



Last Day  
to Register for  
the General  
Election is  
October 5th

America in  
Crisis - Save  
Your Soul  
  
See Page 8

### The Ten Commandments

Exodus 20:3-17

- I Thou shalt have no other gods before me.
- II Thou shalt not make unto thee any graven image.
- III Thou shalt not take the name of the Lord thy God in vain.
- IV Remember the sabbath day, to keep it holy.
- V Honor thy father and thy mother.
- VI Thou shalt not murder.
- VII Thou shalt not commit adultery.
- VIII Thou shalt not steal.
- IX Thou shalt not bear false witness against thy neighbor.
- X Thou shalt not covet.

Heritage Harbor  
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A Round of Golf  
See Page 10

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# Dunndead Gazettes

He said to them, "Go into all the world and preach the gospel to all creation." - Mark 16:15

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October 2020



### Written in Stone

God took the time to write the Ten Commandments in granite with his own finger. As Christians, is this something that we should think about today? In Roman 6:14, we can read that we are no longer under the law but under grace. Does that mean that Christians no longer have an obligation to keep the Ten Commandments? In the story of Daniel and the lion's den in chapter six it may help us to understand the Biblical relationship between salvation and the Law of God and how it all fits together.

After the Babylonian kingdom fell to the Persians, the new king, Darius, was very impressed with Daniel's ability and his high spirit, and he was thinking about making him the Prime Minister of his new kingdom. But this was not going over very well with the members of Darius' cabinet. Because Daniel was a former servant of Nebuchadnezzar, who was their enemy, and because Daniel was a former captive among the Israelites, they could not understand why the king wanted to promote somebody that was a foreigner to be the new Prime Minister.

So they came up with a plot and went to Darius and said, "Your Highness, a new kingdom is now being formed now that we have conquered several other empires, and the best way to get everyone all together will be through common worship. So in order for you to get this new kingdom all together, you will need to make a new law. It doesn't have to last long, but just for thirty days nobody will worship any god or man except for you and this will solidify your kingdom." Often the devil uses common worship and common language to do that.

Continued on Page 8

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Your 90-Day Challenge?

By Samantha Taylor, Samantha Taylor Fitness

I started a tradition about 10 years ago that every year 3 months before my birthday, I map out a plan for what I want to accomplish by the time my birthday arrives. I highly recommend doing this. It's been such a refreshing way to have a new focus of getting myself to the next level in areas of my life.

If you have a birthday coming up, maybe consider putting together a plan, even if it's not three months away...even do an eight week or a four week plan.

Setting short term goals like that can be very helpful for motivation. And instead of feeling frustrated that one is getting older and seeing their life decline (like many people tell me is how they feel), one would feel inspired to take your life to another level.

Because of the level of intensity and focus during that three months, I have stuck with many of the things that I set a goal for. One of those is sugar. For my 40th birthday 90 day plan, I set a goal to go off of sugar because I knew I was a sugar addict for over 30 years and I knew if I kept eating sugar as much as I did, that my chances of getting some medical complications because of it were very high.

My blood work already come back that I was prediabetic because of the amount of sugar I was consuming, I was having memory problems and having a hard time focusing. Plus, I was hungry all the time and I couldn't stop eating it...I was highly addicted.

Some say you can't be addicted to sugar. Well then, I would say that person has never been addicted to sugar nor studied the chemical properties and how it reacts in some people's brain, very similar to a drug addiction. I knew after decades of studying nutrition and what sugar does to the body that I finally had to kick the habit. But I tried to get off sugar for over seven years with no lasting success.

However, when I finally set that goal for my 40th birthday six years ago, I was able to use that motivation and stuck with it and I still haven't had sugar in six years! Trust me, I'm not bragging, it's quite a miracle to me that I've gone that long and the best part is, I don't miss it at all!

And I still have all kinds of delicious food that I eat. There's so many options now it's ridiculous. But the great thing is I don't have all the ups and downs with the moodiness, the lack of focus, the weight gain, and the cravings that sugar used to bring. So if you struggle with sugar and would like some help with that, I can help you break that habit.

Think about for your next birthday, what goals would you like to accomplish in that 90-day plan? Do you want to work out? Do you want to drink more water? Do you want to lose a certain amount of weight? Do you want to quit smoking? Everybody's goals are personal, but if you can improve in your life every year instead of going backwards, then you can get better instead of worse. I'm in the middle of my 90-day plan now for my 46th birthday in October and I set a goal to train really heavy with weights again three times a week.

It's been pretty awesome to have a plan and stick to it (yes, even during a pandemic) and not allow myself to make excuses for not getting it done. But if I don't track it, I don't get it done. I make sure to write down every time I work out. I find many times when we don't work out, we make excuses for why everything else is more important and must get done instead of the work out. So even if you don't have a birthday coming up, we've got three months left in this year and then it's 2021. Think about some goals you would like to accomplish over these next 90 days so that when 2021 hits, you're already ahead of the game.

We can certainly help you with that so check out my website at [www.SamanthaTaylorFitness.com](http://www.SamanthaTaylorFitness.com) for some motivation, and you can do a free body transformation analysis with us. I can't wait to help you get focused on your goals so you can position yourself to start having success more easily than you would have expected.

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\*These women have kept off their weight for 4 to 12 years!



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Samantha Taylor Fitness

What Our Partner Says About Us

I would like to personally thank the amazing owners of this publication, Mark and Kay Dunn. I met Mark over 20 years ago when he first started this paper and he asked me to write articles on health and fitness. And here 20 years later, they are going strong because they care about this community. They love to bring God's word and encouragement to you and to support the businesses that do this as well. Even during this difficult time, they knew they must keep getting this paper out because they have loyal readers that are encouraged by it, and we all needed it more than ever during this difficult time. Thank you, Mark and Kay, for standing with us and encouraging us. You are a blessing to us all!



COMMUNITY PET NEWS

Mark Twilla DVM

Sunshine Animal Hospital



Pet Obesity

Approximately half of the pets in the United States are either overweight or obese. The health consequences of obesity include increased risk for joint disease, heart and respiratory problems, and diabetes.

**How do you know if your pet is overweight?** You should be able to see and feel your pet's ribs without excess fat covering. Your pet's waist should be clearly visible when viewed from above.

**Are certain pets more likely to be obese?** Certain dog breeds such as Labrador, Dachshund, Beagle, Cocker Spaniel, Basset Hound and Rottweiler have a higher risk of obesity. The risk also increases with age and neuter status. Apart from older dogs, obesity is reported to be more common in females.

**What are the biggest causes for obesity?** Feeding people food and treats and lack of exercise.

**What should be done?** The best approach is to have a physical exam. The physical exam will determine if there is a underlying physical disorder. Having ruled out a physical problem the next step is for your veterinarian to make sure your pet is fed a nutritionally complete diet and is consuming the correct amount of food per day. If the pet continues to be obese prescription diets are used to help with weight loss.

Please call us at Sunshine Animal Hospital 813-885-7071





### GFWC Flag Waving



Club members waving commemorative "Never Forget" 9/11 flags

GFWC LUTZ-LAND O'LAKE'S WOMAN'S CLUB members were out for their 18th year of annual flag waving at the historic Old Lutz School to commemorate 9/11 with flags specially inscribed with "We Will Never Forget." The heavy traffic passing by heartily supported their efforts with waves, honking horns, and big rig air horns blasting. For more information on this community service organization, please visit [www.gfwclutzlandolakeswomansclub.org](http://www.gfwclutzlandolakeswomansclub.org) or its Facebook page.

### GFWC Donates to Food Pantry



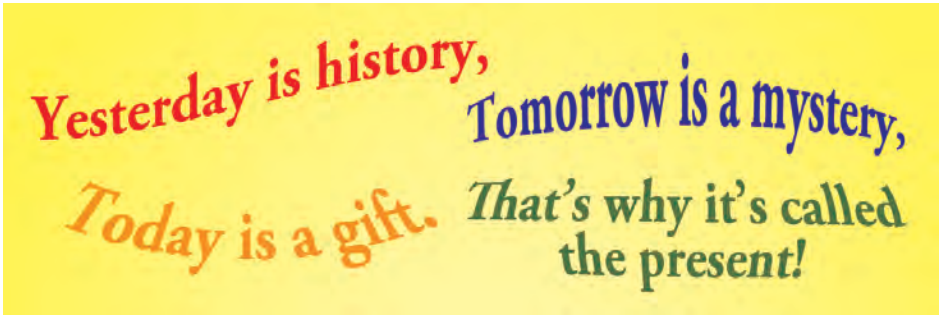
(L-R) St. Vincent DePaul staffers with member Susan Corcoran

Susan Corcoran and other members have also been tireless in their efforts to sew masks and other items requested by area hospitals for neo-natal unit babies and cancer patients. For more information on this service organization, please visit [www.gfwclutzlandolakeswomansclub.org](http://www.gfwclutzlandolakeswomansclub.org) or its Facebook page.

GFWC Lutz-Land O'Lakes Woman's Club members continue to donate food and clothing to St. Vincent DePaul Food Pantry and Thrift Shop in Land O'Lakes, which donations benefit the food-insecure in the community. The clubwomen volunteers continue their work in spite of Covid conditions and precautions.



(L-R) Member Darryln Caudill with St. Vincent Pantry Director



### Kid's Corner: Monarch Butterflies



Hi my name is Harley, and this month we are going to talk about Monarch butterflies. My friend Cole planted milkweed in his backyard. Milkweed is a special plant for Monarch butterflies. They lay their eggs on the leaves and eat it. Anyways, there are always chrysalises on his play set. Then practically the next day we see empty chrysalises on the toys and swings and tons of butterflies flying around. Once we saw a chrysalis on his inflatable pool.

Okay, life cycle: Mommy lays her eggs on the underside of the leaves of the milkweed. The eggs hatch and become caterpillars. The caterpillars eat the leaves. When they are fat enough, they wrap themselves up in a warm chrysalis. They stay there for a week while they transform into adult butterflies. They emerge from the chrysalis and lay eggs. If you want to help the Monarch, easy: plant milkweed. You can find that online or in a plant nursery.

All butterflies' wings are fragile, and if they

break their wing, they die. Monarch butterfly boys (or males, if you want to talk fancy) have little smell (again, fancy talk scent) glands that look like smudges on their wings. Girls (females) don't have those, but they do have thicker wing veins. That is so cool! I'm glad God created Monarchs that way. Monarch butterflies are beautiful, and I'm thinking of planting milkweed in a pot. I hope you help the butterflies, because they are God's creation. God is wonderful. See you next month! Bye!

P.S. Wanna check out my video on actually releasing live Monarchs? Check it out at <https://m.youtube.com/watch?v=2wJLL3FA4TY>!

Harley Isabel Smith is a 2nd grader who has been featured on TV as a philanthropist, has a heart for evangelism, and writes monthly for the Gazette's Kid's Corner.

Visit <https://harleyisabelsmith.com> where she is constantly adding written and video content to entertain and educate children.



The Great Florida Outdoors: Rainbow Springs

Dr. Robert Norman, Clinical Professor, Dermatology, Nova Southeastern University



I recently was able to explore Rainbow Springs, an amazing place to spend time and enjoy what natural Florida offers. Although the river can be crowded and noisy with those floating on tubes and boats, it is still possible to observe the edges of wilderness. As I hiked and kayaked, I saw anhingas, cormorants, ibis, alligators, dragonflies, turtles (more than in most parks I have been in), and all kinds of our fellow creatures inhabiting this wonderful and surprising planet.

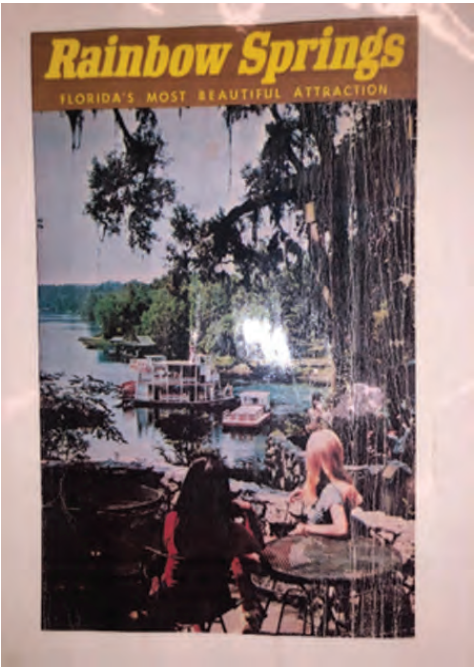
Here is a brief history. Rock phosphate was discovered around the springs in 1889; it is an important mineral used to fertilize crops and in animal feed, food preservatives, cosmetics, and other industries. Many people living in the area, such as in the nearby town of Dunnellon, depended on phosphate mining jobs. Phosphate miners used huge steam-powered machines to

dig pits to locate and remove the phosphate. Several pits are within the park boundary.

After the phosphate mines were exhausted, the area was purchased and turned into a tourist attraction. The huge piles of discarded soil were the perfect place to build waterfalls! Businessmen capitalized on Florida's tropical image in the early- and mid-20th century to attract even more people to this "jungle oasis." The tropical-

looking waterfalls complimented the park's springs and its collection of exotic animals. Many relics of Rainbow Springs State Park's past serve as a kitschy tourist attraction. The waterfalls, the rainbow fountain, the entrance walk, gift shop, dining terrace, and the remains of the aviary and animal cages all date from Florida's golden age of tourism in the 1960s.

The attraction operated until it closed in 1973, having lost tourists after it was bypassed when Interstate 75 was built through Ocala and being wounded by the competition from Walt Disney World near Orlando. The property was acquired by the State of Florida in 1990 to be managed as a state park and today the Florida Park Service protects the park's natural and cultural resources.



### Get outside in the Great Florida Outdoors!

Dr. Norman is an advanced master naturalist graduate of the FMNP program from UF and a board-certified dermatologist based in Tampa and Riverview. He can be reached at 813-880-7546.

Dr. Norman's new book *Reading the Florida Landscape* will be published in 2020

Books and book cases needed for literacy and book donation program. Call my office 813-880-7546 for pick-up or delivery.





Dr. Dan Coffin  
Pastor, River  
of Life Church

There is a great emphasis today in our society for tolerance and co-existence for all people to get along with one another and to be accepting of different religions, philosophies and ideas. The idea of “only one way” to heaven is criticized and those who hold such exclusive ideas are labeled as ignorant or self-righteous and exclusive or even mean-spirited and dangerous to a peaceful society. But the truth, as expressed in the scriptures and experienced by millions of people, is condensed in a single statement of Jesus, **“I am the way, the truth and the life: no man comes to the Father but by me.” (Jn. 14:6)**

There is no other religious leader, no other philosophy of man or founder of some religious sect that could ever qualify as the Savior of mankind. No one else has been born of a virgin or demonstrated the very character and nature of a loving God who is described as a Father who is in love with mankind. No one else has ever willingly given his life as a sacrifice to pay for man’s sin. And certainly no one else has ever risen from the dead to show his victory over death and the wicked one he came to defeat.

Instead, most of the gods of other religions are angry tyrants that must be appeased by man’s sacrifice or they require man to qualify himself, that is, to make himself acceptable by his own self-efforts. Only in Christ Jesus are people judged by what Jesus did for them and not what they can do for themselves.

Forgiveness of sins and restored fellowship with God is imparted to those who know they are incapable of saving themselves and simply call on God to forgive, cleanse, and restore them because they place their trust in Christ

## Is God Exclusive?

and confess him as Lord.

God’s remedy for man’s sin is not some means of rehabilitation, retraining, or education because the remedy for man’s problem cannot be self-achieved. The unpardonable result of man’s sin is death. Sin cannot be simply dismissed. Righteousness requires judgment and full payment for all sin.

Even if someone was capable of choosing to never sin again, the sins of the past could still not be erased, therefore judgment is still required. This truth is expressed in the book of Romans, **“For if by one man’s offence death reigned by one; much more they which receive abundance of grace and the gift of righteousness shall reign in life by one, Jesus Christ.” (5:17)**

Because Adam, the first man, sinned, he passed on to all his children for all generations a sinful nature. It is just “in” man to sin. But Jesus was born of a virgin, and being sinless he willingly took upon himself the judgment for man’s sin. He died man’s death so that he could give man life. This life is available to anyone and everyone who comes to the only one who has the ability to forgive and to give righteousness as a gift to the ones who ask.

Yes, there is only one way to heaven, but the door is always open and everyone has an invitation to come. No one is disqualified or unacceptable. The entrance is well lit and Jesus stands at the door ready to receive all who come to God by him.

Dr. Dan Coffin and his wife Dianne co-pastor River of Life Church at 410 E. Chapman Rd. in Lutz, FL. 33549, (813) 949-9931, [www.roltampa.org](http://www.roltampa.org) We would love to invite you to visit River of Life Church.

Our lively worship begins at 10:30am on Sunday. We are a non-denominational, spirit-filled ministry. Please honor us with your visit. We would love to have you!

## Twins Are National Merit Semifinalists



Faith Quinn

Twins and Bishop McLaughlin Catholic High School Seniors Faith Anne Quinn and Grace Helen Quinn have been selected as 2021 National Merit Scholarship Semifinalists. The Quinns are the only Semifinalists in the Diocese of St. Petersburg high school and two of twelve Semifinalists in Pasco County. In addition to their studies, both girls are active members of Bishop’s Theater Department and have played varsity basketball since freshman year. They join approximately 16,000 Semifinalists across the country in the 66th annual National Merit Scholarship Program.

These academically talented high school seniors have an opportunity to continue in the competition for some 7,600 National Merit Scholarships worth more than \$30 million that will be offered next spring. To be considered for a Merit Scholarship® award, Semifinalists must fulfill several requirements to advance to the Finalist level of the competition.

Merit Scholar designees are selected on the basis of their skills, accomplishments, and potential for success in rigorous college studies, without regard to gender, race, ethnic origin, or religious preference. Over 1.5 million juniors in about 21,000 high schools entered the 2021 National Merit Scholarship Program by taking the 2019 Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT®), which served as an initial screen of program entrants. The nationwide pool of Semifinalists, representing less than one percent of U.S. high school seniors, includes the



Grace Quinn

highest-scoring entrants in each state. The number of Semifinalists in a state is proportional to the state’s percentage of the national total of graduating seniors.

To become a Finalist, the Semifinalist and a high school official must submit a detailed scholarship application, in which they provide information about the Semifinalist’s academic record, participation in school and community activities, demonstrated leadership abilities, employment, and honors and awards received. A Semifinalist must have an outstanding academic record throughout high school, be endorsed and recommended by a high school official, and write an essay.

National Merit Scholarship winners of 2021 will be announced in four nationwide news releases beginning in April and concluding in July. These scholarship recipients will join more than 353,000 other distinguished young people who have earned the Merit Scholar title.

Bishop McLaughlin Catholic High School was established in 2003 and is the highest-ranked high school in the Diocese of St. Petersburg. It is the seventh-highest ranked Catholic high school in the state of Florida.

Bishop McLaughlin Catholic High School provides a Christ-centered education that nurtures the development of the whole person and prepares young men and women to successfully meet the challenges of our global society. For more information on Bishop McLaughlin Catholic High School, go to <https://www.bmchs.com>.



## How On Earth Did I Get Here?

James H. Willis, III

COVID-19 SPECIAL! \$10.00 DURING OCT.

For 2020, we are doing a 12-month summary of my book. It is filled with unbelievable personal stories of conflict from family fights, divorces, and personal insecurities to living in a tree at 15, homeless. Later, the book recounts how the Lord’s guidance put me on the path of an overcomer! From being unloved, unwanted, and uncared for to healthy, happy, and whole.

### CHAPTER 10: “WHAT’S MINE? WHAT’S HIS?”

I can’t think of any subject that is tougher to talk about than money, particularly in the American Church. I must confess that the entire concept and frustration puzzles me. Here’s the rub. The problem the Christians have with money and why it is so offensive is because it can’t be camouflaged. Just look at their checkbooks. If they really love and trust God or not will be obvious and painfully embarrassing. Thus they get offensive instead of obedient. I’ve seen it for decades... so sad. Or it can be gratifying and rewarding.

Look inside these pages and find out what is True Financial Success. Biblically speaking—and that is all that counts— it’s not how much you make, but how you manage money. Most households are controlled by the very large budget that they have self-imposed upon themselves. And then they say “God, I don’t have that much money left over, but I’m giving You a little bit. Maybe I can do more next month.” And it goes on and on. God helps people become successful financially not to have more, but to give more to the Kingdom’s work.

You will also read how I met my first mentor, Larry Burkett, and his “How to Manage Your Money” study series. You will also learn about the Ten Steps to Financial Freedom—Wowzers!— and many more concepts shared inside this chapter. A must read!

We will talk about the two greatest Bible chapters on giving yet are hardly ever taught or preached about. Refreshing! And I can promise you, if you give God ALL your money, not just the 10% , He too will become “My God!” You can learn about the “6 Abundances” and be able to sing “Make Me A Blessing” with a happy heart.

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(L-R) Club Conservation Chair Sandi Marrow,  
Helen Fornino, Roseann Lang, President Annette  
Bellingar & Jean Palmieri

## GFWC Helps Coastal Cleanup

GFWC Lutz-Land O’Lakes Woman’s Club members turned out for the 35th Annual Coastal Clean Up in Pasco County and helped with the road and pathway cleanup. The club members take conservation and the quality of our environment very seriously and have helped with this effort for decades, picking up tons of trash along the way. For more information, please visit [www.gfwclutzlandolakeswomensclub.org](http://www.gfwclutzlandolakeswomensclub.org) or its Facebook page.

## GFWC Donates to Schools

GFWC Lutz-Land O’Lakes Woman’s Club members donated carloads full of sanitizing supplies, paper products, student supplies, and treats so urgently needed in teachers’ classrooms. Also included in the delivery were thank you cards to the teachers to show our appreciation.

Members of the Education & Libraries Committee, headed by Faith Sincich, delivered these donations to Shady Hills Elementary School in Pasco County. For more information on this community service organization, please visit [www.gfwclutzlandolakeswomensclub.org](http://www.gfwclutzlandolakeswomensclub.org) or its Facebook page.



Supplies and treats delivered to Chris Holten of  
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**Ernest Walker: State Farm Insurance**  
*By Brittany Cravatta*

State Farm. A company that we all know for their famous “Jake from State Farm” TV commercials. However, here in Tampa, Florida we have a special guy by the name of Ernest from State Farm.  
Ernest Walker started as a State Farm agent 17 years ago in the Chicagoland area. State Farm began in 1922 and has been a property & casualty industry leader since the 1920's. Ernest was drawn to the company's strong brand and high integrity. His business specializes in providing various types of insurance for customers, such as auto, homeowners, life, and health insurance as well as mutual funds and 401k financial services.  
“I truly work my job as a mission,” said Walker. “I work with our neighbors as if I am applying to become their personal risk manager. It's not just a job for me. I'm truly interested in protecting what matters to my clients.”  
Ernest was born and raised in Chicago, Illinois and transferred to the Tampa Bay area in 2015. He and his wife Cassandra have been married for 33 years, and they have a son who attends Wiregrass High School. Cassandra joined the agency in Tampa in 2018 after retiring after 25 years with a major group health insurer in Chicago.  
During this critical time of COVID-19, Ernest ensures his office remains open every business day during the week, and they are practicing social distancing. His four full-time team members remain fully employed. There are no plans for anyone to be laid off or placed on furlough. In fact, Ernest feels this is not the time to place people out of work and is looking to hire another person who is the right fit.  
His agency recently sponsored two 2020 high school graduates from the Adopt-A-Senior Facebook campaign. Be sure to take a look on Facebook (@ewagcy) for details about the guys that he sponsored.  
Ernest and his team are available to those who are in need of him. Just dial his main telephone number at (813) 968-4043 and one of his team members can help you. His office is open Monday-Friday from 9am-5pm and is located at 5111 Ehrlich Rd, Suite #110, Tampa, Florida, 33624 in the Carrollwood/Northdale area. He also has after-hours, live, customer service representatives available 24/7 just like Jake at State Farm. See his ad on the front page.

Don't be fooled into thinking that a foot massage is reflexology. Many massage therapists might have taken a weekend workshop about reflexology and offer a few minutes' worth during a body massage session. A true professional certified reflexologist has had extensive study in the art and science of reflexology, with both classroom hours and practical hands-on experience. Holistic and non-invasive, reflexology can help to relieve stress, tension, and get the body back into balance, and stimulate the body's natural healing ability. So, take a step toward better health: call today for an appointment!



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## Tax Collector’s Offices Accepting Donations of New Shoes and Socks for Pasco School Students

The Pasco County Tax Collector’s Office is once again participating in the new shoes and socks collection campaign to assist local students and families in need. A collaborative effort between Pasco County government and the school district, the “Two Good Soles” campaign, which is in its fifth year, is seeking to collect as many new pairs of shoes and socks as possible. The tax collector’s offices in Pasco County will be collection sites for these donations between now and October 23, the final day of the campaign.

The need for shoes is primarily at the middle and high school level, although shoes for elementary school students will also be welcomed. While the tax collector’s office will accept donations of shoes and socks that are new and unused, the school district reports that the sizes most in need are children’s shoes 9 and up, adult shoes of all sizes, and socks of any size. It is recommended that sneakers, shoes and socks be of a “neutral” color, but all donations of new items will be accepted. No flip-flops or open-toes shoes, please.

If you are interested in making a donation please visit one of the following offices in Pasco County and leave your donation in the labeled collection box near the door:

- New Port Richey - 8731 Citizens Drive, Room 120, New Port Richey, FL 34654
- Gulf Harbors – 4720 U.S. Highway 19, New Port Richey, FL 34652
- Land O’ Lakes - 4111 Land O’Lakes Boulevard (Hwy 41), Land O’Lakes, FL 34639
- Wesley Chapel - 4610 Pet Lane, C 101, Lutz, FL 33559

Dade City - 14236 6th Street, Room 100, Dade City, FL 33523

For more information about the “Two Good Soles” shoe and sock drive or any other service provided by the tax collector’s office, please contact Greg Giordano, Assistant Tax Collector for Communications & Special Projects at (727) 847-8179.





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## 3rd Annual Charity Casino Night



Save the date for the long-anticipated 3rd annual Charity Casino Night benefiting Gulfside Hospice. The fundraiser, originally planned for June 2020, has been rescheduled to Jan. 30, 2021. Event guests will enjoy star-worthy treatment as they support Gulfside Hospice during its “Red Carpet Affair” evening held at Heritage Springs Golf & Country Club in Trinity from 6 – 10pm.

Advance tickets are now on sale at [www.CharityCasinoNight.org](http://www.CharityCasinoNight.org) for \$45 per person. Prices will increase to \$50 per person on Jan. 16, 2021, so advanced purchase is recommended. Tickets include 3 hours of gaming with play money, prizes, hors d’oeuvres, desserts, and photo booth access. Guests can also pre-register online for the blackjack and poker tournaments. Gaming tables include blackjack, craps, roulette, poker, and Texas hold ’em. The event is for guests ages 21 and up, and cocktail or themed attire is suggested.

All proceeds raised at the event will provide patient care and bereavement support in Pasco County through Gulfside Hospice, a business line of Gulfside Healthcare Services. Sponsorship opportunities for the event are available starting at \$350. For more information, contact Leesa Fryer at 727-845-5707 or [leesa.fryer@gulfside.org](mailto:leesa.fryer@gulfside.org).

### About Gulfside Healthcare Services

Gulfside Healthcare Services is a non-profit organization serving the community for 30 years. Its three lines of business include Gulfside Hospice, offering care for patients at end of life, Gulfside Palliative Care, providing treatment options for those with chronic illness, and Gulfside Home Health, helping patients stay independent through skilled nursing and rehab at home. For more information about Gulfside Healthcare Services, visit [www.Gulfside.org](http://www.Gulfside.org) or call 800-561-4883.

## Did You Know?

*Submitted by our mom, Wilma Dunn*

Theodore Roosevelt signed into legislation beginning in 1901 the establishment of our national parks.

Dwight D. Eisenhower in 1956 started the interstate highway system for a way of evacuating cities if the United States was attacked by an atomic bomb.

## Tampa Bay Dance Club

### October 2020 Schedule

The club will be requiring the participants to the dances to wear masks and practice CBC guidelines after admittance.

- October 2** DJ - Mike Unwin
- October 9** DJ - Mike Unwin -
- October 16** DJ - Mike Unwin
- October 23** DJ - Mike Unwin
- October 30** DJ - Mike Unwin - Halloween Dance - Best Costume

Location: 8401 W. Hillsborough Ave., Tampa, Florida 33615

Admission Cost: \$12.00 Non-member

Doors open at 6:30pm. Dance starts at 7:30pm and ends at 10:30pm.

Facebook: Tampa Bay Dancing • Website: [tampabaydanceclub.com](http://tampabaydanceclub.com)

## Live Oak Theatre Company



Live Oak Theatre announced that Tickets are now on sale for The Bard Unleashed, the first in its “Shakespeare on the Green” series. The Bard Unleashed will be performed October 9-11, 16-18, and 23-25 at the Carol and Frank Morsani Center for the Arts, 21030 Cortez Boulevard, Brooksville, Florida 34601. Seats

are \$25 for adults and \$10 for children ages 13 and under when accompanied by an adult.

To purchase tickets, go to <https://liveoaktheatre.square.site>, email [liveoakboxoffice@gmail.com](mailto:liveoakboxoffice@gmail.com), or call 352-593-0027.

About everything else that can be sprayed on a regular basis.

For OUTDOOR performances, seating will be socially distanced according to each group’s reservation. Individual socially distanced seats are available, as well. We request that our audience wear masks when standing in line or going indoors. When seated in your socially distanced outdoor seating you may remove them if you prefer!

For INDOOR performances, seating will be socially distanced according to each group’s reservation. Individual socially distanced seats are available, as well. Masks will be required at all times while indoors for the duration of the show and while in line for dessert/coffee.

Due to the nature of socially distanced seating and the limited ticket availability for each performance, all ticket reservations must be made no later than 48 hours in advance of each performance. Payments must also be made in advance either online, by mail, or by dropping off a check at the box office.

## Lighthouse Proudly Presents: “Donating in the Light!”

If you like drawings for great prizes with proceeds benefiting people in need in our community, this event is for you. On October 20th, you are invited to Lighthouse’s newest event, “Donating in the Light,” designed to raise awareness about vision impairment and funds for services benefiting visually impaired residents of Pasco, Hernando and Citrus Counties.

Lighthouse’s “Donating in the Light” is being held VIRTUALLY on Tuesday, October 20, 2020 at 6pm. It includes recognition of our sponsors and donors; a speech by one of our clients on how your donations have helped them; and finally, the prize drawings. For login information and the growing list of prizes, visit [www.lvib.org/events/donating-in-the-light](http://www.lvib.org/events/donating-in-the-light). You do not have to be logged in to the event to win.

### WIN-WIN-WIN-WIN

Every donation of \$50 or more made to the Lighthouse for “Donating in the Light” will earn a chance to win one (or more) of several exciting prizes including a golf foursome at Black Diamond Ranch, a spa getaway package, a Yeti cooler, dinner cruise packages, and more. If you donate \$100, you earn 2 chances to win; if you donate \$200, you earn 4 chances to win, etc. Please donate by using the DONATE NOW button on our website at [lvib.org](http://lvib.org) or by calling us at (727) 815-0303. All donations must be received by October 17, 2020.

We are also looking for sponsors for this event. Levels are \$500 Bronze; \$750 Silver; \$1,500 Gold; \$3,000 Platinum; and \$5,000 Presenting Sponsor. If you are interested in sponsorship or making a donation in any amount, please contact the Lighthouse at (727) 815-0303. Thanks go to our growing list of sponsors who include Publix Supermarkets Charities and Citarella Termite & Pest Management, and to our print sponsor Sir Speedy Printing and Marketing Services in Spring Hill, Florida.

### About “Donating in the Light”

Our annual “Dining in the Dark” Gala has been one of our main fundraisers for years, but due to the COVID-19 pandemic, we are unable to hold an in-person event this year. But with disappointment comes imagination, excitement, and the creation of our “Donating in the Light” event!!!

## An Act of Kindness: The Good Samaritan



Jesus answered, “A certain man was going down from Jerusalem to Jericho, and he fell among robbers, who both stripped him and beat him, and departed, leaving him half dead. By chance a certain priest was going down that way. When he saw him, he passed by on the other side. In the same way a Levite also, when he came to the place, and saw him, passed by on the other side. But a certain Samaritan, as he travelled, came where he was. When he saw him, he was moved with compassion, came to him, and bound up his wounds, pouring on oil and wine. He set him on his own animal, and brought him to an inn, and took care of him. On the next day, when he departed, he took out two denarii, and gave them to the host, and said to him, ‘Take care of him. Whatever you spend beyond that, I will repay you when I return.’ Now which of these three do you think seemed to be a neighbor to him who fell among the robbers?”

He said, “He who showed mercy on him.”

Then Jesus said to him, “Go and do likewise.”

— Luke 10:30–37, World English Bible



# GET READY TO VOTE!



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For the flexibility to vote in person, when and where it's best for you, consider voting before Election Day. Vote at any of 26 Early Voting sites between October 19th and November 1st. Find a location to vote early at [VoteHillsborough.org/EarlyVoting](http://VoteHillsborough.org/EarlyVoting).

Remember, on Election Day you must vote in the polling place assigned to you. Look up your polling place, read more about all three methods of voting and find information you can trust at [VoteHillsborough.org](http://VoteHillsborough.org).

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*Craig Latimer*  
**Supervisor of Elections**

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# Written in Stone

Continued from Page 1



So if you read in Daniel 6:8, he signs the decree that no one is to pray to any god or man for thirty days or they would be cast into the lion's den. King Darius never thought that anyone would ever break his law because once the king signed the decree, it could not be changed.

When Daniel heard about the signing of the decree, knowing the penalty, he chose not to hide his faith, so he went into his house and opened up his windows facing toward Jerusalem on his knees and gave thanks to his God as written in Daniel 6:10.

Soon after, the cabinet members went to the King Darius and said to him. "You know someone in your kingdom just doesn't care about your new law. It's that Daniel. He's been praying three times a day."

With a heavy heart and knowing that he could not change the law, he gave the command to cast Daniel into the lion's den. The king spoke to Daniel, saying, "May the God whom you serve deliver you." And he had the stone put over the lion's den with a government seal in Daniel 6:16.

The next morning, the king had the stone removed and said, "Has your God delivered you from the lions?" Daniel cried out, saying, "My God has sent angels to shut the lions' mouths."



-Because Daniel knew one of the Ten Commandments says that "you shall put no other God before me." Not even King Darius, not even for thirty days. Daniel was showing with his life that by keeping this law no harm would come to him and that he was willing to die rather than to disobey the law. So what kind of faith and determination will God's people need in the last days?

Will there be a law that says that he that does not worship the Beast in his image will be killed? Because worshiping the Beast is going to require breaking one of the Ten Commandments. Like Daniel, will God's people love the Lord so much that they would rather die or go hungry than to break God's commandments?

The Ten Commandments are not multiple choice questions. Can God's moral law be amended or repealed? Jesus tells us in Luke 16:21: "And it is easier for heaven to pass away than one speck of the law to fail." In Psalm 89:34, it reads: "My covenant I will not break, nor alter the thing that is gone out of my lips."

God is not going to break his covenant, for it's forever and ever. Also in Psalm 111:7-8 it says that all of his commandments are sure and will stand fast forever and ever. The Ten Commandments just didn't suddenly appear in Exodus because the Ten Commandment have always reflected God's nature. We know this from when Potiphar's wife tried to tempt Joseph to commit adultery in the book of Genesis. Joseph said, "I cannot do that." Joseph knew this even in the days of Genesis that adultery was a sin.

When Cain killed Abel, God said that sin lies at your door, and sin is the breaking of

God's laws. Was murder a sin in the Garden of Eden? Or was murder not a sin until God wrote it down at Mount Sinai? Just as it is wrong to lie all the way back from the beginning. God simply arranged it, meaning that He wrote approximately 300 words into a stone of granite so it could not be changed nor would there be any misunderstanding that this was his perfect will for all of man and not to just one nation. So when you do away with law, you do away with the nature of God.

All through the Bible, you will find reflected references in His law. God is good, the law is good, God is Holy, the law is Holy, God is righteous, God is truth, God is pure, God is spiritual, God is unchangeable, and God is eternal. These are all characteristics of the law. So we need to be very careful about doing away with God's law because it is the very nature of God. Jesus was the word that became flesh. Christ said that "he who hears these words of mine is like a wise man who built on a rock." And the Ten Commandments was written on rock.

If any words would be important, it would be the words that God wrote in stone. Christ was the embodiment of the world. His life was of obedience to the laws of God. He said, "Pick up your cross and follow me." Jesus came to save us from sin. So what is he saving us from?

In 1st John 3:4 it says, "Sin is the transgression of the law." In Romans 3:20, it reads: "By the law is the knowledge of sin." We really don't know what sin is except by the law. For God's laws reveals what sin is. The purpose of the law is not to save us but to show us that we are in need of salvation.

You can illustrate this by using a mirror to simulate the Ten Commandments and a wash cloth to simulate what Jesus did for us. Let's say that I walk out among you with something on my face and people begin whispering about it. Then a staff member comes up and says to me, "You have pie on your face." And if I pulled out a mirror, I could confirm what they have said is true. I could say that the mirror must be broken or say, "You're right," and then try to use the mirror by rubbing it on my face to try to remove it or use the cloth of Jesus with the mirror to wipe it away. So you can see that the mirror or the law can show you what's wrong or the problems in your life. But it could not be removed without the cloth of Jesus. The law is here to show us we need both the law and the blood of Jesus in order to take away sin.

So the law is like a mirror as it says in James 1:23-25. It's not to take away our sin but to show us our sin, and then you go to Jesus for cleansing. Paul said where there is no law there's no transgression. In Romans 7:7 it reads, "I had not known sin, but by the law: for I had not known lust, except the law had said you shall not covet."

Did Jesus keep the Ten Commandments? In John 15:10 says, "I have kept my Father's commandments."

What is the punishment for living a life of sin? In Romans 6:23 it says, "The wages of sin is death." Some say the Ten Commandments are not binding for the New Testament Christians. Jesus said in Matthew 19:17, "If thou wilt enter into life, keep the commandments." Also in John 14:15, it says, "If you love me, keep my commandments."

You may hear a lot of pastors say that you do not have to keep the commandments, saying that Jesus had come to fulfill the law. So what does that mean? When Jesus came to John the Baptist to be baptized John said to Jesus that you need to baptize me because you are the Messiah. Jesus said to him, "no John, allow it to be this way to allow us to fulfill all righteousness."

So obviously he wants us to keep the commandments. How is it possible to keep the commandments? In Romans 8:3-4 it says, "God sent his own Son... condemned sin in the flesh that the righteousness of the law might be fulfilled in us." And in Philippians 1:6 it tells us, "He who has begun a good work in you will perform it until the day of Jesus Christ."



"So shall they fear the name of the Almighty from the west, and his glory from the rising of the sun.

When the enemy shall come in like a flood, the Spirit of the Almighty shall lift up a standard against him."

Isaiah 59:19

There is still hope, Lets beat back the enemy together.

Dear Friend,

In all our lives we have opportunities to do something small that's really—Big and Great. Every soul we help is part of our love for our maker. For such a time as this the Bible tells us secrets, like Harbingers to recognize. Scripture words like sword or shield that can change our future for the better, the words, banners or standard have prophetic meanings. After realizing the devil is called the lawless one and wicked ways means not keeping, guarding or doing his commandments, we were told to love him by keeping his instructions: the 10 commandments. The main Evil of Today is Liars to the left of me, Liars to the right. Remember there is no lie in his children! The 10 commandments are a sword and shield that we must raise now as a banner or standard long forgotten. He who authored those words will finish them! The battle is his, vengeance is his. Whenever evil was overcoming the people, the law of the Eternal one was brought to the attention of the people. We keep the commandments by Grace through faith. He teaches us. It is written the commandment is a lamp and the law of the creator is the light! Lets shine a little light on the darkness together and repent.

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What is the old covenant and why did it fail? Deuteronomy 4:13 says, "And he declared unto you His covenant, which He commanded you to perform, even the Ten Commandments and He wrote them upon two tablets of stone." But while Moses was retrieving the tablets from God, the Israelites made a golden calf. In Hebrews 8:8 it says, "In finding fault with them he said, 'I will make a new covenant with the house of Israel and the house of Judah.'"

The old covenant was based on the promises of the people who made a promise. The new covenant is based on the Lord. Hebrews 8:10 says "This is the covenant that I will make," said the Lord. "I will write them into their hearts." Who spoke the first law? God did.

The problem is with the people, not the law. God never commanded his people to do something without giving them the power to do so. So when you follow the law that is called obedience. But some churches today are acting as if obedience is legalism. Obedience is not legalism. It is just another way for the devil to intimidate Christians by using dirty words among Christians, like legalist and Pharisee. Doesn't living under grace, by faith, make keeping God's laws non-essential?

Romans 6:15 says, "What then, shall we sin because we are not under grace? God forbid!" And again in Romans 3:31 it says, "Do we then make void the law through faith? God forbid yea, we establish the law. Again He use that praise God forbid."

Paul said in 2:13 that "it is not the hearers of the law that will be justified but the doers that will be justified." Ephesians 2:8-9 "for by grace

are ye saved through faith; and that not of yourselves. It is a gift of God, not of works, lest any man should boast."

We're not saved by our obedience. But if we love the Lord, we want to obey Him. If you go to Billy Graham's website and ask the question: "Does God expect His people to keep the Ten Commandments?"

Answer: The Ten Commandments are just as valid today as when God gave them to Moses over 3,000 years ago. Jesus said, "I tell you the truth, until heaven and earth disappear, not the smallest letter, not the least stroke of a pen, will by any means disappear from the law." in Matthew 5:18.

Are some Old Testament laws no longer binding? The answer is yes. The laws contained in ordinances such as yearly Sabbath offerings, meat offerings, drink offerings, etc. such as those in Leviticus 23.

The Passover ceremony and circumcision are all ceremonial laws. Just remember this: the Ten Commandments were written by the eternal nature of God. Ceremonial laws were written by Moses.

These are two distinct laws. And the law that was nailed to the cross was ceremonial laws. Not the Ten Commandments. If you're struggling as we all do, just say, "Lord, I want to do your will." You know He gave us the Commandments because he wants to save us.

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American Red Cross  
Central Florida Region

As we enter the peak time of year for hurricane development, the American Red Cross of Central Florida is seeking volunteers to assist during this year's active season in the midst of the Covid-19 pandemic.

"In light of the record pace of storms we are seeing in the Atlantic, the Red Cross is asking members of our community to consider joining us as a disaster volunteer," said Katie Sherk, Red Cross Regional Disaster Officer. "Travel restrictions and health concerns due to the pandemic will make it challenging for hundreds of workers from other states to travel to Florida to help, as they have in the past. In the event we are directly impacted by a major storm this year, we will be relying on local volunteers to meet this need."

SHELTER WORKERS NEEDED The Red Cross will continue to open evacuation centers and traditional post-storm shelters at the request of emergency management and in coordination with local public health authorities. To help keep people safe in the COVID-19 environment, we have put in place additional precautions and developed special training for our workforce.

HEALTH SERVICES SUPPORT NEEDED Due to the pandemic, there is also a special need for registered nurses (RNs) and other medical professionals with active, current and unencumbered licenses. Should congregated shelters open, disaster health volunteers would be needed to help screen and assess people's health.

HOW TO VOLUNTEER Prospective volunteers are encouraged to review the CDC guidance for people who are at higher risk for severe illness, consult their health care provider and follow local guidance. Our top priority is the health and safety of our employees, volunteers and the people we serve. Individuals interested in helping us provide service to our communities this hurricane season can get started at [www.redcross.org/VolunteerToday](http://www.redcross.org/VolunteerToday).

The Central Florida Region of the American Red Cross serves 19 counties through five chapters: Florida's Space Coast (Daytona Beach), Greater Orlando, Mid-Florida (Winter Haven), Southwest Florida (Sarasota) and Tampa Bay. For more information, visit [redcross.org/centralflorida](http://redcross.org/centralflorida). Also find us on Facebook and Twitter.

About the American Red Cross:

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation's blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit [redcross.org](http://redcross.org) or [cruzrojaamericana.org](http://cruzrojaamericana.org), or visit us on Twitter at @RedCross.

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"I can fulfill God's vision by choosing to live with expectant hope. I will watch the Lord do the impossible in my life and use it to help reach people who need to know him." —Ephesians 1:18



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Angela's list

Essential Cleaning

By Karen McBride

After a long day at work, there is nothing better than walking through the front door of a freshly-cleaned home. To add to the experience is the smell of calming essential oils and not harsh chemicals like bleach. Tawnee Miller uses only natural cleaning products when servicing the homes of her clients. Early in her career, she would use products containing bleach and found she had difficulty in breathing at the end of the day. After a visit to her doctor, she discovered it was the cleaning products she was using.

During the pandemic, it is even more important to use products to well-sanitize her client's homes. Determined to find a healthy alternative for her while continuing to kill germs for her clients, Tawnee began extensive research on natural cleaning products. She found essential oils and biodegradable products that kill 99.9% of germs.

As a single mother of a special needs child, she wanted a job with morning hours to allow her time to take her son to his therapy sessions. This need led her to open her own licensed and insured cleaning business. Her hours are Monday – Friday 8:30 – 2:00. She offers weekly, biweekly, and deep cleaning for her client's homes. To schedule an appointment, call Tawnee at 813-735-2763.



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Winners of September Contest for Favorite Bible Verse:

1. Kara Anne Teresi, Nehemiah 8:10

“Go and enjoy choice food and sweet drinks, and send some to those who have nothing prepared. This day is holy to our Lord. Do not grieve, for the joy of the Lord is your strength.”

2. Gigi Kalina, Psalm 82:3-4

“Defend the weak and the fatherless; uphold the cause of the poor and the oppressed. Rescue the weak and the needy; deliver them from the hand of the wicked.”

3. Enoch Duarte, Isaiah 40:2

“Speak tenderly to Jerusalem, and proclaim that her hard service has been completed, her sin been paid, she has received from the Lord's hand double for all her sins.”

Pasco Sheriff's Office Urges Crime Prevention

The Pasco Sheriff's Office has seen a recent uptick in crimes committed by juveniles. Unfortunately, one of these juvenile crimes resulted in the death of an innocent woman. However, many of these crimes are easily preventable with minimal effort.

This rash of juvenile crime is fueled by “crimes of opportunity,” where a juvenile will target an unlocked vehicle and steal any valuables, or sometimes even the vehicle itself. Items stolen can range from cash or wallets left in the vehicle to firearms or other weapons. These weapons and vehicles are then used to commit additional crimes and perpetuate the issue of juvenile crime. As a crime of opportunity, suspects usually walk away from doors that are locked, as entering these vehicles or homes would draw attention to the crime being committed.

The Pasco Sheriff's Office urges residents to follow the #9PMRoutine each night. Around 9pm each night, take a moment to ensure that no valuables, including weapons, are left in your vehicle and that the doors are locked. Additionally, take this time to make sure that the windows and doors of your home are closed and locked, and that you close your garage door. Making this part of your nightly routine can go a long way in preventing crimes of opportunity, such as those being committed by juveniles.

The #9PMRoutine relies on breaking the triangle of crime by removing an opportunity to commit a crime. While the Pasco Sheriff's Office, along with our community partners, continue to address ways to limit the desire for juveniles to commit these crime, the most effective way to reduce crime is to take away opportunity by locking your doors.

With the #9PMRoutine, you can help us prevent further juvenile crime, while reducing your chances of becoming a victim to crimes such as these.

Further, if you observe something suspicious in your neighborhood, please contact the Pasco Sheriff's Office at either the Pasco County Communications Center non-emergency line at 727-847-8102, option 7. If you observe a crime in progress or feel threatened or in danger, call 911 immediately.

By reporting suspicious activity in your neighborhood, you also help the Pasco Sheriff's Office solve crimes by providing valuable information on possible crime in your neighborhood.

Thank you for your continued support, as we work to keep Pasco County safe and address juvenile crime. You can help by remembering the #9PMRoutine; secure your vehicles by removing the valuables, locking your doors and closing your windows. Don't forget to close garage doors and lock your home's doors and windows. With your help, we can make our community a safer place for all.

Pasco Sheriff's Office  
Phone: 727-844-7705

*“A good character is the best tombstone. Those who loved you and were helped by you will remember you when forget-me-nots have withered. Carve your name on hearts, not on marble.”*

– Charles Spurgeon





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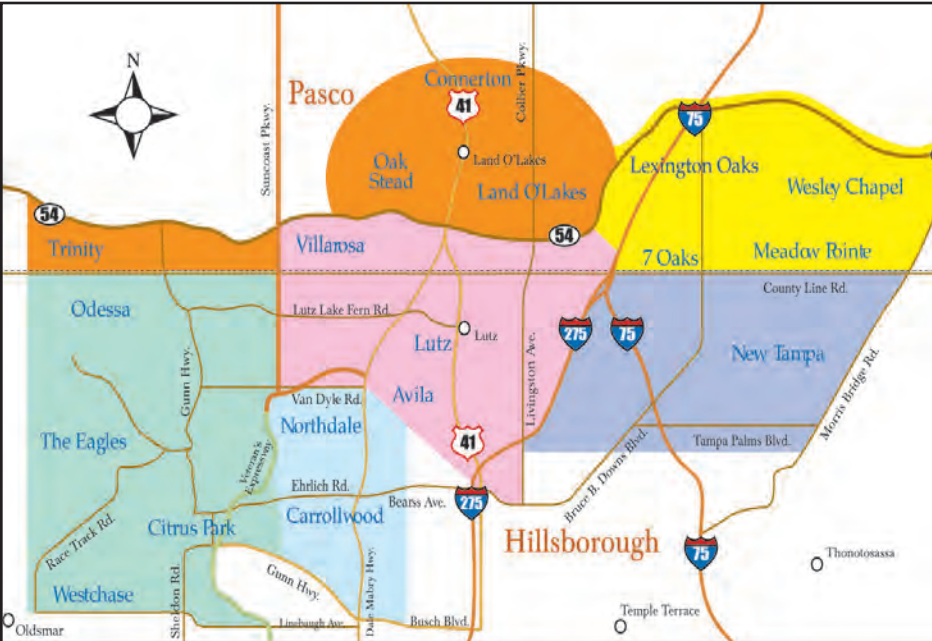
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