





Exodus 20:3-17

- I Thou shalt have no other gods before me.
- II Thou shalt not make unto thee any graven image.
- III Thou shalt not take the name of the Lord thy God in vain.
- IV Remember the sabbath day, to keep it holy.
- V Honor thy father and thy mother.
- VI Thou shalt not murder.
- VII Thou shalt not commit adul-
- VIII Thou shalt not steal.
- IX Thou shalt not bear false witness against thy neighbor.
- X Thou shalt not covet.

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Heritage Harbor Enter to Win 2 Rounds of Golf See Page 8

February 2021 An Act of Kindness is a New Beginning Where your advertisement can make a difference! From Dunndeal Publications Dunndeal Gazettes He said to them, "Go into all the world and preach the gospel to all creation." - Mark 16:15

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7 Good Bible Verses for Our Government and Politicians to Reflect On

SOLUTETRUTH

What does the Bible say about America's responsibility for choosing men among you to govern over you?

Acts 6:3: "Brothers and sisters, choose seven men from among you who are known to be full of the Spirit and wisdom. We will turn this responsibility over to them."

#1. 1 Timothy 2:1-2: "First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people, for kings and all who are in high positions, that we may lead a peaceful and quiet life, godly and dignified in every way."

Continued on Page 8

Valentine's Day—One of America's Most Popular Days



There's no doubt that Valentine's Day is one of America's most popular days. More than 62% of Americans celebrate by sending greeting cards, flowers, candy, jewelry, or by enjoying a romantic dinner. But the origin of Valentine's Day is surprising. For example, the roots behind Valentine's Day go all the way back to an ancient Roman fraternity fest held in mid-February called Lupercalia. Later, the Christian church chose mid-February for Saint Valentine's Day in order to Christianize the celebration, but who was St. Valentine?

Not much was known about the holiday's namesake. First of all, there was more than one such Christian priest. One thought it was unjust and defied the Emperor and continued to marry young lovers in secret. Emperor Claudius II banned marriage for young

Continued on Page 8

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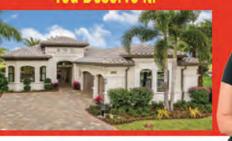
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Are You A Health Investor Or A Health Destroyer?

Samantha Taylor, Samantha Taylor Fitness

What does it mean to be a health investor ing to move you further away from your goals, compared to a health destroyer? When you make an investment, you expect a return on what you put into it, either in time, money or effort. When you learn to invest in your health and fitness, you realize that you're putting something into a valuable asset that will pay you returns not only in your daily life of energy, vitality, and happiness but also benefiting from it in the years to come.

Lynn Smith is an example of how she has invested in her health so that she can reap the benefits and rewards of that investment not only every day but also in her 80's! She lives life fit and strong and is glad to not be afraid of viruses since she's taken care of her health.

I got to work out with Lynn a couple of months ago and it was such an honor to do so because I loved seeing how strong she is! It truly amazes me how God made the human body to be able to preserve, if you maintain muscle tone. That is one of the biggest things that I see people lose as they age is their muscle. If you lose that, you lose your balance. It slows down your metabolism and affects your body shape. You also lose the structural support of your body, which affects aches and pains and it can affect your posture.

That's one disadvantage of going on low calorie and starvation diets to lose weightyou can tend to lose muscle. That causes all kinds of other problems that can actually make weight loss more difficult in the future.

One thing to think about when you make decisions is, are you investing in your health with that decision, or are you destroying your health? It's as simple as thinking about this when you think about eating a meal that you know is not healthy for your body and is go-

rather than closer to them. Getting consciously aware of what you're doing before you do it is what can affect your behavior. That is a key to change, not just regretting it after you've already done it!

Now more than ever, I think we as a nation are thinking more about our level of health and our body's ability to fight off the concern of a virus that is proven to be more destructive in already compromised health. Start to make plans now to invest in your health. How can you start investing in your health? Ask yourself, "Is this food choice investing in my health and my future to reap the benefits or is it destroying or stealing from my health? Causing negative consequences in the future?"

Look at your monthly budget. If your budget is not investing some type of money into your health and fitness, it's time to re-analyze where your money is going. Because if you don't put some money towards your health and fitness and making sure that you are taking care of your body, it's more likely that sickness will force you to pay for it later.

We either make the pro-active choice to plan for feeling and looking amazing and we invest in our health or we choose to not make it a priority and suffer with the negative consequences. Learn to be a health investor, not a health destroyer. This is built on a lifestyle of healthy choices. We would love to help you know how to do this. Meet with us for your free Body Transformation Analysis so you can see how much you love it! We have already helped over 7,500 women in these communities, are you ready to be next?

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GFWC National Hat Day

GFWC Lutz-Land O'Lakes Woman's Club celebrated "National Hat Day" with members sporting a favorite or fun chapeau. They chose various jaunty, floral, big brims and sporty hats to elevate their moods and bring a bit of cheer during this difficult time of Covid-19 isolation without in-person club meetings. For more information on this fun club of community service volunteers, please visit them at gfwclutzlandolakeswomansclub.org or their Facebook page.



No Good Deed Goes Unnoticed by God

By Karen McBride

Vilma Burgos and her family were enjoying a day at the beach on Honeymoon Island. The wind picked up as an unexpected storm began to circulate offshore on that Fourth of July day. Vilma began packing up the car as it was imminent that the storm was approaching quickly as often happens in Florida.

Her son, Oscar and his wife, Betty, remained at the blanket gathering their children's toys and packing up the remainder of the beach items. A woman and her 2-monthold baby were sitting nearby. Suddenly a gust of wind carried away the umbrella she was sitting under. Without a second thought, Oscar darted down the beach after the umbrella. He caught it and returned it to its owner.

He and Betty continued gathering up their family and their items to pack up the car. As Oscar was getting into the car, his heart sank as he realized he lost his wedding ring. In a moment of irritation, he said "that's what I get for helping someone."

Vilma was feeling guilty as it had been her idea to go to the beach that day. "I promise you I will find the ring," she assured her son.

Five months had passed, and Vilma returned to Honeymoon Island. She had never forgotten about her promise to her son. As she was walking in the water, she was in awe over God's creation. The sun was peeking through the clouds. As the waves were hitting the rocks, the streams of sunlight made them look like diamonds glistening. She was praising God and thanking Him for such beauty when she saw a man a little further in the water with a metal detector.

She thought it was strange to see him in the water, as she had only seen people with metal detectors on the dry sand. As he came closer, she began talking with the man and explaining that her son had lost his ring.

He said, "that is my specialty. I find rings." Just then she noticed his hat. On the front, the embroidered letters read "Ring Finder".

As she looked up, she realized they were near where they had been sitting five months ago. He lowered the metal detector and it beeped. Her heart raced, but it was just a dime. Vilma took two steps forward, and he lowered the detector right in front of her feet. A second beep. He dug down through the soft white sand, and sure enough, found the ring!

She was so happy and excited she hugged the man that God had sent to find her son's wedding ring. People at the beach thought that they had just got engaged and started clapping! She had to explain that no, they did not, but he did just find her son's ring! God had heard Vilma praising Him and sent the ring finder that day.

As soon as she returned home, she phoned her son and said she was on her way over. She put the ring in a silver bowl and covered it with sand. She told him to look inside and he could not believe what he saw.

He never thought it was possible, but she reminded him that "all things are possible with God" and "no good deed that you do goes unnoticed by God."



Canines for Christ

By Larry Randolph





Can you imagine taking your dog to visit a 911 facility and bringing joy and peace to these operators that are under great stress? Can you imagine your dog bringing joy and peace to a lonely resident of a nursing home? Well guess what? With Canines for Christ, this is all possible.

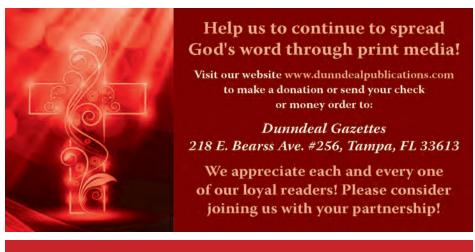
Started in 2007 in Tampa, Canines for Christ is a therapy dog ministry that uses family dogs to minister to people in the community in great need of kindness, compassion, hope, and God's love using compassionate and gracious dogs to open the door to share this message. In the past thirteen years, this ministry has touched the lives of millions of people all over the world and has grown with hundreds of certified therapy dogs, volunteers, and chaplains. Our ministry is to let Christ's love shine through us and our canines, as his ambassadors, as we bring the light of Christ into the darkness.

We visit many places such as nursing homes, Assisted Care Living Facilities (ACLFs), Community Hospitals, VA facilities, cancer centers, grief, and hospice facilities, 911 facilities and First Responders, schools, special needs facilities, Community parades and events, and crisis response in disasters. The need is great, and we try to fulfill any situation that could benefit from a warm nose, wagging tail and an encouraging and kind message of God's powerful love to the people in need.

Okay that sounds pretty interesting. But how do I get involved? Well, there are several questions that you should be asking yourself. What is my purpose in life? Where is it that God wants to use me to build his kingdom? Can I use my dog to bring joy and peace to somebody in need of help in this difficult time? Am I able to represent the ministry of Jesus' presence with the sick, elderly, lonely, disabled, depressed, injured, and dying? If your answer is yes to any of these questions, then you could be one of our volunteers!

So how do I get started? First, you must have a gentle, well-mannered dog with good social skills at least 1 year old. We will certify the dog with the AKC Canine Good Citizen certification. Second, you must complete the volunteer questionnaire and application located on our website. Third, you must be willing to volunteer your time to be an ambassador for Christ. And, finally, pray that God will use you in a mighty way to serve and honor Him in this ministry.

If you are interested, contact chaplain Larry Randolph at <u>canines4christ@gmail.com</u> or 813-601-4937 or <u>www.k9forchrist.org</u>.



"If I give all I possess to the poor and surrender my body to the flames, but have not love, I gain nothing."

— 1 Corinthians 13:3











What Kind of Things Do You Like to Collect?

Dr. Dan Coflin Pastor, River of Life Church

I am amazed at the many different things people collect. From baseball cards to bugs and feathers, antique clocks, glassware, and toys, you name it, and somebody somewhere has a collection. Some of those things are just for fun and some take their collections very seriously.

Some of the things people collect can be very fulfilling and rewarding, but there are things we all have a tendency to collect that we may not even be aware of. Some of these unwanted things are offences, rejections, hurts, fears, and judgments. They can accumulate until they fill up every empty space within us.

The way we identify what is in us is to listen to what we say. Jesus said, "...out of the abundance of the heart the mouth speaks" Matthew 12:34.

You see, in our hearts, our inner most being, is where we deposit our treasures. A treasure is something we deem valuable enough to hold onto. Otherwise we would just throw it out with the trash. There are many things people hold onto that should be thrown out in the garbage.

When someone says something against us, those offensive words enter our lives (Proverbs 18:8) and we must decide what we are going to do with them. If we choose to receive those words, they will be like seeds planted in a garden. They will begin to grow and produce the

kind of fruit they contain. Bitterness will always produce more bitterness (Hebrews 12:15).

Instead of collecting junk, we should clean out the closets and empty the storage rooms within us. How? Paul writes to the church in Ephesus and says this: "Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice. And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you (Ephesians 4:31-32).

Getting rid of the stockpile of those harmful things is something we do on purpose. They just won't go away on their own. We must identify those festering wounds and remove the infection that keeps them from healing. Forgiving someone for what they have said or done to us or those we love does not deny their culpability, but their wrong is removed out of our lives as we place their sin against us on the same cross where Jesus bore our sin. The price that was paid for our forgiveness paid for theirs, too.

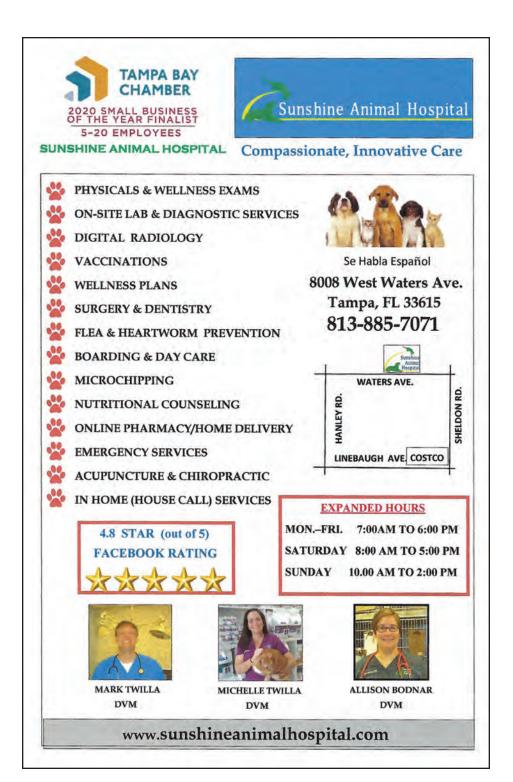
Let's start this new year with heart that is free from offense and filled with treasures of good things.

Dr. Dan Coflin and his wife Dianne co-pastor River of Life Church at 410 E. Chapman Rd. in Lutz, FL. 33549, (813) 949-9931, www. roltampa.org We would love to invite you to visit River of Life Church.

Our lively worship begins at 10:30am on Sunday. We are a non-denominational, spiritfilled ministry. Please honor us with your visit. We would love to have you!

"Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It is not rude, it is not self- seeking, it is not easily angered, it keeps no record of wrongs." — 1 Corinthians 13:4-5





An Act of Kindness: The Good Samaritan



Jesus answered, "A certain man was going down from Jerusalem to Jericho, and he fell among robbers, who both stripped him and beat him, and departed, leaving him half dead. By chance a certain priest was going down that way. When he saw him, he passed by on the other side. In the same way a Levite also, when he came to the place, and saw him, passed by on the other side. But a certain Samaritan, as he travelled, came where he was. When he saw him, he was moved with compassion, came to him, and bound up his wounds, pouring

on oil and wine. He set him on his own animal, and brought him to an inn, and took care of him. On the next day, when he departed, he took out two denarii, and gave them to the host, and said to him, 'Take care of him. Whatever you spend beyond that, I will repay you when I return.' Now which of these three do you think seemed to be a neighbor to him who fell among the robbers?'

He said, "He who showed mercy on him."

Then Jesus said to him, "Go and do likewise."

- Luke 10:30-37, World English Bible



COMMUNITY PET NEWS

Mark Twilla DVM

Sunshine Animal Hospital



February 2021

Should you spay or neuter your pet?

The decision to spay or neuter your pet?

The decision to spay or neuter your pet is an important one for pet owners. According to veterinary statistics pets that have been spayed or neutered live longer, healthier lives. Neutered male dogs live 18% longer than un-neutered male dogs and spayed female dogs live 23% longer than un-spayed female dogs. One of the contributing factors to this longevity involves the reduced risk of certain types of cancer. Spaying also prevents a life threatening type of uterine infection called **pyometra**. Some other benefits of spaying and neutering are: Males are less likely to mark their territory, in fact neutering solves 90% of all marking issues. Neutering helps with certain types of aggression, wandering and unintended breeding. Spaying stops your female cat or dog from going into heat, avoiding unwanted bleeding and behavioral issues. We typically recommend spaying and neutering around the age of 6 months, although each case can vary. Pets can be altered at any age, health permitting, but older pets can experience more pain and a higher complication rate. I commonly get asked if spaying or neutering alters a pets personality. The answer is no. They can gain weight but personality traits do not change.

If you have any questions or we can help Please call us at Sunshine Animal Hospital







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February is the month that reminds us of love. Let's not forget about love for ourselves. It is not selfish to demonstrate that love when we sincerely take good care of ourselves; it's called self-respect. "For no one ever hated his own flesh, but nourishes and cherishes it, just as Christ does the Church" (Eph. 5:29). Holistic health practices are a good way to show some self-love, and reflexology treatments help to re-balance the body's systems, improve circulation and nerve function, and relieve stress and tension. So take a step toward better health: Call today for an appointment!

Thank you to all our readers and partners!



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Kidz Corner: What Is A Tardigrade?



My name is Harley and today we are going to talk about an animal called a tardigrade. It can live basically anywhere. They are only about one and a half millimeters long (a teensy bit more than the thickness of a U.S. dime (§)), but they have sharp teeth. They can survive for about ten years without one drop of water. Some Japanese scientists (② (L)) even froze a couple tardigrades for three decades and they were still alive!

Isn't it crazy that the tardigrade can do that? Well, Jesus is much more powerful than that. I mean, He created the universe, humans and tardi-

grades and grizzly bears, your dog, your plant, your pillow, your mac and cheese, McDonald's, and the pool. And He loves you.

This month is February and people are thinking about Valentine's Day. It's basically a commercial holiday. Your real, all-year-round valentine should be Jesus. He gives you eternal life versus candy or flowers. You eventually eat the candy and the flowers die. But eternal life lasts forever. Eternal life is better and longer-lasting. Everything is perfect in heaven. Everything is imperfect on earth. Heaven is beautiful and fun, and earth is temporary. Accept Jesus, and He'll be your true valentine.

Harley Isabel Smith is a 2nd grader who has been featured on TV as a philanthropist, has a heart for evangelism, and writes monthly for the Gazette's Kid's Corner. Visit https://harley-isabelsmith.com where she is constantly adding written and video content to entertain and educate children.



Tax Collector Donates for Pasco Fallen Law Enforcement Officers Memorial



Staff and leaders from the Pasco County Tax Collector's Office, the Pasco Sheriff's Office, the Fallen Law Enforcement Officers Memorial and Pasco's Back the Blue

At the check presentation held in December 2020 Tax Collector Mike Fasano and members of the Pasco Sheriff's Office were joined by Bob George and members of Pasco's Back the Blue, an organization created to help support law enforcement officers. Together they presented the check from the Tax Collector's office as well as a check raised by the members of Pasco's Back the Blue to Mr. LaPorte and representatives from the Pasco Fallen Law Enforcement Officers Memorial. Thanks to the generosity of Pasco's citizens and Mr. Fasano and his charity, we raised enough funds to put us "over the top." As a result, we are now in the process of the final stages leading to the construction of the memorial in front of the Pasco County Historic Courthouse in Dade City."

This memorial will honor their sacrifice and the good work they did protecting our county from lawbreakers of every sort. A very generous community stepped up to show their support for the members of our law enforcement agencies. Thank you."

For more details regarding charitable promotions or services provided by the Pasco County Tax Collector's Office please contact Greg Giordano, Assistant Tax Collector for Communi-

cations & Special Projects at 727-847-8179 or visit www.pascotaxes.com. For more information about the Pasco Fallen Law Enforcement Officers Memorial and how you can support its efforts please contact Craig LaPorte, Attorney-at-Law at 727-863-1553. For more information on Pasco's Back the Blue please reach out to Mr. Bob George at https://www.facebook.com/Pasco-Backs-the-Blue-Rally-101381268352791.





"And now these three remain: faith, hope, and love. But the greatest of these is love." — 1 Corinthians 13:13

Four Great Veterans Organizations Coming Together to Enhance the Lives of Our American Veterans



Moose Lodge Lakeland #2295, Legacy Vets MC J Chapter in Zephyrhills, and VFW 2297 hosted a post New Year's luncheon for Liberty Manor for Veterans January 2, 2021. All four organizations were responsible for organizing donations for the veterans throughout the holidays.

You may have heard the saying, "A burden heavy to one is borne lightly by many." This is at the core of the Moose organization and what makes us unique in our Lodges, local communities, and charitable cities that we support.

Our roots can be traced to 1888 and the founder of the Moose, Dr. Henry Wilson, who successfully established the first Lodge in Louisville, Kentucky. In the early years, the Moose was to serve a modest goal of offering men an opportunity to gather socially, to care for one another's needs and celebrate life together.

Since those early years, our fraternal organization rapidly expanded to include valuable service to our communities, care

for children and teens in need at Mooseheart Child City & School, a 1,000-acre campus, located 40 miles west of Chicago, and care for our senior members at Moosehaven, a 70-acre retirement community near Jacksonville, Florida.

With a combined membership of over 1,000,000 members in the Loyal Order of Moose and Women of the Moose, our presence is felt in over 1,500 communities across all 50 states and four Canadian provinces, plus Great Britain. The Moose organization contributes between \$75 to \$100 million worth of community service (counting monetary donations, volunteer hours worked and miles driven) annually.

In addition to Mooseheart and Moosehaven, the Moose fraternity's Heart of the Community effort is multifaceted with internally developed programs like Tommy Moose. Tommy Moose aids in helping children overcome fears and anxiety during times of stress. Donated to law enforcement, fire fighters and other emergency workers, Tommy Moose plush dolls are presented to children in various traumatic situations. The external focus of our service is directed towards many worthwhile national charities, a few of which are: Salvation Army, Safe Surfin'USA Foundation, Big Brothers-Big Sisters, and St. Jude.

In our local Lodges, you will find a wide array of activities to participate in both as an individual and as a family. From holiday parties, dances, sports, themed dinners and live entertainment, the Moose has much to offer. Membership can mean different things to different people. You are the one determining what you want to get out of the organization, and what you want to give back. The Moose is about celebrating life together, serving those in need within our local community, supporting our children at Mooseheart and standing by our senior members at Moosehaven.

The primary mission of Legacy Vets MC USA is to do whatever is necessary to bring our POW/MIA Brothers home from all wars and to insist on full accountability from our elected officials. As advocates, we participate in motorcycle & community activities to draw public at-

tention to the unique problems of all veterans, especially the Vietnam veterans. As activists, we organize motorcycle events within our communities, which help all veterans that are unable to help themselves.

The mission of the Veteran of Foreign Wars, The Veterans of Foreign Wars of the United States is a nonprofit veterans service organization comprised of eligible veterans and military service members from the active, guard and reserve forces. Roots go back to 1899 when veterans of the Spanish-American War (1898) and the Philippine Insurrection (1899-1902) founded local organizations to secure rights and benefits for their service. Many arrived home wounded or sick. There was no medical care or veterans' pension for them, and they were left to care for themselves. In their misery, some of these veterans banded together and formed organizations that would eventually band together and become known as the Veterans of Foreign Wars of the United States.

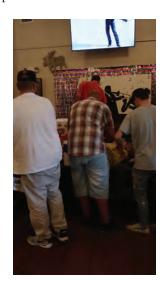
After chapters were formed in Ohio, Colorado, and Pennsylvania, the movement quickly gained momentum. Today, membership stands at more than 1.5 million members of the VFW and its Auxiliary. VFW voice was instrumental in establishing the Veterans Administration, development of the national cemetery system, in the fight for compensation for Vietnam vets exposed to Agent Orange, and for veterans diagnosed with Gulf War Syndrome. In 2008, we won a long-fought victory with the passing of a GI Bill for the 21st Century, giving expanded educational benefits to America's active duty service members and members of the guard and reserves fighting in Iraq and Afghanistan.

We were the driving force behind the Veterans Access and Accountability Act of 2014 and continually fight for improved VA medical centers services for women veterans. Besides helping fund the creation of the Vietnam, Korean War, World War II, and Women in Military Service memorials, in 2005 the VFW became the first veterans' organization to contribute to building the new Disabled Veterans for Life Memorial, which opened in November 2010. And

in 2015, we became the first supporter of the National Desert Storm War Memorial which is planned for construction at our nation's capital. VFW has many programs and services that work to support veterans, service members, and their families, as well as communities worldwide.

The mission of Liberty Manor for Veterans; Inc. is to promote the developmental and social needs of disabled and honorably discharged veterans who have fallen victim to homelessness providing transitional; supported housing and establishing objectives designed to attribute to self-sufficiency.

Anyone interested in assisting this meritorious initiative, please contact Connie Lindsay (813) 900-9422 or Liberty Manor for Veterans (a 501c3 non profit organization) website at http://www.libertymanor.org. 10015 N 9th Street Tampa, FL 33612 or the mailing address P.O. Box 274081 Tampa, FL 33688-4081. Our veterans are certainly worthy of our help. EIN #02-0775720.



February 2021

Human Trafficking Awareness

The past year has been more challenging than most. Although the pandemic has changed the way we live our lives, it has not stopped human traffickers from exploiting people for profit. January was Human Trafficking Awareness Month and the Pasco Sheriff's Office remains committed to ending human trafficking. Simply put, human traffickers take advantage of vulnerable people and use force, fraud, or coercion to compel them into commercial labor trafficking, sex trafficking, or involuntary servitude.

Human trafficking is the fastest growing and third largest criminal enterprise in the world. According to the Florida Dream Center, an estimated 21 million children, women and men are caught in the cycle of trafficking worldwide. Florida is ranked third highest in the nation for human trafficking, with the Tampa Bay area high on the list of areas in which trafficking occurs.

The Pasco Sheriff's Office is able to assist those affected by this crime through partnerships with federal, state and local agencies and organization. PSO is a member of several groups dedicated to combatting this scourge, including the Pasco Commission on Human Trafficking. PSO also works to address this crime through our specially trained Human Trafficking Unit.

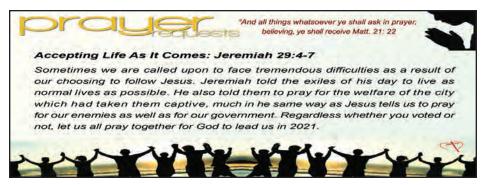
Everyone can help end human trafficking. Staying informed and spreading awareness are two ways you can easily help end this horrific crime.

Here are some possible indications that someone is being trafficked:

- Constantly accompanied by a controlling person or boss.
- Lack of control over personal schedule, money, financial records, back account, identification or travel documents.
 - Transported to and from work, or lives and works in the same place.
 - Debt is owed to employer, making them unable to leave their job.
 - Shows signs of physical and/or sexual abuse, physical restraint, confinement, or torture.
- Not allowed or able to speak for themselves (a third party may insist on being present and/or translating).

The Pasco Sheriff's Office also encourages parents to speak with their children about online safety, as awareness is the first step in preventing human trafficking. Knowing what kids are doing online and with whom they are in contact can go a long way in preventing children from being trafficked. Additional warning signs include new friends who are significantly older and new gifts, such as pre-paid credit cards, clothes or cell phones. Let your children know they can talk to you or a trusted adult about anything that makes them uncomfortable.

If you suspect someone is a victim of human trafficking, please call the National Tip Line at 1-888-373-7888.



The Great Florida Outdoors: Ovenbirds

Dr. Robert Norman, Clinical Professor, Dermatology, Nova Southeastern University

When I was hiking recently near Lettuce Lake Park, I came across this fine creature:

What I found most fascinating was that it was walking along, not hopping, and feeding and exploring on the ground. At least at that moment in time, I found it refreshing to not get a neck sprain and eye damage from peering upwards into the sun to identify a bird going from branch to branch.

What is this bird?

- 1. Wood Thrush
- 2. Cerulean Warbler
- 3. Ovenbird
- 4. Swainson's Warbler
- 5. Prothonotary Warbler

When learning to read the Florida landscape, birds are a key species to observe and learn their habits. When you see a bird, how do you identify it? The bird above is the Ovenbird (Seiurus aurocapilla). The four keys to identification: size & shape, color pattern, behavior, habitat

Part of pattern recognition in nature is to be able to compare it to other birds that you might be familiar with already. Look at the bird's size, shape, and coloration.

The ovenbird is slightly larger than a yellow warbler and smaller than an eastern bluebird or a song sparrow. It is a chunky, larger-than-average warbler, with a round head, fairly thick bill for a warbler, and a jaunty tail often cocked upward.

Although it lacks vibrant colors, it compensates with its high-powered voice. The ovenbird is olive-brown above with black streaks on white breast with a bold white eye ring. The bird has an orange crown bordered by black on either side.

What about its behavior?

Ovenbirds spend much of their time foraging along branches and on the ground, strolling with a herky-jerky, wandering motion that is unlike most terrestrial songbirds. Territorial males tend to be very vocal, often singing from tree branches, occasionally quite high up.

The ovenbird is one of the few songbirds that habitually sings in the heat of midafternoon. Listen for its loud song that builds in volume: "tea-cher, TEA-cher, TEA-CHER!"

Is this a migratory bird?

Yes. The habitat varies. During breeding, it lives in the mature forests of North America. During winters, it lives in mixed forests of the south U.S., South America, and the Caribbean.

Other tips:

Read and subscribe to abcbirds.org (American Bird Conservancy)

Use apps like eBird and listen to the audio recordings (Cornell)

Explore websites like All About Birds (Cornell)

Get out and enjoy the Great Florida Outdoors!

Dr. Norman is an advanced master naturalist graduate of the FMNP program from UF and a board-certified dermatologist based in Tampa and Riverview. He can be reached at 813-880-7546.

GFWC Donates to Libraries



(L-R) 2 staffers of Land O'Lakes Library with member Faith Sincich presenting gifts

GFWC Lutz-Land O'Lakes Woman's Club showed their appreciation to the staff members of both the Lutz and Land O'Lakes Library. Education Chair Faith Sincich delivered gifts of poinsettias and other items to both libraries as tokens of their support and appreciation for continuing to provide services under very difficult conditions during Covid-19. Both libraries managed to keep our community well-stocked with reading material and other help during this difficult year. For information on this volunteer organization, please visit at gfwclutzlandolakeswomansclub.org or their Facebook page.

GFWC Gives to Nursing Home

GFWC Lutz-Land O'Lakes Woman's Club made Christmas Day more special and festive for the residents of a local nursing home by providing them with large gift bags filled with treats and items they had requested or need to cheer them or keep them comfortable and warm. The woman's club provided for 25 residents who may not have had friends or family able to visit over the holidays and during the long Covid-19 lockdown. For more information on this community service organization, please visit at gfwclutzlandolakeswomansclub. org or their Facebook page.



GFWC Member of the Year



Member and Honoree Barbara Booth

GFWC Lutz-Land O'Lakes Woman's Club proudly announces member Barbara Booth as its Clubwoman of the Year. Ms. Booth is a longtime resident of Lutz, mother of 5 and grandmother to 10. She has chaired several club committees and works tirelessly to provide comfort to those in need in the community through her organizational skills and awesome sewing talents. During Covid-19, Barbara has assembled a great team of members who have produced over 600 masks for our club members and our community, including school children. Her list of community service accomplishments and personal generosity is very long as Barbara quietly works through her many volunteer tasks. She is an inspiration to all and the Woman's Club heartily salutes

and congratulates Barbara Booth on this very special honor.

Motorcycle Poker Run

Phone: 813-949-4411

Motorcycle clubs are already gearing up for the 9th Annual Hittin' the Road for Hospice, a motorcycle poker run to raise money for Gulfside Hospice.

The poker run is set for Saturday, February 20, starting at Harley-Davidson New Port Richey and ending at the Elks Lodge #2731 in Zephyrhills with stops along the way and a celebration featuring cash prizes, music, prize drawings, and more. The top fundraising team at the event will win the "Wings & Wheels Award."

"The health and safety of all those involved remains a top priority. Precautions have been put in place to provide a safe and fun experience that supports a great cause," said Leesa Fryer, Fundraising & Event Planning Specialist for Gulfside.

WHAT: 9TH Annual Hittin' the Road for Hospice Motorcycle Poker Run

WHERE: Starting at Harley-Davidson of New Port Richey and ending at the Elks Lodge #2731 in Zephyrhills

WHEN: Saturday, February 20

WHY: To raise money for hospice patients in Pasco County cared for by Gulfside Hospice HOW: Participants can register online at www.HittinTheRoadForHospice.org or sign up the morning of the event.

"Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails." $-1 \ {\rm Corinthians} \ 13:6-8$

Tampa Bay Dance Club

February 2021 Schedule

The club will be requiring the participants to the dances to wear masks and practice CBC guidelines after admittance.

02/05 Female Vocalist Karen Kallin

02/12 DJ Mike Unwin - Celebrate Valentine's Day = professional pictures by Ronnie

02/19 DJ Mike Unwin - Hot Sausage Night for sale

01/29 DJ Mike Unwin

Doors open at 6:30, dance runs from 7:30 to 10:30. Location is 8401 W. Hillsborough Avenue, Tampa Florida 33615, Luther Hall located at the Lutheran Church of Our Savior. Music to the 50's and up, Latin, & Country. BYOB-type club. Snacks and set up available. Dress code is casual and admission is \$12.

Facebook: Tampa Bay Dance Club, Tampa Bay Dancing

Email: <u>Tbdanceclub@aol.com</u>
Website: <u>Tampabaydanceclub.com</u>
Contact: Roger Verszyla (813) 390-7160



Paulie Palooza Celebrates Ten Years of Music for a Cause



This year marks the 10th anniversary of the Paulie Palooza music festival, which has raised more than \$61,000 for Gulfside Hospice. In celebration of this milestone, and in effort to protect the health of those involved, this year's fundraiser will be split into two parts: Paulie Palooza's Virtual Opening Act on Saturday, March 13 and Paulie Palooza's Live Headliner Event on Saturday October 16.

The Virtual Opening Act in March will stream on Gulfside's Facebook page and feature local musicians and entertainment, plus

an online auction. Later in the year, the Live Headliner Event will take place on Main Street Zephyrhills with live music, vendors, food trucks and more.

"This year's Virtual Opening Act will bring amazing entertainment from Paulie Palooza to fans both near and far as we all continue to stay safe," said Carla Armstrong, Director of Philanthropy. "Plus, the good works by Paulie Palooza to help hospice patients for the past 10 years is worth celebrating not once but twice with the traditional Live Headliner Event in the fall."

Proceeds from both events benefit Gulfside Hospice to help provide patient care and be-reavement services to more than 650 patients and families every day. More information is available online at www.PauliePalooza.org, or by contacting Leesa Fryer, Fundraising & Event Planning Specialist, at 727-845-5707 or leesa.fryer@gulfside.org.

About Gulfside Healthcare Services

Gulfside Healthcare Services is a non-profit organization serving the community for more than 30 years. Its three lines of business include Gulfside Hospice, offering care for patients at end of life, Gulfside Palliative Care, providing treatment options for those with chronic illness, and Gulfside Home Health, helping patients stay independent through skilled nursing and rehab at home. For more information about Gulfside Healthcare Services, visit www.Gulfside. org or call 800-561-4883.





Friends of Live Oak Theatre Seek Sponsors for First Annual Golf & Garden Extravaganza

The Friends of Live Oak Theatre and Conservatory are seeking sponsorships for its first annual Golf & Garden Extravaganza to be held at Southern Hills Plantation, 4200 Summit View Drive, Brooksville, Florida 34601, on May 8, 2021. Those interested in more information or in providing sponsorships should contact Dr. Ed & Pat Augustyniak at <a href="mailto:pm

"The Importance of Being Earnest"



This critically acclaimed comedy will be presented at the Carol & Frank Morsani Center for the Arts, 21030 Cortez Boulevard, Brooksville, Florida, on February 5, 6, 7. 12, 13, & 14. All seating is social distanced by pods. Please Note: If you purchase tickets under different names and wish to be seated together, you must email the box office at liveoakboxoffice@gmail.com or call 352-593-0027.

Showtimes are at 7:30pm on Fridays and Saturdays and at 2:30pm on Saturdays and Sundays.

Adult tickets are only \$20; children ages 13 and younger are

\$5 when purchased with an adult ticket. Tickets include coffee, tea, and dessert, with snacks also available for purchase.

Live Oak Theatre Company (LOT) is a not-for-profit 501 (c) (3) repertory company of local artists located at 21030 Cortez Boulevard, Brooksville, FL 34601. The Live Oak Theatre Company exists to enrich families, individuals and the community by providing positive artistic experiences in the Performing Arts including excellent, affordable, and edifying family friendly entertainment, performance, and educational opportunities for theatre patrons and participants of all ages.

For more information about the Live Oak Theatre Company, including sponsorship and audition opportunities, call 352-593-0027, email liveOakTheatre.org. Visit us on Facebook at https://www.facebook.com/LiveOakTheatre.

Valentine's Day—One of America's Most Popular Days

Continued from Page 1



Roman men, thinking single men made better soldiers. Eventually, the Emperor caught on to the priest's actions, and he was arrested and sentenced to death. Pope Gelasius declared February 14th as the date honoring Valentine's Day near the end of the 5th century. It wasn't until the 1300's that the holiday became associated with love and romance.

Back then, people believed that February 14th also was the beginning of the birds' mating season. The first written Valentine greeting appeared in the 15th century, and by the 17th century people in Great Britain had begun a

tradition of exchanging Valentine cards or letters.

Valentine's Day soon caught on in the U.S. as well. The first mass-produced holiday cards emerged in 1840, and Valentine's Day soon exploded into a major consumer holiday.

Today, an estimated 1 billion Valentine cards are sent each year, more than any other holiday except for Christmas. More than 35 million heart-shaped boxes of chocolate are sold, and 220 million roses produced for the holiday in a year.

Altogether, Americans spend around \$20 billion on Valentine's Day, an average of \$130 dollars per person per year. While the most popular gifts were candy and flowers, nearly 20% of Americans splurge on jewelry, shelling out \$4 billion annually.

Those who prefer the ultimate romantic gesture are definitely not alone. A recent survey reveals at least six million couples are likely to get engaged on February 14th.

http://www.history.com/videos/history-of-valentines-day#bet-you-didnt-know-valentines-day

Restoring the Soul of America

7 Good Bible Verses for Our Government

Article by Jack Wellman, Continued from Page 1

We may not feel like it or we may not believe that they are doing the best that they can, but we are commanded to pray for those who are in "high positions" and that most certainly means praying for governmental leaders and politicians. As bad as they may seem or as corrupt as we might believe they are, this does not relieve us of our responsibility to pray for those who are over us.

#2. Romans 13:1: "Let everyone be subject to the governing authorities, for there is no authority except that which God has established. The authorities that exist have been established by God."

We are subjects of the government of the land. This means that we are to be under their authority, and this means that we should obey those who rule over us, no matter what we feel about them. God has established those in positions of authority as it pleases him and so we ought always to "be subject to the governing authorities."

#3. Daniel 2:21: "He changes times and seasons; he removes kings and sets up kings; he gives wisdom to the wise and knowledge to those who have understanding."

We might think that we have control over who runs the government, but God is the one who plucks up and puts down leaders. He is the one who removes and sets up kings and kingdoms, including those who have authority over us. Their day of justice will come, so we must trust God to execute His righteousness in time and not take it into our own hands.

#4. Romans 13:7: "Give to everyone what you owe them: If you owe taxes, pay taxes; if revenue, then revenue; if respect, then respect; if honor, then honor."

Those governmental employees with the IRS deserve the same respect as those in the judicial system, in Congress, and in the White House. We should give them the honor to which they are due. If respect, then give respect, if honor, then give honor, and if taxes are due, pay them and by doing so, we are living in obedience to God.

#5. Psalm 75:7: "But it is God who executes judgment, putting down one and lifting up another."

God does use men and women to help establish governmental powers but, in the end, God is the one who will execute the final judgment on all who have been given much responsibility. It might even be us. He is the one who sets up kingdoms and tears them down, He exalts one and brings others down, always according to His will.

#6. Proverbs 8:15-15: "By me, kings reign and rulers issue decrees that are just; by me princes govern, and nobles—all who rule on earth."

Whoever is in power in a nation, it is by no accident. Even issued decrees are under God's rule. It is by God that princes govern, nobles rule, kings reign, and issues are decreed. Our job is to simply obey.

#7. Romans 13:4: "For he is God's servant for your good. But if you do wrong, be afraid, for he does not bear the sword in vain. For he is the servant of God, an avenger who carries out God's wrath on the wrongdoer."

"If you pay your taxes, obey the laws, and give respect to those in authority, you have nothing at all to worry about but if you do not, then be afraid," says Paul. God's servants don't bear the sword (authority) for nothing but are God's agents doing His bidding.

I hope these verses have helped you see that the governmental authorities are decreed by God for our own good and not for our harm and even though it is hard to trust any politician or even government employees, we are commanded to show them respect and live a life of obedience that is pleasing to Him because "whoever resists the authorities resists what God has appointed, and those who resist will incur judgment." — Romans 13:2

Jack Wellman is Pastor of the Mulvane Brethren church in Mulvane, Kansas. Jack is also the Senior writer at what Christians want to know whose mission is to equip, encourage, and energize Christians and to address questions about the believer's daily walk with God and the Bible. You can follow Jack on Google Plus or check out his book "Teaching Children the Gospel" available on Amazon.

 $\underline{https://www.patheos.com/blogs/christiancrier/2015/09/28/7-good-bible-verses-for-ourgovernment-and-politicians-to-reflect-on}$

Remember, Act 6:3 says choose men filled of the Holy Spitiit and wisdom (Not evildoers) and He (God) will turn his responsibility over to them. It means government and law never override God's Law. "Ten Commandments." Matthew 5:17 Jesus said, "I did not come to destroy the Law but to fulfill the Law."

"Six things that the LORD hates, an abomination to him: haughty eyes, a lying tongue, hands that shed innocent blood, a heart that devises wicked plans, feet that run to evil, false witness who lies, and one who sows discord among others." — Proverbs 6:16-19

Thank God For This Paper

Samantha Taylor, Samantha Taylor Fitness

When I started my Personal Training business for women 21 years ago in this area, I was looking for a way to get my name out there. I was working out of a large gym at the time, and I wanted to inspire women to train with me so they could get the results they were looking for. I honestly remember having the conversation with my husband and wondering if we should spend the money because at that time, I was just starting so I didn't have many resources. I knew something within me was telling me to go for it and that I needed to test it out.

I was new to marketing 21 years ago, but I can say it's one of the FIRST places I ever marketed my weight loss and fitness business, and I still look back today and am amazed at what this paper has done for my life and my business. People started calling and little by little it started to increase. With time, I became a mini-celebrity in our area from being in the local paper so much and people started to see me as the authority on women's health and fitness. So much business came in from this paper that after three years I was able to leave the large corporate gym and rented space from another small studio.

It was scary, but I knew that God was inspiring me to do it and I knew that with the response I was getting from this paper that I could make the transition. Ironically, my first month on my own I had one of the biggest months I ever had up to that time, and I am so grateful Dunndeal was a partner with me in making that happen. Things were going well, but I did want a place of my own, a place that women could feel comfortable being in a private environment and with women around their same age. So after a year, I was able to move into my own place, and I knew because of the response I was getting from Dunndeal that I could do it. So, 12 years ago I opened my own studio on Florida Avenue and was there for three years. This paper was always my #1 place that was getting me the most calls. I think it's also because people like to hear about what is going on in the community and they like to read about positive stories. I had no idea community papers were such an impact on people, but they obviously are.

Then, because of how many women I was helping, nine years ago I was able to step out in faith again and get into my next studio that was almost twice the size, on SR 54 in Lutz. I know without the constant phone calls coming in from Dunndeal I would not be where I am today. And because of their great reach, we were able to open multiple locations in 3 counties! It's rather momentous for me because this paper was truly the beginning of an amazing career where I get the honor to help so many women lose weight and get healthy—to the tune of over 12 tons of fat that we have helped women lose.

I thank God for this paper, for I know He used it to catapult my business, to get my message out there and to be able to help over 7,500 women lose weight! And even in the tough times over the last twenty years, I knew I couldn't stop advertising, I knew I had to be consistent. And by being faithful, we have been so busy we were able to just fully renovate the studio including putting down rubber flooring in the whole place.

I am so grateful that Dunndeal called me twenty years ago to ask if I wanted to be a part of what they were doing. At the time, I had no idea when I said yes that I was not spending money, I was investing money in not only my future but all of the people's lives that my business improves.

It really is amazing, and if you want to get known in the community, this paper is the way to do it. Thank you, Dunndeal, and thank you, Kay and Mark, for being such nice people to work with and for helping improve our community together. You two truly care about our communities. God bless you!

www.SamanthaTaylorFitness.com

(813) 377-3739

Enter to Win!

Golf Gift Certificate for Green Fees and Cart for 2 Players at Heritage Harbor Golf & Country Club (value \$100)

1. If I give all I possess to the poor
2. Love is patient,
3. Love does not delight in evil
4. And now these three remain:

Winners of the January trivia contest who will receive admission tickets for to the Florida Strawberry Festival:

Gene Stephens • Gloria Grosso • Nancy Taylor Stephen Pearson • Denise Cardoso

Email your entry to web@ddpnews.com or mail the entry to the address below:

,_____

	Name
1	Address
	City State Zip
İ	Phone Email
1	IT'S A DUNNDEAL @ 218 E. BEARSS AVE. #256 TAMPA, FL 33613

Phone: 813-949-4411

The Moringa Oleifera: The Tree of Life!

Imagine a tree in your backyard that will meet most of your nutritional needs, purify your water, and take care of you medicinally!



A Supermarket On A Tree

Prevents 300 diseases!

9x MORE iron than spinach!

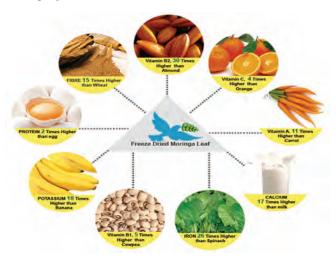
14x MORE calcium than in milk!

4x MORE potassium than in bananas!

4x MORE fiber than oats!

2x MORE protein than in eggs!

Extreme weather can damage and kill this remarkable species. Every part of this tree can be used for the health and nourishment of humans and domestic animals: the leaves, the flowers, the roots, and bark all have nutritional properties. Additionally, the entire plant can be plowed back into the earth to nourish the soil, or the leaves may be used as mulch to fertilize and feed other crops. The leaves may be ground, mixed with water and sprayed onto plants as a natural pesticide. When the seeds are crushed, they may be used to filter and purify water. The benefits of the Moringa species seems to be limitless.



Garments of the High Priest



There will be classes on the High Priest Garments and teaching on the Melchisedec Order/Priesthood. Classes at Flowing River Church in Clearwater, FL. 1148 Turner St, Clearwater, FL 33756. (727) 461-1148 or kathleen@flowingriverchurch.com.

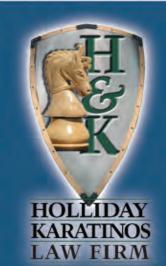
Pastor Kathleen Peck will be hosting the presentation and classes. The topic is on the garment of the High Priest, detailing the ephod and the breastplate. The twelve jewels will be available for viewing, which is one of the main subjects. A full-size replica of all three layers of the garments will be present, demonstrating and showing how the ephod and breastplate were fabricated by hand using a weaver's board.

Dates & Times: Jan. 29th, Feb. 26th, Mar. 26th, & Apr. 23rd 7pm to 8:30pm. For registration, please contact Pastor Kathleen Peck at (727) 461-1148 or kathleen@flowingriverchurch.com.

A complete manual prepared by Dr. Anthony Tudela will be handed out to all the persons registered. Dr. Tudela has studied the Tabernacle for over 50 years. He has also built a full-size replica of the Ark of the Covenant. Another teaching, "The Tabernacle Made Without Hands," will also be part of the introduction and presentation.



HOLLIDAY KARATINOS LAW FIRM, PLLC



HelpingInjuredPeople.com



18920 N. Dale Mabry Hwy Ste 101 Lutz, FL

(Corner of Sunlake & Dale Mabry)

Walk-Ins Welcome

Phone: 813-949-4411

Bella Tires Wheels & Service

Bella Tires desires to help anyone keep their vehicle in great working order, starting with the most important safety feature of all, the tires. They also carry a large assortment of affordable wheels and can order wheels of your choosing. They are aware want to put that apprehension to rest and replace it with peace of mind by offering complete auto and truck service.

In an effort to empower ladies in the community, Bella Tires is offering Saturday educational workshops from 9:00-11:00am that will introduce a variety of vehicle maintenancebased classes. On Thursday evenings they will also offer Bible Classes from 7:00-8:00pm that will at least give one a thoughtful perspective and at the most change your life.

Rich Nicoloff, owner of Bella Tires, recently retired from the Federal Government and pondered the ways he would spend his ing needs. Most of the materials are mined from local resources, time while continuing to support a family.

"I have never been one to 'sit still' and have always enjoyed working on vehicles. That is: vehicles of any kind." said Nicoloff. "I observed a ect, but the experts at Rogers Landscape Supply, Inc. can help you friend's tire business in West Virginia and was led to open a tire business in Land O Lakes to serve the people in my community."

Bella Tires desires to answer some very deep, life changing questions that were answered for Rich around seven years ago. They have a personal desire to share the Love of Jesus Christ with whoever chooses to visit Bella Tires. From cleaning love bugs from your car to tire and wheel repair, Bella Tires will offer different classes every Saturday along with coffee and treats in their café' style showroom.

Bella Tires is located at 19245 SR 52, Land O Lakes, Florida, 34637. For more information, call (813) 995-0777. Business hours are: Monday-Friday from 8:00am-6:00pm, Saturday from 8:00am-1:00pm, and are closed on Sundays.



Just Palms

Chris Tillman

As a longtime advertiser in Dunndeal Publications, I just wanted to say thanks for your years of service. I've met so many great readers over the years, many who use our services year after year. Advertising in your publications is probably the sole reason my Palm Trimming business has succeeded over the years. It's the only place I gladly pay for advertising year after year. Thanks Kay for all the great service over the years, and I'm looking forward to many more years of advertising with you!

HANDYMAN Carrollwood Handyma **BOBBY Crowe** 13923 Hayward Pl (530) 913-9837 Crowescreations@gmail.com



Rogers Landscape Supply

By Karen McBride

Rogers Landscape Supply, Inc. has been serving the Tampa Bay area since 1989. Glenn Rogers and his father, Jeff, began the means we as Floridians must be proactive in order to protect our company with one little truck and a small loader. A few years later, Glenn took over the responsibility of the business. It is truly a family-owned business. Glenn and Cathy, Glenn's wife, are the that car maintenance and repair can be a bit overwhelming and owners, along with her nephew, Jason Markison. Jason began working at the company while he still was in high school and is now their right-hand man.

> The company has been a staple in the Lutz community, providing supplies for Hillsborough County Parks and Recreation, local baseball fields, daycares around the area, Tampa Bay Downs, might be the guy to call! and more. It has just recently relocated to 21411 W. County Line Road, Lutz, FL 33548 to better serve their customers with a wider Just Palms, a tree trimming company willing to trim trees when assortment of materials to choose from.

Rogers Landscape Supply, Inc. offers a variety of river rock, mulch, pine bark, culverts and more to meet all of your landscapincluding central and northern Florida.

It can be difficult to figure out how much you need for a projto determine the correct amount. The supplies can be purchased by the truck load or by the shovelful. Delivery is available.

The owners also operate Rogers Dirt Works, Inc. for heavy haulthese following areas: ing and clearing. No job is too big or too small. The supply company is open Monday through Friday, from 8am-5pm and Saturday from 8am-2pm. For more information about the company, call • Carrollwood (813) 949-8339 go to https://www.rogerslandscapesupply.com.

JESUS is not our Religion, he is our Savior..



Faith is being sure of what we hope for and certain of what we do not see. Hebrews 11:1

813.949.4411

JOHN 14:3 "and if I go and prepare a place for you, I wil come back and take you to be with me that you also may

Dunndeal Service Directory Call today! (813) 949-4411



Chris Tillman: Just Palms

By Brittany Cravatta

It's that time of year again in Florida... hurricane season, which homes. Hurricanes and tropical storms hit Florida every year, and as a result, large trees, branches, and other debris can cause extensive damage to our landscapes.

In order to prevent this, we need to prepare our trees to make our landscapes more hurricane-resistant so that it's less likely to suffer damage through any possible major storm. So, if you're in need to get your trees trimmed, Chris Tillman of Just Palms

Tampa native Chris Tillman is the owner and entrepreneur of others may not be able to reach them.

The business began in 2005 after Chris returned from the Navy and his brother from the U.S Marines. They initially began with lawns and eventually developed into tree trimming after realizing that they preferred the latter.

He provides irrigation installation and repair, mulching, hedge trimming, bed cleaning, and specialized care for palm trees. The business is located in the heart of Hillsborough County and serves

• Oldsmar

• Palm Harbor

• Palma Ceia

· Port Richey

· Shady Hills

• Sulphur Springs

· Tampa Heights

• Tarpon Springs

• Tampa Palms

• Tampa-Downtown

• Seminole Heights/Wellswood

- Citrus Park
- East Lake
- Egypt Lake
- Forest Hills
- Holiday
- Hudson
- Hyde Park • Interbay
- Lake Magdalene
- Land O Lakes
- MacDill Airforce Base
- New Port Richey
- New Tampa
- Northdale • Odessa
- Temple Terrace • Town N Country
 - Trinity
 - - · Wesley Chapel • West Tampa
 - Westchase

To contact Chris for his services, please call (813) 598-0755 and check out their Facebook page online at https://www.face-

Keep Pinellas Beautiful New Partnership

The Keep Pinellas Beautiful Eco-Partnership is a way to cultivate environmental responsibility even with visiting audiences. In coastal areas, most debris is washed into the ocean and beach environments are vulnerable to tourist litter. Through education and eco-tourism, visitors become temporary stakeholders of Florida's beaches.

Keep Pinellas Beautiful received funding from the TBRPC/FDOT for the 2021 stormwater education grant cycle. This funding will cover new educational materials, sample sustainable products, training materials for hospitality staff, and environmental opportunities for tourists.

Shortly after receiving funding, Keep Pinellas Beautiful signed on its first official Eco-Partner, Legacy Vacation Resorts of Indian Shores.

"As a Certified B Corporation, LVR is dedicated to creating a positive impact for people and the planet," said Resort Manager Mike Greenbaum. "This partnership highlights our commitment to the environment and the local community, and the four beach cleanups per year that we've agreed to coordinate as a part of this initiative strongly support our environmental stewardship. We always seek to use our business as a force for good, and this effort is just one of the many ways we can accomplish that."

Keep Pinellas Beautiful is seeking additional coastal hotel Eco-Partners to partner with in 2021. Interested parties can call 727-533-0402 or send an inquiry to programs@kpbcares.org for more information. info@kpbcares.org.

"We inspire and educate people to take action every day to improve and beautify their community environment."

IERNA's Begins 2021 With Blood Drive



IERNA's Heating, Cooling & Plumbing (Lutz, FL) started the new year off with a curbside blood drive, partnering with Florida-based blood donation center OneBlood on January 5th. Collecting more than 20 pints of whole blood, IERNA's was determined to begin 2021 with a bang during their first of many charitable events throughout the year.

According to American Red Cross, one blood donation can potentially save up to three lives. Less than 38 percent of the population is eligible to give blood or platelets, giving rise to the importance of volunteer donors.

"IERNA's has always been a family and community-ori-

ented company," said Charlene Ierna, Owner and President of the company. Each donor was given a long-sleeve t-shirt, restaurant voucher, \$20 gift card as well as a wellness checkup including a COVID-19 antibody test. IERNA's was on-site handing out their own swag including custom hand-sanitizer pens.

Donation appointments are available on a first-come first-serve basis and are open to the public. Follow IERNA's Heating, Cooling & Plumbing on social media to be notified about their next blood drive on April 1st.

813-948-6355 ext. 121 | Toll Free: 866-323- 2665 (COOL)

www.iernaair.com



Christian Business Partners

Business	Contact	Phone
Bella Tires Wheels & Service	Richard Nicholoff	(813) 995-0777
Carrollwood Handyman	Bobby Crowe	(530) 913-9837
Christian Bros. Automotive Land O' Lakes	Larry Giannone	(813) 949-0100
Don Julio's	Julio Rodriguez	(813) 898-2860
Dr. Norman Dermatology	Dr. Robert Norman	(813) 880-7546
Ernest Walker Agency Insurance	Ernest Walker	(813) 968-4043
Holmann Health Insurance	Rob Holmann	(813) 943-9683
Just Palms Trimming	Chris Tillman	(813) 598-0755
Karla Arita, Realtor	Karla Arita	(813) 408-2038
Oasis Pregnancy Care Centers	Dave Dorsey	(813) 917-8426
Pediatric Place	Dr. Michele Towson	(813) 264-2288
PowerGals Networking	Karla Arita	(813) 408-2038
Reflexology Therapy	Louise Richardson	(813) 965-1697
Royal Pets Market & Resort	www.royalpetsmarket.com	
Roger's Landscape Supply	Jason Markison	(813) 949-8339
Rusty's Pet Sitting & Walking	Charon Favazza	(813) 693-4197
Trinity Insurance Consultants-Medicare	Rich Rieger	(727) 207-3222
We've Got Your Customers	Scott L. Smith	(813) 400-1105

The Lord's Prayer

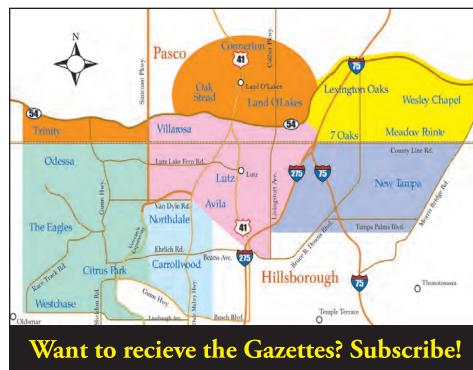
Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one.

Matthew 6:9-13





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JESUS is not our Religion, He is our Savior...

Faith is being sure of what we hope for and certain of what we do not see. Hebrews 11:1

In the beginning God created the heavens and the earth. "The Big Bang" Genesis 1:3 "Let there be light...

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