



The Ten Commandments
Exodus 20:3-17

- I Thou shalt have no other gods before me.
- II Thou shalt not make unto thee any graven image.
- III Thou shalt not take the name of the Lord thy God in vain.
- IV Remember the sabbath day, to keep it holy.
- V Honor thy father and thy mother.
- VI Thou shalt not murder.
- VII Thou shalt not commit adultery.
- VIII Thou shalt not steal.
- IX Thou shalt not bear false witness against thy neighbor.
- X Thou shalt not covet.

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Dunndead Gazettes

He said to them, "Go into all the world and preach the gospel to all creation." - Mark 16:15

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**Don't Give Up On God,
God Has Not Given Up On You**

Jonah & the whale

GOD Has Found Me And He's Looking For You!

Jeremiah 29:11-14

"We are perplexed, but we are not driven to despair." 2 Corinthians 4:8 NLT
Why not? Because God knows what we don't and sees what we can't.
Hebrews 11 says, "Faith is the assurance of something you cannot see."
There are questions. There are times we feel perplexed. Yet we have faith that a story is being written we don't quite get.
Have you ever tried to put together a puzzle without the picture on the box?
It's easy to give up. Listen... *Faith is working on a puzzle when you don't have the picture on the box.* You don't see how they're going to all come together, but you keep at it.
This is *Abraham*. God says, "I want you to move." "Where am I supposed to move to?" "I'm not going to tell you. *Just move.*"
This is *Joseph* being told through this dream he's going to be a great leader and then sold into slavery. This is *Mary* being told that she would conceive a child, but she was a virgin.

Continued on Page 8

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Obtaining a Medical Cannabis Card *By Karen McBride*

The negative side effects of pharmaceuticals have caused patients to search for more natural forms of treatment. According to the National Center for Complimentary and Integrative Health, people have used cannabis, also called marijuana, for a variety of health conditions for at least 3,000 years.

Clinical studies on the use of medical cannabis or medical marijuana began over 20 years ago. More recently, medical marijuana has gained national attention as a growing number of states and territories have enacted laws to legalize it.

Medical marijuana has been effective in reducing the symptoms of such diseases as fibromyalgia, neuropathic pain, Alzheimer's disease, and even helps protect against spontaneous seizures for patients suffering from epilepsy. Other conditions that benefit from the use of medical marijuana include:

- Cancer - medical marijuana is proven to be effective at treating cancer-related symptoms and treatment-related side effects, including nausea, appetite, sleep, and pain issues.
- Arthritis - arthritis sufferers have found relief from inflammation, pain, and stiffness when using medical marijuana.
- Glaucoma - glaucoma increases pressure in the eyeball, damaging the optic nerve and causing loss of vision. Marijuana decreases the pressure inside the eye.
- Post-Traumatic Stress Disorder ("PTSD") - One of the qualifying conditions in Florida is PTSD, which is an anxiety disorder.

Our bodies contain an endocannabinoid system, which brings balance to the other systems in our body. The natural alternative to pharmaceuticals is successful in treating such a variety of conditions because it is also contains cannabinoids similar to those all mammals produce, and, therefore, similar to a supplement.

The supplement comes in many forms. In addition to being inhaled, it is available in a topical cream, patch, drops, nasal mist, and more to fit the patient's needs and comfort level.

The first step in purchasing medical marijuana is to become certified by a licensed and certified medical marijuana doctor. You do not need to see your primary care physician first. Once you have been approved by the doctor, the request is processed by the state. When completed, you will receive an email and then be able to purchase medical marijuana from several locations throughout the Tampa Bay area. The supplement can be delivered directly to your house.

Medical marijuana is not covered by health insurance, but it is affordable. Since it is still against federal law, insurance companies cannot cover it.

To schedule your appointment, call 813-756-0091 or 844-420-7277 or visit <http://certifiedmarijuanadoctors.com> or <http://cmmdr.com>.

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— Carmen D.

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GFWC Celebrates Red Nose Day

GFWC Lutz-Land O’Lakes Woman’s Club celebrated Red Nose Day at their Spring Luncheon. The club women have long supported this organization, whose aim is to end child poverty, impacting the lives of nearly 25 million children. Photos of club members submitted by Patricia Serio, Collage of Members by Karin D’Amico

GFWC Sleep Mats for the Homeless



(L-R) Members Karen Sue Molis and Aniko Solomonson delivering mats to The Well

GFWC Lutz-Land O’Lakes Woman’s Club members Karen Sue Molis and Aniko Solomonson delivered a fully loaded cartful of sleep mats hand-crocheted by a number of club women to The Well, an organization which serves the homeless in Tampa. These mats are made from recycled plastic grocery bags and can easily be rolled up and carried, while serving as a waterproof barrier for those in need. Ms. Solomonson brought this project to the woman’s club a number of years ago and has taught members and mentored other clubs in this project of dual purposes: helping the homeless and keeping these plastic bags out of our landfills.

An Act of Kindness: The Good Samaritan



Jesus answered, “A certain man was going down from Jerusalem to Jericho, and he fell among robbers, who both stripped him and beat him, and departed, leaving him half dead. By chance a certain priest was going down that way. When he saw him, he passed by on the other side. In the same way a Levite also, when he came to the place, and saw him, passed by on the other side. But a certain Samaritan, as he travelled, came where he was. When he saw him, he was moved with compassion, came to him, and bound up his wounds, pouring on oil and wine. He set him on his own animal, and brought him to an inn, and took care of him. On the next day, when he departed, he took out two denarii, and gave them to the host, and said to him, ‘Take care of him. Whatever you spend beyond that, I will repay you when I return.’ Now which of these three do you think seemed to be a neighbor to him who fell among the robbers?”

He said, “He who showed mercy on him.”
Then Jesus said to him, “Go and do likewise.” — Luke 10:30–37, World English Bible

GFWC Fabulous Roaring 20’s Luncheon



Shirley Simmons presented with 40 year service pin by District 8 Director Kathleen Hudson



(L-R) Members Gail Howard, Linda Mitchell & Lonna Vizzari

GFWC Lutz-Land O’Lakes Woman’s Club wrapped up their business year with a very festive and sparkling Roaring 20’s-themed luncheon at the Temple Terrace Country Club. The ladies were dazzling in their fringed frocks and headbands, all sequined, bejeweled, and feathered to the hilt. The ladies celebrated the end of a long, difficult covid club business year. However, they will by no means take a summer hiatus but will continue their projects and volunteerism throughout. For more information on this fun service organization, please visit gfwclutzlandolakeswomensclub.org or its Facebook page.



(L-R) Members April Saland, Lois Cohen, Debbie Cardona & Jan King



(L-R) Members Pat Serio, Pat Wagner, Peggy Cooper, Linda Mitchell, Doris Ramaglia & Jane Mason

GFWC Baby Items for Military Families

GFWC Lutz-Land O’Lakes Woman’s Club members, under the direction of Chair Linda Mitchell, have been busily knitting baby caps and blankets for the March of Dimes program supporting the 2021 Baby Blanket Challenge for military new moms and their newborns. The ladies have already sent their first shipment and will continue knitting hundreds more items between now and the December program deadline.

(L-R) Members Barbara Booth & Chairperson Linda Mitchell display baby gifts



GFWC Honors Veterans at Cemeteries



Member Patricia Serio at Cemetery Gan Shalom in Lutz



Member Donna Losch at Baptist Church Cemetery in Land O’Lakes

GFWC Lutz-Land O’Lakes Woman’s Club members visited two local cemeteries in Lutz and Land O’Lakes, placed flags on the gravesites of veterans to commemorate Memorial Day and said a prayer of gratitude to all those who protected us so faithfully by their military service. For membership information, please visit gfwclutzlandolakeswomensclub.org or its Facebook page.

GFWC Parade & Celebration Cancelled

GFWC Lutz-Land O’Lakes Woman’s Club regrets that there WILL NOT be a LUTZ 4TH of July Parade and Celebration this year. After much consideration, the Woman’s Club, the major sponsor of this very popular local event, was unable to execute the necessary planning for this large undertaking due to still-stringent Hillsborough County Covid restrictions. These sanctions have only recently begun to be relaxed, which did not permit sufficient time to arrange nor have the use of the usual county facilities necessary for this large production. GFWC Lutz-Land O’Lakes Woman’s Club feels that it is more important that we keep our community safe this year and looks forward to a fabulous celebration on July 4, 2022, which will include its traditional Lutz Guv’na Race, Parade, Cake Bake Contest, foot race, and food and activity booths.

Jesus said, “Every kingdom divided against itself will be ruined, and every city or household divided against itself will not stand.”

Tax Collector Mike Fasano & Staff Will Collect Donations to Support Five Pasco County Schools’ ABC Program



Tax Collector Mike Fasano’s five offices will collect donations in July for the Pasco County School District’s ABC (Assist, Believe & Care) Program. The program was created to provide financial assistance to students and their families who are experiencing economic hardship, especially when those needs interfere with the student’s ability to be academically successful. The cash collected will go into a fund that teachers can use when they see or learn of a need a child may have. In past years, this office has donated thousands of dollars to Pasco schools to support this important program.

“The management and staff of each of the five tax collector offices in the county will choose which school in their respective community they want to donate their funds to,” comments Tax Collector Mike Fasano. “Donations collected countywide will be pooled and then split evenly among the five communities.”

“It is a great honor for our staff to work to help students in need by supporting the Assist, Believe & Care Program,” remarks Mike Fasano. “The strain of COVID, the changes over the past year with school being providing online and in-person as well as the overall uncertainty of the times, only adds to the pressure families are under. Children without food, adequate clothing or other unmet needs often suffer academically. It is our hope as we hold this campaign for another year, that the assistance we can provide will help alleviate some of the stress many families are feeling.”

For more information about the charitable giving programs at the Pasco Tax Collector’s Office, please contact Assistant Tax Collector Greg Giordano at 727-847-8179 or visit www.pasco-taxes.com. If you would like to make a donation to this or any other featured charity, please feel free to call or mail your donation to the tax collector’s office at the following address: Tax Collector Mike Fasano, P.O. Box 276, Dade City, FL 33526. Please note on your check’s memo line “ABC Program” to indicate that you are supporting this charitable giving campaign.



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Your Health Matters

Samantha Taylor Samantha Taylor Fitness



Your health matters, not only to you but to your family and to God. He is the One that created you and put you on this earth for a purpose. Taking care of your health is so important, for it impacts the quality of life we live on this earth.

Although I am humbly reminded that God is in control of the last breath any of us will take, no matter how much we do to take care of our health and body. What taking care of your health can do is increase your quality of life and give your body the best fighting chance to fight off anything that tries to harm it.

I have brutally learned that no matter how healthy we can be and take care of our bodies, it doesn't make any of us totally immune to sickness that can come sometimes. Sure, our bodies can fight off more things when we are healthier, but it doesn't guarantee anything.

It's difficult for me to write, but God recently took my wonderful husband, Drew, to Heaven. It is SO shocking. I am trying to process it after being with this man for 29 years and was the love of my life. He was also the support behind me and the reason why I started Samantha Taylor Fitness. But I just know that God gives me great comfort and His peace surrounds me, holds me up, and helps me have hope even in the most difficult pain one could ever imagine.

My husband invested his life working out and eating healthier more than anyone I know, so this has been quite shocking beyond words to see what he just went through. I had to get something in this paper since it was due, but I just can't write the details about this here, for my heart is broken beyond words. I put more details on this page below, please take a minute to read it, it will impact you.

Thank you for so many of you that prayed for us and still pray for me. I can feel it, they strengthen me too. Even in my pain and agony, I have hope in God and I trust Him that He has a plan and a reason for this, even though it is nothing I would have ever imagined.

God has given me peace that is beyond description even in my pain. He is the great comforter. I would like to show you how this has happened in this difficult time. See this page: www.SamanthaTaylorFitness.com/Drew

Samantha Taylor
www.SamanthaTaylorFitness.com.

Your life and your health matter to not only you, but your family and to God.

Take care of your health, it is SO important.

SAMANTHA TAYLOR
FITNESS



Thank you, to this community that has done this for my family in this unexplainable difficult time. Please see this page to see how and hear the story of my love, Drew.

A LITTLE BIT ABOUT OUR FAMILY

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Can we afford anything less?

Faith is being sure of what we hope for and certain of what we do not see. Hebrews 11:1

LifeChoices Medical Clinic Demand Grows

The excellent medical care, as well as the science-based holistic culture endemic to LifeChoices Medical Clinic, have proven successful in the growing Tampa Bay area medical community. LifeChoices has grown from a fledgling prenatal care center to a recognized leader in promoting exemplary medical care to the greater community, including men, women, teens, children, and babies.

LifeChoices Medical Clinic currently services over 154 zip codes. Rapid expansion of the medical clinic has necessitated the appointment of additional medical staff. LifeChoices is proud to announce that Dr. Jonathan Keenan, M.D. will join the medical team July 2021. Growing up in Florida and completing his medical training in California, Dr. Keenan served seven years as an Air Force physician, distinguishing himself as a senior physician on Special Operations deployment in Africa with the Navy SEALs. As a previous medical director for MacDill Air Force Base, our newest physician possesses a keen familiarity and appreciation for our community.

In a statement provided to the press, Dr. Keenan recognized the unique opportunity joining LifeChoices offers to him, "I'm honored to join LifeChoices Family Medical and to provide medical care that promotes the culture of life. It has always been my goal as a physician to promote the dignity of every person, so I am very grateful for this opportunity to combine my faith with the practice of excellent healthcare."

"Give thanks to the Lord, for he is good. Give thanks to the God of gods. Give thanks to the Lord of lords. His love endures forever."
— Psalm 136:1-3



Temptation and Forgiveness

Continued from Page 1

Dr. Dianne Coflin
Co-Pastor, River
of Life Church

Have you ever wished you could take back a sin you committed? Maybe it was a huge temptation and you fell into the trap. You’ve failed and now your heart condemns you and

you feel great shame and guilt. We can probably all attest to that at some time or another in our lives, deeply regretting our actions. I am reminded of the story of Jesus warning Peter that he was going to deny that he ever knew Jesus and he was not going to do it just once but three times. In Luke 22:31-32 Jesus told him “Simon, Simon behold Satan hath desired to have you, that he may sift you as wheat. But I have prayed for you that your faith fail not; and when you are converted, strengthen your brethren. In the following verse, Peter’s reply to Jesus was “Lord, I am ready to go with you both into prison and to death.”

There are three things I would like to point out in this story that are important.

First, you’ll notice that Jesus called Peter by his name “Simon” which means “hearing, or to hear.” How important that moment was for Peter to hear what Jesus was saying. He was trying to warn him ahead of time that Satan had desired to sift him like wheat. This word, sift, meant to inwardly agitate to try one’s faith to the verge of overthrowing it.

I believe if we are really listening, in our relationship with the Lord, that he too, wants to let us know ahead of time when our enemy is going to try to bait us with a temptation. In fact, in the book of James 1:13-15 it says, “Let no man say when he is tempted, I am tempted of God: for God cannot be tempted with evil, neither tempts he any man: But every man is tempted when he is drawn away of his own lust and enticed [baited]. Then when lust has conceived [apprehended by reason of the imagination] it brings forth sin: and sin when it is finished, brings forth death.”

Make no mistake, it was Satan, not God, that was tempting Peter to deny Christ. Unfortunately, today, Satan is still at work to tempt people to sin, and is also the very one to heap guilt, shame, and condemnation on one afterward.

Secondly, I would like to point out that Peter wasn’t listening, and very presumptuously stated that he was ready to follow the Lord to prison and even to death. I am sure with all his heart Peter felt he was ready to do just that. 1 Corinthians 10:12 says “Wherefore let him that thinks he stands take heed lest he fall.” Sadly, Peter felt he was stronger than what he really was. My, how we need to take inventory of our lives and recognize any area of pride that would hold us back, not only to blind us to our own inability but cause us to not listen when the Lord is warning us.

Thirdly, I would like to point out the heart of the Lord. He was not only faithful to warn Peter, but also to pray for him. He knew Peter would deny Him and he was concerned that Peter’s faith would fail. So, he contended in prayer for him, that Peter’s faith would not fail, and that as a result Peter would learn from his experience and it would help him to strengthen others. The Bible says in I Corinthians 10:13, “There hath no temptation taken you, but such as is common to man: but God is faithful, who will not suffer you to be tempted above that you are able; but will with the temptation also make a way to escape, that you may be able to bear it.”

You see, a short time later in the garden just before Jesus was taken to prison, it was Jesus who asked Peter, along with the other disciples, to watch and pray with him. I wonder what would have happened if Peter had prayed. Maybe he would have overcome, and not been so ashamed of the moment he ran from Christ when he was arrested and denied him three times. We’ve all

had moments in life where we wished we hadn’t succumbed to temptation. Thankfully, Peter did repent, and received the forgiveness that Jesus so freely offers us all. Maybe this is the position you are in today. Humble yourself before the Lord and allow Him to show you his love, and free you from shame and guilt. Jesus paid an incredible price for you to be able to do just that. Food for thought!

Dr. Dianne Coflin – Co-Pastor River of Life Church
410 East Chapman Rd., Lutz, Florida.

We would love to have you visit us!! Our services are Sunday morning at 10:30, and Wednesday at 7:00. Childcare is provided, along with children’s ministry! Look forward to meeting you!! (813) 949-9931 www.roltampa.org



If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must rule over it.
— GENESIS 4:6-7 MSG

The Ceramic Garden’s Christmas in July Event

The press and public are invited to The Ceramic Garden’s Christmas in July Event. This 18-year old company would like to re-introduce the most enjoyable Pottery Painting and Art Studios serving the Tampa, Lutz, Odessa, Land O Lakes, and Wesley Chapel communities.

This event will take place at 19213 N. Dale Mabry Hwy, Lutz, FL 33548 in Lutz Lake Crossing Plaza (next to Publix), on Fridays, July 16 and 23 2021, from 5-8pm and on Saturdays July 17 and 24, from 1-6pm. The company features a relaxing atmosphere and three studios for painting ceramics, for throwing and sculpting with clay, and for glass art.

Christine Terranova, owner, said, “It’s so exciting because we are giving our community the opportunity to plan and prepare for the end of this year’s holidays, thus removing the stress and anxiety, by having all personalized hand crafted gifts ready on time!”

The Ceramic Garden is open to the public Monday through Saturdays from 11am to 7pm. You can find more information on the company’s programs at www.theceramicgarden.com and upcoming events at www.facebook.com/theceramicgarden.

Christine’s passion for teaching art to thousands of kids and adults started 16 years ago. The influence and the impact her teaching has had on many of her former students, now pursuing teaching and/or art careers, fills her with joy.

Preventing and Treating COVID-19 in Children and Teens

By Karen McBride

We are well aware that adults can contract COVID-19, but, unfortunately, children and teens are also susceptible. However, there are certain precautions we can take to reduce the chance of becoming ill with COVID-19 or the flu.

Wash your hands often, avoid touching your face, limit exposure to people outside the home, and wear masks.

Hand washing should last for 20 seconds. Try to make it fun with your child by singing his or her favorite song while hand washing.

Encourage your child or teen to practice social distancing. Limit the people they are exposed to whenever possible. If you can leave them at home with a family member while you go to the store, then do so. If they must go out in public, they should wear a cloth mask and use hand sanitizer often.

Clean and disinfect your home, especially toys, doorknobs, tables, light switches, television remote controls, and, of course, bathrooms.

As in flu prevention, eating a healthy, well-balanced meal, getting enough sleep as well as plenty of outdoor exercise in the fresh air and sunshine, can help to build your immune system to fight off the illnesses.

If you suspect your child has been exposed to COVID-19, the symptoms can include fever, cough, nasal congestion or runny nose, sore throat, shortness of breath, fatigue, headache, muscle aches, nausea or vomiting, diarrhea, poor appetite, new loss of taste or smell, or belly pain.

If your child is exhibiting any of these symptoms, call to schedule an appointment with Dr. Michele Johnson-Towson of Pediatric Place of Tampa, a board-certified pediatrician with over 30 years of experience in caring for children ages newborn to 21 years old.

Pediatric Place of Tampa is located at 1338 W. Fletcher Avenue, Tampa, FL 33612. For more information or to schedule an appointment, call 813-264-2288.

Same-day appointments and after-hours care are available (Monday, Tuesday, Thursday 8:00am-7:00pm; Wednesday 8:00am-6:00pm; Friday 8:00am-5:00pm and Saturday 8:00am-12:00pm).

New patients are welcome, and the practice accepts all insurance.



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Kidz Corner: King Solomon



Hi, my name is Harley, and today I will talk about King Solomon. King Solomon was a really wise king—wait, rewind Solomon’s dad was—(weird music)—King David. Ya’ll know ‘bout him But one night when Solomon was sleeping—wait, pause that’s too creepy. One night when Solomon was sweetly snoring wait, pause that’s too cute. One night when King Solomon was asleep, God came to him in a dream and said “Ask for whatever you want me to give you.” And Solomon asked for wisdom and then God gave him wisdom and riches—wait, pause What type of money did they have in Israel back then? Nevermind—and honor and then Solomon woke up. Having riches and honor and all that isn’t bad, but good discernment is much better. When he saved a baby by being wise, for instance. Riches do not give you wisdom, but wisdom will give you honor.

Wisdom gave Solomon happy subjects, kingdoms as far as the border of Egypt, daily provisions of 6.6 kiloliters of fine flour, and 13.2 kiloliters of meal. He had ten head of stall-fed cattle, twenty of pasture-fed cattle, and a hundred sheep and goats as well as deer, gazelles, roebucks, and choice fowl, safety, four thousand chariot stalls, and twelve thousand horses.

You can find riches and wisdom and honor with Jesus if He is your Savior, and He is the one who should truly be honored.

Bye guys! See ya next month, maybe on the beach!

1 Kings 4:29

Now God gave Solomon wisdom and very great discernment and breadth of mind, like the sand that is on the seashore.

Harley Isabel Smith is a 2nd grader who has been featured on TV as a philanthropist, has a heart for evangelism, and writes monthly for the Gazette’s Kid’s Corner. Visit <https://harley-isabelsmith.com> where she is constantly adding written and video content to entertain and educate children.

Matthew 19:14 Jesus said, “Let the little children come to me and do not hinder them, for the kingdom of heaven belongs to such as these.”

“Know that the Lord is God. It is He who made us, and we are His. We are his people, the sheep of his pasture. Enter His gates with thanksgiving and His courts with praise; give Thanks to Him and praise His name.” — Psalm 100:3-4

Veterans Canoe Race 2021 Sponsored by Hillsborough County Cultural Assets Committee



in the event such as Nautical Marine, Assurant, Dean Sims, Elks Lodge of Tampa, Camden Apartments, Devoted Health, Shogun Farms, Lightning Bay Pneu Draulics, Lake Gem Farm, Forest Hills Presbyterian, EM Key Solutions, and an appearance by Florida House Representative Keith True-now. Keith and Kelly Adams served as start and finish masters. First Place Winners: Sho Gun Farms; Second Place: Sertoma Breakfast Club/Camden Apartments and Third Place: Dean Sims.

Liberty Manor Army veteran John Dennis France was recognized and awarded a Challenge Coin from Liberty Manor. Mr. France is from St Louis. He trained at Ft. Brag, served in the heart of Vietnam, re-enlisted, and earned a silver star and a purple heart! France and his support dog both served as crew members in the canoe race.

The event was intended to be all about canoes and veterans, but all we kept hearing was how great the food was at the All Good food truck. All Good is a family-owned and operated business located in our beautiful city of St. Petersburg, Florida. Their mission is to bring people delicious, healthy, and fresh food in an environmentally-sustainable manner.

The menu is always gluten-free and vegan-friendly, any dish can easily be made vegan at no additional cost, and all of their produce is fresh and local when possible. The dressings are made in-house, and they only use organic, non-GMO tofu. Chicken is sourced from humanely-raised farms where the chickens graze 24/7/365 and only consume.

If you click on the “Our Schedule” link on the home page of All Good, you will see where they will be in the coming weeks! You can also follow them on social media as well for random pop-ups and last-minute bookings! They are available for events & catering, whether it be a private party, wellness event, office park, or any other get together where good food is appreciated.



Liberty Manor for Veterans was the benefactor of a grant sponsored by the Hillsborough County Cultural Assets Commission. The event was held on Memorial Day, May 31, 2021 that brought many individuals throughout the community to experience and watch a canoe race between many veterans from Liberty Manor and various corporations.

There were many corporate competitors that participated

Contact them at (727) 492-8617 to book them at your next event! They serve food that is as good for you as it is for the environment. As they like to say, “It’s all good!” Checkers/Rally was also present to offer free fries to everyone at the event, which was also appreciated. Checkers is located throughout the county.

The mission of Liberty Manor for Veterans; Inc. is to promote the developmental and social needs of disabled and honorably discharged veterans who have fallen victim to homelessness, providing transitional supported housing, and establishing objectives designed to attribute to self-sufficiency. Anyone interested in assisting this meritorious initiative, please contact Connie Lindsay at (813) 900-9422 or Liberty Manor for Veterans (a 501c3 nonprofit organization), website at <http://www.libertymanor.org>, 10015 N. 9th Street Tampa, FL 33612, or the mailing address P.O. Box 274081 Tampa, FL 33688-4081. Our veterans are certainly worthy of our help. EIN #02-0775720.



The Harlem Globetrotters Return to Yuengling Center



The world-famous Harlem Globetrotters are bringing their newly-reimagined Spread Game Tour to Tampa’s Yuengling Center on Sunday, July 25 at 2:00pm. The Spread Game Tour is a basketball event like no other. Ankle-breaking moves, jaw-dropping swag, and rim-rattling dunks are only some of the thrill you can expect from this fully modernized show. Part streetball from the players who defined it, part interactive family entertainment, the new tour will show off the best of the Globetrotters in a dazzling exhibition of talent and game.

The Spread Game Tour introduces new premium fan experiences with unprecedented access and interaction, including celebrity court passes, meet and greets with players, and in select markets the #SQUADZONE, where fans have the opportunity to feel like part of the show.

For over 95 years, the Harlem Globetrotters organization has been committed to spreading joy through their artful athleticism and unparalleled basketball skill. The Globetrotters have always been global ambassadors of goodwill. The reimagined team is even more committed to bringing their voice to social justice conversations while inviting communities all over the U.S. to come together and recognize the power of our commonalities and celebrate our differences. The Globetrotters’ mission, to spread game and bring family entertainment to the world, continues to drive them today.

About the Harlem Globetrotters

The originators of basketball style, influencers on today’s game, and skilled athletes of the highest order, the world-famous Harlem Globetrotters have showcased their iconic talents in 124 countries and territories on six continents since their founding in 1926. Proud inductees into the Naismith Memorial Basketball Hall of Fame, their mission to spread game and bring entertainment to the world continues to drive them today. The Globetrotters are innovators of the game who popularized the jump shot, slam dunk, and invented the half-court hook shot.

For nearly a century, the Globetrotters have exhibited black excellence on and off the court, entertaining, inspiring, and advancing the racial progress of today. The Harlem Globetrotters International, Inc. is a subsidiary of Herschend Enterprises, the largest family-owned themed entertainment company in the U. S. For more information about the Harlem Globetrotters, visit the Globetrotters’ official website at www.harlemglobetrotters.com and follow them on Twitter, Instagram, Facebook, and YouTube.



Tampa Bay Dance Club

July 2021 Schedule

The club will be requiring the participants to the dances to wear masks and practice CBC guidelines after admittance.

- 7/2 DJ Mike Unwin
- 7/9 DJ Mike Unwin
- 7/16 DJ Mike Unwin
- 7/23 DJ Mike Unwin

Doors open at 6:30, dance runs from 7:30 to 10:30. Location is 8401 W. Hillsborough Avenue, Tampa Florida 33615, Luther Hall located at the Lutheran Church of Our Savior. Music to the 50’s and up, Latin, & Country. BYOB-type club. Snacks and set up available. Dress code is casual and admission is \$12. Contact Roger Verszyla at 813-390-7160.

Facebook: Tampa Bay Dance Club, Tampa Bay Dancing
Email: Tbdanceclub@aol.com
Website: Tampabaydanceclub.com

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The Great Florida Outdoors: Swallow-Tailed Kite

Dr. Robert Norman, Clinical Professor, Dermatology, Nova Southeastern University

On a beautiful May morning hike to May's Prairie at Chinsegut, I looked upward and saw the smooth gliding movement of a swallow-tailed kite. I pointed the bird out to my three friends with me and we relaxed and followed the bird as it joined its mate. These graceful birds skimmed the treetops and gently shifted their motion to soar up high, framed by clouds and sun.

The lilting Swallow-tailed Kite has been called "the coolest bird on the planet." With its deeply forked tail and bold black-and-white plumage, it is unmistakable in the summer skies above



Range map by American Bird Conservancy
Swallow-tailed Kite (*Elanoides forficatus yetapa*)

the swamps of the Southeast. Flying with barely a wingbeat and maneuvering with twists of its incredible tail, it chases dragonflies or plucks frogs, lizards, snakes, and nestling birds from tree branches. After rearing its young in a treetop nest, the kite migrates to wintering grounds in South America. (TheCornellLab)

The Swallow-tailed Kite is unmistakable in flight, with its long, pointed wings, deeply forked tail, and contrasting black-and-white plumage. This largest of American kites is a graceful, buoyant flier, so lightweight and maneuverable that it can capture a dragonfly midair or

pluck a lizard from its treetop hideout—all without a single wing beat. In flight, it frequently turns its tail, sometimes to nearly 90 degrees, using it as a rudder to maintain its flight path, veer sharply, or circle.

The Swallow-tailed Kite is unusually gregarious for a raptor. Pairs commonly nest in close proximity, and outside the breeding season, communal night and pre-migratory roosts may attract hundreds of kites. These birds also migrate in large groups that sometimes number in the thousands.

Easy to see overhead in areas where it nests, the Swallow-tailed Kite has gathered many names, including "Forked-tailed Kite" or "Swallow Hawk," nods to its unique appearance and flight style. In the 18th century, the English naturalist and illustrator Mark Catesby originally christened it *Accipiter cauda furcata* (forked-tail hawk). Other nicknames, such as "Wasp Hawk" or "Snake Hawk," describe the bird's diet of insects and small reptiles.

Two Swallow-tailed Kite subspecies are recognized. The population that nests in the United States breeds from coastal South Carolina to Florida and west to Louisiana and eastern Texas. These U.S. birds winter in South America. The other subspecies, comprising the majority of the world's Swallow-tailed Kites, is resident in Central and South America.

From its bill to the tips of its forked tail, the Swallow-tailed Kite measures almost two feet

long, with a wingspan of over four feet. Its white body and black wings and distinctive tail make it easy to identify. This bird is usually seen in flight, often high over the trees, and is not often heard. One of its calls is a high-pitched, whistled klee-klee-klee.

Swallow-tailed Kites primarily eat flying insects such as dragonflies and cicadas, which they capture and consume on the wing. But these predatory acrobats don't limit themselves to invertebrates: As they cruise the treetops, they also snag snakes, lizards, treefrogs, and even small bird nestlings and eggs. In South Florida, where Swallow-tailed Kites sometimes nest in suburbs, their diet includes hatchlings of the introduced and thriving Green Iguana. Unusual for raptors, Swallow-tailed Kites will eat fruit, especially on their wintering grounds. They even drink on the wing, skimming the water's surface to collect water, as do swallows.

During courtship, Swallow-tailed Kites spend a lot of time diving, chasing, and vocalizing. When ready to nest, they build a shallow cup of twigs lined with Spanish moss or other soft vegetation. Pairs build their nests high in the crowns of tall trees such as pine, bald cypress, or cottonwood. In addition to towering trees, successful nesting requires nearby open areas where the birds find prey.

From hatching to fledging, young Swallow-tailed Kites spend up to six weeks in the nest. Not all reach maturity, however. As in other species ranging from the Great Egret to the Great Horned Owl, the first kite chick sometimes kills its younger, smaller sibling. Known as obligate siblicide, this seemingly cruel phenomenon reflects the breeding conditions of a particular year—if there is enough food, more chicks survive.

The Swallow-tailed Kite was once found all along the Mississippi River, as far north as Minnesota. Decades of widespread forest clearance and shooting took a heavy toll. The species once nested in 16 states but now breeds in only seven, with much of the population in Florida. Today, habitat loss remains the main threat to this species. In its U.S. range, large areas of humid bottomland forest have fallen to unsustainable logging and development. Although the U.S. population seems to be increasing due to reforestation in riparian areas, the trend may not last long, as these habitats are threatened anew by development. (American Bird Conservancy)

Remember that the Swallow-tailed Kite leaves the U.S. after the breeding season, so summer is the time to look for them. Located six miles north of Brooksville, the Chinsegut Conservation Center Tract covers 408 of the 850-acre Chinsegut Wildlife and Environmental Area (WEA). Where can you find an acrobatic marvel of the sky—the Swallow-tailed Kite?



Get out and enjoy the Great Florida Outdoors!

Dr. Norman is an advanced master naturalist graduate of the FMNP program from UF and a board-certified dermatologist based in Tampa and Riverview. He can be reached at 813-880-7546.

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COMMUNITY PET NEWS

Mark Twilla DVM

Sunshine Animal Hospital

Heatstroke In Pets

Heatstroke is a life-threatening condition when your pet is unable to lower its body temperature. Cells in the body become damaged when the core body temperature is between 106° F and 109° F. Heatstroke is most common in dogs but can happen to cats. Heatstroke may occur when a pet is left in an overheated, enclosed space, like a car, or exercised in hot, humid weather. Outdoor pets may become overheated if they do not have access to fresh water or shade. The most common cause of heatstroke in dogs is being left in a parked car. Short-nosed and thick coated breeds are typically more susceptible to overheating.

Signs of Heatstroke: Heatstroke affects almost every system in the body. Typically pets that are suffering from heatstroke will be lethargic, clumsy, or neurologic. They can have vomiting and/or diarrhea and bloody urine.

Treatment: IMMEDIATE ACTION must be taken when a pet is found to be suffering from heatstroke. Death can occur within minutes of the body's core temperature reaching 110° F. If your pet is suffering from heatstroke, before heading to the veterinarian, you should start the cooling process at home by wetting the fur and turning on a fan. Never immerse a pet in ice cold water, as this can cause life-threatening complications! Once you arrive at the animal hospital we will place an IV and administer fluids and continue cooling measures. Care must be taken to cool the body in a controlled fashion.

Remember, "Time is of the Essence", so don't delay.

For more information or to make an appointment for your pet

Please call us at Sunshine Animal Hospital 813-885-7071

Don't Give Up On God, God Has Not Given Up On You

Continued from Page 1



Keith Chandler
Pastor, Journey
Christian Church

This is the story where God says, “Here are the pieces.” A lot of them don’t make sense to us. We’re trying to figure it out. Then a long time goes by. *We just don’t see anything coming together.*

The puzzle is coming together. Romans 8:28 says, “In all things God works for the good of those who love him and are called according to his purpose.”

Keep putting the pieces of the puzzle together even if you *don’t* have a picture.

“We are hunted down, but we are never abandoned by God.”

2 Corinthians 4:9 NLT

Opposition *cannot stop us*. Romans 8 says, “If God is for us, who can be against us?” “If I really believe God was for me, then *I’m not going to give up*. I’m *not* going to stop now. If I *really believe* God is with me, then I’ll persevere.

But *how do I know* God’s with me?”

Romans 8:32 NLT “Since God did not spare His own Son but gave Him up for us all, won’t He also give us everything else?”

If this *one big thing* is true, then *doesn’t it mean* that all these *little things* are taken care of? (He makes this argument from greater to lesser) Nothing was more valuable to God than His Son.

He gave His only Son *for you*.

Doesn’t it also follow that He’s going to take care of *everything else*?

I’m not looking at my circumstances as evidence the God is with me, but I’m looking to the cross.

“Can anything ever separate us from Christ’s love? Does it mean He no longer

loves us if we have trouble or calamity? No, despite all these things, overwhelming victory is ours through Christ, who loved us.” Romans 8:35-37 NLT

Victory has already been won. *You’re looking at your current situation and determining God’s love for you in the moment.* You’re not fighting *for* victory; you’re fighting *from* victory. (It’s already happened)

Opposition cannot stop us. “We get knocked down, but we are not destroyed.” 2 Corinthians 4:9 NLT

That phrase *knocked down* is this idea of an immediate concern. It’s a sudden emergency. Everything is good...then it’s a late-night phone call, an unexpected diagnosis, a devastating accident. In those moments, we’re knocked down, but we are not destroyed. We get back up.

So how can this really be true?

It’s because, ultimately, *our hope is not in this world*. Our hope is in heaven.

Paul says, “One day in heaven I’ll look back and all the troubles I went through will seem like nothing.” But Paul doesn’t know what’s going on in my life.

He doesn’t get it...be careful there. I’d put his troubles up against your troubles.

He was put in prison unjustly many times, beaten with whips and rods, stoned and left for dead, shipwrecked three times, often homeless, hungry, and thirsty. He knew what it was to be cold and naked. He had physical problems he asked God three times to take away from him, and God’s like, “Mmmm...no. My grace is sufficient for you. My power is made perfect in your weakness. You’re a jar of clay, and my power is going to be demonstrated through this going on in your life.”

Paul says, “One day in heaven, I’ll look back and it’ll be no big deal.”

C.S. Lewis explains it this way. He says, **“In heaven, the door we’ve been knocking on our entire lives will finally be open.”**

So, you find yourself *knocking on the door*. “God, would You *heal*? Would You *help*? Would You *restore*?” *And in heaven the door we’ve been knocking on opens up.*

We get knocked down, but we’re not knocked out. Pressure can’t crush us. Uncertainty can’t discourage us. Opposition cannot stop us. Have you ever thought about giving up on God, and why? Was the real answer because you were convinced God had given up on *you*? (We can’t blame Him) We’re cracked and broken jars of clay. Why would He want *anything* to do with us? That’s probably where some of you are.

You’re not going to give Him a chance to reject you. You’ll just reject Him first.

How many times have you promised God, **“Never again”?**

How many years have we done things *our own way*?

How many people around you have *you hurt*?

How many jars of clay around you have *you broken*? I don’t think God would want *anything* to do with me.

There’s a story in the Old Testament where God wants to communicate His love and

faithfulness. He tells Hosea to go to the red-light district, find a prostitute named Gomer, buy her from her pimp and bring her back home, marry her, and make her his wife.

Hosea does what God asks. It seems to be working out. He seems to love her. Then one day he comes home and Gomer has left. He runs back and finds her in the arms of another man. Hosea is broken.

God, what am I supposed to do?

God says, “I want you to bring her home again, and love her again.”

Why? Hosea 3:1 **“So that the people will know how much I love them.”**

So listen to me. You may have given up on God, *but God has not given up on you.*

Until next month,

Keith

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while we do not look at the things which are seen, but at the things which are not seen. For the things which are seen are temporary, but the things which are not seen are eternal. – II CORINTHIANS 4:18 NKJV

God's Amazing Promise

In Touch article by Charles Stanley

Many people deal with anxiety. News reports or circumstances at home often cause concern and fear about our future. But as believers, we’re encouraged not to worry (Luke 12:22-23). Jesus said to His disciples, “Therefore I tell you, do not worry about your life, what you will eat, or about your body, what you will wear. Life is more than food, and the body more than clothes.” Instead, we’re to seek God’s kingdom and rely on Him to provide all our needs. This is the opposite of the world’s philosophy, which tells us to rely on ourselves or other people for security. (Luke 12: 30-31) “For the pagan world runs after such things, and your Father knows that you need them. But seek His kingdom, and these things will be given to you as well.”

We can confidently depend on our eternal King because He Himself is truth (John 14:6). Jesus said, “I am the way and the truth and the life. No one comes to the Father except through me.” and His promises are true. According to Titus 1:2, God cannot lie and never makes a promise that He won’t keep. And He certainly has the power to keep His word, for “nothing will be impossible with God” (Luke 1:37).

The Lord is also mindful of all our needs. Looking at His excellent provision for birds and flowers, we can be confident of His even greater care for His beloved children. What a relief to know our heavenly Father is both intimately acquainted with our needs and eager to meet them. Will you believe God, seek His kingdom, and rest in His peace that surpasses understanding (Phil. 4:7)? The promise is given, the fulfillment is certain, and now the choice is yours.

Learning to Love Like Jesus

By Joyce Meyer

Imagine for a moment what the world would be like if everyone who calls themselves a Christian would really love others the way Jesus does.

There would be no gossip, no judgment or criticism, no exclusive attitudes that make others feel rejected, and people’s needs would be met much more than they are.

While that picture might seem far from the way things really are, Jesus gave us very real, practical examples of how we can love the way God loves us. And when we know and experience God’s love for ourselves, we can’t help but share it with others.

John 13:1 says Jesus loved them to the last and to the highest degree (AMPC). And in the verses that follow the scripture, He demonstrates what it means to love others in that way.

In those days, there were servants who washed people’s feet when they came to visit. It’s likely they were considered the lowliest servants in the household. Now Jesus, the Son of God Himself, got up from the supper, took the servant’s towel, and proceeded to wash the disciples’ feet. His message to them was to love one another by being a servant. Because God wants his love to flow through us and touch other people’s lives.

I want to encourage you to read John 13 and pay close attention to what Jesus did and what he said. Spend some time studying scriptures about God’s love and pray for Him to show you ways you can serve the people in your life. See how many creative ways God puts in your heart to “wash feet.” You’ll probably find it’s easier than you thought it would be to help make someone’s life better.

God wants us to have success and enjoy our lives. But He wants us to die to self, get over being the center of our world, and begin to focus on looking for someone who needs our help every day. When you do this, you’ll discover you’re actually more satisfied, content, peaceful, and happy than you’ve ever been in your life! joycemeyer.org

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(see page 5)

1. Give thanks to the Lord, _____

2. Know that the Lord is God. _____

3. For our struggle is not against flesh and blood, _____

4. Jesus said, “Every kingdom divided _____

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
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* Many folks want to serve God, but only as an adviser.
* Do you think "stop, drop, and roll" will work in Hell?
* Some minds are like concrete: thoroughly mixed up and have permanently set.
* God loves everyone but probably prefers "fruits of the Spirit" over nuts!
* The good Lord didn't create anything without a purpose, but mosquitoes came close.
* Opportunity may knock once, but temptation bangs on the front door forever.
* Quit griping about your church! If it was perfect, you couldn't belong.
* If your church needs a better pastor, it only needs to pray for the one it has.
* The best mathematical equation is 1 cross + 3 nails = 4 given.
* God Himself doesn't propose to judge a man until he's dead. So why should you?
* Don't wait for six strong men to take you to church.
* We don't change the message, the message changes us.
* Why advertise your business to keep God's word in print media? He will give you something to sing about and something you can dance to.

AVAILABLE NOW!

Live Oak Theatre Announces "Flex Passes"

Live Oak Theatre continues to offer "Flex Passes" for its seasons (in lieu of season tickets). This allows patrons to purchase multiple tickets at a discount that can be used for any of our productions, both Main Stage and our new Acorn Theatre productions - as well as concerts and events. The purchaser may choose how they wish to use the Flex Pass.

With the flex pass, you will have the freedom to choose from any of our shows, concerts, or events throughout the year. Or you can even come see your favorite more than once! The 2021-2022 season is as follows:

- Main Stage Musical Productions
- Into the Woods - Oct 15-31
- The Little Earl - Dec 9-19
- Newsies - March 18-April 3 Sponsored by Pasco Hernando State College
- Acorn Theatre Musical Productions
- Shrek Jr. Aug 12-15 - Sponsored by Jonathan McDonald of Sinkhole Titan
- Oliver! Jr - November 12-14 & 19-21
- Alice and the Looking Glass - April 21-May 1
- Other Live Oak concerts and events
- Flex passes may also be used for our popular IMPROV Nights

Outdoor Performance Space
One of the most exciting projects that came out of the pandemic was the creation of an outdoor performance space. Our outdoor stage allows us to continue to produce and rehearse productions outside (weather permitting) on a stage that is built with the same specs as our indoor stage. The audience is seated on the veranda and the lawn, allowing us to seat up to 100 people in a safe, socially distanced, outdoor setting that will be comfortable for you and our performers. Live Oak has chairs available for lawn seating. However, those who wish to be seated on the lawn may choose to bring their own comfortable lawn chairs or a picnic blanket instead.

About Live Oak Theatre Company (LOT)
Live Oak Theatre Company (LOT) is a not-for-profit 501 (C) (3) repertory company of local artists, located at the Carol and Frank Morsani Center for the Arts, 21030 Cortez Boulevard, Brooksville, FL 34601. The Live Oak Theatre Company exists to enrich families, individuals, and the community as a whole by providing positive artistic experiences in the Performing Arts - including excellent, affordable, and edifying family friendly entertainment, performance, and educational opportunities for theatre patrons and participants of all ages.
For more information about the Live Oak Theatre Company, including sponsorship and audition opportunities, call 352-593-0027, email liveoakboxoffice@gmail.com, or go to www.LiveOakTheatre.org. Visit us on Facebook at <https://www.facebook.com/LiveOakTheatre>.

Hurricane Preparedness

Hurricane season officially began on June 1, and it's critical to prepare for a potential hurricane before it threatens our area. The Pasco Sheriff's Office encourages citizens to plan ahead for hurricane season. Preparing today can save lives and protect property during a storm.

A crucial first step is to make sure you have a hurricane supply kit. It should include water, non-perishable food, batteries, toiletries, first-aid supplies, medications, cash, and fuel. Don't forget pet supplies as well. We recommend stocking enough food and water to last three days per person.

The Pasco Sheriff's Office suggests obtaining sandbags in advance to prepare your home for hurricanes. Waiting until the storm is here can mean that supplies might be low in stock. If you don't have storm shutters, consider purchasing plywood to fabricate shutters for your windows. Ensure outdoor items are properly secured or stowed away when a storm is in the forecast. Keeping trees trimmed and disposing of fallen limbs and other yard debris is a good idea during hurricane season as well. Debris and outdoor furniture can become projectiles during a storm. Properly cleaning your gutters is another integral step in hurricane prep.

If an evacuation order is issued for your area, it's advisable to follow it. If you plan to evacuate, keep in mind that community shelters may be limited on space and should only be used as a last resort. Before evacuating, make sure to have copies of important papers, including your driver's license and insurance policies. Let friends and family know where you are going and remember to lock your windows and doors before leaving.

If you choose to shelter in place, plan ahead. Designate a safe room, such as a windowless closet or bathroom on the lower floor of your home. Fill containers with water to give yourself an alter-native when a water source becomes contaminated during the storm. Additionally, if flooding occurs in your home, turn the power off at the main breaker to prevent further damage and harm. In the event of a power loss, it's critical to know what medical equipment will become unusable and make a plan for its absence.

Although most dangers from a hurricane are apparent, such as wind damage or storm surge, there are additional risks that are less apparent. Heart attacks from overexertion and vehicle accidents are common after storms. Drive carefully and avoid flooded roads. Take ample breaks to rest when cleaning up storm damage.

Staying informed during a storm will help you and your family stay safe. The National Hurricane Center forecasts are an accurate source of information. Bear in mind that the areas effected will extend beyond the center of the storm. PSO is here for our community, and we encourage citizens to prepare well in advance for hurricane season.

"For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms." — Ephesians 6:12

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Angie's List

Whether Pet Walking or Pet Sitting, She Treats Them as Her Own! *By Karen McBride*

Kim & her best buddy Scooby Doo

Kim Hosain has been loving on other people’s pets for over 13 years now. She offers dog walking and pet sitting services throughout the Tampa Bay area.

“I just treat them as if they were my own!” says Kim.

When people go on vacation, she is available to babysit their fur babies whether it is in their home or her own. Dogs are able to enjoy her large fenced-in yard and have a built-in playmate with her 6-month-old Goldendoodle.

“He’s a good puppy, so happy, and loves other dogs!” said Kim. “Many homes in subdivisions are not allowed to have fenced-in yards, so clients like the idea of bringing their dogs to me so they can run and get a lot of exercise.”

Her love of animals is not just a job. It is a way of life. She re-

ally enjoys spending time with them. “Sometimes, when you ask a neighbor to watch your pet while you are gone, they may do it out of kindness but not really enjoy taking care of animals. I just love doing it!”

Her pet sitting is not limited to just dogs. She also takes care of cats, fish, and even has a client with a tortoise. She doesn’t have to walk the tortoise, luckily, but just keeps it well-fed and its habitat clean.

Her dog walking services can be scheduled on a daily, weekly, or even on an as needed/on-call basis. If you need your dog walked because you just found out you are working late, no worries, just call Kim! To schedule your pet sitting service, call Kim at 813-520-5346. First time clients will receive a 10% discount.



Samantha Taylor Fitness

What Our Longest Advertiser Says

When my personal training career started in this area over 19 years ago, Mark Dunn called me and asked if I wanted to be a part of their paper. I was new in business in this area and knew I had to get my name out there, so this was the first media outlet I had ever advertised in. As people started to hear about what I offered, through THIS paper, my name started to get out in the community, and in a few years I became the #1 producing personal trainer in the large gym I was in, out of 2,000 trainers!

When it was time to go out on my own, God used THIS paper to give me the confidence that I could find clients outside of that gym. I knew I must, because I wanted to create an environment for women that didn’t want to be in a gym. That wanted a safe place they could work out and not feel judged. I also enjoy catering to Christian women who liked that our studio cared about that.

Now we have trained over 6,000 people, have 17 trainers, won the Small Business of the Year Award by the Chamber, give free seminars to the community, and started a meal prep service delivered to your home. We opened our 5th location in Palm Harbor, and we just moved our Wesley Chapel location into a new building that we own. We also have Land O Lakes, Carrollwood, Westchase, and more to come!

I thank God for bringing this paper into my life, and I am SO grateful, for they helped give me the original confidence that I could build this business, and look what its turned into and the amount of people we serve! The owners, Mark and Kay, are some the nicest, most genuine people you’ll ever meet and I appreciate how they honor Jesus Christ in this paper. It’s such a blessing to partner with them, and I’m happy to know that I am the longest partner in the last 19 years!



Just Palms

Chris Tillman

As a longtime advertiser in Dunndean Publications, I just wanted to say thanks for your years of service. I’ve met so many great readers over the years, many who use our services year after year. Advertising in your publications is probably the sole reason my Palm Trimming business has succeeded over the years. It’s the only place I gladly pay for advertising year after year. Thanks Kay for all the great service over the years, and I’m looking forward to many more years of advertising with you!

“For there is one God and one mediator between God and men, the man Christ Jesus, who gave himself as a ransom for all men—the testimony given in its proper time.” — 1 Timothy 2:5

Freedom’s Responsibility/Freedom’s Price

This month, we celebrate Independence Day. There will be fireworks, picnics, outdoor events, parades and good times with friends and family. We celebrate our liberty. We celebrate our freedom. But do we take time to consider the cost of our freedom?

When our forefathers signed the Declaration of Independence on July 4, 1776, Benjamin Franklin said, “We must all hang together, or assuredly we will hang separately.”

Those men realized they placed everything they held dear in real danger. Many would lose all their personal property. Some would lose their lives or the lives of family members. All would experience many long months of hardship.

During our country’s history, generation after generation has been asked to do “the hard thing” to preserve the freedom and prosperity of our nation. For freedom’s sake, they responded by laying down their own personal freedom. While the Declaration of Independence stated each person has a right to “pursue happiness,” our freedom has required many to set aside their pursuit for the sake of others.

This is - and always will be - the price of freedom. There will always be a call for some to give so all may benefit. I am very proud of our military families, policemen, firemen, teachers, civil servants and public volunteers. Daily, they make the decision to set aside the pursuit of their own interests and choose to serve the interests and welfare of their communities and country. They deserve our respect and gratitude.

All of this brings me to a very personal question. Are we willing to pay the price for our generation and future generations?

Are we willing to limit our pursuit of happiness for others?

When we look at our ambitions, priorities, and use of personal resources, do we find a pattern of “thinking of others” or do we simply “think of ourselves”? St. Paul wrote in Philippians 2, “Don’t look out only for your own interests, but take an interest in others too.”

This July, feel free to celebrate our independence. Enjoy the hotdogs, hamburgers, family, friends and fireworks. It is, after all, a great day to celebrate. But, also take time to reflect on freedom’s price.

Find ways to thank those who serve us, our communities, and our country. Ask yourself, “What can I do to help others experience the life, liberty and pursuit of happiness that we celebrate?”

Choosing Safer Activities

Available link: <https://www.cdc.gov/media/releases/2020/s0716-covid-19-guidance-on-activities.html>

	Unvaccinated People	Examples of Activities	Fully Vaccinated People	
Safest	Lowest Risk	Outdoor	Lowest Risk	
	Lowest Risk	Walk, run, wheelchair roll, or bike outdoors with members of your household		
	Lowest Risk	Attend a small, outdoor gathering with fully vaccinated family and friends		
Lowest Risk	Lowest Risk	Attend a small, outdoor gathering with fully vaccinated and unvaccinated people	Lowest Risk	
	Lowest Risk	Dine at an outdoor restaurant with friends from multiple households		
	Lowest Risk	Attend a crowded, outdoor event, like a live performance, parade, or sports event		
Lowest Risk	Lowest Risk	Indoor	Lowest Risk	
	Lowest Risk	Visit a barber or hair salon		
	Lowest Risk	Go to an uncrowded, indoor shopping center or museum		
Lowest Risk	Lowest Risk	Attend a small, indoor gathering of fully vaccinated and unvaccinated people from multiple households	Lowest Risk	
	Lowest Risk	Go to an indoor movie theater		
	Lowest Risk	Attend a full-capacity worship service		
Lowest Risk	Lowest Risk	Sing in an indoor chorus	Lowest Risk	
	Lowest Risk	Eat at an indoor restaurant or bar		
	Lowest Risk	Participate in an indoor, high intensity exercise class		

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The Lord's Prayer

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one.

Matthew 6:9-13

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Faith is being sure of what we hope for and certain of what we do not see. Hebrews 11:1

In the beginning God created the heavens and the earth. "The Big Bang" Genesis 1:3 "Let there be light..."

Thanks to the advertisers, our Operating Partners, we can make a difference in the community. Their support of the Gazettes has brought us to the crossroads in Bible ministries that our forefathers forged into our Constitution, **IN GOD WE TRUST**. As a Christian publication, we are on a mission to exceed expectations with outstanding hard work by connecting with Christian businesses, and churches. Our uplifting editorials are mainly contributions from local businesses, churches, and events... *1st Corinthians 16:14 Let all that you do be done in love.*



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Teaching our children that the Word of God is a way of life. *Mark 16:15-20 go into the world and preach the good news to all.* Sharing what's in the Bible to others, align yourself as an Operating Partner and the power of Christian Ministry serving God according to Biblical Principles. If you have what it takes to serve we invite you to serve with us in our mission to introduce God's word through Print Media.

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July Garden Tips

from *Shell's Feed & Garden Supply, Inc.*

Your Monthly Garden To-Dos from your friends at Shell's Feed & Garden!

What to Plant

- The planting list is short! Okra and Southern Peas and Pumpkin from seed.
- Seeding for Summer Cover Crops, if you're not growing any of the above, is a great idea this month, those include southern peas mentioned above, Sunn Hemp, Marigolds, Buckwheat, fava beans, and more. Build Your Soil!
- Now is a GREAT time to stock up on garden supplies such as tools, soil, and Shell's 3-3-3 Organic Fertilizer (labeled for vegetable use).

What Needs Done

Edibles/Veggies: Fertilize existing veggie plants with a side dressing of fertilizer like Shell's 3-3-3 Organic for great bio-availability & soil enrichment. Add Dolomitic Lime/Ag Lime to your nightshades (tomatoes, peppers, etc) to keep blossom end rot at bay if you didn't last month. Fungus is a problem in Florida! Spray Garden Friendly Fungicide on cucumbers, squash, & melons for fungal diseases & keep the surroundings safe - spray tops & undersides of leaves as directed (see our staff for helpful tips!). Got bugs? Try Triple Action Neem Oil, Conserve Naturalyte, or Natural Pyrethrins, depending on what bugs you've got. If you have noticed soil disease such as root knot nematodes, now is a great time to set up Solarization in your garden beds. See our blog for more information!

Lawn & Landscape: **ATTENTION! THERE IS A FERTILIZER BAN THAT STARTS JUNE 1 FOR USES THAT ARE NOT RELATED TO FOOD PRODUCTION IN CITY OF TAMPA. CHECK YOUR MUNICIPALITY FOR ANY RESTRICTIONS TO PROTECT OUR BAY AND INLAND WATERS!**

Treat lawns for insects such as Chinch bugs, mole crickets & fleas with products containing Permethrin or Bifenthrin, OR Cedar Granules & Natural Guard for non-chemical treatment. Re-seed or fill in bare patches in your Bahia lawn by broadcasting Argentine Bahia seed at 1lb/100sqft. Rake it in and/or cover with soil. Water daily - make sure to follow the rules in your municipality! Use Hydretain in all your watering to reduce the amount of water you use by 50%!

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