



# The Ten Commandments

Exodus 20:3-17

- I Thou shalt have no other gods before me.
- II Thou shalt not make unto thee any graven image.
- III Thou shalt not take the name of the Lord thy God in vain.
- IV Remember the sabbath day, to keep it holy.
- V Honor thy father and thy mother.
- VI Thou shalt not murder.
- VII Thou shalt not commit adultery.
- VIII Thou shalt not steal.
- IX Thou shalt not bear false witness against thy neighbor.
- X Thou shalt not covet.







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**Heritage Harbor Enter to Win** 2 Rounds of Golf See Page 8

# An Act of Kindness is a New Beginning Where your advertisement can make a difference. From Dunndeal Publications Dunndeal Gazettes He said to them, "Go into all the world and preach the gospel to all creation." - Mark 16:15

Serving the Tampa Bay area

When the Devil Goes to Church



Some people think if you have a Bible the devil is going to run, or when he sees a church he goes in the other direction. No, the devil is not afraid of church. He just wants God's position, to be the object of worship, causing conflict and confusion among God's people.

/DunndealGazettes

Acts 20:29-30: "I know that after I leave, savage wolves will come in among you and will not spare the flock. Even from your own number, men will arise and distort the truth in order to draw away disciples after them."

Matthew 7:15: "Beware of false prophets who come to you in sheep's clothing, but inwardly they are ravenous wolves."

Jesus said in the last days in Matthew 24:5-6:

"For many shall come in my name, saying, I am Christ, and shall deceive many. And ye shall hear of wars and rumors of wars, see that ye be not troubled, for all these things must come to pass, but the end is not yet. For nation shall rise against nation, and kingdom against kingdom, and there shall be famines, and pestilences, and earthquakes, in diverse places."

Matthew 24:20-21: "But pray ye that your flight is not in the winter, neither on the Sabbath day. For then shall be great tribulation, such as was not since the beginning of the world to this time, no, nor ever shall be."

Continued on Page 8

# **Auto Accident?**

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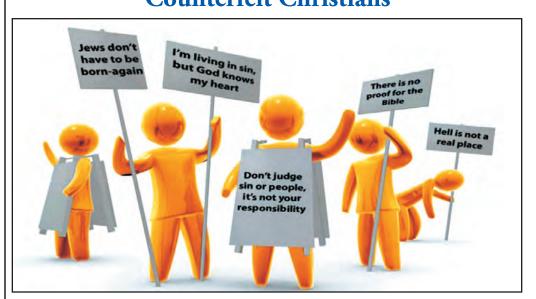
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# Counterfeit Christians



I don't usually carry cash. But on this day, I paid the cashier cash for some new shoes. As I handed the cashier the bill, she grabbed a pen. I was somewhat intrigued. Then, she ran the pen across the bill. Now I was puzzled.

So, I asked her the purpose of marking up my crisp bills. Come to find out, this was a standard procedure to check for counterfeit bills and the

marker is designed to spot counterfeit bills. Why would the cashier be concerned about this? The answer is obvious, counterfeit money has no value. Though the bill can pose as authentic for a period of time, sooner or later eventually someone is going to buy one of those markers and expose the lie.

Whether you intentionally use a counterfeit bill is irrelevant. If the marker reveals that you tried to pay with fake money, you will lose the bill at best, and may lose a day of freedom in jail.

During his ministry, Jesus often encountered counterfeiters. In fact, He Himself was accused of blasphemy when he said "I Am." John 10:33: "The Jews answered him, saying, 'For good word we do not stone you, but for blasphemy and because you, being a man, make yourself God."

Years ago, a survey of Protestant youths from many denominations was done. They were asked whether they agreed with the following statement: "The way to be accepted by God is to try sincerely to live a good life."

Continued on Page 8





**LARGO** 7850 ULMERTON RD #1A, LARGO, FL 33771

# September 2021

#### 2

# Join the Friendship Singers

The Friendship Singers is comprised of volunteer members who perform for free at nursing homes, assisted living facilities, senior centers, churches, and community centers in Pasco and Hillsborough counties. The standard program consists of well known music mainly from the 30's, 40's,50's, Christmas songs, and a patriotic program. We encourage and enjoy audience participation!

Members do not pay dues and we are always looking for new members. There are usually one or two performances each month usually on Sunday afternoons. Rehearsals are on Saturday morning from 10am until noon twice a month at the Land O'Lakes Senior Nutrition Center at 6802 Wisteria Loop. We have a break midway for snacks and socializing.

The Friendship Singers number around 40 members (male and female) ages from 18 to 92. Qualification: no auditions but you must love people and love to sing. The next scheduled rehearsals are Saturday at 10am on Sept. 11 and Sept. 25. We look forward to seeing you! Please contact Mary Lou Fornier (813-915-9877) or Judy Moore (813-940-6889) for more information.



# **Excerpts from the Caregiver Corner**

One of the biggest challenges of our time is the caregiving of a loved one, be it a parent that has just gotten older and can't get around much anymore or a spouse who is suffering from Alzheimer's or a family member that has just undergone an operation and has a long recovery process ahead of them. Incorporating this into our lives and balancing it all is difficult, but you are not alone. We at Griswold Home Care are here to help. At https://www.griswoldhomecare.com/tampa and https://www.griswoldhomecare.com/pasco-county you will find a host of information, including:

- A list of the top resources most seniors need (from the key legal documents to lists and descriptions of the key service providers)
  - Blog Articles on:
    - o What services are covered by medical insurance and which ones aren't
    - o Payment options for those not covered by medical insurance
    - o How to Choose a Home Care company
    - o Two key veteran programs available to seniors
    - o The difference between dementia and Alzheimer's
  - And more

Griswold Home Care, giving people the help they need to live in the place they love for over 40 years.

# **GFWC Crafting at Heritage Park**



(L-R) Aniko Solomonson, Lorraine Ham, Peggy Cooper & Debbie Williams

GFWC Lutz-Land O'Lakes Woman's Club members met indoors for crafting at Heritage Park – Land O'Lakes for the first time since Covid-19 lockdowns. The club women worked on hand-crafted items to be sold at their Annual Lutz Arts & Crafts Show in December to help fund and support their many community projects. For more information on this community service organization, please visit <a href="mailto:gfwclutzlandolakeswomansclub.org">gfwclutzlandolakeswomansclub.org</a> or its Facebook page.



(L-R) Elaine Pittman, Sandi Giddens, Lois Cohen, Pam Blumenthal & Helen Fornino



Etched Christmas ornament.

# **GFWC Helps Little Women of Lutz**

GFWC Lutz-Land O'Lakes Woman's Club assisted its affiliate teen club, Little Women of Lutz, with their recent cleanup of Lutz-Lake Fern Road in downtown Lutz, its sponsored roadway. The Woman's Club sponsors and mentors this group of young women who will be our future leaders and community service volunteers. For more information membership opportunities, please visit gfwclutzlandolakeswomansclub.org or its Facebook page.

(L-R) Ashlyn Turnage, Little Women Advisor Pam Blumenthal, Lyndsey Turnage & Jasmine Doering













Tax Collector Mike Fasano announces that the Dade City Tax Collector's Office located at the East Pasco Government Center, Dade City, due to renovations of the office, will offer limited services starting August 4, 2021. The improvements will allow us to provide even better services to you, our valued customers. The planned completion of the remodel and a return to full service is expected to be October 15, 2021.

Services that will continue to be provided at the Dade City office include automobile/ boat registrations and renewals, all title work (Florida title and out-of-state titles transferring to Florida), hunting & fishing licenses, property tax, business tax and dealer drop-off and pick-up work.

Concealed weapons permit applications, and all driver license services (including road testing) will not be available at the Dade City location during this time. These services will be provided at our Wesley Chapel Office (4610 Pet Lane, Lutz 33559).

We thank you in advance for your understanding and apologize for any inconvenience this temporary limitation of service may cause you. For more information about services available at the Pasco Tax Collector's Office, locations, hours of operation, etc. please visit <a href="https://www.pascotaxes.com">www.pascotaxes.com</a> or contact our centralized call center at (727) 847-8032, (813) 235-6076 or (352) 521-4338.



# **How Do You Start Turning** Your Life Back Around?

Samantha Taylor, Samantha Taylor Fitness

How do you rebound in life after everything has been turned upside down? Many of you can relate to that question with everything we've been through in this country the last year and a half! Some of you may have lost jobs or homes or gone through some traumatic experiences like losing a loved one, like I recently did.

Some people have really dealt with depression and struggling with how different things are and being so distant from people still. Some of you may have gained weight with things being so stressful. They say that the average weight gain per person during this time has been 29 pounds, so if that's you, you're not alone.

So this doesn't turn into a bigger problem in so many areas of our lives, the one thing to think about is there needs to be a point where we get back on track in our mind and we rebound, regardless of the circumstances around us. And we make the best of the situation we have because the consequences of staying stuck are too huge in our lives and will cause more damage if we don't get back on track.

Many of us thought that things would get better in 2021 and they've only been just as crazy and it doesn't look like it's changing anytime soon. I have learned that we have to start getting on track regardless of the circumstances because we can't wait for the situation around us to change. A good place to start is to pray about it and ask for God to help you in these difficult times. That is another area that some people have struggled with, their personal time with God.

2022 is going to be here before we know it, and if you do not want to carry with you some of the burdens that you've gathered from the last year and a half, then it's important to start taking action now before next year gets here. What is one thing you can do to help your mental health and well-being? What is one thing you can do to become healthier or more fit?

Being in a community of other women that can help support you to get back on track is something we can certainly help with. I realized as a company that I wanted to help the community do just that and I know that financially when things are tough, that can stop people as well from investing in their health and fitness. I wanted to do something very special for you, so we are giving a 30% off companywide discount for the rest of 2021!!

I've never done anything like this before, so if you've been thinking about trying out our studios or if you already have and you want to come back, then this is the time to do it. We want to help you get back on track together, for I too am getting back on track in my own life.

Go to this website to book a free consultation, and you're more than welcome to do a free session to see how comfortable you feel. Let's get back on track together, we can do this! If you have gained extra weight and you don't want to take that into 2022 with you, now is the time to start. Start off this coming year with something that you are proud of accomplishing, and reap the benefits of feeling stronger and experiencing an improved life with more energy and happiness!

www.SamanthaTaylorFitness.com

(813) 377-3739





One Community Now's Hunger Walk is September's Charity of the Month at Pasco County Tax Collector's Office



During the month of September One Community Now's annual Hunger Walk on behalf of the Pack-a-Sack 4 Kids Program will be the featured charity at the five locations of the Pasco County Tax Collector's Office. A supporter and sponsor of this program, Tax Collector Mike Fasano was more than happy to dedicate an entire month to raising funds for this organization that serves so many students throughout the county.

The Hunger Walk directly funds what is called The Pack-a-Sack 4 Kids Program, which is the keystone of the food relief efforts of the One Community Now organization. Children who live in danger of not having food on their dining room table are given a backpack full of healthy meals each Friday to ensure that they have food to eat over the weekend. The students return the empty backpack to their school on Monday, which is then refilled for the following weekend.

It is estimated the Pack-a-Sack 4 Kids Program feeds more than 1,600 children each weekend. Since the advent of COVID the number of kids in need has grown to the point where 1 in 4 kids in our county do not have enough to eat. A majority of those students also qualify for the federal free and reduced lunch program. The need is great, and the Hunger Walk helps meet

If you would like to donate to the Hunger Walk or perhaps even join Team Tax Collector, please visit www.onecommunitynowhungerwalk.org/taxcollector or stop by one of our five offices to give in person. The Hunger Walk will be held October 2, 2021 at Sims Park, New Port Richey. The event is currently scheduled to begin at 10am.

For more information about the charitable giving programs at the Pasco County Tax Collector's Office, please contact Assistant Tax Collector Greg Giordano at (727) 847-8179 or visit www.pascotaxes.com. For more details about One Community Now's Pack-a-Sack 4 Kids Program please contact Executive Director Patti Templeton at 727-900-6280 or visit http:// onecommunitynow.com.

"Watch out for false prophets. They come to you in sheep's clothing, but inwardly they are ferocious wolves. By their fruit you will recognize them. Do people pick grapes from thornbushes, or figs from thistles? Likewise, every good tree bears good fruit, but a bad tree bears bad fruit. Thus, by their fruit you will recognize them." - Matthew 7:15-20



# **Today If You Hear His Voice**

Dr. Dianne Coflin
Co-pastor, River of Life Church

As I was reading this past week, I was struck with how many times this quote, "Today if you hear His voice," is repeated in both the Old Testament and the New Testament. "Today if you hear his voice, do not harden your hearts as in the rebellion" (Heb. 3:15). This verse was referencing the story of Israel when they continually hardened their hearts in the wilderness, as God would try to lead them! This word harden means to make callous, stubborn, or unfeeling. When your heart has become hardened spiritually, without realizing it you develop a HABIT of not listening and refusing to obey, becoming more and more stubborn and unfeeling.

In Psalms 95, this warning against hardening our heart is repeated, however, preceding this is a reminder that He is our God, and we are the sheep of His pasture. Jesus said, "My sheep hear my voice and the voice of a stranger they will not follow." Now by no means are we to be going about just listening for voices at every turn. However, I do believe that God wants us to know that our relationship with Him is reciprocal, and He desires us to become familiar with Him, having conversations, just as we would with our friends. Jesus told the disciples "I have called you my friends because I have made known to you everything that I have heard from my Father" (Jn. 15:15). Imagine that God wants to be your friend!!

We have been given the responsibility to partake of His Word every day. The Word of God and the Holy Spirit will always agree. This is how we begin to learn the voice of the Holy Spirit, because as we study the Word of God, we become familiar with how God thinks, His will, His ways. So, when we sense God is speaking to our hearts it's because we have come to know Him through His Word. How many times have you heard something someone taught and while it may have sounded good, your spirit couldn't get into agreement with it? Many times, that is the witness of the Spirit of God inside you letting you know that voice is the voice of the stranger, and you are not to receive it.

The Holy Spirit will always bear witness to the truth. His precious Word is powerful; it is His divine communication with us. His Word is truth. His Word has been given to us for reproof, correction, and instruction in right living. We should be in training every day, learning to listen and obey

Israel had many opportunities to obey but time and time again, willfully chose to neglect and refuse God's way. Unfortunately, their disobedience prohibited them from entering the promised land.

What is it God may be dealing with you about? Have you felt His prompting to obey in an area and you have refused? The mercies of God are renewed every day, and He is so patient and longsuffering. Don't allow your heart to become stubborn and indurate. God's desire is we remain pliable, open, and yielding. Know this He is a Good Shepherd and always has your best interest at heart!! Food for thought!!

Pastor Dianne Coflin, Co-Pastor of River of Life Church, Lutz, Florida. Our services are 10:30am Sunday and Wednesday 7:00pm (childcare provided.) We would love to have you come visit and become a part of our church family!

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September 2021

#### **Do You Love Your Feet?**

How often have you said, "I love my feet"? Probably not often and maybe never. But the Bible teaches us to treat our feet with respect. Genesis 18:4 – "Please let a little water be brought and wash your feet, and rest yourselves under the tree."

So, what should we do in today's modern age to care for our feet? Moisturize your feet daily. Use a pumice stone to get rid of calluses. Recurring calluses say something about your shoes or the way that you walk, so pay attention to them. Give your feet a 5 to 10-minute massage daily. They will love you for it.

And most importantly, exercise your feet every day. This does not mean taking a walk, jogging, playing tennis, or any other activity where your feet take a beating. We rarely exercise the muscles in our feet. Working out while wearing shoes often inhibits the muscles from working as they should, therefore your feet need additional exercise.

The exercises are simple:

- Ankle rotations
- Pulling your foot back towards the leg and then extending the foot
- Writing the alphabet with each foot
- $\bullet$  Picking up objects with your toes such as rocks, washcloths, and other small objects

Show your feet some love daily, and remember what Jesus said to his apostles during the Last Supper. John 13:14 – "If I then, your Lord and Master, have washed your feet, you also ought to wash one another's feet."

What will you do to show some love to your feet? To find out how I can serve you in the spirit of Christ's teachings, I can be reached at (813) 965-1697, or go to my website: Reflexology4You.com.

Louise Richardson



# Preventing and Treating COVID-19 in Children and Teens

By Karen McBride

We are well aware that adults can contract COVID-19, but, unfortunately, children and teens are also susceptible. However, there are certain precautions we can take to reduce the chance of becoming ill with COVID-19 or the flu.

Wash your hands often, avoid touching your face, limit exposure to people outside the home, and wear masks.

Hand washing should last for 20 seconds. Try to make it fun with your child by singing his or her favorite song while hand washing.

Encourage your child or teen to practice social distancing. Limit the people they are exposed to whenever possible. If you can leave them at home with a family member while you go to the store, then do so. If they must go out in public, they should wear a cloth mask and use hand sanitizer often.

Clean and disinfect your home, especially toys, doorknobs, tables, light switches, television remote controls, and, of course, bathrooms.

As in flu prevention, eating a healthy, well-balanced meal, getting enough sleep as well as plenty of outdoor exercise in the fresh air and sunshine, can help to build your immune system to fight off the illnesses.

If you suspect your child has been exposed to COVID-19, the symptoms can include fever, cough, nasal congestion or runny nose, sore throat, shortness of breath, fatigue, headache, muscle aches, nausea or vomiting, diarrhea, poor appetite, new loss of taste or smell, or belly pain.

If your child is exhibiting any of these symptoms, call to schedule an appointment with Dr. Michele Johnson-Towson of Pediatric Place of Tampa, a board-certified pediatrician with over 30 years of experience in caring for children ages newborn to 21 years old.

Pediatric Place of Tampa is located at 1338 W. Fletcher Avenue, Tampa, FL 33612. For more information or to schedule an appointment, call 813-264-2288.

Same-day appointments and after-hours care are available (Monday, Tuesday, Thursday 8:00am-7:00pm; Wednesday 8:00am-6:00pm; Friday 8:00am-5:00pm and Saturday 8:00am-12:00pm).

New patients are welcome, and the practice accepts all insurance.





# Kidz Corner: Summertime & School



Hi, my name is Harley, and this summer it was summertime again! Obviously... (a) Okay. I don't really want to go back to school (I haven't yet), but school is cool, too. Let's talk about the pros and cons of summertime and school.

#### School

Pros:

- 1) Learn stuff
- 2) Make friends
- 3) RECESS!

Cons:

- 1) Waking up early 🛍
- 2) None!

#### Summertime

Pros:

- 1) Stay up and sleep in.
- 2) SUMMER CAMPS!
- 3) Playdates and awesomeness
- 4) Crocheting and sewing (did I mention I do that?)
- 5) Bike riding
- 6) CANDIES TO EAT!
- 7) Games

Cons:

- 1) Eating too much junk food
- 2) Bedtime too late: Extremely tired in the morning
- 3) It RAINS!

Nobody honestly really likes order, but if we don't have order, we would get sick and have chaos (but we probably wouldn't get bored that easily ③).

If you feel like your world is chaotic, and you need Jesus, you can just pray for Him to come in your heart. Your life won't be perfect, but it will be way better and eternity will be perfect and more. So we need to have order in our lives. As 1st Corinthians 14:33 says, "For God is not a God of disorder but of peace." Bye!

Harley Isabel Smith is a 2nd grader who has been featured on TV as a philanthropist, has a heart for evangelism, and writes monthly for the Gazette's Kid's Corner.

Visit <a href="https://harleyisabelsmith.com">https://harleyisabelsmith.com</a> where she is constantly adding written and video content to entertain and educate children.

Matthew 19:14 Jesus said, "Let the little children come to me and do not hinder them, for the kingdom of heaven belongs to such as these."

# **Dealing With Delta**

By Dr. J. Stacy Klutts

#### Here's what we know about the Delta variant.

I have found a front row seat to all of the latest data since we used that information to make our national policy decisions, so here are a few important points that help explain why you should get vaccinated and wear a mask. I'll try to do this so it makes sense to you.

- 1. The Delta variant has a particular collection of mutations in the spike protein that make it extremely effective in attaching to human cells and gaining entry. If the original COVID strains were covered in syrup this variant is covered in ultra fast drying gorilla super glue (industrial strength)!
- 2. There are two recent publications that the viral loads in the back of the throat of infected patients are 1000 times higher with the Delta than with previous variants!
- 3. This much higher load plus the ultra stickiness of the Delta strains for adhering to human cells makes it more infectious than previous strains. The earlier version could infect 2 people at a time whereas the Delta can infect up to 8 people at a time (chicken pox and measles are all we've had before that spread that efficiently from human to human).
- 4. The viral loads in the throats of vaccinated persons who become infected with Delta rises at the same rate as an unvaccinated person but only for the first few days after five days or so the viral loads in the vaccinated person start to drop quickly whereas those unvaccinated persist.
- 5. This pandemic, round 2, is primarily being observed in younger patients than in round 1. Our children's hospitals are already filling up or full. Because of the Delta viral dynamics, it is much more capable of causing severe disease in a larger swath of the population. This sets up very poorly for the beginning of the school year, which has already started in Florida. It is terrifying. I sure hope we have vaccines for the five to 11 year olds soon.
- 6. We know a lot about vaccines for upper respiratory viruses as we have been giving the population one every year (influenza). When you get a vaccine as a "shot" the "antigen" in the vaccine leads to formation of an antibody response. What's important is that it primarily leads to a specific Immunoglobin G (IgG) response. That's the antibody type that circulates around in really high numbers in the blood, is located some in tissues, and is more easily detectable by a blood test. What that shot does not do is produce an Immunoglobulin A (IgA) antibody response to the virus at the surface of the throat mucosa. That's the antibody type that could prevent the virus from ever binding in the first place.

\*\*\*In a vaccinated person, the virus can still attach like it's about to break into the house, but it doesn't realize that there is an armed homeowner on the other side of the door. When that virus is detected, the IgG beats it up and clears it before the person gets very ill or ill at all. \*\*\*\*

7. The COVID-19 vaccines are designed to prevent death/disease through that IgG response. We now understand that the virus fades from the back of the throat pretty quickly in a vaccinated person. We also know that an infected vaccinated person can transmit this very infectious virus to others for at least a couple of days, so being asked to wear a mask is primarily to protect others. Those of you in the south, particularly in Florida, know that the tsunami is already on your shores!!!

#### LOVE THY NEIGHBOR • GET VACCINATED • WEAR A MASK

Dr. J. Stacy Klutts is a clinical associate professor of pathology and clinical microbiology at the University of Iowa and is the chief of the Pathology and Laboratory service for the Central Iowa VA Health Care System. This is adapted from a St. Pete Times article.





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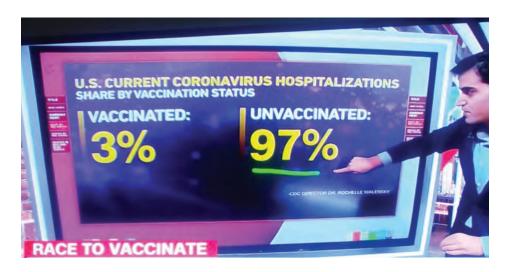
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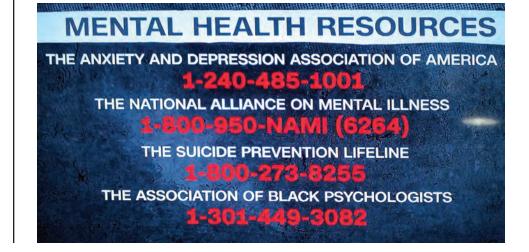
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# The Lord's Prayer

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one.

**Matthew 6:9-13** 



# Pasco Tax Collector's Offices Accepting Donations of New Shoes and Socks



The Pasco County Tax Collector's Office is once again participating in the new shoes and socks collection drive to assist local students and families in need. A collaborative effort between Pasco County government and the school district, the "Two Good Soles" campaign, which is in its sixth year, is seeking to collect as many new pairs of shoes and socks as possible. The tax collector's offices in Pasco County will be collection sites for these donations between now and October 22, the final day of the drive.

The need for shoes is primarily at the middle and high school level, although shoes for elementary school students will also be welcomed.

While the tax collector's office will accept donations of shoes and socks that are new and unused, the school district reports that the sizes most in need are children's shoes 9 and up, adult shoes of all sizes and socks of any size. It is recommended that sneakers, shoes and socks be of a "neutral" color, but all donations of new items will be accepted. No flip-flops or open-toes shoes, please.

If you are interested in making a donation, please visit one of the following offices in Pasco County and leave your donation in the labeled collection box near the door.

For more information about the "Two Good Soles" shoe and sock drive, or any other service provided by the tax collector's office, please contact Greg Giordano, Assistant Tax Collector for Communications & Special Projects at (727) 847-8179.

# Pasco Tax Collector's Five Offices Will Be Closed for Labor Day Holiday

The five Pasco County Tax Collector Offices will be closed on Monday, September 6, 2021 in honor of Labor Day. All offices will re-open at 8:30am on Tuesday, September 7, 2021 for normal business. Our offices in Gulf Harbors and Wesley Chapel will be open on Saturday, September 4, 2021 from 8:30 – Noon for Pasco residents only.

# **Dunn Family Time 2021**



4th of July family celebration



Kay in her hammock



Jack & Shirley at Captain Jack's



Mark holding the sunset

# Bishop McLaughlin High School Hires New Coaches



Bishop McLaughlin Catholic High school is pleased to announce the hiring of Head Baseball Coach Rob Ducey and Assistant Baseball Coach Kenneth Burroughs.

Rob Ducey graduated from Seminole State College of Florida and then played Major League Baseball for 13 years with the Toronto Blue Jays, California Angles, Texas Rangers, Seattle Mariners, Philadelphia Phillies and Montreal Expos. Rob also represented Canada as a designated hitter for Team Canada in the 2004 Summer Olympics. After retiring from Major League Baseball, Rob was a hitting coach in the minor leagues for the New York Yankees, Montreal Expos and Philadelphia Phillies - and has worked as a talent scout for the Toronto Blue Jays and the Tampa Bay Rays.

He has also helped coach Team Canada and the Canadian National Youth baseball team. Rob is a recipient of the prestigious Tip O'Neil Award, awarded by the Canadian Baseball Hall of Fame for players who have excelled in individual achievement and team contribution. He was subsequently inducted into the Canadian Baseball Hall of Fame.

As a player, Kenneth Burroughs has played in the minor leagues for the Los Angeles Dodgers and the Chicago White Sox. As a coach, Kenny has previously coached baseball at Tarpon Springs High School, Eastlake High School, the University of South Florida and the Tampa Bay Baseball Academy. He is also certified as a pitching coach by the National Pitching Association. Kenny holds a bachelor's degree from the University of South Florida.

"I press on to take hold of that for which Jesus Christ took hold of me. I do not consider myself yet to have taken hold of it but one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus."

- Philippians 3:12-14

# **GFWC Donates School Supplies**

GFWC Lutz-Land O'Lakes Woman's Club members have collected a large amount of school supplies to assist students at three local schools: Connerton Elementary, Miles Elementary, and Lutz Elementary Schools.

The club women filled three SUVs with supplies, which were delivered and gratefully received by each of the three schools. The Woman's Club has supported education and local schools and libraries for decades.

For membership opportunities or information, please visit <u>gfwclutzlandolakeswomansclub.org</u> or its Facebook page.

Member Faith Sincich with 1 of 3 SUVs filled with school supplies



# **GFWC Donates to Elementary Schools**



(L-R) Members Cheryl Winegar, Marcy Edmondson & Debra Mora, Miles Elem. Social Worker

GFWC Lutz-Land O'Lakes Woman's Club members have donated a great deal of school supplies which have been delivered to 3 local elementary schools. Pictured here, members Cheryl Winegar and Marcy Edmondson delivered a SUV filled with needed supplies to Miles Elementary school social worker Debra Mora to help students and teachers as school opens. For more information on this community service organization, please visit gfwclutzlandolakeswomansclub.org or its Facebook page.

# **GFWC Helps Seniors**

GFWC Lutz-Land O'Lakes Woman's Club participated in a day of service to seniors by reaching out to the senior resident population at a local assisted living facility —Angels Senior Living at North Tampa. The clubwomen provided and delivered handsewn bibs and walker bags AND 200 popsicle treats for the residents. The club members regularly donate needed items and provide treats and fun activities to several senior facilities in the area. For more information on this community service organization, please visit <a href="mailto:gfwclutzlandolakes-womansclub.org">gfwclutzlandolakes-womansclub.org</a> or its Facebook page.



Members (L-R) Shirley Simmons & Barbara Booth delivering treats and items to local ALF

# **AmVets Donates to Liberty Manor**



Thanks to the dedicated members of Am Vets 26 in Dover, Florida a charity event was held, and funds were raised and donated to the veteran's program at Liberty Manor in Tampa, Florida. The event was championed by Am Vets 26 Commander, David Baca. Pictured from left to right: VP Liberty Manor for Veterans David Lindsay; Commander David Baca and right Connie Lindsay CEO of Liberty Manor for Veterans.

AMVETS, which is also known as American Veterans, is the most inclusive Congressionally-chartered veterans service organization open to representing the interests of 20 million veterans and their families. We are veterans serving veterans since 1944.

Founded in 1944 and chartered by an act of Congress, the AMVETS organization has more than 250,000 members nationwide. AMVETS exists to enhance the quality of life for all veterans, their families and survivors. Membership in AMVETS is open to anyone who honorably served or is currently serving in the U.S. Armed Forces, including the National Guard and Reserves. AMVETS has made a long-term economic impact by providing assistance, jobs, and services to veterans and their communities for more than 70 years. AmVets is also known for their annual Silver Helmet Awards to "recognize excellence and achievement in Americanism, defense, rehabilitation, congressional service and other fields. Sometimes called the "Veterans Oscar," the award is shaped like a silver WWII helmet. Many famous Americans have been recipients of the award through the years.

The mission of Liberty Manor for Veterans; Inc. is to promote the developmental and social needs of disabled and honorably discharged veterans who have fallen victim to homelessness, providing transitional supported housing and establishing objectives designed to attribute to self-sufficiency. Anyone interested in assisting this meritorious initiative please contact Connie Lindsay (813) 900-9422, or Liberty Manor for Veterans (a 501c3 non profit organization), website at <a href="http://www.libertymanor.org">http://www.libertymanor.org</a>, 10015 N 9th Street Tampa, FL 3361, or the mailing address at P.O. Box 274081 Tampa, FL 33688-4081. Our veterans are certainly worthy of our help. EIN #02-0775720.

# The Great Florida Outdoors: Scott Springs Park and Karst Formation

Dr. Robert Norman, Clinical Professor, Dermatology, Nova Southeastern University



Scott Springs, the secret grotto

During the last day of shooting for a new part of our film Reading the Florida Landscape (based on my book of the same name), we went to Scott Springs Park in Ocala. We needed karst and sinkhole shots, and my friend Guy Marwick suggested the location. As usual, he was right on.

My daughter Fionna and her boyfriend Chris were along for the ride during a busy and productive weekend of filming, which included a boat trip on the Ocklawaha River, an exploration of Rodman Dam with Captain Erika and Margaret Spontak, a wonderful kayak trip on the Silver River, and hiking at The Silver Springs Conservation Area.

To understand the formation and dynamics of Florida's freshwater ecosystems, we need a foundational understanding of Florida, in a literal sense. The majority of the lakes, rivers, and wetlands are created by seepage into depressions in the limestone bedrock, or "karst."

retiands are created by seepage into depressions in the limestone bedrock, or "karst."

Florida's bedrock of limestone was created by skeletons of billions of marine invertebrates



deposited when shallow seas covered much of the state. Limestone is slowly dissolved by slightly acidic surface water over time which is why springs, solution holes, sinkholes, caves, and underground rivers are prevalent in Florida. You can see this phenomenon written on the craggy landscape from tip to tail. We call this "karst topography."

Scott Springs Park is a city park located at 2825 SW 24th Avenue, Ocala, Florida 34474

Scott Springs offers a bike trail, health trail,

boardwalk to the grotto, and playground. The 21.68 acre park has grills, picnic shelter/tables, and restrooms.

How do you get to see a great park like this?

# Get out and enjoy the Great Florida Outdoors!

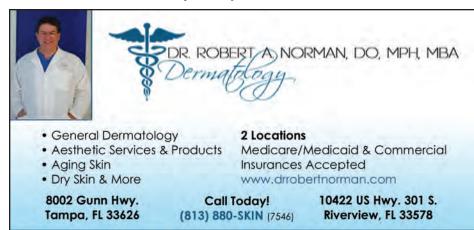
Dr. Norman is an advanced master naturalist graduate of the FMNP program from UF and a board-certified dermatologist based in Tampa and Riverview. He can be reached at 813-880-7546.



Dr. Norman with a beautiful piece of karst



The Kerns, father-son film makers extraordinaire





#### An Act of Kindness: The Good Samaritan

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Jesus answered, "A certain man was going down from Jerusalem to Jericho, and he fell among robbers, who both stripped him and beat him, and departed, leaving him half dead. By chance a certain priest was going down that way. When he saw him, he passed by on the other side. In the same way a Levite also, when he came to the place, and saw him, passed by on the other side. But a certain Samaritan, as he travelled, came where he was. When he saw him, he was moved with compassion, came to him, and bound up his wounds, pouring

on oil and wine. He set him on his own animal, and brought him to an inn, and took care of him. On the next day, when he departed, he took out two denarii, and gave them to the host, and said to him, 'Take care of him. Whatever you spend beyond that, I will repay you when I return.' Now which of these three do you think seemed to be a neighbor to him who fell among the robbers?"

He said, "He who showed mercy on him."

Then Jesus said to him, "Go and do likewise."

— Luke 10:30–37, World English Bible





Sunshine

#### **Heartworms in Pets**

Heartworm disease in pets is easy to prevent but difficult and costly to cure. Left untreated it is potentially fatal. Dogs and cats contract heartworm disease when they are bitten by an infected mosquito. When that mosquito bites your pet it transmits the larvae to your pet. Left untreated the infant larvae will live in the bloodstream and heart and develop into mature adults producing more microfilariae (microscopic heartworm larvae). The heartworms can live 5 to 7 years in a dog and 2 to 4 years in a cat. The heartworms will block major blood vessels that support the kidneys, liver and lungs and will live in the right side of the heart. This can cause significant damage even before the pet shows any symptoms.

What are the symptoms of heartworm disease? The primary symptoms are a cough, difficulty breathing and being tired after exercise. Heartworm disease is easily prevented. Testing for heartworms is inexpensive and takes less than 10 minutes. There are many excellent products available for your dog or cat. It is important that Florida dogs and cats receive monthly heartworm prevention year round. Heartworm prevention encompasses a separate subject which I will address in a future article.

For more information or to make an appointment for your pet

Please call us at Sunshine Animal Hospital 813-885-7071

# When the Devil Goes to Church

Phone: 813-949-4411

Continued from Page 1

day of his coming, the Bible does describe a time of season in the ending times. Note that some of these events have already come upon us. One of the first events was in Matthew 2:1-12 where King Herod sent the three wise men to find Jesus, who followed signs of the star to Bethlehem.



Psalm 147:4: "He telleth the number of the stars, and he calleth them all by their names."

Jesus said in Luke 21:25: "And there will be signs in the sun, in the moon, and in the stars, and on the earth distress of nations, with perplexity, the sea and the waves roaring."

https://www.youtube.com/ watch?v=ZSqPiR2EK2s&t=5s

#### Biblical Astronomy vs. Astrology

This is not Astrology, this is the lost Bible of Astronomy. Satan being the author and master of magical illusions and tricks of paranormal methods, he manipulates natural forces and uses supernatural elements as a theme of misdirection. Because he is of the spirit and not of the flesh, the devil causes conflict and confusion to control us. When Satan was cast out of heaven with a third of his angels, he knew better than to try to battle the spiritual power of Jehovah, for He is not of the flesh.



An angel from heaven told Mary, "The Holy Spirit is among you and you will have a child and you will call him Immanuel."

God used Mary to manifest the spirit into the flesh, who became baby Jesus. Now that the Holy Spirit has manifested into the flesh, the devil Satan knew human weakness through the flesh that he would try tempting the Son of man as he did in the wilderness.

Matthew 4:9: "And he said to Him, 'All these things I will give you if you will fall down and worship me."

He hoped that through the weakness he would be successful. Though church is a good place to recharge our spirit bodies, it's also a place where the devil can hack into our spirit bodies through the flesh. A good exam- takes away the word that was sown in their ple of this is when you are driving along singing Hallelujah to the Lord and then "BAM" someone cuts you off! In a flash of a second you lose all control, and your face turns red and you start honking instead of doing what would Jesus do.

You can see how the devil sneaks in through our flesh that brings us doing things we normally wouldn't ever do. We exercise our body to keep fit, but what about exercising our spiritual abilities. We should be training our spiritual bodies as if we were training for the Olympics, rather than relying on the flesh.

Many times you will hear said, "he got a lot of spirit, look at that boy run!" We know that the devil wants to be Lord of Lords, that's from Amazing Facts exactly why he was kicked out of heaven. Isaiah 14:13: "I will ascend into heaven, I will watch?v=YjMwN-IZhWQ

Though know one knows the time or ascend above the heights of the clouds, and I will be like the Most High."

> 2 Corinthians 11:13: "For such are false apostles, deceitful workers, transforming themselves into apostles of Christ."

> They try to look like apostles and they teach doctrines to get their own following, for they're interested in self worship. Question is, how do you know? Well it's hard to tell when they're wearing sheep's clothing. Satan can be transformed into an angel of light, so how do you know?

Matthew 7:15: "You will know them by their fruit."

You also know them by their teachings in similarities that sound like they're biblical. Apostles also had problems with wolves among the sheep. John talked about some who had turned on him in the letter of 3 John 1:9-10: "I wrote the church, but Diotrephes, who loves to have the preeminence among them, does not receive us. Therefore, if I come, I will call to mind his deeds which he does, preaching against us with malicious words."

Back in those days there was a church leader, the apostle John, who was turning people away from an apostle that's got to be pretty bad. John was a nice guy, he was the apostle of love. You find out that one of the first spiritual miracles Jesus did was the casting out of demons. Luke 4:31-33: "Then He went down to Capernaum, a city of Galilee, and was teaching them on the Sabbath.And they were astonished at His teaching, for His word was with authority."

In the synagogue or gathering place, there was a man with an unclean spirit. Luke 4:33: "And he cried out with a loud voice, saying 'Let us alone! What have we to do with you, Jesus of Nazareth? Did you come to destroy us? I know who you are—the Holy One of God!'

Keep in mind these fallen angels knew Jesus before creation. Because he occasionally shares some good theology doesn't mean anything, he's still the devil. James 2:19: "You believe there is one God. You do well. Even the devil and his demons believe and tremble!" They are not polytheistic, they're monotheistic. They know there is only one God. Mark 4:15: "And these are the ones by the wayside where the word is sown. Where they hear, Satan comes immediately and takes away the word that was sown in their hearts."

The devil goes to church undercover wearing sheep's clothing. He hates for people to hear the word of God, and sometimes the devil goes into church to use you and me. Are you aware that the devil does not hunt for haunted houses, he hunts people to haunt like you and me, and every time the word is being preached, he will try to snatch it away like in the parable in Mark 4:15: "Some people are like seed along the path, where the word is sown."

As soon as they hear it, Satan comes and heart. Some seed fell on the wayside and the ravens came along and snatched it away. Mark 5:6-9: "When he saw Jesus from afar, he ran and worshiped Him. And he cried out with a loud voice and said, 'What have I to do with You, Jesus, Son of the Most High God? I implore you by God that you do not torment me.' For He said to him, 'Come out of the man, unclean spirit!' Then He asked him, 'What is your name?"

By using confusion, the devil does not have much of a problem gaining control using the art of performing supernatural feats.

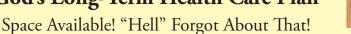
"So it's not that the devil goes to church. He started church."

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### **Counterfeit Christians**

Continued from Page 1

More than 60% agreed that God is satisfied if a person lives the best life as he can. Many churchgoing people like this are confused on the most important question in life: "How can I be right with God?" Many think that sincerity is a big factor.

If you're sincere, God will let you into heaven even if you are a bit fuzzy on the truth. But that's like saying that a man who swallows poison will be healed, sincerely thinking it is medicine. All the sincerity in the world can be fatal if it is not in line with the truth. Thinking that human effort and trying your best will play a big role into getting into heaven is like trying your best to jump across the Grand Canyon.

Satan is a master counterfeiter, trying to pass off on unsuspecting people a version of Christianity that looks pretty good, but is not going to be accepted by the bank in heaven. It's traumatic to get stuck with a counterfeit bill, and more traumatic to stand before God and hear Him declare that your Christianity is counterfeit.

In Philippians 3:1-3, the apostle Paul contrasts true and counterfeit Christianity. In Acts 7:51, the issue was debated and the leaders decided that the Gentiles did not have to become Jews or be circumcised to be saved, but were

#### saved by grace through Christ alone.

That decision did not cause Satan to give up his efforts to pervert the truth of the gospel. He continued to work through a group of men known as the Judaizers, who followed Paul on his journeys, infiltrating the new churches and promoting counterfeit Christianity.

While the Judaizers no longer exist under that name, the core of their teaching is still prevalent today. Paul calls these men, who prided themselves on their good works, "evil workers." Counterfeit Christians stand alongside Satan taking pride in religious rituals as if they put us in the right standing with God. Pail calls these men katatome, which means "mutilators."

They took pride in their own achievements and good deeds and the means of making themselves right before God. Trust in human works brings glory to man and nullifies what Christ did for us on the cross.

Embrace the true Christianity which relies on the works totally of Jesus Christ for salvation. He is our anchor of hope, and without Him all is lost.

Hebrews 6:19 Is Jesus your Advocate? Formulated by Dunndeal Publications



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# Getyour Smile On! Think about this:

- \* Many folks want to serve God, but only as an adviser.
- \* Do you think "stop, drop,
- and roll" will work in Hell? \* Some minds are like
- concrete: thoroughly mixed up and have permanently set. \* God loves everyone but
- probably prefers "fruits of the Spirit" over nuts!
- \* The good Lord didn't create anything without a purpose, but mosquitoes came close.
- \* Opportunity may knock once, but temptation bangs on the front door forever.
- \* Quit griping about your church! If it was perfect, you couldn't belong.
- \* If your church needs a better pastor, it only needs to pray for the one it has.
- \* The best mathematical equation is 1 cross + 3 nails = 4 given.
- \* God Himself doesn't propose to judge a man until he's dead. So why should you?
- \* Don't wait for six strong men to take you to church.
- \* We don't change the message, the message changes us.
- \* Why advertise your business to keep God's word in print media? He will give you somthing to sing about and something you can dance to.

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# **DeBartolo Foundation Awards Connie Lindsay**



The DeBartolo Foundation presented Connie Lindsay, CEO of Liberty Manor for Veterans, Inc. the "Spirit of Humanity Award 2021" for her exemplary service to the Tampa Bay community. The DeBartolo Family Foundation's Spirit of Humanity Award honors local nonprofit organizations that impact the Tampa Bay community in a meaningful way. Recipients of this award create unity, demonstrate hard work, and extend their outreach by helping people in need to overcome obstacles that are beyond

their control. Since 2002, fifty three recipients have been recognized with the \$25,000 Spirit of Humanity Award, awarded three times annually.

Connie Henderson Lindsay truly personifies the image of a community leader who has made a recognizable and significant impact on the homeless population, which furthermore augmented the economic impact within our great city of Tampa. Connie is a true humanitarian that offers a service not previously provided in Hillsborough or Pinellas Counties for she is responsible for the implementation of the first residential program of its kind for homeless veterans in Tampa, Florida. Liberty Manor is responsible for transitioning over one-thousand veterans in the last 14 years from a homeless state into a lifestyle of independence and self-sufficiency.

Lindsay is a member of the American Legion, Veterans Foreign Wars, Am Vets, Elks Lodge of Brandon, Brandon Moose Lodge, City of Tampa Chamber of Commerce, James Haley & Bay Pines Veterans Advocacy Council, former Hillsborough County Homeless Coalition Board Member.

"He who dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the Lord, 'He is my fortress and my refuge, my God in whom I trust." - Psalm 91:1-2

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"I can fulfill God's vision by choosing to live with expectant hope. I will watch the Lord do the impossible in my life and use it to help reach people who need to know him." —Ephesians 1:18



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"I have told you these things so that in me you may have peace. In this world you will have trouble, but take heart! I have overcome the world." - John 16:33

# Thank God For This Paper

Samantha Taylor, Samantha Taylor Fitness

When I started my Personal Training business for women 21 years ago in this area, I was looking for a way to get my name out there. I was working out of a large gym at the time, and I wanted to inspire women to train with me so they could get the results they were looking for. I honestly remember having the conversation with my husband and wondering if we should spend the money because at that time, I was just starting so I didn't have many resources. I knew something within me was telling me to go for it and that I needed to test it out.

I was new to marketing 21 years ago, but I can say it's one of the FIRST places I ever marketed my weight loss and fitness business, and I still look back today and am amazed at what this paper has done for my life and my business. People started calling and little by little it started to increase. With time, I became a mini-celebrity in our area from being in the local paper so much and people started to see me as the authority on women's health and fitness. So much business came in from this paper that after three years I was able to leave the large corporate gym and rented space from another small studio.

It was scary, but I knew that God was inspiring me to do it and I knew that with the response I was getting from this paper that I could make the transition. Ironically, my first month on my

own I had one of the biggest months I ever had up to that time, and I am so grateful Dunndeal was a partner with me in making that happen.

Things were going well, but I did want a place of my own, a place that women could feel comfortable being in a private environment and with women around their same age. So after a year, I was able to move into my own place, and I knew because of the response I was getting from Dunndeal that I could do it. So, 12 years ago I opened my own studio on Florida Avenue and was there for three years.

This paper was always my #1 place that was getting me the most calls. I think it's also because people like to hear about what is going on in the community and they like to read about positive stories. I had no idea community papers were such an impact on people, but they obviously are.

Then, because of how many women I was helping, nine years ago I was able to step out in faith again and get into my next studio that was almost twice the size, on SR 54 in Lutz. I know without the constant phone calls coming in from Dunndeal I would not be where I am today. And because of their great reach, we were able to open multiple locations in 3 counties! It's rather momentous for me because this paper was truly the beginning of

an amazing career where I get the honor to help so many women lose weight and get healthy—to the tune of over 12 tons of fat that we have helped women lose.

I thank God for this paper, for I know He used it to catapult my business, to get my message out there and to be able to help over 7,500 women lose weight! And even in the tough times over the last twenty years, I knew I couldn't stop advertising, I knew I had to be consistent. And by being faithful, we have been so busy we were able to just fully renovate the studio including putting down rubber flooring in the whole place.

I am so grateful that Dunndeal called me twenty years ago to ask if I wanted to be a part of what they were doing. At the time, I had no idea when I said yes that I was not spending money, I was investing money in not only my future but all of the people's lives that my business improves.

It really is amazing, and if you want to get known in the community, this paper is the way to do it. Thank you, Dunndeal, and thank you, Kay and Mark, for being such nice people to work with and for helping improve our community together. You two truly care about our communities.

God bless you!

www.SamanthaTaylorFitness.com

I heard about this elderly lady. She was at the store and accidentally locked her keys in the car. She had a coat hanger, and she was trying and trying but she couldn't get it open, so she prayed and asked God to help her. At about that time, this guy pulls up on a motorcycle—rough-looking, dressed in leather tattoos and a skullcap. Fifteen seconds later, he had the car open. She hugged him and said, "Lord, thank you for sending me this nice man." He said to the lady, "I'm not a nice man, I just got out of prison for auto theft." She hugged him again said, "Lord, thank you! You even sent me a professional!" Say it like you mean it. Joel Osteen

# PSO Accepted to ABLE Program To Give Active Bystander Training

The Pasco Sheriff's Office is proud to announce their acceptance into the Georgetown University Law Center's ABLE (Active Bystandership for Law Enforcement) Project. This project continues PSO's evidence-based and research driven approach to law enforcement and grows our partnerships with leading universities such as Florida Gulf Coast University, University of South Florida, Kansas State University, Norwich University, University of Florida, and others.

The ABLE project was created by the Georgetown University Law Center to ensure every law enforcement officer has the opportunity to receive meaningful, effective active bystandership training. The ABLE project builds on existing duty-to-intervene policies and supports a police culture that reaffirms the successful use of proven peer intervention strategies. This program will provide education and training for PSO deputies and detectives on how to successfully intervene.

The ABLE Project, which is housed within Georgetown University Law Center's Innovative Policing Program, is a national hub for training, technical assistance and research, all with the aim of supporting a law enforcement culture in which officers intervene as necessary to prevent misconduct while also promoting officer health and wellness.

To be accepted, PSO demonstrated its commitment to creating a culture of active bystandership. Acceptance also required the support from local community groups and elected leaders, for which PSO is deeply grateful to have received. This is yet another evidence-based, research driven approach to reduce victimization, keep our community safe and partner with the community, and we look forward to serving our citizens with the utmost professionalism.

PSO is believed to be the first Sheriff's Office in Florida to be accepted and begin to employ this training amongst its law enforcement deputies. Initial training is currently expected to begin in September and ramp up by the middle of October. PSO expects to train all of its law enforcement deputies and detectives. ABLE training is provided by Georgetown Law Center's ABLE Project free of charge to PSO, making the training all the more worthwhile.

PSO is poised to join ABLE's network of 169 certified agencies across 38 U.S. states and three Canadian provinces. Roughly 65.8 million community members are currently served by ABLE agencies, by approximately 111,800 officers who have undergone the training.

For additional information on the Georgetown University Law Center's ABLE Program, visit their website at  $\underline{www.law.georgetown.edu/IPP/ABLE}.$ 

Pasco Sheriff's Office

727-844-7705

"A good character is the best tombstone. Those who loved you and were helped by you will remember you when forget-me-nots have withered. Carve your name on hearts, not on marble." – Charles Spurgeon







Tax Collector Mike Fasano announces that the Dade City Tax Collector's Office located at the East Pasco Government Center, Dade City, due to renovations of the office, will offer limited services starting August 4, 2021. The improvements will allow us to provide even better services to you, our valued customers. The planned completion of the remodel and a return to full service is expected to be October 15, 2021.

Services that will continue to be provided at the Dade City office include automobile/ boat registrations and renewals, all title work (Florida title and out-of-state titles transferring to Florida), hunting & fishing licenses, property tax, business tax and dealer drop-off and pick-up work.

Concealed weapons permit applications, and all driver license services (including road testing) will not be available at the Dade City location during this time. These services will be provided at our Wesley Chapel Office (4610 Pet Lane, Lutz 33559).

We thank you in advance for your understanding and apologize for any inconvenience this temporary limitation of service may cause you. For more information about services available at the Pasco Tax Collector's Office, locations, hours of operation, etc. please visit <a href="https://www.pascotaxes.com">www.pascotaxes.com</a> or contact our centralized call center at (727) 847-8032, (813) 235-6076 or (352) 521-4338.



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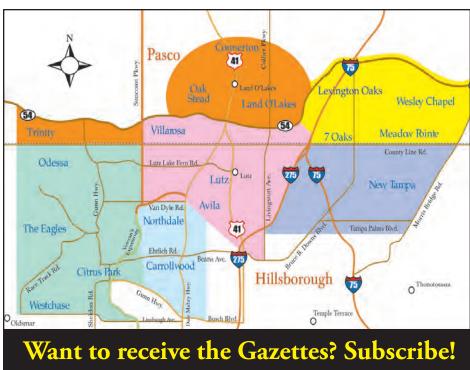
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# JESUS is not our Religion, He is our Savior...

Faith is being sure of what we hope for and certain of what we do not see. Hebrews 11:1

In the beginning God created the heavens and the earth. "The Big Bang" Genesis 1:3 "Let there be light...

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Harney

# September Garden Tips from Shell's Feed & Garden Supply, Inc.

Phone: 813-949-4411

Your Monthly Garden To-Dos from your September: Where Fall and friends at Shell's Feed & Garden! Summer meet." ~Will Wallace

# **What to Plant**

September means that Shell's has starter plants in stock! Come get your healthy starter plants for the garden, and any seeds that you didn't get planted in August too. For vegetables, plant Arugula, Beets, Broccoli, Brussels Sprouts, Cabbage, Cauliflower, Chinese Cabbage, Collards, Eggplant, Endive/Escarole, Kale, Lettuce, Peppers, Strawberry, Swiss Chard, Tomatoes, Carrots, Celery, Mustard Greens, Spinach, Beans, Cucumbers, Onions (green/shallot), Radish, Squash, & Watermelon, Pumpkin, Turnips! Herbs: Basil, Coriander/Cilantro, Fennel, Mexican Tarragon, Mint(s), Organo, Rosemary, Thyme.

# What Needs Done

Edibles/Veggies: Get your Fall Garden Starter Plants in the ground this month! You can still plant seeds too if you're running behind. Consider using interplanting techniques, as well as succession planting & crop rotation. Don't know what that is? Check out the Blog at ShellsFeed.com and you'll find lots of gardening articles to help you out. Established crops can use a side-dressing of fertilizer labeled for vegetables that you can find at Shell's right now. Don't forget to pre-order your Sweet Charlie Strawberries by the end of this month, they arrive in October.

Lawn & Landscape: ATTENTION! THERE IS A FERTILIZER BAN THAT STARTS JUNE 1 FOR USES THAT ARE NOT RELATED TO FOOD PRODUCTION IN CITY OF TAMPA. CHECK YOUR MUNICIPALITY FOR ANY RESTRICTIONS TO PROTECT OUR BAY AND INLAND WATERS! RED TIDE IS SERIOUS!

Treat lawns for insects such as Chinch bugs, mole crickets & fleas with products containing Permethrin or Bifenthrin, OR Cedar Granules & Natural Guard for nonchemical treatment. Re-seed or fill in bare patches in your Bahia lawn by broadcasting Argentine Bahia seed at 1lb/100sqft. Rake it in and/or cover with soil. Water daily - make sure to follow the rules in your municipality! Use Hydretain in all your watering to reduce the amount of water you use by 50%!

9513 N. Nebraska Avenue, Tampa, FL 33612 shellsfeed.com | (813) 932-9775



