will remove unwanted germs from your air supply as it passes through the ductwork significantly reducing the impact on such germs on the health of those with allergies or asthma symptoms.

Upgrading or replacing an air conditioning unit

If you need a new unit, Air-O Force 1 will provide you with a free estimate on their state-of-the-art equipment. The cost of a new air conditioning unit can be daunting, but an energy efficient unit will cool your house faster and actually save you money on your monthly electric bill. Financing is available.

Hours of service and contact information

In Florida, you cannot have a malfunctioning air conditioning unit for long periods of time. As longtime residents, Air-O Force 1 knows this all too well and offers 24-hour emergency service. Their standard hours of operation are Monday – Friday 8am – 7pm with Saturday – Sunday hours available by appointment only. To schedule an appointment, call 813.972.9449. Air-O Force 1 is licensed and insured. For more information, go to <https://airoforce1.com>.



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Pasco Tax Collector Mike Fasano Announces Winner of 2022 High School Essay Contest



Grades 9-12, were asked to answer the question: “Since the 1980’s Pasco County has seen a steady growth in population that now has us nearing 600,000 residents. To accommodate this growth, we have seen many additions made to our county’s general infrastructure (expanded roads, public transportation, additional shopping venues, etc.). What is one addition that has been made that was most beneficial to Pasco County, OR what is one addition that you believe should be made to further accommodate our county’s growth?”

A panel of judges, not knowing the age, gender, grade, or school of each entrant, chose the essay written by Alyssa Gardiner, a student at River Ridge High School in New Port Richey, as the winning submission. Alyssa’s essay best communicated her response to the topic question all while meeting the contest criteria of overall essay structure, appearance, and readability.

“One of the greatest opportunities for a teacher is to connect her students with the needs of the community,” comments Beth Hess, Lead Teacher at River Ridge High School’s New Teacher Academy (RRHS). “In the RRHS New Teacher Academy, we do this by placing students in schools to support reading and by participating in civic-driven endeavors. Alyssa skillfully wrote about the expansion needs and environmental challenges associated with the Ridge Road Extension. She is a wonderful student; I am not surprised that she won.”

“The New Teacher Academy has given me, as well as many other students, an abundance of opportunities,” comments contest winner Alyssa Gardiner. “Participating in this contest was a special opportunity that I have never had before. I was able to connect with this essay because I love writing, while also connecting with the community.”

“I am very proud of all the students throughout Pasco County who participated in our annual essay contest,” states Tax Collector Mike Fasano. “With so many well-written essays to choose from, the judges had a fun but difficult task to perform. Narrowing the choices down to one overall winner was a tough call the panel had to make. However, Alyssa Gardiner’s essay stood out as the clear choice among many excellent entries. I would also like to thank Lead Teacher Beth Hess, Principal Toni Zetzsche, and Peggy Hildebrand, Administrative Assistant – District Communications for their efforts to encourage the participation of their students in our annual contest.”

Tax Collector Mike Fasano awarded Alyssa Gardiner a \$500 VISA gift card at a ceremony held at River Ridge High School on May 18, 2022 (photo attached). All entrants in the contest received a personal letter from Tax Collector Mike Fasano thanking them for their participation in the contest.

Pasco County Tax Collector Mike Fasano announces that his office received entries from high school students throughout Pasco County during the recently ended annual essay contest. The entrants, students in

Winning essay by Alyssa Gardiner:

One addition that has been made that was most beneficial to Pasco County is the expansion of Ridge Road. A portion of Ridge Road has opened after two decades. The new portion is 4.2 miles long and is an uninterrupted section of roadway from Moon Lake to the Suncoast Parkway.

The extension of Ridge Road will also be providing, furthermore, roadway capacity and an improved route way from coastal hazards area. It also has ameliorated hurricane evacuation clearances. Pasco County has 178,000 residents living in evacuation zones within 2 miles of Ridge Road. Therefore, with Ridge Road being expanded it has made Pasco County safer. It is now set to give families a vital evacuation route.

Although, it has become a controversial topic due to part of the road going through an environmentally-sensitive area. So there are many pros and cons being debated on this extension. Pasco County has had an increased traffic load. While being a student who takes the bus to get to school, I have realized how overcrowded the roads have become. My bus usually never makes it on time due to how many people are driving at 6 in the morning. The way the buses go into the school is on Ridge Road, so there have been able to have people going straight through it instead of taking a longer route to get where they need to go. The road has already made a new impact in New Port Richey and will continue all the way through Suncoast Parkway.

The project is far from finished; one half of the road is still not open when going past Moon Lake Road. There are two phases undergoing construction, and they are still working on Phase 1. The county commissioner requested \$14 million for Phase 2, so it might be a while before they accumulate that much to proceed with the construction.

Overall, I think that the extension of Ridge Road has improved Pasco County. It still has a long journey ahead, but the outcome will be worth it for local residencies’ evacuation routes and helping traffic flow at a steadier rate.

The Pasco County Tax Collector’s Office plans on holding an essay contest again in 2023. Students who did not win this year may have the opportunity to enter again during the next school year if they are still enrolled in a Pasco County high school. Additionally, the student essay contest is just one of many community-related events the Pasco County Tax Collector’s Office participates in throughout the year. For more details about next year’s contest or other upcoming promotions and activities coordinated by the tax collector’s office, please do not hesitate to contact Assistant Tax Collector Greg Giordano, at 727-847-8179 or visit www.pascotaxes.com

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The Tower of Babel: Babylonia Tales from the Bible

Continued from Page 1



some people will be able to do what we have done, and maybe do it even better! We cannot allow that to happen. I have been thinking about it a lot lately, and we need to do something remarkable which no one else can copy. Do you agree?”

“Yes, we do.”
“I am glad to hear that. Well, I did think of something that nobody else can copy. I will need the cooperation of all of you, my friends, to achieve what we must do and be willing.”
“Yes, tell us what to do for we are all with you.”
“I know that we have some extremely skilled people amongst us, and we’ll be able to do what I have in mind. I was thinking that we should build a tower.”

“A tower! What is so special about a tower? There are towers in many other cities.”

“No, no, you don’t understand. I was not thinking of an ordinary tower.”

“Sir, please tell us clearly what you’re thinking, we really do not understand how we can make a tower that no one else can copy.”

“A tower so tall that it will touch the sky.”

“Do you really think we can do that?”

“Of course, I have faith and trust in the capabilities of our citizens.”

“So, what are we waiting for? Let’s start planning right now.”

The people of the town became very excited, they were extremely proud of their town and were willing to do anything to make sure no other town could surpass them! They were ready



to take on the challenge of such a difficult task, as soon as the work on the tower started everyone did what they could, and soon the tower had reached a great height.

“What a marvelous structure, I don’t think anyone can make something better than this. Yes, look at our beautiful town. I know everyone will envy us.”

Meanwhile, God was watching what was going on, and he was greatly distressed though it was a wonderful tower. He could see that the people of the town had changed.

“They had become proud and vain, for they forgot me and thought they did not need me anymore! I see now how the people of this town are so proud of their

achievements they don’t realize what is happening to them. Why the people were able to create all this is because there was an understanding and cooperation between them. Without this understanding, cooperation goes away and they would not be able to do anything more.”

Suddenly the people of the town became very confused. They couldn’t understand what was happening. Everyone was uttering words which no one else could understand! What a sight it was, there was chaos everywhere and everyone thought that the other person was babbling. There was utter frustration and confusion.

How could anyone live together if they could not understand each other? As a result, it was not possible for them to work together, so the construction of the famous tower was stopped. Soon the town was no longer the beautiful place that the people had been so proud of, because it was not possible for the people to live together in harmony, and they soon started drifting away to other places. It was said that this was how the different languages of the world evolved from God. Now that tower will never get completed. If the tower had been completed, the people would have become even more vain and proud and they would have forgotten Him and gone against Him, and that would have led to their self-destruction. That’s why the incomple- tion of the tower should be called the tower of Babel, and a lesson for all men.

The Tower of Babel - Tower Babylonia Tales from the Bible
Genesis 11 New International Version

Exodus 34:14 For you must not worship any other God. The Lord His name is Jealous God. Do not worship any other God, because I, the LORD, tolerate no rivals. ... for you do not bow to yourselves.



How Do You See the Glass: Half Full or Half Empty?

Dr. Dianne Coffin
Co-pastor, River of Life Church

Our perspective in life and how we view things is so important. We live in a society where especially in the last few years, from day to day, there is a foreboding of what is going to happen next. This fearful expectancy that something bad is going to happen, has accelerated because of continual reporting of bad news about every single negative event that the media can find. Don’t misunderstand, I realize there are bad events happening all over the world. When there is never a report of something good, and you listen day in and day out to the media, your mind will lead you to feelings of increasing hopelessness and despair. I want to challenge you to break free of any incessant behavior to keep up with the news media!

You might ask, why is that important? If your habit of listening to negativity continues about rumors of famine, high costs, supply shortages, impending wars, and hate, unfortunately, seeds of fear and anxiety about the future will be planted.

The Bible exhorts us not to take anxious thoughts. In Matthew 6:25-27 (AMP.) Jesus began by saying, **“Therefore, I tell you stop being perpetually uneasy (anxious and worried) about your life, what you shall eat or what you shall drink; or about your body, what shall you put on. Is not life greater (in quality) than food and the body (far above and more excel- lent) than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father keeps feeding them. Are you not worth much more than they? And who of you by worrying and being anxious can add one unit of measure (cubit) to his stature or to the span of your life?”**

Continued in the next column

Clearly, the Lord wants us free from worry over such things about our life. He first chal- lenges us to stop anxious thoughts that are producing uneasiness and fear. Did you know we can control what we think about, and what we listen to? Could what we are hearing be causing perpetual anxiety? If so, we simply need to stop!

Secondly, He reminds us how He takes care of and feeds the birds of the air who neither plant nor harvest or store food in barns. He wants you to know how you are so much more valuable to Him than they are. He loved you so much He gave His life for you through the Lord Jesus Christ, his Son that whoever would believe in Him would have eternal life. (John 3:16) What a wonderful reminder of our value!

Thirdly, He reminds us that worrying in and of itself will not change anything in our lives. Seriously, do an inventory of your thought life and what you feed your mind upon, could it have some bearing on whether you see the glass half full or half empty?

I want to close with this scripture, giving you food for thought!

Philippians 4:6-8(NLT) “Don’t worry about anything, instead pray about everything. Tell God what you need and thank Him for all He has done. Then you will experience God’s peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus. And now, dear brothers and sisters, one final thought. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.”

Paul exhorts us in his summation of this chapter to practice doing this. God’s desire to bring peace is dependent on our surrender to do it His way. Practice makes perfect as the saying goes and making a few adjustments could change your outlook on life!

The events in this world may be challenging to hear about. However, we have a choice to surrender our concerns to God in prayer and allow our negative thoughts to be re-placed with positive ones. I guarantee you can change your outlook when you have cast the whole of your care upon the Lord, because He cares for you! Maybe that glass can be half full again!!

Dr. Dianne Coffin, Co-Pastor River of Life Church. We would love to have you visit – 410 East Chapman Rd., Lutz, Florida. Sunday Services are 10:30 am and Wednesday 7:00pm, child- care provided. We look forward to seeing you!! www.roltampa.org



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GFWC Volunteers for Veterans’ “Operation Stand-Down”

GFWC Lutz-Land O’Lakes Woman’s Club members recently volunteered at the annual “Operation Stand-Down” event in Spring Hills, which provides transportation and free medical, dental, sheltering placement and legal services to veterans, particularly those who are home insecure, as well as counseling and other assistance. The club women, Nancy Taylor and Diana Kelly, registered the veterans and directed them to the appropriate areas where these much-needed services were offered. For more information and membership info, please visit www.gfwclutzlandolakeswomansclub.org.



GFWC Welcomes New Members



GFWC Lutz-Land O’Lakes Woman’s Club members welcomed Linda Fetter and Sue Welfley into the club with a lovely candle lighting ceremony at its recent Spring Luncheon. GFWC District 8 Annette Bellinger conducted the installation, joined by President Elayne Bassinger and congratulated the newest inductees.

For more information and membership opportunities, please visit gfwclutzlandolakeswomansclub.org or its Facebook page.

(L-R) New member Linda Fetter, President Elayne Bassinger, new member Sue Welfley & Annette Bellinger, District 8 Director

An Act of Kindness: The Good Samaritan



Jesus answered, “A certain man was going down from Jerusalem to Jericho, and he fell among robbers, who both stripped him and beat him, and departed, leaving him half dead. By chance a certain priest was going down that way. When he saw him, he passed by on the other side. In the same way a Levite also, when he came to the place, and saw him, passed by on the other side. But a certain Samaritan, as he travelled, came where he was. When he saw him, he was moved with compassion, came to him, and bound up his wounds, pouring on oil and wine. He set him on his own animal, and brought him to an inn, and took care of him. On the next day, when he departed, he took out two denarii, and gave them to the host, and said to him, ‘Take care of him. Whatever you spend beyond that, I will repay you when I return.’ Now which of these three do you think seemed to be a neighbor to him who fell among the robbers?”

He said, “He who showed mercy on him.”
Then Jesus said to him, “Go and do likewise.”

— Luke 10:30–37, World English Bible

Liberty Manor for Veterans and Turner Contracting



Thanks to a coordinated effort by Steve Dukes with Turner Construction for renovating the veterans property, a place they call home! The mission of Liberty Manor for Veterans; Inc. is to promote the developmental and social needs of disabled and honorably discharged veterans who have fallen victim to homelessness providing transitional; supported housing and establishing objectives designed to attribute to self-sufficiency. Anyone interested in assisting this meritorious initiative please contact Connie Lindsay (813) 900-9422, or Liberty Manor for Veterans (a 501c3 nonprofit organization) website <http://www.libertymanor.org>, 10015 N 9th Street Tampa, FL 33612, or the mailing address P.O. Box 274081 Tampa, FL 33688-4081. Veterans are certainly worthy of our help. EIN #02-0775720.

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GFWC Treats Senior Center To Brunch



(L-R) Members Darryln Caudill, Pam Blumenthal, Center Staffer Regina Marciano Smith, Melba Pineiro, Barbara Booth & Shirley Simmons

GFWC Lutz-Land O’Lakes Woman’s Club members donated and served breakfast foods, juices and pastries to the senior clients of Lutz Senior Center, which had been closed for the past 2+ years due to Covid precautions. The seniors greatly enjoyed this special treat and appreciated the company and conversations with the club women. For more information on this community service organization, please visit gfwclutzlandolakeswomansclub.org or its Facebook page.

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Chief Deputy Tax Collector Tim Couet, Assistant Tax Collector Greg Giordano, Special Olympics of Pasco Leadership Coordinator John Yerke, athletes, family members and tax collector staff were all on hand to deliver the check to the Special Olympians

Special Olympics of Pasco was the featured charitable giving organization at the Pasco County Tax Collector’s office this past April. Special Olympics of Pasco is a sports and training program for people with intellectual disabilities. In Pasco, 1500 students participate in Special Olympics. Training in almost two dozen different sports is provided free of charge to participants.

Funds raised last year helped the Pasco team attend the 2022 National Special Olympics USA Games in Orlando earlier this month. The Pasco County flag football team, the Dolphins, won gold. Additionally, two Pasco athletes medaled in swimming and the triathlon (Andrew Ahearn won bronze in swimming and triathlon and Walter Fischer won gold and two bronze medals in relay-swimming events). A total of \$7,100 was raised to benefit Special Olympics of Pasco during this charitable-giving drive.

“Special Olympics of Pasco County would like to thank the Mike Fasano Tax Collector Offices for their donation,” comments John Yerke, Leadership Coordinator. “These funds will help spread the word about acceptance and inclusion across Pasco County.”

“Special Olympics of Pasco has long held a special place in my heart,” states Tax Collector Mike Fasano. “I’m proud that our staff and our community supports this organization that helps bring purpose to so many lives. The athletes and the volunteers who work with them are some of the kindest, most positive people I have ever met. So many of the athletes have intellectual challenges that make life difficult. To see the joy on the face of an athlete as they cross the finish line is indescribable. Special Olympics of Pasco provides a respite from the difficulties many deal with daily. It also provides a place to be with others who also aspire to do their very best.”

For more details regarding the charitable giving program, or services provided by the Pasco County Tax Collector’s Office, please contact Greg Giordano, Assistant Tax Collector at 727-847-8179 or visit www.pascotaxes.com. For more information about Special Olympics of Pasco please contact Joeyn Dearsman, Senior Program Manager at 727-774-3062 or visit <https://www.specialolympicsflorida.org/contact>


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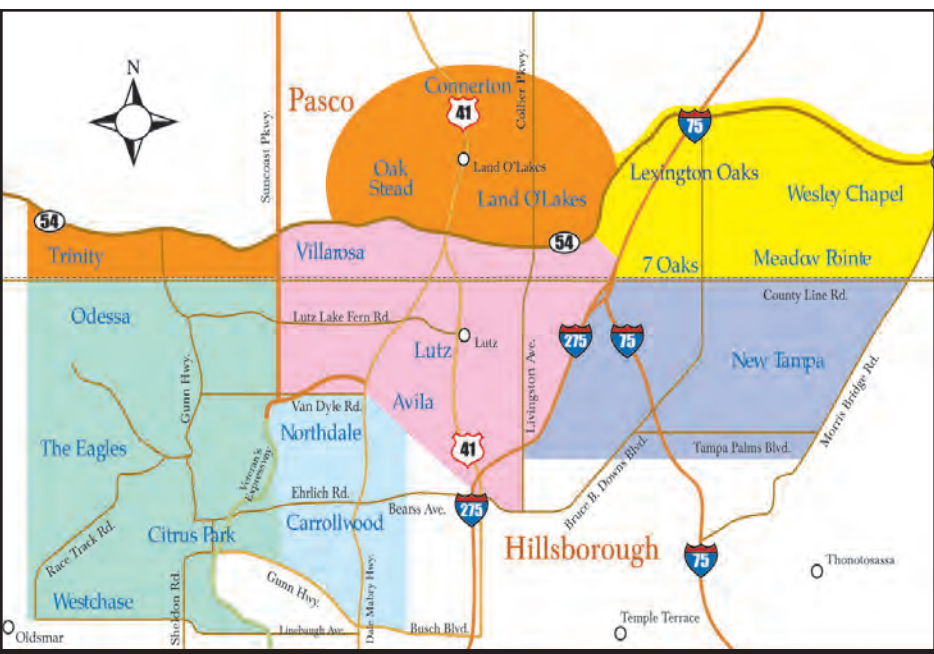
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In the beginning God created the heavens and the earth. "The Big Bang" Genesis 1:3 "Let there be light..."

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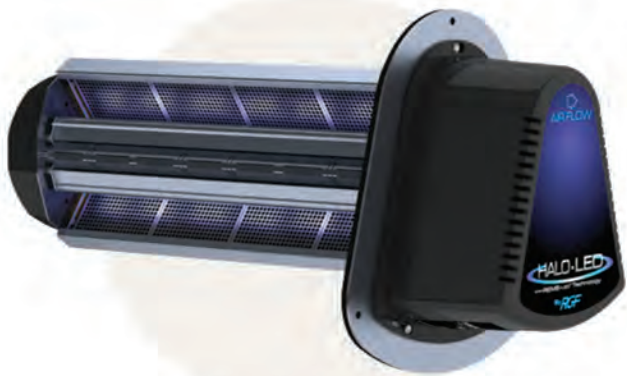


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