

The Ten Commandments

Exodus 20:3-17

- I Thou shalt have no other gods before me.
- II Thou shalt not make unto thee any graven image.
- III Thou shalt not take the name of the Lord thy God in vain.
- IV Remember the sabbath day, to keep it holy.
- V Honor thy father and thy mother.
- VI Thou shalt not murder.
- VII Thou shalt not commit adultery.
- VIII Thou shalt not steal.
- IX Thou shalt not bear false witness against thy neighbor.
- X Thou shalt not covet.

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Saturday, April 10
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See Page 3



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He said to them, "Go into all the world and preach the gospel to all creation." - Mark 16:15

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The Breastplate of the High Priest



Pastor Kathleen Peck will be hosting the presentation and classes on the High Priest Garments and teaching on the Melchizedek Priesthood. The topic is on the Garment of the High Priest, detailing the ephod and the breastplate. The twelve jewels will be available for viewing, which is one of the main subjects. A full-size replica of all three layers of the High Priest Garments will be present, showing how the ephod and breastplate were fabricated by hand using a weaver's board.

Classes will be held at Flowing River Church in Clearwater, FL. 1148 Turner St, Clearwater, FL 33756. Dates & Time: Apr. 23rd 7pm-8:30pm

For registration, please contact Pastor Kathleen Peck at (727) 461-1148 or email kathleen@flowingriverchurch.com.

A complete manual prepared by Dr. Anthony Tudela will be handed out to all the registered participants. Another teaching on "The Tabernacle Made Without Hands" will be part of the introduction and presentation.

Continued on Page 2

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Who Do You Believe?

Dr. Dan Coflin
Pastor, River of Life Church

History is replete with political, military and religious leaders who have made claims to a position of deity and have, at times, successfully convinced those they led to believe their claims. What makes someone believe that another person is either God or His representative?

The answer to that question varies. Great accomplishments, supernatural feats, superior ideas are presented as proof that God has arrived. But how can we know what is true?

When the apostle Paul was writing the letter to the Romans, he began with a very important statement, "and [as to His divine nature] according to the Spirit of holiness was openly designated to be the Son of God with power [in a triumphant and miraculous way] by His resurrection from the dead: Jesus Christ our Lord." (Romans 1:4 AMP)

Paul is saying that the proof that Jesus is the Son of God and the Lord of all is the resurrection from the dead.

Jesus often expressed to his disciples and to the multitudes that he would die, but after three days he would rise again. The greatest miracle ever recorded was when Jesus rose from the dead. This was not just a resuscitation of life, for Jesus had raised people from the dead as did some of the prophets of old, but Jesus was resurrected from the dead. What is the difference? If someone is raised from the dead, they will die again. Their body is mortal and therefore they will, one day, die. But resurrection is not raising up what is mortal and temporary but eternal. Jesus was raised to die no more. Jesus said that no one could take his life from him, that only he had power to lay it down and power to take it up again (John 10:18). His resurrection from the dead showed all humanity his prediction was true and his victory over death had been accomplished.

Jesus is the Lord of all creation. The Bible tells us that everything was created by him, "For by him were all things created, that are in heaven, and that are in earth, visible and invisible, whether they be thrones, or dominions, or principalities, or powers: all things were created by him, and for him." (Col. 1:16)

But why would the Creator of all things choose to die? Death was the outcome of man's sin and Jesus was a sinless man, therefore death had no right to him or power over him. But man had a terminal disease for which he had no cure. He could only receive the righteous judgment for his sin and that was the same for everyone – death would be the ultimate end of man. Man's destiny was sealed and his ability to change it was lost.

That is why the Lord of All and the Creator of all things intervened. Death could not be denied because death was God's predetermined judgment for sin, and all mankind had sinned. But if God became man and lived without sin, then death could not touch a sinless man. But a sinless man could choose to die and receive the judgment of the sinful and fulfill the righteousness of God. His death would pay the price for sin and all of mankind could receive forgiveness and cleansing from sin by coming to the only one who has the authority to forgive sin and to give eternal life. Jesus defeated death, and as victor he can give eternal life to all who believe. As we celebrate the empty tomb, we are celebrating Christ's victory over death and proof that He is Lord of All, the Son of God, and the only Savior of man.

Dr. Dan Coflin and his wife Dianne co-pastor River of Life Church at 410 E. Chapman Rd. in Lutz, FL. 33549, (813) 949-9931, www.roltampa.org.

We would love to invite you to visit River of Life Church. Our lively worship begins at 10:30am on Sunday. We are a non-denominational, spirit-filled ministry. Please honor us with your visit. We would love to have you!

The Breastplate of the High Priest

Continued from Page 1

Dr. Tudela has studied the Tabernacle for over 50 years. He has also built a full-size replica of the Ark of the Covenant, which will also be presented in the class in the near future. Please contact Pastor Kathleen Peck at (727) 461-1148 or kathleen@flowingriverchurch.com for upcoming events and classes.

Most Christians understand very little of its meaning, purpose, and the true importance of the Ark. Many have only heard of it through Bible storybooks. And yet it is so much more than a story. Therefore, we will examine the many facets dealing with the characteristics of the Ark of the Covenant, which is a rather intriguing and mysterious artifact because it point to the image and likeness of Jesus Christ.

The Ark of His Covenant is the focal point that God had established for the Israelites under the Old Covenant of the Law. When Moses returned to Mount Sinai, it was the Ark that was spoken of first, and then the entire instruction for the Tabernacle after which the last the two tablets was then handed to Moses to be placed in the Ark/Coffin/Throne.

Its main purpose was to make them aware of His presence in the midst of them. All the things that surrounded the Ark, such as the Tabernacle, the priests and their garments, the seven feasts, and all the sabbaticals leading up to the Year of Jubilee were to contribute to this same purpose, and that was to experience His presence in the midst of them. To make certain that the Ark remained the focus, God saw fit to have the Tabernacle in the wilderness built expressly to house the Ark.

Daniel 9:24 "Seventy weeks are determined upon thy people and upon thy holy city, to finish the transgression, and to make an end of sins, and to make reconciliation for iniquity, and to bring in everlasting righteousness, and to seal up the vision and prophecy, and to anoint the Most Holy."

In the end of the age, God will anoint once again the Most Holy. What had happened in the days of Jesus was already fulfilled, but what is also true is that in the last days, many of the revelations of this "secret place" written in Psalms 91 and several other places will be revealed again.



High Priest Garments

How Do You Feel?

Samantha Taylor, Samantha Taylor Fitness

I know life has been crazy this last year, but there comes a point where it's good to start getting back on track with areas we have been struggling in. Otherwise, another 6 months will go by and we will wonder how we got to where we are! A good place to start is to do a quick analysis of where you are now.

Have you gained some quarantine weight? How is your energy level? How do you feel when you wake up in the morning? How do you feel when you stand in your closet, finding nothing that "looks right"? By the end of the day when you want to spend time with your family, are you too tired?

One of the most common things women tell me is that they just don't feel good. They know something is not right and they don't want to feel that way anymore. How you feel about your body can affect so many areas of your life: your confidence in your career, your intimacy with your spouse, or not really interacting much with people because you don't want them to see the weight you have gained.

I had a woman recently tell me that her family came in from out of town and they wanted to see Clearwater Beach, but after 30 minutes of trying every outfit on, she felt she looked too frumpy in every one of them. So she lied to her family and told them she couldn't go. She said that as they were out enjoying life at the beach, she was at home in bed crying because she just couldn't believe how out of control her body had gotten.

I don't know if you can relate to that or not but it's a very common thing women deal with. I also find that most people don't realize how bad they truly do feel until they start to feel better. Then they realize by how great they feel, that they felt pretty bad physically before.

When people start to eat healthier and take care of their bodies, they find the mental fog has lifted, they are mentally clear, have so much more energy, sleep better, and the food cravings are completely GONE! After experiencing this, they feel like a dark cloud has lifted from their head!

I think many people really underestimate how what they eat on a daily basis can affect how they feel inside and out. I have seen that even depression in some people can diminish greatly or disappear when they balance out their nutrition. It is quite amazing what can happen when you invest time and energy into your health and fitness.

Perhaps this article is a sign that its time to really start doing something about your health and fitness so you can feel great, have abundant energy, and not feel older than you are! If you would like to see if our programs are right for you, the best place to start is with a Body Transformation Analysis. Call us at 813-377-3739 or go to www.SamanthaTaylorFitness.com.

We have locations in 3 counties to serve you. We do 30-minute workouts, teach women how to eat in a way they love with guidance from our licensed dietitian, and we have a state of the art 3D body scan machine! Your life and the health of your body that God gave you matters, so please do take care of it. If you are ready to get back on track before summer gets here, let us help you see better results then you have seen in the last 20 years!

It can happen, we see it happen regularly, but you have to start somewhere. And that starts with a decision that its time to take action on getting healthy and fit.

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GFWC Flea Market

GFWC Lutz-Land O'Lakes Woman's Club is planning a smaller version of its annual Spring Flea Market fundraiser - pandemic style outdoors. The clubwomen will offer tons of great stuff at bargain-basement prices. The Green Shirt Ladies are known for their FANTASTIC FLEAS and their funds raised are returned to the community!!

When: Saturday, April 10 from 8am to 1pm
Rain Date: Sunday, April 11 from 8am to 1pm
Where: Boy Scout Pack 12 property at 205 2nd Ave. SE, Lutz 33549 (off SR 41 just north of Lutz Elementary).
Info: Contact Peggy Andrews, Chair at (201-715-7638)

Preventing and Treating COVID-19 in Children and Teens

By Karen McBride

We are well aware that adults can contract COVID-19, but, unfortunately, children and teens are also susceptible. However, there are certain precautions we can take to reduce the chance of becoming ill with COVID-19 or the flu.

Wash your hands often, avoid touching your face, limit exposure to people outside the home, and wear masks.

Hand washing should last for 20 seconds. Try to make it fun with your child by singing his or her favorite song while hand washing.

Encourage your child or teen to practice social distancing. Limit the people they are exposed to whenever possible. If you can leave them at home with a family member while you go to the store, then do so. If they must go out in public, they should wear a cloth mask and use hand sanitizer often.

Clean and disinfect your home, especially toys, doorknobs, tables, light switches, television remote controls, and, of course, bathrooms.

As in flu prevention, eating a healthy, well-balanced meal, getting enough sleep as well as plenty of outdoor exercise in the fresh air and sunshine, can help to build your immune system to fight off the illnesses.

If you suspect your child has been exposed to COVID-19, the symptoms can include fever, cough, nasal congestion or runny nose, sore throat, shortness of breath, fatigue, headache, muscle aches, nausea or vomiting, diarrhea, poor appetite, new loss of taste or smell, or belly pain.

If your child is exhibiting any of these symptoms, call to schedule an appointment with Dr. Michele Johnson-Towson of Pediatric Place of Tampa, a board-certified pediatrician with over 30 years of experience in caring for children ages newborn to 21 years old.

Pediatric Place of Tampa is located at 1338 W. Fletcher Avenue, Tampa, FL 33612. For more information or to schedule an appointment, call 813-264-2288.

Same-day appointments and after-hours care are available (Monday, Tuesday, Thursday 8:00am-7:00pm; Wednesday 8:00am-6:00pm; Friday 8:00am-5:00pm and Saturday 8:00am-12:00pm).

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The Sermon On The Wall
Northwest Community Church

Northwest Community Church is hosting a Good Friday service that is open to all called "The Sermon on the Wall". It's a mural, which measures 70 feet wide by 26 feet tall. Scenes from the life of Jesus, starting with his birth and ending with his triumphant return, as outlined in the Book of Revelation. The event will include food, music, costumed ushers, and narration by Pastor Scott Collins.

When: April 2nd, 2021
Time: 7:00pm (must arrive no later than 6:45 as the doors will be closed at 7:00)
Where: Northwest Community Church, 14913 Hutchison Road, Tampa FL 33625
Website: nwcc777.com
Questions: Call (813) 962-4990.
To learn more about "The Sermon on the Wall" visit sermononthewall.com.

Heritage Harbor Golf

Heritage Harbor Golf Course, located on Lutz Lake Fern Rd., is an 18-hole course featuring four sets of tees and multitudes of waters and marshes. This course is unique compared to others in Florida starting with the fact that it's fully open to the public, continuing with this 6,900-yard course not crowded by houses with only five of eighteen holes having homes on both sides.

Stated on their website, HeritageHarborGolf.com, "It's a paradise for birds as well as golfers."

You're likely to spot many birds including loons, hawks, ospreys, ibis, and herons as well as kingfishers. "It's like playing two different courses," says John Panno, Director of Golf. "On the front nine holes is a links style and on the back nine it's a more shot-making course."

Attend lessons with the club's golf professional in groups or individually. Bring your children ages 5-16 to monthly golf clinics. This course, open since fall 1998, is more than just a course but also includes a pro shop and a beautiful clubhouse.

The clubhouse features a restaurant that can be used as a venue for events such as tournaments, weddings, religious events, and other parties of all kinds! Enjoy scenic views of waterways and wetlands or rooms with country-contemporary décor and furnishing. Seat up to 220 guests in the 11,000 square foot Heritage Harbor Club House with gulf coast plantation style and nautical feeling.



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Ernest Walker, Your Local State Farm Agent

By Karen McBride



Ernest celebrates crossing the finish line at the Baby Steps for Life Walk-A-Thon fundraiser hosted by Oasis Pregnancy Care Centers of Land O Lakes, FL.

Ernest can provide you the data you need to make an informed decision. He has been in the insurance industry for over 18 years and is ready and prepared to help you. His mission is to help neighbors manage the risk of everyday life, recover from the unexpected, and realize their dreams.

Ernest likes the personal aspect of owning his own business and wants to be your local neighborhood insurance and financial service agency resource. When you visit his office, you are meeting face to face with a real licensed professional and not just the other side of an 800 number. People like to know they are talking to someone who cares about their circumstances and will take the time to answer all their questions.

His team of licensed professionals provide services including auto, home, condo, life, health, as well as mutual funds and 401K financial services. In addition to providing services to homeowners, Ernest Walker Insurance Agency provides liability insurance to small business owners as a way further support the community.

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As an active member of our community and president of the Kingdom Business Alliance, a Christian business networking organization, he firmly believes in helping local businesses, citizens, and students to succeed. Last year, his agency sponsored two 2020 high school graduates from the Adopt-A-Senior Facebook campaign who had their graduation events cancelled due to COVID-19. Recently, Ernest and his team were sponsors and walked a full three miles in the Baby Steps for Life Walk-A-Thon fundraiser hosted by Oasis Pregnancy Care Centers of Land O Lakes, FL.

The office is conveniently located at 5111 Ehrlich Rd, Suite 110 Tampa, FL 33624-2075 directly across the street from the Ben Hill Middle School.

For information, call 813-968-4043 or visit the website at <https://www.ernestwalkerinsurance.com>. The office hours are Mon-Fri 9:00am to 5:00pm and appointments are welcome anytime to meet your needs.

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Kidz Corner: Wigs for Kids



Hi my name is Harley and this month we are talking about a company called Wigs for Kids. But first imagine clicking “Behind the Scenes” on the remote—click!— and now it’s doing that circle going round and round. So some kids have cancer. Sometimes when you have cancer, you lose your hair. So Wigs for Kids makes wigs for kids. But they use real hair. So people cut their hair and mail it to Wigs for Kids. So now imagine pressing the back button and pressing “Play”. I donated my hair. Ok. Rewind. Zooooooomooooooooooooooooooooooooooooom.

My hair was 18+ inches long. So I decided to donate it because I want kids to have wigs. Fast forward. Ugh. TV’s broken. Oh no— Zooooooomooooooooooooooooooooooooooooom!

Donating your hair is really fun, but that’s not the point. I want kids to have wigs. Seriously, some kids actually have cancer, and they lose their hair. So people need to provide wigs.

I watched a video about one of the people who donated their hair and one of the people who received their hair. First a girl named Maria cut her fourteen inch long blond hair. Then she mailed it to a lab. Then they measured the other girl’s scalp and made a mold. Then Kenzie—that’s her name—picked what color hair she wanted and what length. So she chose long blond and they took all the long blond hair and put it in her pile. They stitched the hair onto the mold they had made. Eventually she got her wig. It is an interesting process, how they make the wigs.

I can’t imagine having cancer. It’s terrible. It’s horrible. It’s bad. I can’t think of any other words in the English language to describe it. I want to help kids that have cancer. I want to raise awareness for other people to donate hair as well. But I also want to spread the Gospel so people have eternal life and Jesus. Hope is what helps us get through our life here on earth.

Harley Isabel Smith is a 2nd grader who has been featured on TV as a philanthropist, has a heart for evangelism, and writes monthly for the Gazette’s Kid’s Corner. Visit <https://harley-isabelsmith.com> where she is constantly adding written and video content to entertain and educate children.

Matthew 19:14 Jesus said, “Let the little children come to me and do not hinder them, for the kingdom of heaven belongs to such as these.”

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Space Available! “Hell” Forgot About That!

An Act of Kindness: The Good Samaritan



Jesus answered, “A certain man was going down from Jerusalem to Jericho, and he fell among robbers, who both stripped him and beat him, and departed, leaving him half dead. By chance a certain priest was going down that way. When he saw him, he passed by on the other side. In the same way a Levite also, when he came to the place, and saw him, passed by on the other side. But a certain Samaritan, as he travelled, came where he was. When he saw him, he was moved with compassion, came to him, and bound up his wounds, pouring on oil and wine. He set him on his own animal, and brought him to an inn, and took care of him. On the next day, when he departed, he took out two denarii, and gave them to the host, and said to him, ‘Take care of him. Whatever you spend beyond that, I will repay you when I return.’ Now which of these three do you think seemed to be a neighbor to him who fell among the robbers?”

He said, “He who showed mercy on him.”
Then Jesus said to him, “Go and do likewise.”

— Luke 10:30–37, World English Bible

Pasco Tax Collector Donates to Special Olympics



Pasco County Tax Collector Mike Fasano's five offices will be collecting donations in April for the Special Olympics of Pasco County. Special Olympics is a sports and training program for people with intellectual disabilities. Year-round training and competition are provided in 17 different sports. Participation is at no cost for athletes.

“We are very excited to be selected as the Charity of the month for the month of April!” comments Joeyn Dearsman, Senior Manager/ Pasco. “Mike Fasano and his team have been big supporters of Special Olympics for many years and we are grateful for everything they do for our athletes. With the help from our community during this campaign, we will be able to ensure our athletes have everything they need to continue to be successful on and off the field. Proceeds will also help cover the cost of sending qualifying athletes to the 2022 USA games in Orlando!”

“Special Olympics of Pasco County provides wonderful opportunities for individuals with a wide-range of disabilities to be a part of athletics that may not otherwise be available to them,” comments Tax Collector Mike Fasano. “The Pasco County branch of this excellent program has a long history of success in not only the state of Florida but at the national level as well. The opportunities provided to people with intellectual challenges have proven to help enrich the lives of athletes in a great way.”

Cash donations can be made at any of the five tax collector locations in Pasco County. For more information about the charitable giving program at the Pasco Tax Collector's office please contact Assistant Tax Collector Greg Giordano at 727-847-8179 or visit www.pascotaxes.com. For more information about services provided by the Special Olympics of Pasco please call Joeyn Dearsman, Senior Manager/ Pasco at 727-992-8850 or visit <https://www.specialolympicsflorida.org>. Donations may also be mailed to the tax collector's office at the following address: Tax Collector Mike Fasano, P.O. Box 276, Dade City, FL 33526. Please note on your check's memo line “Special Olympics.”





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*Teaching our children
that the Word of God
is a way of life.*

Can we afford anything less?

Faith is being sure of what we hope for and certain of what we do not see. Hebrews 11:1

Pasco Tax Collector Donates to Bridging Freedom



Photo of check presentation attached which includes Tax Collector Mike Fasano, Bill Cronin, President/ CEO of the Pasco Economic Development Council, Alan Wilkett, Board Chair and Director of Outreach & Training for Bridging Freedom and staff from the Pasco County Tax Collector's Office

January's charitable project, Bridging Freedom will be able to provide critical services for minor female victims of human trafficking. Thank you, Pasco residents, for your generosity, the Pasco County Tax Collector's Office members and staff for your engagement, and Mike Fasano for your unwavering support. Together we make a collective statement - human trafficking has no place in Pasco County.”

During the month of January 2021, the Pasco Tax Collector's Office raised over \$6,000 in cash and in-kind donations for this incredibly important organization. The funds will be used not only help the victims who suffer greatly, they will also be used to educate the public, local businesses, and others about the importance of recognizing human trafficking for the horrendous crime it is.

“It is through the dedicated people who work for Bridging Freedom and other victim advocacy services that human and sex trafficking will one day come to an end,” comments Tax Collector Mike Fasano. “Through the support of a generous public the funds raised will open doors to victims so they may escape the enslavement caused by traffickers. Thank you to every person who donated to this good program. Your financial help will help Bridging Freedom expand and be able to rescue and offer help to even more victims.”

For more information about this and other charitable campaigns supported by the Pasco County Tax Collector's Office please contact Assistant Tax Collector Greg Giordano at (727) 847-8179. For more information about Bridging Freedom and the services this organization provides please contact Board Chair and Director of Outreach & Training Alan Wilkett at (813) 474-HOPE (4673).

The featured charitable organization of the month for January 2021 was Bridging Freedom, an organization dedicated to ending human trafficking and assisting survivors of that crime. Human trafficking is a pervasive and often “invisible” criminal operation.

Bridging Freedom's mission is to combat minor sex-trafficking by bringing restoration to those rescued and victim prevention to those who learn about the horrors of human trafficking. Bridging Freedom educates the community and works with partners in the area to increase awareness of this unconscionable issue.

“Bridging Freedom wishes to thank the Pasco County Tax Collector's Office for their valued partnership in ending human trafficking,” remarks Alan Wilkett, Board Chair and Director of Outreach & Training. “With the donation from

GFWC Helps Install Little Free Library



GFWC Lutz-Land O'Lakes Woman's Club, in collaboration with the Land O'Lakes Library & its Foundry, donated and fabricated a Little Free Library (LFL) and installed it on the campus of Shady Hills Elementary School in Land O'Lakes. Member Faith Sincich proposed the idea and Lucy Albury approached Victoria Hanley, Librarian at Land O'Lakes Library, about its Foundry helping with the construction and together they formulated a plan.

Bill Nelson, a library staffer, designed, built and painted the box. School Principal Tom Barker graciously chose an accessible space for the box near the campus entrance, and Ms. Hanley and her husband, Jim Hanley, generously volunteered to install it. The Woman's Club donated books and stocked the shelves.

Lucy Albury arranged a dedication ceremony to commemorate the installation of this LFL and invited students to initiate the program by choosing a book for themselves. The kids were very enthusiastic

and lost no time in queueing up for their own 'free take-home to keep' book. The LFL inventory will be replenished by the Woman's Club.

Special recognition and thanks to: Land O'Lakes Library, Bill Nelson, Victoria & Jim Hanley, Lowe's, Woman's Club members Faith Sincich, Lucy Albury & Pat Wagner, Principal Tom Barker, Vice Principal Christine Ropollo, School Guidance Secretary Christine Holton for all their time, effort, and donations in completing this wonderful project to benefit of Shady Hills Elementary School and the surrounding community.

For more information or membership opportunities in this community service organization, please visit gfwlutzlandolakeswomansclub.org or on their Facebook page.



President Annette Bellingar, Victoria Hanley, Shady Hills Principal Tom Barker & Vice Principal Christine Ropollo



Students with their reading choices

New Charity Festival of Arts Will Feature Talent Showcase & Art Competition

Pasco's newest family-focused event will help bring arts to the community while supporting Gulfside Hospice's patients and families.

The Charity Festival of Arts benefiting Gulfside Hospice is planned for Saturday, April 17 from 10am to 5pm at Land O' Lakes Heritage Park. The event will feature a local talent showcase and art competition for all ages, along with vendors, exhibits and kids' activities.

More details about the event and entry information is in the press release below. Applications for the Talent Showcase and entries for the Art Competition are both due by April 9.

- **WHAT:** Charity Festival of Arts benefiting Gulfside Hospice
- **WHEN:** Saturday, April 17 from 10am to 5pm
- **WHERE:** Land O' Lakes Heritage Park, 5401 Land O' Lakes Blvd, Land O' Lakes, FL 34639
- **WHY:** To showcase the local arts to the community while raising funds to support hospice patients cared for by Gulfside Hospice
- **HOW:** Entry forms and vendor information are available online at www.CharityFestivalOfArts.org or by contacting Leesa Fryer at 727-845-5707 or leesa.fryer@gulfside.org.

Gulfside Hospice Receives Grants from United Way

Gulfside Hospice has received two grants from United Way of Pasco, totaling \$15,000 towards patient care costs and bereavement services.

The Community Impact Funding Grant provided \$10,000 towards hospice charity care. The contribution will help cover hospice care costs for patients who do not qualify for Medicare or Medicaid benefits and cannot afford private insurance.

An additional Family Bereavement Grant was given to Gulfside Hospice for \$5,000. These funds will provide staffing necessary for delivering free bereavement support services to Pasco County clients, training/certification for counselors to expand their skills, and equipment and software to create online content as a community resource.

Gulfside Hospice, a division of Gulfside Healthcare Services, has been caring for patients and families in Pasco County for more than 30 years.

The non-profit offers patient care for those facing life-limiting illness, in addition to caregiver support and bereavement services at no charge.

For more information about Gulfside Hospice or to make a donation, visit www.Gulfside.org or call the Philanthropy Department at 727-845-5707.



Pictured left to right: Carla Armstrong, Director of Philanthropy for Gulfside; Joe Marina, board Member of United Way; Charles Anderson President and CEO of United Way; and Tara Still, Fundraising Communications Coordinator for Gulfside.

The Great Florida Outdoors: Dragonflies vs. Damselflies

Dr. Robert Norman, Clinical Professor, Dermatology, Nova Southeastern University

While hiking recently at Moccasin Lake Park in Clearwater, I spotted a flying insect landing on a nearby plant. I was exploring for lichens, one of my new passions, and spotted the little beauty. Was it a dragonfly of a damselfly? How do you tell the difference?

Members of the insect order Odonata include not only the true dragonflies but also the closely related group known as damselflies. The order includes roughly 5,900 species, of which about 3,000 are dragonflies (suborder Epiprocta, infraorder Anisoptera), and about 2,600 are damselflies (suborder Zygoptera).

Here are some key differences to observe between Dragonflies and Damselflies:



Dragonfly
Most have eyes that touch, or nearly touch, at the top of the head
Body is usually stocky
Wing shape—dissimilar wing pairs, with hind wings broader at the base
Position at rest—wings held open, horizontally or downward



Damselfly
Eyes are clearly separated, usually appearing to each side of the head
Body is usually long and slender
All wings are similar in shape
Position at rest—wings held closed, usually over the abdomen

Although dragonflies and damselflies share many characteristics, including membranous wings, large eyes, slender bodies, and small antennae, there are also clear differences between dragonflies and damselflies as noted above. After you learn the obvious differences such as eyes, body, wings, and resting position, you should find it fairly easy to tell these wonderful insects apart. When you become a more serious student of the odonates, you can begin to learn the subtle differences in wing cells and abdominal appendages.

Both dragonflies and damselflies can be observed in a wide range of sizes and colors. Damselflies have the widest range of sizes. Wingspans can range from about 3/4 inch (19 mm) in some small species to 7 1/2 inches (19 cm) in larger species. Colors range from dull to brightly metallic hues of greens and blues.

Both dragonflies and damselflies lay their eggs in or near water. Hatched larvae go through a series of molts as they grow. As they move toward the adult stage, they begin predatory feeding on the larvae of other insects and on small aquatic animals. The larvae themselves also serve as an important food source for fish, amphibians, and birds. Depending on the species, larval

dragonflies and damselflies reach adulthood in as little as three weeks or as long as eight years. Although they do not go through a pupal stage, the insects begin to develop wings, which emerge as useable flight organs after the last molt of the larval stage. The adult flying stage can last as long as nine months and is marked by predatory feeding on other insects, mating, and finally laying eggs in water or moist, boggy areas. Adult-stage insects consume large quantities of mosquitoes, gnats, and other biting insects.

On close inspection during my hike, I saw that the wings of the insect were held closed, the eyes were clearly separated, and the body long and slender. A wonderful damselfly.

Where can you find these amazing creatures?

Get out and look for them in the Great Florida Outdoors!

Dr. Norman is an advanced master naturalist graduate of the FMNP program from UF and a board-certified dermatologist based in Tampa and Riverview. He can be reached at 813-880-7546.

Liberty Manor

Some people have talent and enjoy making others happy by sharing their talent. Mamie Robinson of Plant City is just that kind of person. Mamie had a booth at the Strawberry Festival but found time to make and deliver seven beautiful wreaths in an all-American motif to the residents at Liberty Manor for Veterans, Inc.



The mission of Liberty Manor for Veterans, Inc. is to promote the developmental and social needs of disabled and honorably discharged veterans who have fallen victim to homelessness providing transitional; supported housing and establishing objectives designed to attribute to self-sufficiency. Anyone interested in assisting this meritorious initiative please contact Connie Lindsay (813) 900-9422, or Liberty Manor for Veterans (a 501c3 nonprofit organization), website <http://www.libertymanor.org>, 10015 N 9th Street Tampa, FL 33612; or the mailing address P.O. Box 274081 Tampa, FL 33688-4081. Our veterans are certainly worthy of our help. EIN #02-0775720.



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Tampa Bay Dance Club

April 2021 Schedule

The club will be requiring the participants to the dances to wear masks and practice CBC guidelines after admittance.

4/9 DJ Mike Unwin
4/16 DJ Mike Unwin
4/23 DJ Mike Unwin
4/30 DJ Mike Unwin

Doors open at 6:30, dance runs from 7:30 to 10:30. Location is 8401 W. Hillsborough Avenue, Tampa Florida 33615, Luther Hall located at the Lutheran Church of Our Savior. Music to the 50's and up, Latin, & Country. BYOB-type club. Snacks and set up available. Dress code is casual and admission is \$12.

Facebook: Tampa Bay Dance Club, Tampa Bay Dancing
Email: Tbdanceclub@aol.com Website: Tampabaydanceclub.com
Contact: Roger Verszyla (813) 390-7160



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COMMUNITY PET NEWS

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The Importance of Microchip Identification

Did you know??? Getting lost is the **number one** cause of death for family pets. One in three pets will go missing in its lifetime and without identification **90% of lost pets never return home.**

Fortunately, these sad statistics can be changed. Microchip identification is a relatively painless procedure that does not require surgery. It is a simple, one-time insertion of a small chip under the skin between the shoulders of cats and dogs. Once a microchip is implanted it is permanent. The microchip number is then registered in a database and owner's contact information is associated with the pet's microchip number. Should a lost pet be recovered by a rescue group, veterinary hospital or animal shelter, the pet will be scanned, and the chip number can be matched to the database. Then, the owner can be notified that their pet has been found!

The HomeAgain® Pet Recovery Program which we use at Sunshine Animal Hospital helps recover **10,000 lost pets each month!**

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Please call us at Sunshine Animal Hospital **813-885-7071**





There’s an old saying that goes like this: “You can’t eat an elephant all in one bite, but you could eat an elephant one bite at a time.”

In other words, it’s the small consistent choices that we make over a long period of time that can have a tremendous impact on our lives and on this world in which we live. When we begin to think about areas in our life that need to change, or we need to grow, it can seem OVERWHELMING. It can seem like trying to eat an elephant. But how you eat an elephant is one bite at a time and the way we become the person God has called us to be is ONE CHOICE at a time.

This is when people talk about New Year’s resolutions. But statistically New Year’s resolutions don’t work. 60% abandon them within six months. The average person makes the same resolution ten times without success. The problem isn’t our intention or our desire. The problem is the HOW. We don’t know how to eat the elephant. The answer is simply this: **Change is the product of my routines, not my resolutions.**

The key is the routines you adopt. Somebody said, “Resolutions without routines are like Ferrari’s without fuel. They are very impressive but they won’t get you very far.”

If we want to change our lives, it’s not about the resolutions we make. It’s about small consistent choices and the routines we adopt every day. Because a resolution can never overcome what a routine creates.

We live in a world where we expect everything to happen quickly and easily. Change is a process.

If you take an acorn and throw it against a slab of concrete, the concrete would be completely unaffected and the acorn would be completely smashed.

But if you would take that acorn and plant it in the ground and water it and give it sunshine and nutrients, eventually that acorn will destroy the concrete.

There’s a cumulative value that comes from investing time in certain activities over a long time—your health, your family, your faith, your finances. The flip side is **there’s a cumulative impact that comes from neglecting certain activities over a long time.** We know these are true.

One more statement: **“There’s no immediate benefit to any single investment of time.”**

We, like most people, want the miraculous—instant results. It’s only when you embrace the monotonous that you get to see the miraculous. If you resist the monotonous, you will miss the miraculous.

“Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.” — Galatians 6:9

Submitted by Keith Chandler, Pastor, Journey Christian Church
www.tampajourney.com



“For God so loved the world that He gave His one and only Son, that whoever believes in Him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him.”
— 2 Corinthians 5:17-18

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Don Julio’s Receives Award For Its Authentic Mexican Flavor!

By Karen McBride



Don Julio’s has won the Best Mexican Restaurant and Best Taco in Tampa Bay, presented by 92.5 Maxima! Each year, the Latin radio station honors a fan favorite restaurant for their quality food, atmosphere, and friendly service. Don Julio’s uses only the freshest ingredients for its authentic Mexican cuisine.

The restaurant, owned by Julio Rodriguez, is family owned and operated. His wife is the general manager, and other family members work in the restaurant that was inspired by his mother’s recipes. His parents, Julio and Esther Rodriguez, came from Mexico in the early 1970’s. Doña Esther loved to cook and made her special dishes for relatives and friends to support the family after her husband, Julio, passed away at a young age. Now the family can share her delicious recipes with the Tampa Bay area.

“My family’s dream of sharing my mom’s authentic Mexican dishes came true,” said Julio.

In 2019, Julio was honored by Prospera at the 2019 Success Stories Luncheon in the West Coast of Florida. Watch this video to hear more of the family’s story.
<https://youtu.be/cHzTJSVAEDc>

Taco lovers can choose from a variety of the award-winning delights, including Carnitas (slow cooked fried pork), Carne Asada (grilled steak), Al Pastor (pork with pineapple), Pescado (fish) and more. Vegetarians can enjoy the authentic Mexican flavor, too, as veggie tacos are also available.

Upon customers’ requests, more specialties have been added to the menu, including Chile Rellenos (Poblano pepper stuffed with melted Oaxaca cheese or ground beef) and Chimichangas (fried flour tortilla wrapped around a filling of choice of meat, beans, melted cheese, and Mexican rice).

Other house specialties include Carnitas Don Julio (slow cooked and fried pork) and fajitas (vegetarian, beef, chicken, or shrimp). Handmade tortillas are made fresh daily and add to the flavor and authenticity of the meals. The family-friendly restaurant offers kids meals including quesadillas, tacos, soup, and a kid-sized burrito (Burrito Jr).

Don Julio’s is located at 2808 E Bearss Avenue, Tampa, FL 33613. It is open Sunday through Thursday 11am – 9pm and Friday and Saturday 11am – 10pm.

For more information, call 813-898-2860 or visit <http://www.donjuliosmexican.com>. Reservations can be made for dine-in and curbside pickup, and takeout and delivery are also available.



Enter to Win!

\$20 Food Certificate to Don Julios Mexican Restaurant

1. Jesus said, “If you hold to my teaching, _____
- _____
2. The 9th commandment _____
- _____
3. For God so loved the world _____
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Winners of the Heritage Harbor Golf Certificates were
Christine T., Bruce B., & Stephen P.

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
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Get your Smile on!

Think about this: 

- * Many folks want to serve God, but only as an adviser.
- * Do you think "stop, drop, and roll" will work in Hell?
- * Some minds are like concrete: thoroughly mixed up and have permanently set.
- * God loves everyone but probably prefers "fruits of the Spirit" over nuts!
- * The good Lord didn't create anything without a purpose, but mosquitoes came close.
- * Opportunity may knock once, but temptation bangs on the front door forever.
- * Quit griping about your church! If it was perfect, you couldn't belong.
- * If your church needs a better pastor, it only needs to pray for the one it has.
- * The best mathematical equation is 1 cross + 3 nails = 4 given.
- * God Himself doesn't propose to judge a man until he's dead. So why should you?
- * Don't wait for six strong men to take you to church.
- * We don't change the message, the message changes us.
- * Why advertise your business to keep God's word in print media? He will give you something to sing about and something you can dance to.

AVAILABLE NOW!

Community Outreach

Submitted by the Pasco Sheriff's office

The Pasco Sheriff's Office continuously strives to better the lives of our community and one way in which that's achieved is through community outreach. We're able to better identify and solve crimes within Pasco County by forging partnerships with citizens and businesses and working with them to increase public safety. PSO has built these relationships and met the needs of the public through numerous events and outreach programs.

This month, the Pasco Sheriff's Office hosted PSO4KIDS, an event focused on connecting with local kids and community members. The event was held at Elsie Memorial Park in Spring Hill and gave citizens the opportunity to meet PSO deputies. Kids were able to enjoy train rides, a bounce house and even played a game of kickball with PSO members. This event was made possible thanks to the generosity of our community partners, such as Grace Family Church and Shady Hills United Methodist Church.

We continually seek ways in which we can connect with the community and have two Officer Friendlies to aid in that endeavor. Their efforts have helped PSO build community trust and stay informed on community needs. You may see them driving around Pasco or attending local events, like community group meetings or PSO's food distributions. They enjoy interacting with the community and interacting with children.

Making a positive impact on Pasco's youth is paramount to PSO's mission. We're able to reach more of Pasco's youth through various programs, such as Juvenile Choice and PSO's Explorer Post 916.

The Juvenile Choice program is geared towards mentoring youth. It informs them on the real consequences for poor decisions and encourages kids to make strides towards a positive future. Recently, the program has evolved to include mentoring programs that focus on issues kids are seeing today, such as school threats, drugs, and online dangers.

Explorer Post 916 focuses on those between the ages of 14-21 who are interested in law enforcement careers. Members of this program receive training in various topics, including officer safety, report writing, interviewing, traffic stops and more.

Along with our Officer Friendlies and youth programs, PSO also looks out for the livelihood of business owners in Pasco through our Business Crime Prevention program. This program

provides information to business owners on steps they can take to safeguard their businesses from crime. The Business Crime Prevention program provides guidance on safety tips, answers questions and offers training.

PSO is proud to serve the citizens of Pasco in a variety of ways, including through community outreach and partnerships. To learn more about our programs and future events, follow us on social media and visit pascosheriff.com.

"A good character is the best tombstone. Those who loved you and were helped by you will remember you when forget-me-nots have withered. Carve your name on hearts, not on marble." – Charles Spurgeon

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Friends of Live Oak Theatre First Annual Golf Classic

The Friends of Live Oak Theatre and Conservatory seeks participants for its first annual Golf & Garden Classic to be held at Southern Hills Plantation, 4200 Summit View Drive, Brooksville, Florida 34601, on May 8, 2021. Those interested in more information or in providing sponsorships should contact Dr. Ed & Pat Augustyniak at pmaugustyniak@gmail.com.

To register for the Golf & Garden Classic go to www.liveoaktheatre.org.

Live Oak Theatre Company (LOT) is a not-for-profit 501 (C) (3) repertory company of local artists, located at 21030 Cortez Boulevard, Brooksville, FL 34601. The Live Oak Theatre Company exists to enrich families, individuals and the community by providing positive artistic experiences in the Performing Arts - including excellent, affordable, and edifying family friendly entertainment, performance, and educational opportunities for Theatre patrons and participants of all ages.

For more information about the Live Oak Theatre Company, including sponsorship and audition opportunities, call 352-593-0027, email liveoakboxoffice@gmail.com, or go to www.LiveOakTheatre.org. Visit us on Facebook at <https://www.facebook.com/LiveOakTheatre>



President Biden's 1st news conference was held on March 25,2021. This is what he said:

"The American people hired me to solve problems (to solve problems), not create division. 100m vaccines were in arms on day 58 of my 100 day promise... so I am raising my goal to 200m. Help is here, hope is on the way!"

9th Commandment: "Thou shalt not bear false witness" forbids: 1. Speaking falsely in any matter, lying, equivocating, and any way devising and designing to deceive our neighbour. 2. Speaking unjustly against our neighbour, to the prejudice of his reputation; and (which involves the guilty of both).

Shred 2020 Goodbye!!!

Thrivent Members, guests, and the public are invited to shred your old documents. 2020 is over and it is time to clean those files. Shred any documents that you no longer need and free up space. We are providing a site secured shredder truck for you to use to dispose of those unnecessary documents. Come, shred, and enjoy refreshments compliments of the Tampa Bay Group of Thrivent Financial and Financial Representatives Keith Harvey, CFP, CDFA, AEP and Jason Carrier, FIC.

| | |
|--------|-----------------------------------|
| When: | Saturday, May 1st, 9:00am-11:00am |
| Where: | 1307 W. Fletcher Ave, Tampa |
| Cost: | Free!! |
| Limit: | 5 Bankers boxes per vehicle |

We will be collecting canned goods for a local food pantry. For more information, contact 813-269-1116.

WellCome OM Integral Healing & Education Center to Celebrate Earth Day

WellCome OM Integral Healing & Education Center invites the public to its second annual Earth Day celebration on April 17 from 9am to 3pm at its center at 4242 Lake In the Woods Drive, Spring Hill, Florida 34607. Call 352-600-4242 for more information. The Earth Day celebration will feature:

- Organic garden presentations,
- Experts in environmental health working to protect and maintain eco-balance,
- Locally grown plant sale,
- Plant-based food and nutrition,
- Mind-body class demonstrations with highly skilled instructors/teachers of yoga/meditation,
- Qi gong,
- Breath work and other forms of movement
- Connections with professional holistic wellness practitioners and services
- Conscious market featuring local vendors and artisan handmade items including natural personal care, herbal and nutritional supplements, local honey, crafts, jewelry, gemstones, crystals, apparel and much, much more



Members Dolores Tarafa, Debbie Cardona & Dee Knerr & (front) Johanna Snee, Lopez Activities Director

GFWC Lutz-Land O'Lakes Woman's Club Team of 3 members (Dolores Tarafa, Debbie Cardona & Dee Knerr) have designed and fabricated "fidget" lap blankets for patients in the B. Lopez Veterans' Nursing Home Memory Unit. This project has been well-researched and the team has learned that these blankets are a very helpful tool in calming the anxiety of dementia patients. Many hours of sewing and handcrafting go into each of these pieces and 10 have been delivered to Johanna Snee, the facility's Activities Director, to be distributed to appropriate residents, with more to follow after carefully observing what may need to be "tweaked". For more information on this community service organization, please visit gfwcclutzlandolakes-womansclub.org or on their Facebook page.



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The Lord's Prayer

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one.

Matthew 6:9-13

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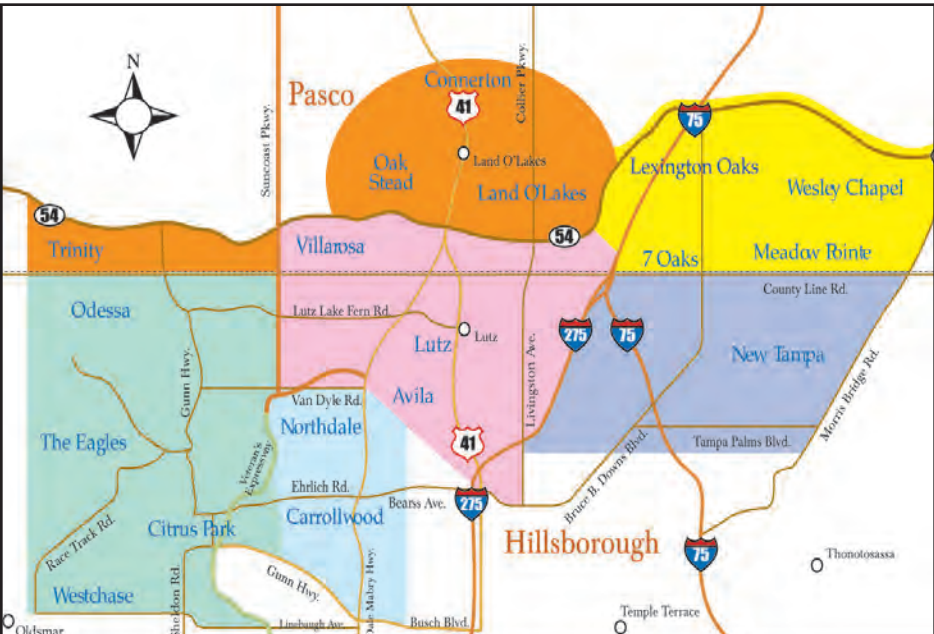
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In the beginning God created the heavens and the earth. "The Big Bang" Genesis 1:3 "Let there be light..."

Thanks to the advertisers, our Operating Partners, we can make a difference in the community. Their support of the Gazettes has brought us to the crossroads in Bible ministries that our forefathers forged into our Constitution, **IN GOD WE TRUST**. As a Christian publication, we are on a mission to exceed expectations with outstanding hard work by connecting with Christian businesses, and churches. Our uplifting editorials are mainly contributions from local businesses, churches, and events... *1st Corinthians 16:14 Let all that you do be done in love.*

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April's Garden Tips

from Shell's Feed & Garden Supply, Inc.

Your Monthly Garden To-Dos
from your friends at Shell's Feed & Garden!

What to Plant

Direct sow Pole Beans, Lima Beans, Okra, Southern Peas (like Black-eyed or Cowpeas), Pigeon Peas, Peanuts, Cantaloupe, and Watermelon seeds into your prepared beds or containers. You can start Collards and Summer Spinach from plants or seed as well right now. The Melon family needs a mound to live on and plenty of room to spread! Pigeon Peas are small "trees" so make sure you have space! Also, don't forget: Sweet Potatoes can grow all summer long!

What Needs Done

Veggies: Fertilize existing veggie plants with a side dressing of fertilizer. We recommend Shell's 3-3-3 Organic for great bio-availability & soil enrichment. **Fungus is Among Us!** Spray cucumbers, squash, and melons for fungal diseases. Garden Friendly Fungicide is TOPS for attacking the fungus & keeping the surroundings safe - spray tops & undersides of leaves as directed (see our staff for helpful tips!). **Got bugs?** Try Triple Action Neem Oil, Conserve Naturalyte, or Natural Pyrethrins, depending on what bugs you've got. We can help you get what you need, stop in!

Lawn & Landscape: Fertilize lawns, trees, and shrubs with 16-0-8 fertilizer if it was not done in February or March. Fertilize palms with a palm fertilizer if they were not fertilized in February or March - preferably early in April. Lawns should be treated for Chinch bugs, mole crickets, & fleas if you have pets. If you have patches where grass isn't growing, try seeding with Summer Rye mixed with grass seed or plugs that match your existing lawn - Rye will fill in until your other seed or plug establishes without spreading or contaminating - nourishes the soil too!

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