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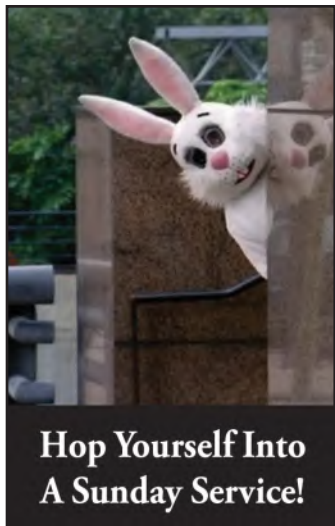
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**My Carrollwood Gazette.com**

Faith is being sure of what we hope for and certain of what we do not see. Hebrews 11:1

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## Easter And What It Has To Do With A Bunny



### Hop Yourself Into A Sunday Service!

Easter, a celebration of Jesus Christ's resurrection from the dead, is the holiest day of the Christian calendar. So, what does this miracle have to do with a bunny delivering painted eggs? The answer lies in a hundred generations of rituals and customs. According to the gospels of the New Testament, Jesus Christ and his apostles entered Jerusalem to observe Passover, the Jewish holy season that celebrates the Hebrews' release from slavery. After the Passover supper, Jesus was arrested, and on what is now called Good Friday, he was crucified. Two days later, he rose from the dead. Those of Jewish origin were the first to celebrate the resurrection, likely as a new facet of the Passover festival. In fact, the Easter celebration was called "PASCHA." It's derived from the word "PE-SACH" (the Jewish translation for Passover).



Originally, Easter was celebrated two days after Passover, so it fell on any day of the week, but Easter Wednesday just didn't feel right. In 325 AD, Roman Emperor Constantine and the Council of Nicaea ruled that Easter must fall only on a Sunday, the day when Christ rose from the dead. Easter Sunday would be the first Sunday following the full moon after the spring equinox; it could occur anywhere between March 22nd and April 25th. Around the same time, Christians began one of the first recorded rituals of the modern Easter celebration—the lighting of the Paschal candle. Its flame is a reminder of Christ's resurrection—light out of darkness.

*Continued on Page 8*

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## Where Old-Fashioned Service Meets Modern Technology *Anne Childers, Staff Writer*



Barr-Hameroff Insurance Agency is a locally owned and operated independent insurance agency providing personal and business insurance throughout the state of Florida. Carrollwood resident Bonnie Turner and her father, Al Hameroff, founded the agency in 1980. Bonnie's husband Hill joined the business in 1988, their daughter Erica has worked in the office since she was 14, and, 16 month old Jade, Devin's daughter, now joins the rest of the staff and family in the multi-generational family business. Barr-Hameroff's agents are licensed to do business

in Florida with many quality rated insurance companies. As independent agents, the service-minded staff at Barr-Hameroff can shop for the best rates and coverage for every client, regardless of the client's needs. The wide range of services make one-stop shopping a convenient reality for most customers since Barr-Hameroff is licensed to insure auto, home, boat, motorcycle, umbrella, life, health, and all types of business insurance. If your insurance needs change, your Barr-Hameroff agent can continue to offer you the best coverage at competitive pricing. Bonnie and her staff take pride in finding the best combination of price, coverage and services, while providing excellent customer service the old-fashioned way- with personal attention! The agency utilizes the latest in technology, but during business hours the phones are answered personally, with no voicemail or call center generated calls. The agency takes pride in maintaining strong community ties. "Small enough to know you, large

enough to serve you," is the company motto. An excellent example of Barr-Hameroff's commitment to community service is the addition of a Korean agent to better serve the Korean population. The staff is readily available for periodic reviews, to assist with coverage, changes, and updates as your needs change, and your agent is always ready to assist you when you have a claim. They offer a full range of business insurance products including health, life, and disability as well as commercial coverage including property, inland marine, liability, flood, and more for small to large businesses. The Barr-Hameroff Insurance office is conveniently located at 13506 North Rome Avenue, Tampa, 33613. Office hours are Monday-Thursday 8am-5pm and Friday 8am-3pm. Call 813-870-6284 for information or to schedule an appointment, and be sure to review all the services available on the web at [www.barrhameroff.com](http://www.barrhameroff.com).

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**Dr. Douglas Wingate, Ph.D.**  
*Life Christian University*

## An Instrument in God's Symphony

the Conductor has no one to lead, and not one note of music will be heard.

Who are these chosen instruments? They are all of the members of the Body of Christ. And the best and most miraculous part is this, they do not even have to play and perform with their own talent. The Holy Spirit fills them with breath and strength and His own talent. They are allowed to perform with His excellence empowering them.

It is amazing how God can use an illustration from what we know in the natural to understand a very important spiritual truth. As born-again believers, you and I are very important to God's plans. We must take our place in the great symphony. It doesn't matter if you are first chair violin or third chair bassoon. When the notes in the perfect Composer's score are about to be added to their perfect place in this great masterpiece, the Maestro is expecting us to perform our part under the anointing of the Holy Spirit.

God has a great desire for all of the rest of the world to hear the music of Heaven and hear the call to come in from the cold. The world around us is becoming an increasingly dangerous place of misery and evil. There is only one way to escape from this trap of ignorance and desperation. We believers know that it is the Father's will that all be saved and come to the knowledge of Jesus Christ our Lord. How can they know if there is no sound coming from the Church that declares the goodness of our Heavenly Father and the mercy of our Lord Jesus?

I encourage you to find your place in a good church that teaches and believes the whole counsel of God's Word. Grow up into that instrument that hits all of the sweet notes on your lines in the score and brings glory and honor to the King of Kings and Lord of Lords.

Dr. Douglas J. Wingate, President and Founder, Life Christian University  
813-909-9720

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<https://www.facebook.com/pages/Life-Christian-University/141854899215356>



**Samantha Taylor**  
*Pure Health & Fitness Studios*

## I Was a Food Addict as a Personal Trainer!

so saddened my life had gotten to this point and frustrated that no matter how much I knew about nutrition, it wasn't helping me. Then, all of the sudden, something happened.

God started to encourage me about my body being the temple of God and that I didn't have the right to abuse it, that it was a gift and that gluttony had become a sin in my life and I had made food an idol. That was a hard message to hear, especially since I was a health professional.

It was at that moment I realized I needed God's help and that I couldn't do this without Him. How did I know? Because I had tried for years and kept failing. Most people I talk to say they never thought about asking God for help with their weight, but that is something that changed everything for me.

Getting into the Bible, praying, and living out more the principles Christ teaches, that is how I overcame my food addiction 14 years ago. Now I am amazed how easy it is to eat healthy when it used to be such a struggle. However, it didn't come without trial and learning how to really surrender temptations to God.

Even though I overcame my bingeing issues, sugar took longer. I overcome the sugar addiction 7 years ago, but I found I was still dabbling in it too often. I am happy to say I have been off sugar for 9 months and I feel amazing! I would love for you to experience that, too.

Since it's Easter, if you are a believer, maybe this is a good time to reflect on your body as the temple of God. Don't get consumed by chocolate bunnies. Pray that God helps you take responsibility to respect and take care of your body. To learn more go to this website at [purehealthstudios.com](http://purehealthstudios.com).

I don't know if you know this about me, but I used to be a food addict, including sugar. I had a compulsive binge eating disorder, and I was an emotional eater. I would eat until I felt sick even though I wouldn't purge. I didn't know how to stop bingeing even while being the #1 producing personal trainer in a large corporate gym out of 2,000 trainers!

No one knew my issues but me and God. Since I knew so much about nutrition and exercise, I knew how to manipulate the system and was able to gain only 20 lbs. when most would have gained 50 eating the way I was. One day, my cravings to binge took over and I went into a pizza place. This was risky since I have been in this paper for over 14 years, and I am a local celebrity, so people recognize me around town!

After I overate about 5,000 calories at the buffet and the server witnessed this, she came over and asked me, "Aren't you that health expert in the paper?" I hung my head low, I was devastated. My secret sin in life had become public and yes, it was only one person, but to me, it felt like it had been on the news! Funny thing is, it's this paper she saw me in 14 years ago.

I went back to the gym, got on the same treadmill that I had helped people lose hundreds of pounds on, and I wept bitterly. I was

**"For whoever wants to save their life will lose it, but whoever loses their life for me will find it."**  
— Matthew 16:25

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**Samantha Taylor**

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### Open House & Seminar

**\*Wesley Chapel:** Fri April 10<sup>th</sup> 5:30 pm-7:00pm  
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**\*Land O Lakes:** Sat April 11<sup>th</sup> 1:00pm-2:30pm  
(Seminar by Samantha at 1:30pm)

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How to Be Secure  
in Your Retirement

Everybody wants to retire. Some sooner than others. But statistics show most people are not preparing properly for retirement. Have you ever been curious what a discussion with a fee-based financial planner may do for you? Here are some examples that may surprise you.

**Social Security**  
A couple plan to take Social Security early at age 62. His Full Retirement Age (FRA) benefit is \$2,200 and hers is \$1,500. However, because they are taking benefits early, their benefits reduce to only \$1,692 and \$1,154, respectively, with their assumed life expectancy of 89 and 93 years old. This is an \$854 reduction in their total FRA monthly benefits! They were very surprised to learn about this significant difference in their benefit. A benefit that would last many years!!

However, that wasn't what impressed them the most. Another option is for the husband to file for benefits at FRA and immediately suspend them. This allows his wife to file a restricted benefit and begin taking spousal benefits of \$1,214 at her FRA of 66. She can collect this spousal benefit for 4 years and delay taking her own benefit until age 70. This allows her to receive delayed credits from Social Security, making her own monthly benefit \$2,366 at age 70. The husband also benefits from the delayed credits and is able to collect a monthly benefit of \$3,469 at age 70.

Now their monthly Social Security benefits are \$5,835 instead of the \$2,846 they planned to take at age 62. The difference over their lifetimes, including the additional 4 years of spousal benefits, is over \$414,215! Wow! Good thing they talked to a professional.

**Taking Money from an Annuity**  
A couple decided to pay off a rental property by cashing in their annuity of approximately \$60,000. They just wanted to have the rental paid off rather than paying the monthly mortgage. However, what they did not consider was that they received a 10% bonus on the annuity that would be forfeited, a 10% penalty for taking the money early, and taking the money all at once would put them in a higher tax bracket. As a result, they would be paying over \$20,000 in taxes and penalties! That is nearly half the amount of their mortgage. Instead, the best thing for them was to refinance their mortgage and get a 2% reduction in their mortgage interest payment. Wow! Good thing they talked to a professional.

**Take the next step!**  
Don't leave your future to chance. Let me help you determine the best options for your family. Would you paint your own house, tile your bathroom, or put on a new roof yourself? Probably not. So why not talk to a professional regarding your retirement goals and financial issues? It may not be nearly as costly as you think. And, you most likely will reap benefits that will greatly outweigh the costs. As a fee-based financial planner, you only pay for the time required to help you. Call for a no-cost, no-obligation consultation today!

Advisory services provided by Commoncents Wealth Advisors. Custodial services provided by TD Ameritrade. Material presented is believed to be from reliable sources. However, we make no representations as to its accuracy or completeness.

Human Trafficking In Tampa Bay  
(Part five of an ongoing series)

Anne Childers, Staff Writer



*"The reward is in the rescue."*  
Cpl. Alan T. Wilkett, Pasco Sheriff's Office  
Over the past few months, Dunndean Publications has used this space to educate our readership on the modern day horror that is human trafficking. Despite a strong criminal network that ensnares the youngest and weakest in the Tampa Bay area, our local law enforcement officers and State Attorney Pam Bondi are making progress in identifying these criminals and rescuing their victims. Locating and rescuing the victims is the critical first step in restoring the mental and physical health of these exploited individuals, but what needs to happen next is no easy task.

Victims need medical care and basic necessities—food, clothing, and shelter. Rescue may happen quickly, but rehabilitation is a slow process requiring time and resources. The entire state of Florida only has 18 beds for those 18 years old and older, and that group is no longer eligible for Medicaid or educational benefits. Younger victims have slightly better resources and access to Medicaid until they "age out." The sad truth is there are not enough beds and safe houses to

provide a haven for victims to reclaim their lives. Two women locally are working to increase the resources and expand the services available for these victims.

Edie Rhea, herself a survivor, has established Healing Root Ministry. Her safe house has bed space for 5. To provide the resources needed to offer these victims a two-year recovery program, Edie estimates the cost at \$350,000 annually. Call Edie at 813-458-5970 and schedule training for your church, group, or organization and learn how you can help recover a life.

Natasha Nascimento is the Founder of Redefining Refuge, a safe house for girls age 17-22. It is the first of its kind in the state. Call 813-909-0300 to volunteer, offer financial support, schedule a training opportunity, or collect items for the wish list. Visit this space next month for additional information about these two dedicated women and learn ways you can be part of the healing.

Call any of the resources listed here to report human trafficking anonymously. The National Human Trafficking Hotline at 1-888-373-7888, the U.S. Department of Justice Hotline at 1-888-428-7581, the Florida Abuse Hotline at 1-800-96-ABUSE (22873), [MyFloridaLegal.com](http://MyFloridaLegal.com), Pasco FREE ([pascoFREE@gmail.com](mailto:pascoFREE@gmail.com)), and 911.

Anyone wishing to share or report information with this publication may send an email to [edit101@ddpnews.com](mailto:edit101@ddpnews.com). At no time should any citizen try to intervene or rescue anyone on their own. Please check this space next month for additional information.

Which of These Costly Home Sellers' Mistakes Will You Make When You Sell Your Home?

**Tampa Bay Area**—A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their homes, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of the matter is that fully three quarters of home sellers don't get what they want for their homes and become disillusioned and—**worse**—**financially** disadvantaged when they put their homes on the market.

As this report uncovers, most home sellers make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable.

In answer to this issue, industry insiders have prepared a **FREE Special Report** entitled "The 9 Step System to Get Your Home Sold Fast and For Top Dollar".

To order your **FREE** copy of this Special Report, visit [www.TampaBayHomeGuide.com](http://www.TampaBayHomeGuide.com). The Website is always available 24 hours a day, 7 days a week.

**Order NOW** to find out how you can get the most money for your home.

*This report is courtesy of Peter Butera with Future Home Realty Inc. Not intended to solicit properties currently listed for sale. Copyright of 1998.*



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Messiah Lutheran Church Easter Egg Hunt

Messiah Lutheran Church and Preschool will hold its Annual Easter Egg Hunt on Saturday, April 4, 2015 at 10:00am at 14920 Hutchison Road, Tampa, FL 33625. This event is free and open to the community. Activities that morning include the egg hunt, devotion, games, prizes and refreshments. Also that morning, Messiah Lutheran Preschool will be conducting an Open House giving families an opportunity to explore the classrooms and register their preschoolers for the fall.



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Bonsai Tree Demonstrations

Eve's Garden Gifts, 5602 Land O' Lakes Blvd. (Hwy 41) in Land O' Lakes will host free Bonsai Tree demonstrations & seminar from 10am to 4pm every Saturday in April. The emphasis will be on spring care for your bonsai trees. We will be demonstrating on correct size container, trimming, potting, and shaping to keep your tree healthy through the months. You are welcome to bring in your own bonsai trees for us to demonstration on and give advice. Enjoy a walkthrough of our beautiful bonsai garden. For information, call 813-996-5012 or visit our website at [www.evesgardengifts.com](http://www.evesgardengifts.com).

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"And he died for all, that those who live should no longer live for themselves but for him who died for them and was raised again."  
— 1 Corinthians 5:15





HopeChildrensHome.org

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# Happy Mother's Day

Hope Children's Home is certainly a place that has the blessings of God upon it, and we thank Him every day for those many blessings. There are certain days that are a little more difficult for many of our children. One of those days is just around the corner and that day is Mother's Day.

On May 10th, many of us will celebrate our moms and what they mean to us. For many of our children, that day is not a day of celebration. Often times, it is a day of bad memories and to some, a day of sadness in that their Mother has passed, abandoned them, or maybe has never been in the picture at all. One of our

children, Christina, was brought to Hope when she was four years old, and now, 10 years later at the age of 14, she had not heard from or seen her mother since. Your continued prayers and financial support for the children at these times is a way to show them you care and want to help.

Please consider giving for our Mother's Day Offering. Do you have a wonderful mother, or maybe, your mother has passed away? What better way to to honor or remember her than by helping a child? Give in honor or in memory of your mother or someone that has been a mother figure in your life. Donate online or by mail, note your gift as a tribute gift, and we will display it in our newsletter. If you want to notify someone of your gift, we will send a letter letting them know you gave a gift in honor of them or in memory of their loved one.

Will you consider giving to the children so that they will know that people other than us here at Hope care and love them especially on a day like May 10th? God bless you as you consider what you can do.



Christina

4 yrs. old

## White Dove Farm Garden Connect

We invite you to Garden Connect – our speaker is Erin Givens on Palm Trees and their cultivation and care. The date is Saturday, April 18th at 3:30pm. Call (813) 991-9786 to RSVP for info and directions and ask for Steve or Jeanne Wolfe. If no one answers,

please leave a message, we will call back. It is very important for scheduling and planning purposes to RSVP White Dove Farm 3 -4 days prior to the actual meeting date (by Apr 14th). Bring a cutting, a snack, and a smile. You will definitely enjoy the event!



## Women-n-Charge

Join the vibrant ladies of Women-n-Charge on Friday, April 3rd from 11:30am-1:15pm at Pebble Creek Country Club (10550 Regents Park Dr., Tampa, 33647). The meeting includes lunch, a feature speaker, and time to network. We share our talents, build relationships, and share our resources with other women in business. The cost is \$15 for members (Tuesday before the meeting) and \$18

for all guests (and members paying Wednesday and after). Please register at [www.women-n-charge.com](http://www.women-n-charge.com). For more information, please contact Judy at 813-600-9848 or [admin@women-n-charge.com](mailto:admin@women-n-charge.com). Our feature speaker for April is Ginger Rockey-Johnson, the Original Spice Girl of Tampa Bay, and she will be speaking on "How to Use Today's Social Media to Market Your Business."

## KTBB Tropical Nights Fundraiser

Keep Tampa Bay Beautiful announces that its 24th annual Tropical Nights fundraising event will take place on April 10, 2015, from 7 to 11pm at the TPepin Hospitality Centre, 4121 N. 50th Street, Tampa, 33610.

Tropical Nights is a fun-filled evening of social events and live music featuring over 200 one-of-a-kind items up for bid in the "You Must See It To Believe It" silent auction. Guests also will enjoy sampling foods from 10 Tampa Bay area restaurants while enjoying live music in a casual atmosphere.

The event provides a large percentage of funds for Keep Tampa Bay Beautiful to continue fulfilling its mission. One hundred percent of the proceeds are used directly in our community and help to make a cleaner, greener, and more livable place for visitors and residents of Tampa Bay.

Tickets are \$100. For more information or to register, call 813.221.8733 or visit [www.keeptampabaybeautiful.org](http://www.keeptampabaybeautiful.org).

**About Keep Tampa Bay Beautiful**  
Keep Tampa Bay Beautiful, Inc. (KTBB), a Keep America Beautiful Affiliate, is a 501(c)(3) not-for-profit organization whose mission is to provide environmental education and volunteer opportunities that develop individual responsibility and environmental stewardship.

Since 1989, KTBB has formed partnerships with local governments, corporations, schools, and neighborhood organizations to engage individuals and provide opportunities to enhance the community through volunteer participation. To get involved with KTBB, call (813) 221-8733 or visit [www.keeptampabaybeautiful.org](http://www.keeptampabaybeautiful.org).

## National American Miss

Miss Lilly Jo Rosson, age 5, has been chosen as a State Finalist in the National American Miss Florida Pageant to be held July 17th and 18th at the beautiful Hyatt Regency Grand Cypress Resort in Orlando, FL. Miss Rosson will compete in the Princess Division, which is comprised of girls ages 4 through 6. The newly crowned Miss Florida Princess will receive a \$1,000 cash award, the official crown and banner, a bouquet of roses, and air transportation to compete in the National Pageant at Disneyland® in California.



Miss Florida Princess will also represent the great state of Florida for an entire year. Miss Rosson and her family live in Tampa Palms, where Lilly attends kindergarten at Lawton Chiles Elementary School. Miss Rosson also

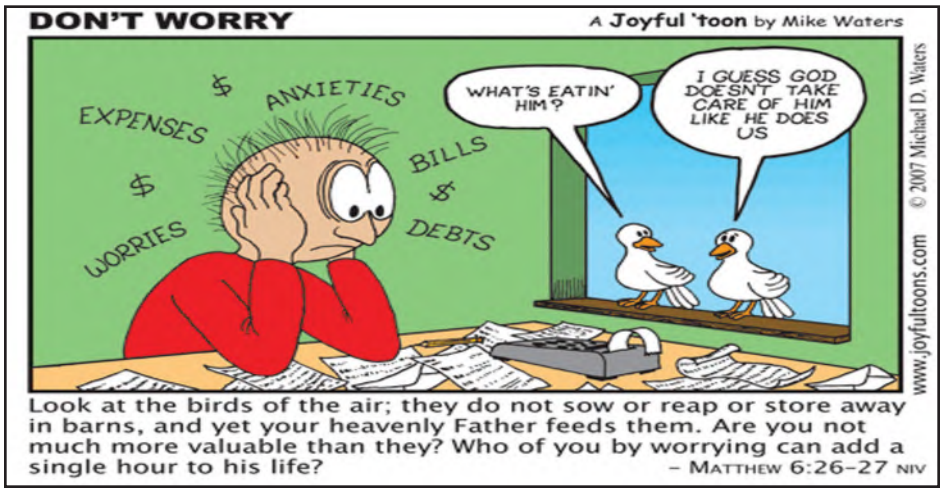
participates in dance at the New Tampa Recreation Center. She enjoys art and playing with her brother Ethan, age 3.

Individuals or businesses wishing to support Miss Rosson achieve her dreams may do so by visiting <http://www.gofundme.com/lillyrosson>. Businesses supporting Miss Rosson will be featured in the NAM Florida State Yearbook, making contributions tax deductible as an advertising expense.

**About National American Miss**  
Founded in 2003, The National American Miss Pageant System is the largest in the nation. The focus of this organization is to create future leaders and to equip them with real-world skills to make their dreams a reality.

The program is based on inner beauty, as well as poise and presentation, and offers an "All-American spirit of fun for family and friends." Emphasis is placed on the importance of gaining self-confidence and learning new skills, such as good attitudes about competition, as well as setting and achieving personal goals.

Families interested in learning more about this unique and outstanding youth program may visit [www.namiss.com](http://www.namiss.com).



## The Next Generation of Farmers

By Connor N. DeBoer



In 1902, 4-H started as a local agricultural after-school club in Ohio. By 1914, the National 4-H organization was formed when the US Congress created the Cooperative Extension Service of the USDA. Today, the impact of 4-H is incredible, empowering over 6 million youth in the US alone, replenishing what is close to being forgotten: farming. Across America, boys and girls as young as five years old join 4-H and begin raising livestock and acquiring other life skills.

Every student has the opportunity to showcase their animal in county and state fairs. These participants are required to take ethics classes and learn the humane treatment of animals.

This great organization provides the concepts of feeding and farming America the good old fashioned way. This is vital—in twenty years, the US will experience an unprecedented crisis of retiring farmers.

If you look at statistics between 1970 and now, the US has lost 88% of its dairy farmers alone. Small, independent farms are in danger due to the next generation not wanting to take on what their ancestors fought so hard to keep. We need the next generation to rise up and work local farms. This generation is getting weak and needs to hand the torch, or in this case, the tractor keys to their grandkids and even great-grandkids.

We as farmers are supposed to supply America, which is over 9 billion mouths

to feed, with dropping numbers. We have more consumers than producers. Our population is increasing and exceeding the rate of increase of our food production.


Less is really more because there is a monopoly in food production: overproduced food that is lacking nutrition. We need small, local farms to sustain the freedom of choice of what we are consuming. American importation has become extremely popular. Instead of investing here we are investing in other countries for our food and even our water supply. Americans need to invest in our own country and rebuild the farming industry for the generations to come.

Think of America as an animal: if you don't feed it or give it nourishment, it will die. What America needs are more educated leaders in agriculture, and that is exactly how 4-H affects our families. It is the opportunity to become a strong individual in the farming community.

My name is Connor DeBoer. I'm 17, and in 2010 I began in 4-H. I have raised and shown dairy goats for almost 6 years in August. I am very passionate about my farming with dairy goats. It gives me great joy to show my animals at county and state fairs. The 4-H family and animals have such a great influence in my life. I have chosen to do organic farming as my career in agriculture. I am a current member of the 4-H Odessa Wranglers Club of Hillsborough county. For more information, contact your local Ag Extension Office.







# Magnolia Manor Assisted Living, Inc.

## Barbara Keithly, Owner

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**— Matthew 16:26**







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~ Mike and Julie Byrnes, Apollo Beach

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~ Todd Wahl — St. Petersburg, Florida



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## Top 3 Social Media Mistakes Companies Make, Part 2

Last month we talked about the first three in a series of 12 social media mistakes companies make. This month, it is:

**4. Using social media as a megaphone.**

#### 4. Using social media as a megaphone.

Social media is self-explanatory: Its purpose is for a user to socialize with others in an effort to get them to know, like, and trust you and who you are. If you are using the megaphone approach, that typically means you aren't allowing anyone to get close enough to you to accomplish that, both on social media and in real life. Engagement builds loyalty, and loyalty translates to sales. Social Media is only ever supposed to be engaging, educating, and entertaining your audience. Anything else you do is just spam.

### 5. Focusing on quantity of followers instead of quality.

Having a fan page of 1,000,000 people who couldn't give a crap about what you have to say isn't converting anyone into a raving fan. You might as well go and talk to a wall. It would be that engaging. In all honesty, why are you out there working to get new customers, hoping they will buy your product or service, only to talk to the wall instead of to people who really want to listen to and talk with you. You don't want to waste

your time and effort, so why focus solely on the numbers? It is far better to have 100 fans who are talking with and about you than 1,000,000 who couldn't care less.

6. Posting inappropriate content.

At one time, I thought that content of a colorful nature would be necessary, but I was wrong. So, here is my recommendation. If your grandma's mouth would drop to the floor and her teeth fall out after viewing your post, don't post it. It'll take practice, but I promise that you'll quickly find out what turns your audience on and what turns them off. If you don't know what they want, ask them!

Next month, three more of the Top 12 mistakes companies make! For more great helpful How-to's, pick up a copy of my new book *Remarkability – Standing Out. You're Not Invisible, Don't Let Your Brand Be, Either* – now available on Amazon.

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## Captain Ric's Fish Tales

### Reel Simple Fishing Adventures



Will Francis with an upper slot redfish he caught recently with Capt. Ric in Tampa Bay while on spring break.

We've finally gotten to the time of year that we get excited as anglers. The warmer temperatures are here and have ushered in some pretty good fishing. The fishing that we have here this time of year is hard to beat. I haven't fished in a lot of places around the country, but the few places I have fished were second fiddle to springtime in Tampa Bay.

This is the time of the year that the bait will start moving around and slipping up on the shallow water grass flats. It's also the time that a lot of fish start migrating out of the creeks, rivers, and canals and head to the grass flats as well.

We will also see some of our fish move from the deeper water onto the grass flats. When the bait and the fish meet, it's a collision that an angler loves to witness. Hopefully, that collision is taking place at the end of your line and around your hook.

The next couple months should be good for snook, redfish, trout, and Spanish mackerel if you are fishing in the bay. If you are

venturing out a little and fishing around the coastline or offshore, you should have a good tarpon and kingfish experience. There are plenty of other species out there to target. These mentioned were just a few of the area's sought-after fish.

If you are going to target a fish, it's a great idea to know the legal aspects of your catch. The best thing to do if you are a novice and are trying your hand at fishing is to get a tide chart from a bait shop that has all the legal information that you will need on the back. Most bait shops have these and are more than willing to give you one at no charge. You will wish you had taken the time to stop and get one if you get caught with an illegal fish that you were not sure of.

Question of the month: I received this question via email almost a month ago and thought it might be a good one to pass along. The question read, "Which fish in the bay area can you thumb like a freshwater bass?" If you are not familiar with the term "thumb" it means to stick your thumb in a fish's mouth to hold it. I will not go through the whole list of fish in the bay area, but I will say that I usually only thumb snook. There are some that you can, but most of our fish have teeth and should be handled another way. I use a dehooker 99% of the time on any fish. If you can keep from touching a fish, you are doing them a great service. Obviously I am not referring to fish you intend to keep for a meal.

Until next time, good luck and be safe on the water. Remember: don't let your kid be the one that got away, take them fishing.

For charter fishing information, you can call (813) 601-2900, email [CaptainRic@msn.com](mailto:CaptainRic@msn.com), or visit [www.ReelSimpleFishing.com](http://www.ReelSimpleFishing.com).



Rick Bradshaw  
PGA Professional/GM

## Secure The Perimeter When You Play Golf!

pretended as simply maintaining the full stretch width feeling you have when your arms are stretched down at address as you rotate your shoulders into the top of your backswing. It is imperative that this triangular brace of the arms is maintained as your left shoulder turns under your head and chin as you look at the golf ball.

This shoulder rotation and pivot will engage and stretch your abdominal muscles as well as latissimus dorsi. Do not sway! Use your right leg as a brace as you rotate your shoulders and upper core into Sasquatch or Bigfoot, as I refer to the right foot.

Width maintenance of your arms as you rotate will load tremendous energy into your core and legs. Width maintenance of the arms will secure the perimeter of your swing arc just in case Isaac Newton wasn't right.

This move will give your swing a wide and constant swing arc which will be powerfully loaded with perimeter-enhanced speed promoting consistent center face contact of the ball. This golf swing is wound up and wide with no slack and sloppy slashing. Tiger Woods always said he wanted his golf swing to feel wide, tight, and powerfully wound.

Rick Bradshaw  
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Dent/Bradshaw Golf School  
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This is not a military operation or the hiring of guard dogs to keep unwanted people off the golf course, but is the secret to consistent ball striking and powerful golf shots.

If I had a golf partner and was playing a match for a million dollars, I would give my partner one tip to think about prior to his swing. This tip, if performed correctly, will definitely promote a repeating and powerful golf swing very much the same as many tour professionals. It is:

1. Arms braced together at full stretch when you address the golf ball.
2. Make sure that you maintain the full stretch feeling and position of your triangular arm brace as you rotate your shoulders and chest into the top of backswing!
3. Feel your arms wide in a brace connected and straight left arm position as your center core and abdominals stretch as a result of the shoulder rotation. The right elbow will fold a little at the top of your back swing but is still stretched outward wide to secure the perimeter.

The first tip is the key to securing the perimeter or swing arc throughout your golf swing. By bracing your arms together forming a triangle as you stretch them and the golf club down to the ball, you will feel a drawing together of your forearms and slight tightening of your upper triceps braced on your chest. This tightening will secure a wide and powerful swing arc if you maintain this feel as you rotate back.

Percy Boomer talked about a down feeling throughout the swing, which can be inter-



## JESUS is not our Religion, he is our Savior...

*Faith is being sure of what we hope for and certain of what we do not see. Hebrews 11:1*

*In the beginning God created the heavens and the earth. "The Big Bang" Genesis 1:3 "Let there be light..."*

Thanks to the advertisers, our Operating Partners, we are making a difference in the community. Their support of the Gazettes has brought us to the crossroads in Bible ministries that our forefathers forged into our Constitution, **IN GOD WE TRUST**. As a Christian publication, we are on a mission to exceed expectations with outstanding hard work by connecting with Christian businesses and churches. Our uplifting editorials are mainly contributions from local businesses, churches, and events.

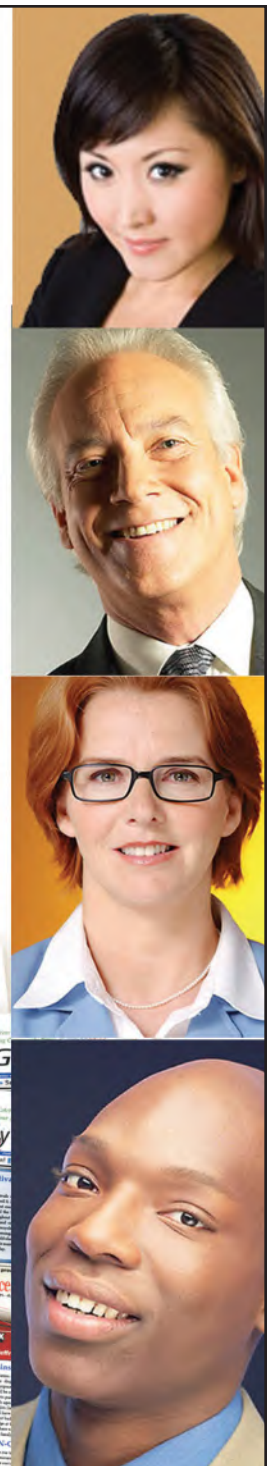
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## Lake Magdalene MS Monthly Meeting

The Lake Magdalene Multiple Sclerosis Support Group monthly meeting is May 5th at 7:00pm. It will be held at the Lake Magdalene United Methodist Church "Heritage Hall" located at 2902 W. Fletcher Ave., Tampa, 33618. Dr. Elaine Edmonds, a neurologist from the University of New Mexico, will speak on "Living with Multiple Sclerosis."

This will be an informative event for people living with MS and their caregivers. Dinner will be provided. RSVP to Rita Schallenberger at 813-961-5510.

## Foster Parent Needed for Cat

A noble, ethical Carrollwood area resident desperately needed as a foster parent or adoptive parent for a little kitty boy named Matthew. His owner died in the village here and his family is too far away to keep him. His owner's last wishes were for him to find a loving home. He is 3, short short hair, super playful, and loves to sleep in bed with you. His had all his shots recently and microchip.

He is negative for cat diseases. We supply food, pine pellet clean litter, toys, and flea medicine. He is incredibly loving and chirpy and loves to play with cardboard boxes and toys on a string.

If you are blessed with a stable home and finances, Matthew will love you to pieces. Please contact Elaine at Beach Cat Rescue, 813-377-6340.

## World-Renowned Yogi in Tampa



April 26that Straz Center for Performing Arts

On Sunday, April 26, Floridians get a rare opportunity to be in Sadhguru's presence in Tampa at Straz Center for the Performing Arts and explore life's deepest questions.

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Seats can be reserved online at the website [www.ishausa.org/tampa](http://www.ishausa.org/tampa).

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What Our Readers Are Saying

These are the winners who've shared their experiences. Please email yours (up to 50 words and a photo) to [edit101@ddpnews.com](mailto:edit101@ddpnews.com).

We received the two \$10 gift certificates about three or four weeks ago and finally were able to get down to the Honeybaked Store on Anderson in Tampa. We purchased a mini ham which was about 12 pounds and paid the difference for it. And as my wife said, it was "well worth it." This was the first time we had purchased a good size ham from Honeybaked Ham, and we were very pleased with the results. The attendant was very helpful as I did not know what I wanted to purchase at the time. I was told and shown what different type products they had and then when I had made my selection how to take care of the product. I was told how much time I could keep it in the fridge and how to freeze any portion of it. The overall experience was great, and we are looking forward to enjoying the ham. Thank you so much for the certificates. We also enjoy the Gazette.

— Paul & Sherry P.

Thank you for sending me two tickets to the Strawberry Festival. My husband and I went to the Festival on Monday. We hadn't been there in several years and thoroughly enjoyed our experience. We attended the performance put on by Sawyer Brown and had a strawberry shake (made with Plant City strawberries, of course). We always enjoy reading your publication.

— Shirley U.

Thank you for the tickets to the Renaissance Festival. It's a great Tampa event, and we enjoyed the opportunity to attend. I always read the Carrollwood Gazette from cover to cover as I enjoy the articles, and I try to patronize your advertisers.

— Christina S.

Thank you for the Strawberry Festival tickets we won by completing the Bible Verses Trivia Contest. We enjoyed two concerts and strawberry shortcake. God bless you, and thank you for the Gazette Community Newspapers.

— Gene M.




Easter And What It Has To Do With A Bunny

Continued from Page 1

As Christianity spread throughout Europe, different pagan customs blended into the holidays. In fact, the actual word "Easter" may have come from "Eostre," the Goddess of spring and fertility, which brings us to the Easter egg.

Eggs have been a mythological symbol of birth for thousands of years. Christians adopted the egg as an Easter custom sometime around the 13th century. The yolk inside a shell represented Christ emerging from the tomb. Eggs were painted red, representing the blood Christ shed from the cross.



The colorful Easter egg soon hatched its own traditions. A popular one was egg rolling. In 1876, Congress prohibited kids from playing on the Capitol grounds, so President Rutherford B. Hayes opened the White House lawn to the little rollers. Thereafter, the White House Easter Egg Roll became a tradition.

So, when did that Easter Bunny hop onto the scene? The fertile rabbit has long been a symbol of new life in European pagan celebrations.

Beginning around the 16th century, parents told children that if they behaved, on the eve of Easter, the Osterhase (the name given in Germany to the Easter Bunny) would come and lay colorful eggs, so the children built nests in their homes to entice the rabbit to visit.

Thus began the custom of the Easter egg hunt and the Easter basket. To help fill out those baskets, 19th century European chocolatiers began making egg-shaped chocolates,

and the sweet trend spread throughout the world. Today, billions of dollars are spent each year on Easter candy.

Easter is a joyful day when Christians celebrate Jesus Christ's resurrection. It witnesses the immense power of God Himself and the belief that God exists. Only He who created life can resurrect it after death

1st Corinthians 15:54-55 "He can remove the sting that is death and the victory that is the grave." In Jesus resurrecting from the grave, God reminds us of His absolute sovereignty over life and death. Jesus is the testimony to the resurrection of human beings, which is the principle on which the Christian faith is based.

Unlike all other religions, Christianity alone possesses a founder who transcends death and who promises that His followers will do the same.

All other religions were founded by men and prophets whose end was the grave. As Christians, we take comfort in the fact that our God became man who died for our sins and was resurrected on the third day from a grave that could not hold him. Today He lives and sits at the right hand of God.

For 2000 years, customs have been added—some spiritual, some fun. But Easter is also the time for families to gather and to welcome spring, when new life emerges after the dead of winter.


For additional information, visit <http://www.history.com/topics/history-of-easter/videos#history-of-the-holidays-easter-video>.



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A Little Boy's Explanation of God



It was written by an 8-year-old named Danny Dutton, who lives in Chula Vista, CA. He wrote it for his third grade homework assignment to explain God.

EXPLANATION OF GOD:

"One of God's main jobs is making people. He makes them to replace the ones that die, so there will be enough people to take care of things on Earth. He doesn't make grownups, just babies, I think because they are smaller and easier to make. That way he doesn't have to take up his valuable time teaching them to talk and walk. He can just leave that to mothers and fathers.

God's second most important job is listening to prayers. An awful lot of this goes on, since some people, like preachers and things, pray at times beside bedtime. God doesn't have time to listen to the radio or TV because of this. Because he hears everything, there must be a terrible lot of noise in his ears, unless he has thought of a way to turn it off.

God sees everything and hears everything and is everywhere which keeps Him pretty busy. So you shouldn't go wasting his time by going over your mom and dad's head asking for something they said you couldn't have.

Atheists are people who don't believe in God. I don't think there are any in Chula Vista. At least there aren't any who come to our church. Jesus is God's Son. He used to do all the hard work, like walking on water and performing miracles and trying to teach the people who didn't want to learn about God. They finally got tired of him preaching to them and they crucified him.

But he was good and kind, like his father, and he told his father that they didn't know what they were doing and to forgive them and God said okay.

His dad (God) appreciated everything that he had done and all his hard work on earth so he told him he didn't have to go out on the road anymore. He could stay in heaven. So he did. And now he helps his dad out by listening to prayers and seeing things which are important for God to take care of and which ones he can take care of himself without having to bother God. Like a secretary, only more important.

You can pray anytime you want and they are sure to help you because they got it worked out so one of them is on duty all the time. You should always go to church on Sunday because it makes God happy, and if there's anybody you want to make happy, it's God! Don't skip church to do something you think will be more fun like going to the beach. This is wrong. And besides, the sun doesn't come out at the beach until noon, anyway.

If you don't believe in God, besides being an atheist, you will be very lonely, because your parents can't go everywhere with you, like to camp, but God can. It is good to know He's around you when you're scared, in the dark or when you can't swim and you get thrown into real deep water by big kids.

But you shouldn't just always think of what God can do for you. I figure God put me here and he can take me back any time he pleases. And that's why I believe in God."





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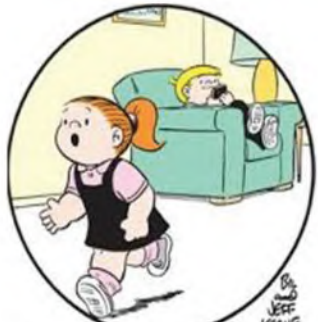
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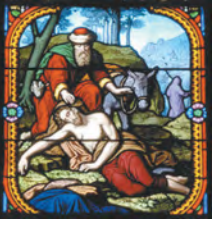
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An Act of Kindness—The Good Samaritan



Jesus answered, “A certain man was going down from Jerusalem to Jericho, and he fell among robbers, who both stripped him and beat him, and departed, leaving him half dead. By chance a certain priest was going down that way. When he saw him, he passed by on the other side. In the same way a Levite also, when he came to the place, and saw him, passed by on the other side. But a certain Samaritan, as he travelled, came where he was. When he saw him, he was moved with compassion, came to him, and bound up his wounds, pouring on oil and wine. He set him on his own animal, and brought him to an inn, and took care of him. On the next day, when he departed, he took out two denarii, and gave them to the host, and said to him, ‘Take care of him. Whatever you spend beyond that, I will repay you when I return.’ Now which of these three do you think seemed to be a neighbor to him who fell among the robbers?”  
He said, “He who showed mercy on him.”  
Then Jesus said to him, “Go and do likewise.”

—Luke 10:30–37, World English Bible





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Anne Childers, Staff Writer

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### Just Palms

Chris Tillman

As a longtime advertiser in Dunndead Publications, I just wanted to say thanks for your years of service. I've met so many great readers over the years, many who use our services year after year. Advertising in your publications is probably the sole reason my Palm Trimming business has succeeded over the years. It's the only place I gladly pay for advertising year after year. Thanks Kay for all the great service over the years, and I'm looking forward to many more years of advertising with you!

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Anne Childers, Staff Writer

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“He answered, “Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind, and ‘Love your neighbor as yourself.”

— Luke 10:27


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