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January 2021

Dunndead Gazettes

He said to them, "Go into all the world and preach the gospel to all creation." - Mark 16:15

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The Ten Commandments

Exodus 20:3-17

- I Thou shalt have no other gods before me.
- II Thou shalt not make unto thee any graven image.
- III Thou shalt not take the name of the Lord thy God in vain.
- IV Remember the sabbath day, to keep it holy.
- V Honor thy father and thy mother.
- VI Thou shalt not murder.
- VII Thou shalt not commit adultery.
- VIII Thou shalt not steal.
- IX Thou shalt not bear false witness against thy neighbor.
- X Thou shalt not covet.

AMERICA'S COMEBACK

Your Voice Really Matters

By Dave Meyer

Although many people are unaware of it, Satan has a plan for America. He wants us to forget our godly heritage and slowly erase our rich, biblical foundation.

We see the signs everywhere, God and prayer have been removed from schools and history books. God has been removed from our government except during times of emergency like September 11. Our Constitution has also been reinterpreted and re-written to change our Founders' original intent. To take our moral temperature, all you have to do is turn on the television. Our society celebrates doing whatever they think is right, and sin is no longer called sin.

The good news is God also has a plan—and His plan is always greater. What is it?

God's Four-Step Recovery Plan

In 2 Chronicles 7:14, the Lord says, "If My people, who are called by My name, shall humble themselves, pray, seek, crave, and require of necessity My face and turn from their wicked ways, then will I hear from heaven, forgive their sin, and heal their land."

God gives us four specific things to do: humble, pray, seek, and turn. This is our part of the process. As we do these things, then God will do His part to hear, forgive, and heal.

Continued on Page 8

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Our members that worked out during this tough time, say that it helped them tremendously with the stress. And they were much stronger mentally and emotionally because they were taking care of their health and fitness and in a community of women. See the study on our website that was done on 2,873 gyms over 3 months of millions of check ins and they had .002% covid, 500 LESS times then the national average!



Lost 11 lbs.



Lost 11 lbs.

Need a Fresh Start?

By Samantha Taylor, Samantha Taylor Fitness

As 2020 draws to a close and you prepare to bring in a new year, it is the perfect time to regroup and make a plan to get your life back on track. This year has been filled with uncertainties, but you can seize this time as an opportunity to make a fresh start whether that is taking charge of your health and fitness or even spiritually. These times have drawn some closer to God, but some have also found themselves distanced from Him.

As you write your story, you can bring your current chapter to a close and start to write a new chapter for your life so you can have a better story in the end. Now is the time to be thinking about the lessons learned this past year yet move forward without carrying the negativity with you.

While we know that the new year will not erase the effects of the virus, nor will the virus suddenly end, you can make changes in your own life that can have a profound positive effect. I encourage you to choose 2021 as the year to renew your health and fitness!

Being healthy and physically fit can help you have a robust immune system, which will allow your body to better fight off disease. If you were to become ill, your health status also influences what side effects you may experience. Focusing on improving your health does not mean ignoring other preventative precautions of course, as we need to protect the vulnerable and high-risk populations.

Focusing on your health can help you minimize your risks of serious illness. CDC data suggests the majority of people do recover from this virus and the majority of those that do experience severe illness had complicating pre-existing health issues.

Some of the best ways you can help your immune system are to make healthy food choices, keep your blood sugar under control, and shed some body fat. CDC data shows correlations between obesity, diabetes, and severe outcomes from this virus. You can take responsibility for your health and work towards improving your blood sugar numbers or your weight status. This is one of the biggest lessons of 2020, and now is the time to take your health seriously!

One good thing about our personal training studios is they are private studios where you can do one-on-one with a trainer or semi-private sessions with just a few of you—with social distancing, of course. If you would like a free body transformation analysis to see what type of programs can help you, we have the options of training in our private studios OR we have follow along workouts you can do by video OR you can train LIVE one-on-one with a trainer virtually. Go to www.SamanthaTaylorFitness.com to set up a free consultation and start off your New Year right.

If you don't start off the new year with health and fitness in mind, you can quickly get very busy with life and keep telling yourself, that you are going to do it tomorrow. We all know that tomorrow never actually gets here because it is always today. Take action now!

Make a decision for your health and fitness that YOU are going to make a change for 2021 and start to take care of your body and health! We can't wait to meet you! Happy New Year 2021!

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What's On My Mind?



Dr. Dianne Coflin
Co-Pastor, River
of Life Church

Could there be a reason my prayers aren't answered?

Have you ever been in prayer and been overwhelmed with the presence of God and feeling the greatness of His being? The word great could be described as: considerable, substantially large, big, expansive, broad, massive, magnificent, imposing, impressive, awe-inspiring, and splendid, just to name a few synonyms. There is nothing like the presence of God; His character and goodness are indescribable. This realization of how important prayer is needs to become something we all understand.

The other day as I was praying, I found myself crying out for God's mercy for the United States of America. Did you know that there came a time in the Israel's history when God looked upon the earth and he found transgressions and iniquities prevailing, truth had fallen, and all had departed from the Lord? The Bible said in Isaiah 59:15,16 that God saw and wondered that there was no intercessor (someone to pray). This word wondered means to be stupefied, stunned, and devastated. It's hard to believe that God felt like this, but He did. He found no one to pray and intercede for mankind. God's greatest desire is to intervene in our times of trouble, but it takes faith in God and the faith of God to see his will accomplished.

The prayer of faith moves the hand of God. He has designed it that way. I believe God has raised up intercessors so that righteousness would prevail again in our land and that is because of His mercies. I also believe that simultaneously, the enemy is tempting us to be less diligent, discouraged, hopeless, unbeliev-

ing and unforgiving because all of these things are hindrances to our praying and receiving answers to prayer. We need to be on the watch and guard our hearts. Why? Because God WANTS to ANSWER our prayers.

In 1 Peter 3, God instructs husbands and wives to be on the guard in their relationships and to live honorably with each other because they are joint heirs of the grace of God, so their prayers are not hindered (cut off), or we could say prayers that receive no answers. In Mark 11:24, Jesus was teaching the disciples to forgive when they pray so that their Heavenly Father can forgive them also. Why? So that their prayers can be answered. In James 1:5-7, it tells us to come to God in faith (no doubting) for the one who doubts will not be able to receive from the Lord. These are the areas the enemy continues to work in to keep us from praying, or to keep us from receiving answers to prayer. Why? Prayer is the most powerful force on earth to bring to pass God's will. This is why the enemy opposes it.

Sometimes, we may be praying for someone's healing when we need to be praying that they will forgive themselves or someone else. The unforgiveness they are holding onto is holding up the answers to their prayers. These reasons peoples' prayers are not yet answered are not all the reasons but maybe one of these hindrances could be yours. Time to wake up America and join the army of intercessors across this land again as God is stretching forth His hand to heal. Food for thought!

Dr. Dianne Coflin, Co-Pastor River of Life Church, Lutz, Florida Services 10:30am Sunday, Wednesday at 7:00pm, and The Gathering service Sunday 6:00pm. We would love to have you join us!

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— John 1:14



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GFWC Finishes Out The Year With Charity

GFWC Day of Service



GFWC Lutz-Land O’Lakes Woman’s Club members gathered in a local park to work on a special GFWC “Day of Service” project to benefit their community. The members donated enough socks for the residents of an adult living facility in South Tampa to receive a Christmas “Cracker” gift containing 2 pairs each. The clubwomen worked assembly-line style, efficiently crafting the British cracker rolls, wrapped and decorated each in festive holiday paper, and delivered them to the facility.

GFWC Donates to Camp Idlewild

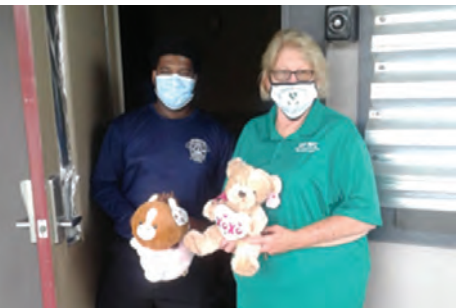


(L-R) Club Member Dianne Finn, Mariah Pasko, Idlewild Event Coordinator, & Club Member Marguerite Humet

GFWC Lutz-Land O’Lakes Woman’s Club members Dianne Finn and Marguerite Humet recently raised \$900 in donations at a community fundraiser for the benefit of Camp Idlewild in Land O’Lakes, which provides special camp programs and activities dedicated to autistic children and those in the spectrum. In addition, Ms. Finn and Ms. Humet generously donated and delivered over \$1,000 worth of in-kind donations of beautiful Christmas décor, lights, wreaths, toys, stuffed animals, and much more to make a special festive Christmas season for the children at the camp. The Woman’s Club salutes Dianne Finn and Marguerite Humet for their time and generosity dedicated to Camp Idlewild.

GFWC Donates to Fire Rescue

GFWC Lutz-Land O’Lakes Woman’s Club member Beth Nevel-Rader, on behalf of the club, delivered 17 delightful stuffed animals to Hillsborough County Fire Rescue Station 40 in Lutz. These animals are intended to bring comfort and calm to children when the Fire Rescue team arrives at a home during a time of emergency and/or stress and anxiety for the family. For more information on this volunteer service organization, please visit them online at gfwcclutzlandolakeswomansclub.org or their Facebook page.



Firefighter EMT Peralta with member Beth Nevel-Rader

GFWC Donates to Tampa Crossroads



(L-R) Club Members Nancy Taylor (rear), Dee Knerr with 2 Crossroads staff members

GFWC Lutz-Land O’Lakes Woman’s Club members delivered large cartons filled with donations of needed hygiene and personal care items and socks to Tampa Crossroads for distribution to their clients. Crossroads serves 3 local counties with counseling, rehab, job training, temporary housing and outreach to veterans and their families. For more information on this community service organization, please visit online at gfwcclutzlandolakeswomansclub.org or its Facebook page.

“We live by faith, not by sight. We are confident, I say, and would prefer to be away from the body and at home with the Lord.”
— 2 Corinthians 5:7-8

An Act of Kindness: The Good Samaritan



Jesus answered, “A certain man was going down from Jerusalem to Jericho, and he fell among robbers, who both stripped him and beat him, and departed, leaving him half dead. By chance a certain priest was going down that way. When he saw him, he passed by on the other side. In the same way a Levite also, when he came to the place, and saw him, passed by on the other side. But a certain Samaritan, as he travelled, came where he was. When he saw him, he was moved with compassion, came to him, and bound up his wounds, pouring on oil and wine. He set him on his own animal, and brought him to an inn, and took care of him. On the next day, when he departed, he took out two denarii, and gave them to the host, and said to him, ‘Take care of him. Whatever you spend beyond that, I will repay you when I return.’ Now which of these three do you think seemed to be a neighbor to him who fell among the robbers?”

He said, “He who showed mercy on him.”
Then Jesus said to him, “Go and do likewise.”

— Luke 10:30–37, World English Bible



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COMMUNITY PET NEWS
Mark Twilla DVM
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Pet Nutrition

Your pet’s diet is important to their well being. National brand pet foods sold at grocery stores by and large are nutritionally complete diets for both dogs and cats. The type of food depends on the pets age, size, breed and life style. However, some pets require specialty or prescription diets that are specifically designed to help treat medical conditions such as diabetes, heart disease, allergies, renal failure, obesity and gastrointestinal disorders. Hills Science Diet and Royal Canin are excellent manufacturers of these types of specialty foods. At Sunshine Animal Hospital nutritional counseling is a fundamental part of your pets wellness program.

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Are human foods bad for your pets? The answer is some of them. There is a list of foods that are especially dangerous for your pet. Some of these are: **Macadamia nuts**—One of the most poisonous foods for dogs. **Chocolate**—All types of chocolate including white chocolate. **Onions and Garlic**—Can kill your pets red blood cells. **Ice Cream**—Yes, ice cream. Many dogs don’t digest dairy, this can cause diarrhea. Other bad foods include: Almonds, raw eggs, caffeine, grapes, raisons, cinnamon, and alcohol. If you suspect that your pet has eaten any of these foods call your **veterinarian immediately**.

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— Colossians 3:2-4

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2020 was an unexpectedly stressful year. That stress can compromise the immune system, and this is a good time to begin considering the various ways to keep it strong. Now is the time to take those New Year's resolutions to a new level. So, why not make regular Reflexology treatments a part of your new health maintenance program for 2021? The price for being proactive is affordable; the price of reactive health consequences can be costly. So, take a step toward better health: call today for an appointment!



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Kidz Corner: New Year's Resolutions



Hi, my name is Harley. Today's topic is New Year's resolutions. So I have some explaining/ advice. You don't need to wait until January to do stuff. You can start anytime. Plus, what are you going to do until resolution?

I have an example. I think it was like May, or April, or June, when we wanted to grow avocados. We tried three with no real success. We tried again, and today we have like five avocado plants. So that was an example of trying new things whenever and having determination.

We also have many other plants with stories, but I can't tell them all. Let's go behind the scenes. I will demonstrate the life cycle of an avocado. Pit falls from tree, pit becomes sprout, sprout grows leaves, leaved sprout grows taller, tall leaved sprout stem turns brown, and it eventually becomes a tree. To grow your own, follow these steps:

Get a pit. Put three toothpicks in it. Fill cup halfway with water. Put pit in cup. Put cup someplace dark. When leaves sprout, put in sun and change water every week or so. Keep it in sun and you are done!

I like growing plants because it's fun and they're really pretty. If you take care of it, it's gonna give you fruit in the future. Just like we need to root ourselves in the word of God so we have a relationship with him.

We need a relationship with God to go to heaven. But just because you're going to heaven doesn't mean you still can't grow. Why wait till New Year's to do important things? The sooner, the better.

I also looked up how long it takes for the pit to provide avocados. Guess: couple months. Real life: five to ten years. Maybe I'll have avocados on my eighteenth birthday! Things take time. Happy New Year!

Harley Isabel Smith is a 2nd grader who has been featured on TV as a philanthropist, has a heart for evangelism, and writes monthly for the Gazette's Kid's Corner. Visit <https://harley-isabelsmith.com> where she is constantly adding written and video content to entertain and educate children.

The Great Florida Outdoors: Warm Mineral Springs

Dr. Robert Norman, Clinical Professor, Dermatology, Nova Southeastern University



Although you may be familiar with cenotes in Mexico, did you know this rare and unusual geological feature can be found in Florida? Warm Mineral Springs, in North Port between Venice and Port Charlotte, is also the largest natural mineral water spring in the world, covering 1.4 acres at depths up to 250 feet. In addition, it is the only publicly-accessible hot spring in Florida, staying a constant 87°F year-round.

Warm Mineral Springs has a long and storied history. According to the website, "Geologically, it was once a cave above the earth's surface, as stalactites and stalagmites are present deep beneath the waters. And it is deep, with ledges at 45 feet, a debris cone at 148 feet, and the spring itself at 250 feet deep.

Below a certain depth, the water has extremely low levels of oxygen. Remains of saber-toothed cats, mammoths, prehistoric camels, and human remains have been found by underwater archaeologists, the first of whom explored the spring in the 1960's. Human remains carbon-dated at more than 5,000 years old are buried within the spring along a ledge more than 90 feet below the surface of the spring."

The Warm Mineral Springs opened as a tourist attraction in the 1940's, attracting bathers who wanted to "take the waters" for their health. The springs offer the highest concentration of minerals found in any United States spring.

"Florida has more than 750 springs, including 33 first magnitude springs, a greater number than in any other state. "Springs

are the window into the health of our groundwater, which is the source of 90 percent of drinking water for Floridians.

Some springs support entire ecosystems with unique plants and animals. They also flow into rivers dependent on the spring's clean, fresh water," is on the Florida Department of Environmental Protection's website. For those who have been able to experience the wide variety of Florida's springs, you know that each offers many recreational opportunities such as kayaking, swimming, and diving.

As you read the landscape, look around and see what surrounds and flows into the springs. Reading the landscape must be fueled by knowledge obtained from researching and asking questions of those who are knowledgeable in the challenges facing natural Florida. Identifying evidence of land and water use that has occurred in the past allows you to better understand how these have influenced the health and function of ecosystems in the present.

In the case of Florida's springs, various complex threats, including spring flows that decrease because of declining water levels in the groundwater aquifer that sustains them, and excessive nutrients, mainly nitrate from fertilizer, storm water and waste water runoff, can lead to excess algal growth and habit degradation.

The process is also known as eutrophication. Severe algal growth blocks light that is crucial for plants, such as seagrasses, to grow. When the algae and seagrass die, they decay, and the oxygen in the water is used up. Low levels of dissolved oxygen in the water can kill fish and other aquatic animals.

Floridians need to commit to investing in nitrate-reducing capital projects and water-quality projects to protect and restore springs as well as in conserving and acquiring land in spring recharge zones to prevent nitrate contamination. Although much has been done to date, there is much more work to be done for springs restoration and long-term protection.

In 2016, the Florida Legislature identified 30 Outstanding Florida

Springs that require additional protections to ensure their conservation and restoration for future generations. These protections are outlined in water quality restoration plans, known as Basin Management Action Plans (BMAPs). These plans are focused on reducing nitrogen pollution impacting the water quality of these springs.


Please note that Wekiwa Springs State Park, Blue Spring State Park, Gilchrist Blue Springs State Park, Rock Springs at Kelly Park, and Rainbow Springs State Park also have camping.

For more details on Florida Springs, see <https://floridadep.gov/springs> at the Florida Department of Environmental Protection. For more information on the geology of Warm Mineral Springs, see <http://www.sarasota.wateratlas.usf.edu/upload/documents/Geology-of-Warm-Mineral-Springs-Rupert-1994.pdf>.

Open 9-5 daily except Christmas, Warm Mineral Springs is owned and operated by the City of North Port. Phone: 941-426-1692. Bring your own lawn or beach chair.

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Dr. Norman is an advanced master naturalist graduate of the FMNP program from UF and a board-certified dermatologist based in Tampa and Riverview. He can be reached at 813-880-7546.



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LVIB Announces New Executive Director Stefanie Pontlitz



Stefanie Pontlitz begins with the Lighthouse on November 2, 2020.

The Lighthouse for the Visually Impaired and Blind (LVIB) of Pasco, Hernando, and Citrus Counties announces a new Executive Director. Stefanie Pontlitz will succeed Jonathan Fister, upon his retirement. Pontlitz joins the Lighthouse after serving as Vice President of Development for Youth and Family Alternatives and prior to that, COO of the United Way of Pasco County.

Lighthouse Board Chair Jennifer Selk stated "On behalf of the Board of Directors, we thank Jonathan Fister for his years of service and wish him well in his retirement. We are thrilled that Stefanie has agreed to be the new Executive Director of the Lighthouse. Her extensive leadership and fundraising experience will enable us to expand our services to the blind and visually impaired community."

Tampa Bay Dance Club

January 2021 Schedule

The club will be requiring the participants to the dances to wear masks and practice CBC guidelines after admittance.

- 01/08 DJ Mike Unwin - 50'S Sock Hop
- 01/15 DJ Mike Unwin - Celebrate Martin Luther King Day
- 01/22 Female Vocalist Karen Kallin
- 01/29 DJ Mike Unwin - Gasparilla Celebration

Doors open at 6:30, dance runs from 7:30 to 10:30. Location is 8401 W. Hillsborough Avenue, Tampa Florida 33615, Luther Hall located at the Lutheran Church of Our Savior. Music to the 50's and up, Latin, & Country. BYOB-type club. Snacks and set up available. Dress code is casual and admission is \$12.

Facebook: Tampa Bay Dance Club, Tampa Bay Dancing
Email: Tbdanceclub@aol.com
Website: Tampabaydanceclub.com

Tax Collector Mike Fasano & Staff Raise Over \$9,000 for Florida Breast Cancer Foundation



Staff and management from the Pasco County Tax Collector's Office present check to Cathy Cruz of the Florida Breast Cancer Foundation.

During the month of October, Pasco County Tax Collector Mike Fasano's five offices partnered with the Florida Breast Cancer Foundation to help raise funds and awareness of breast cancer, its symptoms and treatments. October, which was national Breast Cancer Awareness Month, was the perfect time to feature the sale of the Foundation's "End Breast Cancer" specialty tag. Breast cancer is the most commonly diagnosed cancer among women in Florida (excluding skin cancer). It is estimated that about 12,000 new cases are diagnosed each year.

The five branches of the Pasco County Tax Collectors Office promoted the sale of the "End Breast Cancer" specialty license plates as well as the voluntary check-off donations on automobile registrations. 23 plates were sold in October. Combined with cash donations, a total of \$9,018.97 was raised to help "End the Suffering Caused by Breast Cancer."

For more details regarding charitable promotions or services provided by the Pasco County Tax Collector's Office, please contact Greg Giordano, Assistant Tax Collector for Communications & Special Projects at 727-847-8179 or visit www.pascotaxes.com. For more information about the Florida Breast Cancer Foundation and how you can support its efforts, please contact Cathy Cruz, Marketing Communications Manager at 305-631-2134 or visit www.FloridaBreastCancer.org.

Every Life Matters

Walls of Protection

Submitted by Dr. Dan Coflin, Pastor of River of Life Church

In Biblical days, high walls and massive gates to protect the inhabitants from invaders surrounded the towns. When the gates were destroyed or the walls were broken down the enemy had access to terrorize, to steal from, and destroy those who lived there because their defenses were compromised. The city of Jerusalem had experienced such distress when the Babylonians broke down the city walls and burned the gates. The entire population of the city was exiled for 70 years. When the Jews returned, one of their greatest needs was to secure the city.

“Then said I unto them, you see the distress that we are in, how Jerusalem lies waste and the gates thereof are burned with fire: come, and let us build up the wall of Jerusalem, that we be no more a reproach.” (Neh. 2:17).

Nehemiah was able to organize the people to rebuild and secure the city from their enemies. “So the wall was finished, and when all our enemies heard thereof, they were much cast down in their own eyes: for they perceived that this work was a work of our God” (Neh. 6:15,16).

Today, people and families are very much like the walled cities of old. Their enemies have entered in and robbed them of peace, prosperity, and security and many of these victims do not even recognize the identity of their adversaries.

The Bible shows us that our real enemies are not people (Eph. 6:12) but unseen forces that come against us with thoughts, feelings, fears, and judgments. These enemies of God and man attempt to deceive people and divide them with lies and accusations, fostering hatred and contempt for one another and bringing blame and provoking hostilities that ultimately lead to the destruction of relationships, partnerships, and even to physical harm of property and life itself. Our jails and hospitals are filled with those who have injured others or themselves and blame everyone but the true manipulators who remain unseen.

So how do you fight an unseen foe? The Bible tells us that our weapons are not physical, but they are mighty and powerful (2 Cor. 10:4). Our unseen armor is not something we can manufacture ourselves. Truth, righteousness, good news of peace, faith, salvation, and the Word of God are our only defenses (Eph. 6:14-17).

These things are not of our own making. God gives them to us, but we must be willing to receive them.

Some people will refuse to receive what God has so freely given because they did not obtain them by their own strength or wisdom. To gain victory over our enemies we must first humble ourselves and acknowledge that our victory is not because of our strength, but because of God’s love.

Our ability to receive from God begins with humbling ourselves before him, then submitting ourselves to him we can receive what only God has to give. We receive his truth and righteousness, his peace and salvation and these things change us.

God empowers us to walk in love, even towards those who count us their enemy. If we live in the love of God and we are free from offense and from judging others or believing lies or accusations, we can then cast down vain thoughts and exalted imaginations that try to get us to act on them and fulfill the will of our unseen adversaries.

God becomes a “wall of fire” about us and his glory fills our lives (Zech. 2:5). We can keep our cities (families, homes, businesses, ministries and country) safe and secure from every work of the enemy when Jesus is Lord and we choose to humbly receive from him the power that overcomes every evil work (1 Jn. 5:3-5).

May you be clothed with the unseen armor of God and kept safe from the lies of the enemy. May your lives be filled with joy and your homes with the blessings of God as you choose to walk in love and humble obedience to the Word of God.

Expressing Faith in Daily Living!

Submitted by Kay Dunn, Co-publisher of the Dunndean Gazettes

Trials: James 1:3-5 says, “Consider it pure joy, my brothers, whenever you face trials of many kinds, because you know that the testing of your faith develops perseverance. Perseverance must finish its work so that you may be mature and complete, not lacking anything. If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him.”

Two Kinds of Wisdom: James 3:13-18 says, “Who is wise and understanding among you? Let him show it by his good life, by deeds done in the humility that comes from wisdom. But if you harbor bitter envy and selfish ambition in your hearts, do not boast about it or deny the truth. Such ‘wisdom’ does not come down from heaven but is earthly, unspiritual, of the devil. For where you have envy and selfish ambition, there you find disorder and every evil practice. But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial, and sincere. Peacemakers who sow in peace raise a harvest of righteousness.”

“Submit yourselves, then, to God. Resist the devil, and he will flee from you. Come near to God and he will come near to you.” — James 4:7-8

During these past 9 months of wearing masks in respect of others’ lives and my own, social distancing, wearing gloves while distributing the Gazettes, using sanitizer, and washing my hands after grocery shopping, I have had the opportunity to start each day with my cousin Elsie in Pennsylvania with a prayer and a Bible study that suits me up with the armor of God daily. These challenging times have brought me closer to Jesus and what it really means to be a follower of Jesus. I hope you join me.

In Christ, Kay

prayer requests

“And all things whatsoever ye shall ask in prayer, believing, ye shall receive Matt. 21: 22

Accepting Life As It Comes: Jeremiah 29:4-7

Sometimes we are called upon to face tremendous difficulties as a result of our choosing to follow Jesus. Jeremiah told the exiles of his day to live as normal lives as possible. He also told them to pray for the welfare of the city which had taken them captive, much in the same way as Jesus tells us to pray for our enemies as well as for our government. Regardless whether you voted or not, let us all pray together for God to lead us in 2021.

Collage Photo of Generous Members

Submitted by Patricia Serio



GFWC Lutz-Land O’Lakes Woman’s Club outdid itself, under difficult Covid-19 conditions, in helping those less fortunate in our area. The collage represents wonderful members who contributed gifts to nursing home residents, without family and/or friends, who wouldn’t otherwise receive a single Christmas gift. Our members also generously provided food, warm clothing and monetary donations to food pantries and service organizations for special Christmas meals for the food insecure and homeless in our area. For more information on this community service organization, please visit gfwclutzlandolakeswomensclub.org or its Facebook page.

America’s Comeback

Continued from Page 1



But until we do our part, God will not do His part. The key word in this entire verse is “then.” It makes it clear that our part must be fulfilled before God’s part can be initiated.

Our part involves true humility and repentance. We can pray for restoration. However, restoration can’t come until there is revival. Revival can’t come until there is responsibility, responsibility can’t come until there is repentance, and repentance can’t come until we remember. We must remember who we are, where we come from, and why it’s important to be accountable for what God’s given us through our Founding Fathers. We must discover things like:

- How was our government formed?
- What price was paid for our liberty, and who paid it?
- What role did God play in the lives of our Founding Fathers?
- What responsibilities did our Founders give us?

The Bible says wisdom comes from two sources: the Word of God and life’s experiences (history).

If we choose to forget the past, then we lose the wisdom of the past—wisdom that came at a great price. If we forget, then history will inevitably repeat itself, and we’ll once again pay a tremendous price. God wants to use our nation as a beacon of light to shine brightly for Jesus Christ all around the world.

Revival or Rescue?

On May 7, millions in America observed the 65th Annual National Day of Prayer. It’s an incredible opportunity to come together and focus our eyes on the true Source of our help. However, as we pray, we have to be willing to do what God shows us.

I believe a lot of people simply want God to rescue this nation—to solve our problems without requiring any action on our part. However, revival for America includes taking responsibility to do what God shows us to help preserve what our forefathers obtained.

In 1787, as Benjamin Franklin exited the Constitutional Convention, a woman shouted from the crowd, “Sir, what have you given us?” Franklin famously responded, “A republic, ma’am, if you can keep it.”

What did he mean? A republic means “rule of law” (our Constitution). This form of government offers the very greatest liberties and freedom—but it also requires the most responsibility, moral virtue, and maintenance to keep it intact. America has gone from a strong, godly nation, ready to fight for our liberties and moral principles to one that’s complacent, allowing ungodliness to creep in little by little.

Evil doesn’t just happen overnight, it happens slowly over time as we fail to fulfill our responsibilities. Not doing what needs to be done in the face of evil encourages its existence and growth. Evil is only denied existence by wise action, and wise action is our responsibility!

As Christians, the choice is up to us. We can either stand up and fight or lay down entirely. But we can’t stay the same and expect the direction of our country to change.

Worth Fighting For

God is waiting for the body of Christ in America to become a courageous body—a group who will stand up and do what He is asking us to do. This is the true meaning of a “patriot.” It involves becoming educated about our past, then taking action for our future.

The Lord wants to use our nation, our resources, and our people to once again become a beacon of light to shine brightly for Jesus Christ all around the world.

On May 25, Memorial Day, we celebrated those who have allowed our light to shine in years past, an honor all of the servicemen and women who fought for this nation and made the ultimate sacrifice. Today, we continue the fight. However, it’s a battle against misinformation, passivity, and what I refer to as “historical amnesia.”

These battles are just as important as any we’ve ever fought. Our generation has the responsibility to protect the precious liberties that brave men and women have sacrificed to protect.

Friends, with your help, we can protect them—God has given us the plan. One by one, we can do our part to take a stand for America. As we are faithful to do what we can do, the Lord will be faithful to do what we can’t, and bring healing to our land.

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<https://www.youtube.com/watch?v=fWOiGY-lkbo>

New Year’s Resolution:

“Who Do You Say I Am?” *Luke 9:18-20*

David wrote in Psalm 27:4, “One thing have I desired of the Lord, that will I seek after; that I may dwell in the house of the Lord all the days of my life.” When David expressed the desire to dwell in the house of the Lord all the days of his life, he didn’t mean that he wanted to live in a church all the time. What he really wanted was to sense God’s presence in his life all the time. His one thing was his relationship with God.

Paul wrote in Philippians 3:8, “...everything else is worthless when compared with the infinite value of knowing Christ Jesus my Lord.”

Once again, we see Paul had one thing more important than anything else in his life. His one thing was his relationship with Jesus. All of us have busy lives. Much of our time is consumed by activities we have to do. We have to work to support ourselves and those we love. We have to make meals, clean clothes, fix things around our homes, and the list goes on. How we live in God’s presence while doing the things we have to do is a discussion for another time.

My question for today is, “What do we do with our discretionary time?” What do we do with our free time that we get to choose how to spend it? Whether a small amount of time or a large amount of time, how we choose to spend it defines the priorities of our heart.

So many things can appear to be absolutely necessary: time for us, time to decompress, time to have fun, time to rest, and many others. However, David and Paul would tell us there is one thing more important than all those things that appear to be so necessary – our relationship with God.

We don’t get to choose how we spend all of our time, but we do get to choose how we spend some of our time. I encourage you to make your relationship with God the one thing more important than everything else. In doing that one thing, having an intimate relationship with God, you will find everything you really need and truly desire. Listen to your heart. What is your one thing for 2021? Who do you say I am?

Florida Strawberry Festival Cancels Headline Entertainment

Due to circumstances beyond its control, the Florida Strawberry Festival announced today it has decided to forgo headline entertainment for the 2021 event. The 11-day festival, scheduled for March 4-14, typically hosts 24 headline entertainers in its stadium that seats approximately 9,000 people.

“We are diligently planning to ensure visitors to the 2021 festival can have a safe and fun experience with their families just like they have for 85 years,” said Florida Strawberry Festival President Paul Davis.

“This year, we believe it is in the best interest of everyone, guests and entertainers, to not have patrons sitting shoulder to shoulder for an extended period of time.”

The Festival’s other major attractions including rides, livestock shows, on-grounds entertainment, concessions and exhibits will continue at this point as they are all held either outdoors, in open-air facilities, or in areas where guests can move around as they please, Davis said. Whether there will be any changes or additional safety guidelines for these areas is still being determined.

“We have met with the Hillsborough County Health Department along with local and state officials to ensure we’re up to date with the latest guidelines and recommendations and will continue to do that leading up to the 2021 event,” said Davis. “Everyone we have met with feels confident that the plan we’re developing for our festival this year will be safe and effective.”

In response to this change, the Festival’s entertainment committee plans to offer more on-grounds entertainment, which is included with gate admission. Officials plan to utilize the ground space in the concert arena for additional vendors or events that will not require the stadium seating.

“We realize this has been a difficult year for everyone and this change is not what any of us wanted,” said Davis. “But we all need something to look forward to, and we are more energized than ever to provide an event where families can leave saying, ‘This is just what we needed.’”

About the Florida Strawberry Festival

The Florida Strawberry Festival is an 11-day community event celebrating the strawberry harvest of Eastern Hillsborough County. Each year, nearly 500,000 visitors enjoy the festival’s headline entertainment, youth livestock shows, exhibits of commerce, and of course, its strawberry shortcake. The 2021 Florida Strawberry Festival will take place March 4-14 in Plant City, Florida. For more information, visit www.flstrawberryfestival.com, Facebook, Instagram and Twitter (#berryfest21).



“We live by faith, not by sight. We are confident, I say, and would prefer to be away from the body and at home with the Lord.”
— 2 Corinthians 5:7-8

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1. The Word became flesh _____

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4. Set your minds on things above, _____

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Psalm 23



The Lord is my shepherd; I shall not want. He maketh me to lie down in green pastures: he leadeth me beside the still waters. He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake. Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me. Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over. Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.

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Veterans of Foreign Wars Riverview Dinner for Liberty Manor



Many dedicated members of Veterans of Foreign Wars organization in Riverview hosted a beautiful Italian dinner for Liberty Manor for Veterans.

Our Mission: To foster camaraderie among United States veterans of overseas conflicts. To serve our veterans, the military and our communities. To advocate on behalf of all veterans.

Our Vision: Ensure that veterans are respected for their service, always receive their earned entitlements, and are recognized for the sacrifices they and their loved ones have made on behalf of this great country.

The Veterans of Foreign Wars of the United States is a nonprofit veterans service organization comprised of eligible veterans and military service members from the active, guard and reserve forces.

We trace our roots back to 1899 when veterans of the Spanish-American War (1898) and the Philippine Insurrection (1899-1902) founded local organizations to secure rights and benefits for their service. Many arrived home wounded or sick. There was no medical care or veterans' pension for them, and they were left to care for

themselves.

In their misery, some of these veterans banded together and formed organizations that would eventually band together and become known as the Veterans of Foreign Wars of the United States.

After chapters were formed in Ohio, Colorado and Pennsylvania, the movement quickly gained momentum. Today, membership stands at more than 1.5 million members of the VFW and its Auxiliary.

Our voice was instrumental in establishing the Veterans Administration, development of the national cemetery system, in the fight for compensation for Vietnam vets exposed to Agent Orange and for veterans diagnosed with Gulf War Syndrome. In 2008, we won a long-fought victory with the passing of a GI Bill for the 21st Century, giving expanded educational benefits to America's active duty service members, and members of the guard and reserves, fighting in Iraq and Afghanistan.

We were the driving force behind the Veterans Access and Accountability Act of 2014, and continually fight for improved VA medical

centers services for women veterans. Besides helping fund the creation of the Vietnam, Korean War, World War II and Women in Military Service memorials, in 2005 the VFW became the first veterans' organization to contribute to building the new Disabled Veterans for Life Memorial, which opened in November 2010.

And in 2015, we became the first supporter of the National Desert Storm War Memorial which is planned for construction at our nation's capital. We have many programs and services that work to support veterans, service members and their families, as well as communities worldwide. VFW Riverview (813) 671-9845.

A great partnership between the two organizations as the mission of Liberty Manor for Veterans; Inc. is to promote the developmental and social needs of disabled and honorably discharged veterans who have fallen victim to homelessness, providing transitional supported housing, and establishing objectives designed to attribute to self-sufficiency.

Anyone interested in assisting this meritorious initiative please contact Connie Lindsay (813) 900-9422.


Samantha Taylor Fitness



What Our Partner Says About Us

I would like to personally thank the amazing owners of this publication, Mark and Kay Dunn. I met Mark over 20 years ago when he first started this paper and he asked me to write articles on health and fitness. And here 20 years later, they are going strong because they care about this community.

They love to bring God's word and encouragement to you and to support the businesses that do this as well. Even during this difficult time, they knew they must keep getting this paper out because they have loyal readers that are encouraged by it, and we all needed it more than ever during this difficult time. Thank you, Mark and Kay, for standing with us and encouraging us. You are a blessing to us all!



Just Palms Chris Tillman

As a longtime advertiser in Dunndean Publications, I just wanted to say thanks for your years of service. I've met so many great readers over the years, many who use our services year after year. Advertising in your publications is probably the sole reason my Palm Trimming business has succeeded over the years. It's the only place I gladly pay for advertising year after year. Thanks Kay for all the great service over the years, and I'm looking forward to many more years of advertising with you!

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Liberty Manor Vets Receive Many Donations


Dax Lonetto at Liberty Manor



Dax J. Lonetto, Sr., PLLC presented Liberty Manor for Veterans with some holiday charity to help make their life just a little better during the holidays. Lonetto knows all too well how difficult the holidays are for veterans that are estranged from their family members.

Liberty Manor for Veterans is a 501c3 nonprofit organization that provides housing to disabled and homeless veterans for the past eleven years. Liberty Manor for Veterans can be reached at 813-900-9422.

Liberty Manor Receives Grant



Pictured from left to right: Sheila Kinman, Sr VP Philanthropy and Connie Lindsay, CEO Liberty Manor for Veterans, Inc.

Liberty Manor for Veterans was the benefactor of a \$15,000 grant from the Community Foundation of Tampa Bay. The funds are intended to provide some financial relief to the veterans home and the veterans due to Covid-19 pandemic. The mission of Liberty Manor for Veterans, Inc. is to provide housing to disabled and homeless veterans who have fallen victim to homelessness for the first time and providing them with all resources necessary that will lead to independence

The Community Foundation of Tampa Bay is a 501 (C)(3) nonprofit that connects people and resources to inspire charitable giving and create a meaningful, lasting impact on our region. We serve Hillsborough, Pinellas, Pasco, Hernando and Citrus counties. The mission is to build a better community through creative philanthropy, vision and leadership. We partner with individuals, families, businesses, nonprofits, community leaders, professional advisors, volunteers and residents to create positive change in our communities. A community foundation is a public charity that typically focuses on supporting a geographical area, primarily by facilitating and pooling donations used to address community needs and support local nonprofits. The first community foundation was founded in Cleveland, Ohio in 1914. There are now more than 900 in the United States and more than 2,100 around the world. Community foundations are created by and for the communities they serve. Like other community foundations, the Community Foundation of Tampa Bay is supported by local donors and governed by a board of private citizens with deep roots in our region. We know this community and work closely with local nonprofits to stay on top of emerging issues and potential solutions.

The Community Foundation of Tampa Bay
4300 W. Cypress Street Suite 700 Tampa, FL 33607
813-282-1975

Liberty Manor Receives Donations




Terri Morrison and members of the First Presbyterian Church in Brandon loaded an entire pick-up truck of donations and two of our members Richard and Elizabeth Crawford delivered it to Liberty Manor for veterans for the holidays. Elizabeth Crawford also delivered a small decorative box which contained sixty \$10 Walmart gift cards.

Looking for a place you can feel like you belong? Come to First Presbyterian Church of Brandon. You can expect a warm welcome. On Sundays you can worship together in person or online at 9:30am. The congregation is led by Pastor Mike, who shares relevant messages that are based on what the Bible teaches. You can be a part of a church that truly cares about the local Brandon community since church members regularly invest their time and money to help with Meals on Wheels, Family Promise of Brandon, Stephen Minsters, Metropolitan Ministries, and more. There is something for everyone with programs for children, youth, and adults. So if you are looking for a church in Brandon, you've found a great place with First Presbyterian Church of Brandon. First Presbyterian Church of Brandon, 121 Carver Ave. Brandon, FL 33511, 813-689-4597.

The mission of Liberty Manor for Veterans, Inc. is to promote the developmental and social needs of disabled and honorably discharged veterans who have fallen victim to homelessness. Anyone interested in assisting this meritorious initiative, please contact Connie Lindsay (813) 900-9422 or visit the Liberty Manor for Veterans (a 501c3 nonprofit organization) website at <http://www.libertymanor.org>, go to 10015 N 9th Street Tampa, FL 33612, or the mailing address P.O. Box 274081 Tampa, FL 33688-4081. Our veterans are certainly worthy of our help.

Apex Systems Donates to Libery Manor




Thanks to the team at Apex Systems in Tampa for pooling their funds together this year. In lieu of a Christmas party due to COVID-19, they decided to make a donation to a veteran's organization. Liberty Manor for Veterans was the benefactor of that donation that consisted of gift cards to Walmart (always a fan favorite of the veterans) and \$500 worth of gift cards for gas that offers staff the opportunity to take veterans to the VA hospital, doctors' appointments, and job interviews.

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The Lord's Prayer

Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth
as it is in heaven. Give us today our daily bread.
And forgive us our debts, as we also have forgiven
our debtors. And lead us not into temptation,
but deliver us from the evil one.

Matthew 6:9-13

Call Kay at (813) 841-5932

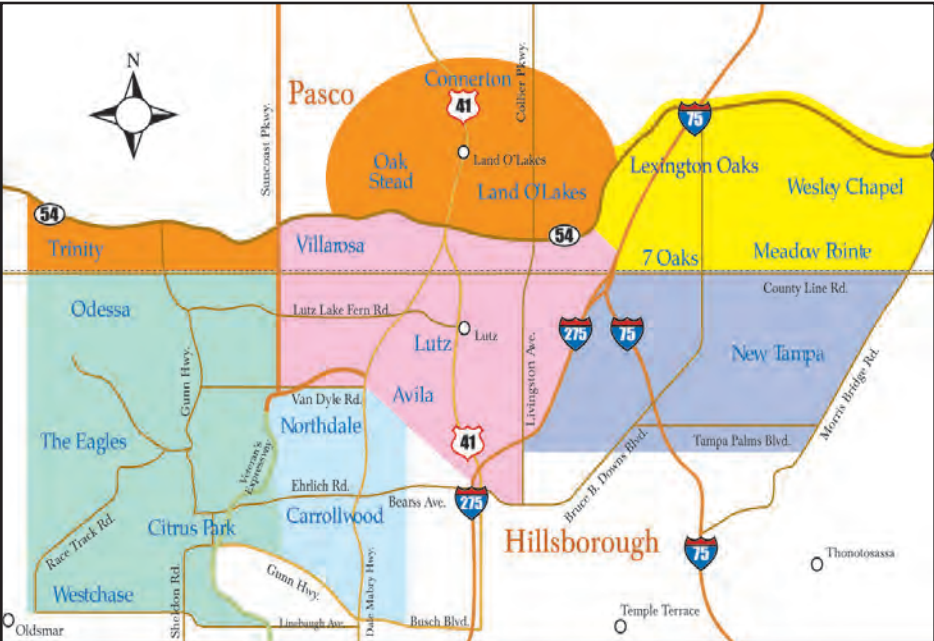
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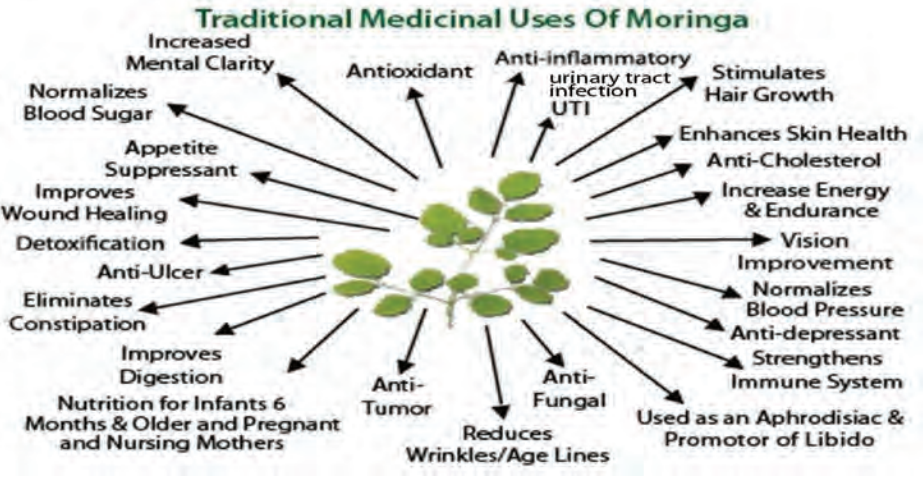
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"I can fulfill God's vision by choosing to live with expectant hope. I will watch the Lord do the impossible in my life and use it to help reach people who need to know him." —Ephesians 1:18

JESUS is not our Religion, He is our Savior...

Faith is being sure of what we hope for and certain of what we do not see. Hebrews 11:1

In the beginning God created the heavens and the earth. "The Big Bang" Genesis 1:3 "Let there be light..."

Thanks to the advertisers, our Operating Partners, we can make a difference in the community. Their support of the Gazettes has brought us to the crossroads in Bible ministries that our forefathers forged into our Constitution, **IN GOD WE TRUST**. As a Christian publication, we are on a mission to exceed expectations with outstanding hard work by connecting with Christian businesses, and churches. Our uplifting editorials are mainly contributions from local businesses, churches, and events... *1st Corinthians 16:14 Let all that you do be done in love.*

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