



Flag Day is June 14

CORNERSTONE
AIR CONDITIONING • PLUMBING • ELECTRICAL

**Call Today
Fixed Today!**

\$25 Off SERVICE REPAIR Air, Plumbing or Electrical	\$39.95 77 PT CLEANING & CHECKUP Includes six month guarantee
FREE ESTIMATES & Second Opinion • New Air Conditioning System • Air Quality Inspection • Duct Work Replacement • Water Heater Replacement • Water Treatment • Plumbing Whole Home Repipe • Elec. Panel Repair • Whole Home Generators	\$39.95 SERVICE CALL Monday - Friday 7am - 5pm

**Same-Day Service
Free 2nd Opinion
Free Estimates
24/7 Emergency**

*Free estimates for new A/C, water heater, water treatment, whole home generators, plumbing whole home repipe, air quality inspection, duct work replacement, and electrical panel upgrade. **Free second opinion with written diagnosis from another company.

CORNERSTONEPROS.COM
813-990-0155

CAC1816647 & CFC1428982 • EC0001103

BIG CAT RESCUE
ON THE PROWL FOR ADVENTURE

SEE NEARLY 70 BIG CATS UP CLOSE
GUIDED TOURS OF THE SANCTUARY
SPECIAL TOURS TO OBSERVE FEEDING & ENRICHMENT
VOLUNTEER PROGRAM

**Enter to Win!
See Page 8**

PSRT STD
U.S. Postage
PAID
Tampa, FL
Permit No. 2397

Postal Carrier:
Dated news material. Requested in-home delivery June 7, 2019

MY
Carrollwood Gazette.com

An Act of Kindness is a New Beginning
Where your advertisement can make a difference!
From Dunndead Publications

FREE!
June 2019

He said to them, "Go into all the world and preach the gospel to all creation." - Mark 16:15

Join in the conversation! /DunndeadGazettes Serving the surrounding community.



WHO'S YOUR DADDY?

Here are a bunch of unconnected thoughts for Father's Day:

One summer evening during a violent thunderstorm, a mother was tucking her small son into bed. She was just about to turn off the light when he asked in a trembling voice, "Mommy, will you sleep with me tonight?" His mother smiled and gave him a reassuring hug. "I can't, dear," she said, "I have to sleep with your daddy." After a long silence, he said, "The big sissy." There are certain sayings we associate with our fathers. Here are some typical Dad quotes:

-it's only blood"; "Get your elbows off the table"; "A little dirt never hurt anyone—just wipe it off"; "Don't make me stop this car!"; "This will hurt me a lot more than it will hurt you."; "Do I look like I'm made of money?"; "Two wrongs don't make a right"; "No, we're not there yet!"; "When I was your age..."

I looked in my Bible for a quote from another prominent father, Joseph, and to my surprise, I couldn't find one. I never thought about this before, but Joseph doesn't say a single word in the Bible. He listens and obeys.

Continued on Page 8

Auto Accident?
Slip and Fall?

FREE CONSULTATION
No Fees Or Costs
Unless You Win

**HOLLIDAY
KARATINOS**
LAW FIRM, PLLC

HelpingInjuredPeople.com

Call Attorney
JIM HOLLIDAY
813-868-1887

*"I Will Aggressively
Fight To Protect
Your Legal Rights"*

18920 N. Dale Mabry Hwy Ste 101
Lutz, FL
(Corner of Sunlake & Dale Mabry)

Walk-Ins Welcome

Ernest Walker, Agent
5111 Ehrlich Road
Tampa, FL 33624
Toll Free: 833-831-4486
ernest.walker.nys6@statefarm.com
Hablamos Español

I'm excited to announce auto insurance rates just went down. I can help you find coverage that works for you.

LET'S TALK TODAY.

**Good news.
Rates just
got lower.**

State Farm Mutual Automobile Insurance Company, State Farm Indemnity Company, Bloomington, IL 1901155
State Farm County Mutual Insurance Company of Texas, Richardson, TX

Happy Father's Day! from Dunndead Publications

Accepting
New Medicare
Patients

OCANA
MEDICAL CENTER

**COMMITTED TO EXCELLENCE
IN SENIOR CARE**

6553 GUNN HWY, TAMPA, FL 33625 | (813) 968-8314

WWW.OCANAMEDICALCENTER.COM (SE HABLA ESPAÑOL)

Kids' Corner: One Child Helping One More Child



Hi, my name is Harley and I recently helped with One More Child and I recently just packed some bags for One More Child and then a couple days later I dropped them off at the school in Sulfur Springs it goes from first grade and to eighth grade. There is also a backpack program and it's already in the newspaper and I'm going to do it in this article. And also my friend's dad works with One More Child his name is Philip Whitten and he is the father of Hailey Whitten. So I saw them.

And the first people in line gave around grocery bags and then I put into macaroni and cheese my mom put in one Cheerios and so on you know. Then I helped wash and dry the bins and it seemed like there were 30 or 40 bins and then on Friday me and my dad helped put them in the backpacks and I ran back-and-forth between the first, second, third, fourth, fifth, sixth, seventh, and eighth graders because they don't have food on the weekend and I just love to help others and even on the news my title was a philanthropist.

And when we were dropping off the bags I gave some of the kids a high five. Some of the kids opened their backpacks so we could just drop their bags in. They are probably full by now.

For more information on this story or others, visit HarleyIsabel-Smith.com.

For more Information about One More Child, visit onemorechild.org or to volunteer for an hour, sign up at signup.com/go/kPYnwGk.



One More Child Backpack Program



One More Child is excited to be meeting the needs of children who are often hungry on the weekends by providing backpacks full of nutritious food for them and their families through its Backpack Program in local schools. One More Child currently provides thousands of meals for children in locations such as Sleigh Middle School, and we need the help of churches, individuals, and businesses to expand!

Please visit OneMoreChild.org to find out how you can help children and families be happier and healthier on the weekends through your support.

I



1944

2019

LUTZ

75TH INDEPENDENCE DAY CELEBRATION

Free Parade Entry • Cake Contest

Vendor Booths Available

For more information, contact:

lutz4thofjuly@gmail.com

Sponsored by the Lutz-Land O'Lakes Woman's Club

GFWC Lutz-Land O'Lakes Woman's Club supports member Jane Mason as our club-sponsored candidate in the 2019 Guv'na Of Lutz Race.



Denice McClure
Dmclurehawk@aol.com
813-431-8033

Stretching Life

As parents we all have a mission: to ensure our children find happiness and passion in their lives. This happiness can come from a multitude of things, such as from God, from healthy relationships or by finding an outlet in which they can truly express themselves. Proverbs 22:6 reminds us to "train up a child in the way he should go: even when he is old he will not depart from it."

The last few decades of my life have been wonderful, crazy, stressful, but most importantly I found my true passion! Everyone knows the common saying, "do something you love and you'll never work a day in your life," which we all know is easier said than done. For example, for 23 years I was a chemist and although it had its perks it just wasn't what I wanted to do for the rest of my life. This made

me feel lost and worried. However, I did have one thing in my life I loved doing (other than being a mom); I loved yoga and felt called to help others feel great by getting them involved in the best form of exercise.

How was I going to start my own business considering I went to school for chemistry? This is how: with an entrepreneur spirit. Being an entrepreneur is the best attribute a person can have because when faced with problems he or she can find the solution. As a mom I have always taught my children to take on the challenges of the world and I am sure you do too. In this monthly column I am going to give you and your children the insights of entrepreneurship, teaching you and your children what I have learned by building my own business. Be on the lookout for this series in next month's paper entitled Train Up!

Embrace Grace Baby Shower

River of Life Church in Lutz is hosting Embrace Grace, which is a 12-week support group for single young women with unplanned pregnancies. We want the church to be the first place they turn to for support. We accept financial donations, new and gently used baby clothing, and other baby items. For more information, contact Naomi Holloway at 813-431-1706 and check us out on Facebook at Embrace Grace-River of Life-Lutz FL.

The Ceramic Garden

on the wheel, birthday and other parties.

The Ceramic Garden is back with a new bigger location in Lutz and its popular hands-on Summer Art Camps for children ages 5-14, teens, and adults. Camps include hand-building with clay, pottery on the wheel, drawing/painting, glass, mixed, and textile art and run from June 3 through August 9. Space limited. Call 813-263-5948 or view details and register at www.theceramicgarden.com/art-camps. Our new studio has separate rooms for pottery



HopeChildrensHome.org

11415 Hope Int'l Drive, Tampa, FL 33625 | 813.961.1214

It's Summer TIME

All our children are out of school and excited to just play...ALL DAY! They greatly enjoy summers here at Hope. From riding bicycles, playing basketball, to playing board games with their friends, summer is a great time for the children to make many wonderful memories here at Hope Children's Home.

We also have countless activities the children can participate in off campus. One of those is summer camp. You can imagine the anticipation that each child has when camp comes. They get to enjoy delicious food and play exciting games, all while hanging out with their friends and hear preaching from the Word of God throughout the week. It's such a great opportunity for them to not only have fun, but to also grow closer to the Lord.

It costs \$165 for each child to go to summer camp, and we have 37 children going this year. Did you know that you can help our

children get to camp? If you, your church, or your business would like to sponsor a child, please go to our website at HopeChildrensHome.org/Donate and designate your gift to "Summer Camp". Your gift of \$165 will then completely pay for one of our children to go to camp this year.

What a difference \$165 can make! Will you choose to sponsor a child today?

YOU CAN HELP BY GIVING:

Give online or by Mail

Designate your gift to "Summer Camp"



Women-n-Charge Monthly Meeting

Join the vibrant ladies of Women-n-Charge on Friday, June 7th from 11:15am-1:15pm at Plantation Palms Golf Club (23253 Plantation Palms Blvd., Land O' Lakes, FL 34639). The meeting includes lunch, a presentation, and time to network. We share our talents, build relationships, and share our resources with other women in business.

The cost is \$15 for members and \$18 for guests who RSVP by Monday prior to the meeting. Tuesday and after, the cost is \$20 for members and \$23 for guests. Please register at <http://www.women-n-charge.com/meetings>. For more information or to RSVP, please contact Judy at 813-600-9848 or info@women-n-charge.com.

Our June meeting will feature a 3-woman panel discussion with Melinda Turner of Primerica, Dr. Chonta Haynes of Heart 2 Heart Truth Ministries, and Artricia James-Heard of A Right Way Credit Counseling.

Women-n-Charge Adds New Members



VP Anne Childers welcomed 2 new members, Trisha Castellano DeHart of JC Penney In Home Custom Window and Carol Toffolon of The Charity Branch along with membership chair Kay Dunn.

Tumbleweed Music Ministry

Tumbleweed Music Ministry in collaboration with Florida Christian Songwriters is launching a new songwriting group in Lutz. Come join us on 6/22/19 for our first weekly freestyle songwriters' meet up. The first and second Saturdays between 10 – noon are dedicated to creating new songs and the third and fourth Saturdays are focused on open mic nights from 6:00-9:00pm to showcase your original songs (advance sign up is required).

Our group is for anyone looking to learn, grow, jam, network, fellowship, or showcase original music. It doesn't matter your level of skill. What matters is your willingness to share with others what you do know. There is no charge to attend our weekly meetings. This is a safe place to write and share. Expect 2 hours of fun and fellowship.

Our mission: Collectively create original songs

Our vision: Create marketing solutions through media promotion and digital audiences

Send an email to lutzsongwritingcollective@gmail.com to reserve your spot.

"Our Father in heaven, hallowed be your name, your kingdom come, your will be done on Earth as it is in heaven."
— Matthew 6:9-10



Samantha Taylor
Samantha Taylor Fitness

Many people have to reach a place where they are so uncomfortable with the pain of staying there, that it outweighs the fear of changing. And they say, "I just can't be like this anymore." The good thing about reaching that point is that you are more likely to do something about it. Often when someone doesn't have enough pain or discomfort, then it doesn't motivate them to take action.

The most common things women tell me when they finally get the courage to call is, "I saw a picture of myself and I couldn't believe my body has turned into this." Or "Someone asked me when my baby was due and I am not pregnant!" Or "I feel like I am 20 years older than I am and I am starting to look like my mother who is not healthy or in shape." Or "I am the heaviest weight I have ever been and every time I step on the scale I tell myself that is the heaviest I will let myself get, until the next time." Or "I kept telling myself I can do this on my own but it's not happening."

Usually when someone reaches these places, they realize that if they don't do something now, they might be in big trouble later with their health. They start to get really concerned about the next 10 to 20 years of their life and some can't think that far in advance and can only think about being concerned with the next 3 months.

I heard a statement over 20 years ago that

What Does It Take to Change?

really impacted my life which was, "You will never change what you tolerate." That is so true! If you accept it in your life, you won't change it. But if you say, "Enough is enough, I am not going to be like this anymore," then possibly you will muster up enough courage to do something about it. If you don't, very quickly one more month turns into another year then all of a sudden another decade. Then we wake up 20 years older, looking ourselves back in the mirror with regret because we didn't take care of our bodies.

I encourage you to do something about it now. Don't wait. Don't let it get to a point where you are forced to get serious because you are facing some serious medical condition. You can be proactive with your health and take action. I know it can be a little scary and some feel nervous to make those decisions but you have to start somewhere. Sometimes it's making the phone call or going on the website that can be the most difficult part.

My personal training studios for women are set up to help you learn how to eat healthier in a way you love with a licensed nutritionist, get rid of food cravings, and experience a new healthy relationship with food. And to get your body moving again to get a toned, fit body. We can help you, if you give us the chance in any of our 5 locations.

Take that first step, just call us or go on the website and book a Body Transformation Analysis. This could be the next step you need to turn your life into a happier, healthier one where you feel great and can look in the mirror again and love what you see!

813-377-3739

www.SamanthaTaylorFitness.com



Are You Drinking Healthy Water?

By Erik Groenendijk



Our bodies contain about 60% water for adults and 75% water in infants. In essence, we are mostly water. In Florida, we have a large supply of fresh water available from the Floridian Aquifer, a deep layer with clean water. Then how come that your water tastes so bad at your own home?

If you are on city water, the municipal water companies add chloramines to the water to prevent bacterial growth in the water distribution network. This is a good thing, but the chloramines themselves are toxic, make the water taste bad, and dry out your skin—yikes!

If you are on well water, the water quality differs from well to well depending on the location and depth of your well. Levels of iron, sulfur (rotten egg smell), tannins, hardness, and potential presence of bacteria require testing. Testing is inexpensive—we offer it for FREE!

Whether you are on city water or on well water, you can enjoy excellent water at your own home with the installation of the proper system designed for your needs. We can remove the chloramines from the water and fix any well water problems. We take pride in providing affordable solutions for well water treatment and whole house water treatment for less than half the price as compared to the big name companies such as Culligan, Kinetic, Pelican, and others for the same or better quality water. As a small family-owned business, we listen to our customers and customize to their needs and wishes. Your water quality is essential to your health and quality of life. Give us a call at 813-929-8149 to find out how we can help you or visit us at www.smarterwatersolutions.com.

WATER TREATMENT

Bad Taste • Bad Odor • Staining • Spotting?

Family Owned & Operated

- Various systems available
- 30+ years experience
- 5-Star Rating for customer satisfaction
- Service & repair available
- We CARE about our customers

Financing Available • Licensed & Insured

Smarter Water Solutions
(813) 929-8149
www.SmarterWaterSolutions.com

FREE

WELL WATER
SYSTEM CHECKUP

\$75
value

Expires: 6-30-19

See how amazing YOU can feel in your 40's to 70's This Area's Only Private Studio for Women

SAMANTHA TAYLOR
FITNESS



It's not about what size you are or weight.

It's about living life healthier, happier,
more energetic with less aches and pains.

Your family loves you and they want you
to be around a long time.

**To be your best, start taking care of you too...
for you and your family.**

"I am SO
much
happier!"

Age
65



Lost 60 lbs. Kept off 2 Years



**Kept it off
10 years!**



**Wow!
Mid
60's!**

**Lost
55
lbs.**

Experience a Personal Training Program for Women with a Proven Track Record of Success

- 30-Minute Workouts
- Personal Training
- Or Fitness Boot Camp
- Delicious Nutrition
- Licensed Dietician
- Cooking Classes
- Weekly Webinars
- 3-D Body Scan Machine
- Accountability & Support
- Make New Friends

- Westchase
- Carrollwood
- Wesley Chapel
- Land O' Lakes
- Palm Harbor

**Book your Complimentary Body
Transformation Analysis Today!**

(813) 377- 3739

Samantha Taylor Fitness.com



Fear Not, Only Believe

Dr. Doug Wingate,
Ph.D.
Life Christian
University

Jesus expects Christians to “Fear not, only believe.” And then receive miracles.

Many Christians have the false notion that Jesus performed the great miracles that He did because He was the Son of God. Yes, He definitely was and still is the Son of God, but He didn’t perform the miracles through His deity, but as the anointed Son of man. The anointing of the Holy Spirit that was given to Him without measure is what made Him the Messiah, or in the Greek language, the Christ.

The second person of the Godhead, the Word as He is identified in John 1:1 and John 1:14, took on human flesh, born of a woman, and learned from the Old Testament writings that He was God’s Son by the age of 12 when He was found lingering in the Temple in Jerusalem, and told Mary and Joseph that He had to be about His Father’s business.

The Apostle Paul tells us in Philippians 2:6-8, “who being in the form of God, did not consider robbery to be equal with God, but made Himself of no reputation, taking the form of a bondservant, and coming in the likeness of men. And being found in appearance as a man, He humbled Himself and became obedient to the point of death, even the death of the cross. He never used His deity in ministry, but only stepped out into his high priestly role after He was baptized in water by John the Baptist and the Holy Spirit came upon Him to empower Him as the Anointed One, or anointed Son of man.

Jesus Himself said in John 5:19, “Most assuredly, I say to you, “the Son can do nothing of Himself, but what He sees the Father do; for whatever He does, the Son does in like manner.” In other words, Jesus perfected the walk in the Spirit, where He was in constant com-

munication with the Father, and upon each instance that He came upon, He only said what He heard the Father say, and He only did what He saw the Father do. The Father did the miracles through Jesus, by the power of the Holy Spirit, as Jesus yielded His complete will to the Father.

This gives us a major understanding of how the miracles of Jesus happened. He had to hear from the Father first, do or say whatever the Father said, then wait for Him to perform the miracle. That is still the way miracles happen today. The only difference is that Jesus in now the King of Kings, and Lord of Lords. He sits in complete dominion of life itself. Now, we need to hear from Him or the Father, do or say whatever they say, and wait for them to perform the miracle by the power of the Holy Spirit that has been given to us.

The only problem is that we have to believe. Some people that started reading this short article, put it down and went on to something else because they have been brainwashed by the enemy to believe that miracles ceased when the Apostles of the Lamb and the founding Apostles died. Nothing could be further from the truth. For those who have stayed with me to this point, be greatly encouraged by how simple faith comes. It is a choice, based on God’s argument in His word. Chose to believe Him, and faith comes alive. One enemy to faith that is also a choice is fear.

Jesus expects us to stop the fear. He spoke to the ruler of the synagogue in Capernaum, Jairus, when he was told not to bother the Teacher any further because his daughter was dead. He said Him in Mark 5:36, “Fear not, only believe.” One translation says, “Stop the fear, only believe.” Jesus must have heard the Father in Heaven give the instructions, because as He acted on the Father’s directions, and Jairus’ daughter was raised from the dead.

Another man brought his demon-possessed son to Jesus. The demon caused the son not

be able to speak and to have convulsions that caused him to fall into the water or into the fire. This demon was obviously trying to kill the son. The man cried out to Jesus in Mark 9:22, “If you can do anything, have compassion on us and help us.”

Jesus answered and said, “If you can believe, all things are possible to him who believes.”

This must have inspired the man, at the same time he realized that he needed more help. He responded by saying, “Lord, I believe. Help my unbelief.”

Jesus must have heard the Father in Heaven to give great grace to the man for his faith, and his honesty about his lack of faith, because, Jesus immediately cast the spirit out of the

young man, and he was permanently set free. I leave you with these two major keys in receiving any miracle from God, and in all honesty, everyone needs some miracles. Stop the fear, only believe. If you can believe, all things are possible to those who believe.

Doug Wingate,
President and Founder of Life Christian University
www.lcsu.edu
(813) 909-2271

Life Christian University holds divine healing services every Thursday night at 7:00pm at 410 E. Chapman Street, Lutz, FL.

“For it is by grace you have been saved, through faith—and this not from yourselves, it is the gift of God—not by works, so that no one can boast.”
— Ephesians 2:8-9

AVAILABLE NOW!

God’s Long-Term Health Care Plan

Space Available!

“Hell” Forgot About That!



DR. ROBERT A. NORMAN, DO, MPH, MBA

Dermatology

- General Dermatology
- Aesthetic Services & Products
- Aging Skin
- Dry Skin & More

2 Locations

Medicare/Medicaid & Commercial Insurances Accepted

www.drobertnorman.com

8002 Gunn Hwy.
Tampa, FL 33626

Call Today!
(813) 880-SKIN (7546)

10422 US Hwy. 301 S.
Riverview, FL 33578

Serving Tampa Bay since 1994 with a commitment to expert and comprehensive dermatology care

The Great Florida Outdoors: Caladesi Island State Park

Dr. Robert Norman, Clinical Professor, Dermatology, Nova Southeastern University



Let’s explore a freshwater region of Florida while learning how to read the landscape.

On a recent field trip to Caladesi Island State Park with the Friends of Pinellas Master Naturalists, I once again enjoyed the magic of this national treasure. We gathered and took the ferry over with leaders Jeanne Murphy, Brian Lane, and guest instructor Marty Main, the founder of the Florida Master Naturalists Program.

Once we all got off the boat, we listened to nature talks and explored this unique coastal park. The upland habitat is maritime hammock with live oaks, cabbage palms, and wax myrtle and is

entwined with mesic flatwoods of slash pines and saw palmettos. We found beach elders, sea oats, flowering cacti, and robust mangrove trees. We saw ospreys and gopher tortoises, all part of the Caladesi Island wildlife community.

We were eager to head to the beach and we moved on to explore on a pristine May morning. Once we arrived, we explored the wrack, formed when natural material washes onto the beach and includes sea grasses, algae, and some invertebrates such as sponges and soft corals. The wrack serves as its own ecosystem within the greater coastline, providing a food chain of nutrients for our fellow



inhabitants to live and feed and prosper. As the wrack decomposes, it goes back into the surf and serves as a nursery for a variety of fish species. The wrack that is deposited higher may play an important role in the creation of dunes.

Each of us discussed various items we found during our explorations, from turtle fossils to egg casings. Several of the participants offered their expertise in birding and migration patterns, tidal influences, and natural history. Reefs formed by oysters and extensive beds of manatee, shoal, and



turtle grasses could be seen offshore.

You can get to Caladesi Island State Park by passenger ferry launching from a dock on Honeymoon Island to the marina, take a private boat or kayak, or walk via Clearwater Beach from the south. Once you arrive, you can enjoy the picnic pavilions, use the bathhouses, and visit the park concession stand. Maybe you want to explore the island’s pristine white beaches composed of crystalline quartz sand and go for a swim, snorkeling, or shelling. If you like to kayak, take a trip through the mangrove forest. You can also walk the three miles of nature trails and visit the historic Scharrer Homestead.

Caladesi Island and Honeymoon Island were originally part of a large barrier island until 1921 when a hurricane created Hurricane Pass and split the barrier island into two parts. Although Caladesi is still referred to as an island, Hurricane Elena filled in Dunedin Pass in 1985 and now Caladesi Island shares its island geography with Clearwater Beach.

On Caladesi you have a great chance to visit one of the few remaining undeveloped barrier islands in the state. With a total of 650 upland

acres, more than 1800 acres of surrounding mangroves and grass flats, and over 3 miles of sandy beach, you can fill up a day with all kinds of activities or just sit on the beach and read a good book and listen to the gentle sound of the waves. What are you waiting for?

Before you leave, consider going to the park concession for a cold drink or hot dog. You can buy copies of the delightful memoir (written at the age of 87) and unique cookbook by homesteader Myrtle Scharrer Betz (Yesteryear I Lived in Paradise: The Story of Caladesi Island and Caladesi Cookbook: Recipes from a Florida Lifetime, 1895-1992).



Get out and enjoy the Great Florida Outdoors!

Dr. Norman is an advanced master naturalist graduate of the FMNP program from UF and a board-certified dermatologist based in Tampa and Riverview. He can be reached at 813-880-7546.



Cultural Warfare vs. Christian Lifestyle



James H. Willis, III
Founder and President
The Willis Agency, Inc

813-948-9109
Jim@TheWillisAgency.com
www.TheWillisAgency.com
1 Peter 5:7

Has anyone noticed that as Christians we are in a cultural warfare? These days are illustrating it more than ever before, at least so it seems. We are clashing on every level of life. In this article I will touch on the clash of Cultural Warfare vs. Christian Lifestyle.

In our culture today, it encourages us to spend all that we make. It aggressively teaches us to be needy and it attaches our self-worth to our net worth. I hope I am not saying anything that is startling here, but just like all other areas in life, God wants us to use our money differently than the world does.

What does a Christian lifestyle look like? Well, let me share a little about what I mean as far as lifestyle and spending. 1) Lifestyle spending is a sum total of all financial spending and is not related to other uses of money. 2) It is typically the most significant use of money. 3) It is the primary determinate of "How much is enough?" 4) It is always money "after taxes". 5) Lifestyles typically drive debt decisions.

In other words, we are to have different priorities than our neighbors. Maybe we do not need all the "things" and still be happy. There is no reason to go into real debt just for "stuff" and/or "things to do". The Bible clearly tells us to be different from the world in every way, BUT it does not tell us how. Stay balanced in life and don't overdo things that can cause it to become lopsided.

For us to adopt these principles, let me give you some of the Why's and How's with Biblical principles. 1) Financial "contentment" is a choice, not a function of lifestyle. 2) We are commanded to "provide" for the "needs" of

our family. 3) I must understand that I cannot accumulate enough money to protect my family against all contingencies. 4) I can learn to be "content". 5) What lifestyle I choose, I should live with joy. 6) The Bible does not define a Christian lifestyle. Here are a couple of Bible references: 1 Tim 5:8, 1 Tim 6:6-8, 1 Tim 6:17-18, Phil 4:11-13, and Heb 13:5-6.

Dr. David Jeremiah defines contentment this way:

- 1) No regrets of the past
- 2) No fear of the future
- 3) No envy in the present

So how do I change my habits, behaviors and thought processes?

Here are 7 Principles of Lifestyle change:

- 1) Prov. 3:5-6 Prayfully seek God's direction regarding your lifestyle.
- 2) Phil. 4:11 Learn to be content.
- 3) Ex. 20:17 Learn to avoid coveting.
- 4) 1 John 2:15-17 Your lifestyle should not be determined by comparing it to others.
- 5) 1 Tim. 4:4 Freely enjoy whatever you spend in the "Spirit".
- 6) 1 Thess. 4:11-12 Make an effort to live more simply.
- 7) Rom. 12:2 Do not conform to the world.

Finally, here are a couple of key points: Spend less than you make, contentment, delayed gratifications, every spending decision is a spiritual decision. I hope you find this helpful and hopeful.

Caring for you and yours,
Jim

P.S. Why not meet with me and we can discuss the 1st steps to a happier lifestyle. Give me a call at 813-948-9109.

Obtaining a Medical Cannabis Card

By Karen McBride

The negative side effects of pharmaceuticals have caused patients to search for more natural forms of treatment. According to the National Center for Complimentary and Integrative Health, people have used cannabis, also called marijuana, for a variety of health conditions for at least 3,000 years.

Clinical studies on the use of medical cannabis or medical marijuana began over 20 years ago. More recently, medical marijuana has gained national attention as a growing number of states, territories, and the District of Columbia have enacted laws to legalize it.

Medical marijuana has been effective in reducing the symptoms of such diseases as fibromyalgia, neuropathic pain, Alzheimer's disease, and even helps protect against spontaneous seizures for patients suffering from epilepsy.

Other conditions that benefit from the use of medical marijuana include:

- Cancer - medical marijuana is proven to be effective at treating cancer-related symptoms and treatment-related side effects, including nausea, appetite, sleep, and pain issues.
- Arthritis - arthritis sufferers have found relief from inflammation, pain, and stiffness when using medical marijuana.
- Glaucoma - glaucoma increases pressure in the eyeball, damaging the optic nerve and causing loss of vision. Marijuana decreases the pressure inside the eye.
- Post-Traumatic Stress Disorder ("PTSD") - One of the qualifying conditions in Florida is PTSD, which is an anxiety disorder.

Our bodies contain an endocannabinoid system, which brings balance to the other systems in our body.

The natural alternative to pharmaceuticals is successful in treating such a variety of con-

ditions because it is also contains cannabinoids similar to those all mammals produce, and, therefore, similar to a supplement.

The supplement comes in many forms. In addition to being inhaled, it is available in a topical cream, patch, drops, nasal mist, and more to fit the patient's needs and comfort level.

The first step in purchasing medical marijuana is to become certified by a licensed and certified medical marijuana doctor. You do not need to see your primary care physician first. Once you have been approved by the doctor, the request is processed by the state. When completed, you will receive an email and then be able to purchase medical marijuana from several locations throughout the Tampa Bay area. The supplement can be sent directly to your house.

Medical marijuana is not covered by health insurance, but it is affordable. Since it is still against federal law, insurance companies cannot cover it. To schedule your appointment, call 813-756-0091 or 844-420-7277 or visit us online at <http://certifiedmarijuanadoc-tors.com> or <http://cmmdr.com>.

What our patients are saying:

"With a wide range of health problems, I came in as a skeptical wreck, and these people were so patient and understanding, and helpful. I cannot thank them enough. I am having unbelievable results. My husband said I am a different person. Things that I didn't expect it to benefit it has helped. From reducing my blood sugar, to pain, sleep, everything has been beneficial. With NO side effects. Being a very religious person, I was taught this was not good, and all I can say now, is God put it here, and it works. I tell everyone who will listen. This has dramatically changed my life for the better."

- Carmen D.

FLIP

SIDE

Realty

by

Design

SECOND

HOME

SPECIALISTS

Flip Side Realty by Design, owned and operated by broker Marla Adams, is your One Stop Shop for all your real estate needs. Whether you List your home, Buy a home, Relocate, Invest or are in need of Property Management services, our agents are ready to serve in Hillsborough and Pasco counties.

2019 is the PERFECT TIME to INVEST in a SECOND HOME or a VACATION RENTAL!

Whether you have your sites set on the beach, downtown or in a master-planned community we are here to assist you!

Service Deserves Its Rewards®

Firefighters/EMS Law Enforcement Military Healthcare Workers Teachers

To learn more about the services provided by Flipside Realty by Design and the Homes for Heroes Program visit: www.FlipsideRealtybyDesign.com or Call 813-335-1449

I was reading in the Dunndean Gazette, "During National Flag Week, the president will issue a proclamation urging U.S. citizens to fly the American flag for the duration of that week. The flag should also be displayed on all Government buildings. Some organizations hold parades and events in celebration of our national flag and everything it represents. It's also a time to remember and honor military men and women who defend our flag and our country."

GET YOUR SMOKABLE MARIJUANA HERE!

TAMPA

813-756-0091

8501 N FLORIDA AVE

TAMPA, FL 33604

LARGO

727-351-0091

7850 ULMERTON RD

LARGO, FL 33771

CERTIFIED MARIJUANA DOCTORS

RXPO.COM

ALTHOUGH MEDICAL MARIJUANA IS LEGAL IN FLORIDA, IT REMAINS ILLEGAL UNDER FEDERAL LAW.

“Whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.” — Colossians 3:17

Cornerstone Pros-Air Conditioning, Plumbing, and Electrical

By Karen McBride

Special Section



Publishes Sunday June 9th
BEST of the BEST
Tampa Bay's
Official People's Choice Awards
Advertising available only for
2019 Best of the Best winners.

Summer is here and so are the high temperatures. This would be a terrible time to have problems with your air conditioning system. Before an issue arises, have your system serviced by Cornerstone Pros. The certified technicians will inspect the equipment thoroughly and check it for leaks and clogged lines.

If additional service is needed, the technician will take the time to explain the work in detail to ensure you understand what needs to be done and feel comfortable with the assessment. Cornerstone Pros uses only quality products and offers financing for its affordable equipment. Repair and replacement work are covered under warranty and cost-effective maintenance plans are offered.

The hot Florida summer brings intense tropical storms and hurricane season begins in June. Power surges can ruin expensive electronics. Cornerstone Pros can install surge protection and standby generators to safeguard your home during these powerful storms. To continue to keep your home safe throughout the year, Cornerstone Pros offers electrical maintenance plans. The plan includes:

- One annual electrical inspection
- Main breaker panel examination
- Check GFI's
- Test receptacles
- Repair or replace switches
- Priority service
- No service fee with repair
- 15% discount on parts and labor

- Transferable agreement

Cornerstone Pros has been servicing the Tampa Bay area since 2006. For the last 8 years, Cornerstone has scored the highest ratings on Angie's List Super Service Award (only the top 5% of companies receive this award), and A+ rating with the Better Business Bureau, received the Brighthouse Business Award, received the Central Pasco Chamber of Commerce Large Business of the Year Award for 2016, and most recently, won the 2019 People's Choice Best of the Best award from the Tampa Bay Times. Customer satisfaction is important. Cornerstone Pros offers a "Satisfied Customer" Guarantee.

"Our team believes the most important service we can deliver is total satisfaction. Because of this, our team goes above and beyond to ensure every customer is a satisfied customer. You can mark our word. Better yet, you can guarantee it through our Satisfied Customer Guarantee. Essentially, if you aren't happy with your service, we'll return and make it right. We promise."

Cornerstone is located at 4946 Land O' Lakes Boulevard, Land O' Lakes, FL 34639. To schedule an appointment, call 813-990-0155 or visit their website for more information at <https://cornerstonepros.com>. Emergency services are available.

Local Volunteer Receives State Recognition



In recognition of Florida's Volunteer Month, the Florida Long-Term Care Ombudsman Program proudly announces Sun City resident Ron Dickey as the recipient of both the West Central Council Ombudsman of the Year Award and the Bronze President's Volunteer Service Award for his commitment to strengthen our nation and communities through almost 200 hours of volunteer service to long-term care residents in the last reporting year.

Volunteers with the Florida Long-Term Care Ombudsman Program, called ombudsmen, advocate for the health, safety, welfare, and rights of people living in nursing homes, assisted living facilities, and adult family care homes. They work with residents, family members, administrators, and others to re-

solve complaints and improve the quality of life in long-term care facilities.

Ron chose to help long-term care residents after searching for something meaningful, rewarding, and fulfilling to do following a long career in finance and business. His experience in business helps him advocate for residents by resolving financial and billing issues quickly.

On one occasion, a resident who was hospitalized and not returning to the facility was being charged additional costs for storage of personal belongings without the knowledge of the resident. Ron worked on behalf of the resident resulting in the facility refunding the storage costs.

A resident's family member impressed with Dickey's advocacy efforts shares, "It couldn't have gone better. The results were instantaneous. I had been trying for ages to get things fixed. I am very impressed."

"On behalf of the Department of Elder Affairs, I want to congratulate Mr. Dickey for this recognition and thank him for his service to the community," said DOEA Secretary Richard Prudom. "Volunteers are integral to our efforts to meet the needs across our Aging Network, and Ron is truly an asset to our team."

The Florida Long-Term Care Ombudsman Program, administratively housed at the Department of Elder Affairs, seeks to improve the quality of life and care for all Florida long-term care residents. Learn more at ombudsman.myflorida.com or by calling 1-888-831-0404. Like us on Facebook.

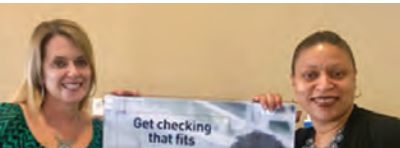


Giving You More Time!

Handyman or Home Chores Big or Small
All Types of Yard Work (no mowing) - Clean Out Houses
Pressure Wash - Haul Off - Clean Windows/Gutters
Organize - Pet Sit/Walk - Run Errands
Take you to the airport for \$25 or to the doctor for \$20/hr

Call Amanda at 813-908-9221

Together Again at Cadence Bank



Look who is back together again! Mary and Nicole started their banking careers together in the early 1990's and are back together again. Stop by Cadence to see them and get exceptional customer service for all of your banking needs.

CD Rate SPECIALS!

Call us for our best rate.



CADENCE
BANK

Carrollwood
11790 North Dale Mabry Hwy | Tampa, FL
813-961-6200 | cadencebank.com

Rates subject to change. MEMBER FDIC

Tampa Bay Dance Club

8401 W. Hillsborough Ave., Tampa, Florida 33615. Luther Hall Located at the Lutheran Church of Our Saviour

June 7	Male Vocalist – Eric Lee
June 14	Bert – Nashville Best
June 21	Female Vocalist – Karen Kallin
June 28	Best DJ - Joey Royal

Everyone is welcome, dress code is casual. Admission Cost: \$10.00 non-member. Doors Open at 6:30pm, dance starts at 7:30pm and ends at 10:30pm.

Website: tampabaydanceclub.com



We Support CHRISTIAN EDUCATION...

Teaching our children that the Word of God is a way of life.

Can we afford anything less?



COMMUNITY PET NEWS

Mark Twilla DVM
Sunshine Animal Hospital



The Value of Veterinary Chiropractic and Acupuncture Therapy

In veterinary medicine we are exploring different ways to treat medical problems in our pets. Acupuncture and Chiropractic (Veterinary Spinal Manipulation) are two modalities that may benefit your pet and are now offered at Sunshine Animal Hospital.

Acupuncture is the insertion of needles into specific points on the body to produce a healing response by stimulating nerves, increasing blood flow, relieving muscle spasms and releasing endorphins. This technique has been used in China for thousands of years to manage many ailments and has few negative side effects. Acupuncture will not cure every condition, but it can improve outcomes especially when combined with western veterinary medicine.

Veterinary Spinal Manipulation/Chiropractic focuses on preservation of health and function as it pertains to the neuro-muscular skeletal system. Joint segments are moved through gentle range of motion, and specific adjustments are made in areas of restriction. The goal is to restore joint mobility, improve musculoskeletal function, reduce pain, and promote neurologic stimulation.

For more information or to make an appointment for your pet Please call us at Sunshine Animal Hospital **813-885-7071**



Estate Planning Legal Tips

If you own a home in Florida, you're probably familiar with the homestead tax exemption that can reduce its assessed value by up to \$50,000. You may not realize, however, that Florida's Constitution provides additional protections for homestead property, and it's important to understand how these protections affect your estate planning. First, if the owner of the homestead property dies leaving a spouse or a minor child, the owner cannot give the property as a gift in his or her will. An exception allows the homestead to be gifted to the spouse, but only if the owner is not survived by a minor child. Second, the homestead property cannot be forcibly sold to pay the debts of the owner, and the protection from such debts descends to the heirs of the owner. This protection does not apply to mortgages or other liens attached to the homestead property itself. Contact McDannold Law for a free consultation to learn how these important laws may impact your estate plan.



McDANNOLD LAW

WILLS & TRUSTS • PROBATE • GUARDIANSHIP

17894 N US Highway 41, Lutz
(across from Lutz Preparatory)

813-397-6330

McDannoldLaw.com

The initial consultation is free. The peace of mind is priceless.



The Lord's Prayer:

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one.

Matthew 6:9-13



Kidz wanted



Pediatric Place Of Tampa

& PM Pediatrics Of Tampa

(813) 264-2288

Board Certified Pediatrician
Dr. Michele Johnson-Towson
MD, FAAP, PA

- ★ We accept **ALL** insurances
- ★ Solo practice for 25 years
- ★ **School/sports physicals**
- ★ Same day appointments
- ★ Ages newborn to 21 yrs.
- ★ **Urgent care**
- ★ Travel vaccines
- ★ **Flu shots and Flu mist available**
- ★ **Se Habla Español**

Urgent Care After Hours

GRAND OAK PARK
1338 W. Fletcher Ave.
Tampa, FL 33612



Mon.-Fri. 8am-3:30pm • By Appointment
Urgent Care: Mon.-Thur. 3:30pm-7pm • Fri. 3pm-5pm • Sat. 8am-12pm



PROFESSIONAL DRIVING COACH

Training your teen to be confident, cautious and safe behind the wheel takes more than a few laps around a parking lot or hours on a website. It takes dedicated, professional coaching in real world driving situations.

WHY ARE PARENTS USING GCS DRIVING ACADEMY FOR THEIR TEEN'S DRIVER TRAINING?



STANDING OVATION!

We can't thank you enough for your expertise, patience, and professionalism. We honestly believe this is the best gift we have ever given our daughter. Teagan is more confident, as are we, and she is even teaching us a thing or two! We plan on seeing you again in a few more years for our son! Until then, many thanks and keep up the outstanding service!

— Mike and Julie Byrnes, Apollo Beach



THANK YOU VERY MUCH

After each lesson, Catherine came home feeling more confident and cautious about driving. She felt you understood the potential distractions teenagers face and gave her skills to overcome them. After meeting you and seeing your passion for helping teenage drivers stay safe, along with your background in car racing/training, I knew you were the right person to start my daughter driving with good habits and smart defensive skills.

— Donna R., Lithia



THANK YOU

My 16 year old son Mikey had a lot of fun and learned a great deal. He is a lot more confident behind the wheel, is more relaxed, and is now using a lot of things you taught him like using the mirrors correctly, changing lanes correctly, car spacing, and braking to a smooth stop. I highly recommend you to anyone that has a teenage driver - these kids all deserve the safety and confidence that you give them through your lessons.

— Michael Mauger, Land O' Lakes



WE ARE SO HAPPY

We are so happy with what you have accomplished with Casey. Her fear of driving is gone and she asks every day... "Can I drive?" I worked with her today on turns and she is doing so much better! I am committed to continuing what you have started with her to make sure that she is as safe as she can be on the roads.

— Michele Laurain, Odessa



PEACE OF MIND

We would really like to thank you for taking our daughter out and work on her driving skills, also giving us peace of mind that, she was ready to drive on her own. You were extremely nice from the first phone call to the last goodbyes. Our daughter felt very comfortable with you and you helped her have more confidence and to be a better defensive driver.

— Jeff and Faith Weigt



I AM SO GRATEFUL

At the end of the weekend, Mykala was so much more confident behind the wheel of the car than she had been previously with almost 50 hours of driving with me and my husband. I am so grateful for the professionalism and expert driving instruction that she received from George GCS and I would highly recommend any parent of a teen to go the extra mile when it comes to the safety of our children.

— Lynette F. Tampa FL

Read more testimonials at www.gcsdrivingacademy.com

For more information Contact George today!
813-713-4233 | gcsdrivingacademy.com

Travel Immunizations, Sports Physicals, and Back to School Physicals

By Karen McBride

Summertime can be a busy travel time for families. Make sure to have all vaccinations up to date that are required when visiting other countries. Contact Dr. Michele Johnson-Towson at Pediatric Place of Tampa, a board-certified pediatrician with 30 years of experience in caring for children ages newborn to 21 years old. If your son or daughter is involved in sports, it is time to schedule his/her sports physical. Same-week appointments are available for school physicals at Pediatric Place of Tampa, and the practice accepts all insurances as well as self-pay patients.


- New patients are always welcome!
- When visiting Pediatric Place of Tampa for the first time, new patients should bring:
- Your child's insurance card
 - A release of medical records
 - Copies of preexisting medical problems
 - Immunization records

Children will feel comfortable in the warm and welcoming environment while being cared for by the professional staff. The cheerful, kid-friendly office is on the bus line too. Students return to school in August. It is important for all shots to be up to date, and hearing and vision tested so students are totally ready for a new year of learning and healthy playing. Schedule an appointment soon. Dr. Johnson-Towson and her staff are dedicated to keeping patients both healthy and educated on changes in children's health care. Pediatric Place of Tampa offers Urgent Care hours to accommodate sick children after work, school, and/or daycare. Urgent Care hours are available Monday – Friday until 7pm, and Saturday 8:00am until noon. Pediatric Place of Tampa is located at 1338 W. Fletcher Avenue, Tampa, FL 33612. For more information or to schedule an appointment, call 813-264-2288.

Happy Father's Day!

from Dunndean Publications

An Act of Kindness: The Good Samaritan

 Jesus answered, "A certain man was going down from Jerusalem to Jericho, and he fell among robbers, who both stripped him and beat him, and departed, leaving him half dead. By chance a certain priest was going down that way. When he saw him, he passed by on the other side. In the same way a Levite also, when he came to the place, and saw him, passed by on the other side. But a certain Samaritan, as he travelled, came where he was. When he saw him, he was moved with compassion, came to him, and bound up his wounds, pouring on oil and wine. He set him on his own animal, and brought him to an inn, and took care of him. On the next day, when he departed, he took out two denarii, and gave them to the host, and said to him, 'Take care of him. Whatever you spend beyond that, I will repay you when I return.' Now which of these three do you think seemed to be a neighbor to him who fell among the robbers?" He said, "He who showed mercy on him." Then Jesus said to him, "Go and do likewise."

— Luke 10:30–37, World English Bible

Who's Your Daddy?

Continued from Page 1

We might assume his words are recorded because we can imagine the conversations he had with Mary, and the Angel Gabriel. We can "hear" him talking to the innkeeper. We can visualize him teaching Jesus about carpentry, but then he fades from the scene.

It is widely thought that Joseph was much older than Mary and when Jesus began His ministry, Mary is alone.

Joseph probably thought his life was pretty well planned. His marriage and his vocation were all arranged neatly for him. Then his world came crashing down. He discovered that his bride-to-be was pregnant.

We know that Joseph was a man of integrity. He wanted to do the right thing in the right way. He considered divorcing Mary when he learned of her pregnancy, but wanted to do so without calling attention to the reason. Instead, he risks being questioned about Mary's pregnancy and they marry.

In those days, a marriage contract was worked out between families, and the engaged couple continued to live with their parents until their wedding. Joseph protected their reputation by moving up the wedding date.

The Roman census took them far away from the town's questioning eyes. Although Joseph came from the royal lineage of King David, he was a humble man.

The brief portrait of him in Scripture suggests he was a quiet, unobtrusive man, available when needed, willing to endure hardship and disappointment.

Looking forward to fathering his own child, Joseph was faced with being a stepfather. He trusted God's care every step of the way. He didn't have any parenting books, any training on how to be a father to the Son of God, but he possessed faith and compassion.

Bible scholars portray Joseph as an effective provider and protector of the family. Joseph had the important role of caring for the needs of others. People will remember what we did more than what we said.

The late Erma Bombeck wrote these words about her father:

"One morning, my father didn't get up and go to work. He went to the hospital and died the next day. I hadn't thought that much about him before.

He was just someone who left and came home and seemed glad to see everyone at night. He opened the jar of pickles when no one else could. He was the only one in the house who wasn't afraid to go to the basement by himself.

He cut himself shaving, but no one kissed it or got excited about it. It was understood when it rained, he got the car and brought it around to the door where we waited. When anyone got sick, he went out to get the prescription filled. He took lots of pictures, but he was never in them.

Whenever I played house, the mother doll had a lot to do. I never knew what to do with the daddy doll, so I had him say, "I'm going to work now," and threw him under the bed.

The funeral was in our living room and a lot of people came and brought all kinds of good food and cakes. We had never had so much company before. I went under my bed to feel for the daddy doll. When I found him, I dusted him off and put him on my bed. He never did anything that I remember. I didn't know his leaving would hurt so much."

Dads, we can either be absent or present. Choose to be present because time goes by so quickly. We can't relive those precious moments with our families.

Until next month,
Keith Chandler, Journey Christian Church
7708 Van Dyke Rd, Odessa
(813) 920-0442
Services Sunday at 10:00
www.tampajourney.com

Enter to Win!

2 Admission Tickets to Big Cat Rescue (\$78 value)

Fill in the Verses (answers are found in the paper!)

1. Our Father in heaven, _____
2. Whatever you do, _____
3. For there is one God _____
4. For it is by grace _____

Share your experience with other readers by sending a note & photo to edit@ddpnews.com.

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

IT'S A DUNNDEAL @ 218 E. BEARSS AVE. #256 TAMPA, FL 33613

JESUS is not our Religion, he is our Savior...

Faith is being sure of what we hope for and certain of what we do not see. Hebrews 11:1

In the beginning God created the heavens and the earth. "The Big Bang" Genesis 1:3 "Let there be light..."

Thanks to the advertisers, our Operating Partners, we can make a difference in the community. Their support of the Gazettes has brought us to the crossroads in Bible ministries that our forefathers forged into our Constitution, **IN GOD WE TRUST**. As a Christian publication, we are on a mission to exceed expectations with outstanding hard work by connecting with Christian businesses, and churches. Our uplifting editorials are mainly contributions from local businesses, churches, and events... *1st Corinthians 16:14 Let all that you do be done in love.*

If you want to support a Christian paper, the time is NOW...

Thank you Jesus! For Our Operating Partners and Readers!

Subscribe and Put Your Best foot forward and Help support God's word through print media. Can we afford anything less?

Teaching our children that the Word of God is a way of life. *Mark 16:15-20 go into the world and preach the good news to all.* Sharing what's in the Bible to others, align yourself as an Operating Partner and the power of Christian Ministry serving God according to Biblical Principles. If you have what it takes to serve we invite you to serve with us in our mission to introduce God's word through Print Media.

Can We Afford Anything Less?

"SUBSCRIBE" See page 11

DDP ddpnews.com (813) 949-4411
218 E. Bearss Ave. #256-Tampa, FL 33613





DUNNDEAL CLASSIFIEDS

CALL: (813) 949-4411 • FAX: (813) 949-0891 • CLASS@DDPNEWS.COM

1 MONTH: \$44.85
3 MONTHS: \$119.95
(For Standard 4 Line Advertisement with an average of 21 words in total. It will appear in all 6 Gazette newspapers.)

AUTOMOBILES
CARS/TRUCKS WANTED!!! Sell Your Used or Damaged 2002-2018 Vehicle Fast! Running or Not. Nationwide Free Towing. Same Day Pick-Up and Pay Available.. Call 800-761-9396.

DONATE YOUR CAR FOR BREAST CANCER! Help United Breast Foundation education, prevention, & support programs. FAST FREE PICKUP - 24 HR RESPONSE - TAX DEDUCTION. Call 1-855-758-6966.

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing, All paperwork taken care of. Call 1-800-902-7815 for more information.

CASH FOR CARS! We buy all cars! Junk, high-end, totaled – it doesn't matter! Get free towing and same day cash! NEWER MODELS too! Call 1-833-238-0340 for more information.

EMPLOYMENT
Clerk for UPS Store in Zephyrhills, Full or P/T Flexible schedule, some Saturdays. Reliable, retirees & students welcome \$10-13/hr. email - unaminatham@gmail.com.

AVON - Earn Extra \$\$\$. Sell online or in person from home or work. Free website included. No inventory required. For more info, call 855-499-6549.

FINANCIAL
Unable to work due to injury or illness? Call Bill Gordon & Assoc., Social Security Disability Attorneys! FREE Evaluation. Call now 1-855-399-1237! Mail: 2420 N St NW, Washington DC. Office: Broward Co. FL., Mbr. TX/NM Bar. Local Attor.

Attention all homeowners in jeopardy of foreclosure! We can help stop your home from foreclosure. The Foreclosure Defense helpline can help save your home. The call is absolutely free. Call us at 1-800-506-3363 today!

Over \$10K in debt? Be debt free in 24-48 months. Pay a fraction of what you owe. A+ BBB rated. Call National Debt Relief at 1-855-959-7825.

Behind on your MORTGAGE? Denied a Loan Modification? Bank threatening foreclosure? CALL Homeowner

Protection Services now! New laws are in effect that may help. Call now 1-844-720-2118 for more information.

FOR SALE
Moringa trees for sale. Various sizes. Call 813-841-5937 and leave a message with your name and number.

MATTRESS & FURNITURE SUPERCENTER. Huge showroom, name brands, 75% OFF. Ashley Furniture, Serta and more. No credit check, No money down. Call 813-242-9500. Next to Ikea. See our website online at mattressfurnituresupercenter.com.

ENJOY 100% guaranteed, delivered to-the-door Omaha Steaks! SAVE 75% PERCENT - PLUS get 4 FREE Burgers! Order The Family Gourmet Feast - ONLY \$49.99. Call 1-844-275-9596 and mention code 55586EXE or visit at www.omahasteaks.com/excellent13 for more information.

FIBERGLASS POOLS. Do it yourself kits. Factory Direct. Save \$1000's \$\$\$ Pool and Equipment kits Starting at \$9,995.00. Call 727-202-5777.

KILL BED BUGS! Buy Harris Sprays, Traps, Kits, Mattress Covers. DETECT, KILL, PREVENT. Available: Hardware Stores, The Home Depot, homedepot.com.

HEALTH
SAVE ON YOUR NEXT PRESCRIPTION! World Health Link. Price Match Guarantee! Prescriptions Required. CIPA Certified. Over 1500 medications available. CALL Today For A Free Price Quote. 1-844-751-4067 Call Now!

Do you use a CPAP machine for sleep apnea? Get your FDA approved CPAP machine and supplies at little or no cost! Free sleep supplement and sleep guide included! Call 844-359-1121.

DENTAL INSURANCE. Call Physicians Mutual Insurance Company for details. NOT just a discount plan, REAL coverage for 350 procedures. 855-404-2263 or <http://www.dental50-plus.com/cpf> for more info.

FDA-Registered Hearing Aids. 100% Risk-Free! 45-Day Home Trial. Comfort Fit. Crisp Clear Sound. If you decide to keep it, PAY ONLY \$299

per aid. FREE Shipping. Call Hearing Help Express 1- 877-442-6921 for more information.

OXYGEN – Anytime. Anywhere. No tanks to refill. No deliveries. Only 2.8 pounds! FAA approved! FREE info kit. Please call at 1-888-572-4944 today for more information.

Stay in your home longer with an American Standard Walk-In Bathtub. Receive up to \$1,500 off, including a free toilet, and a lifetime warranty on the tub and installation! Call us at 1-855-501-2042.

MISCELLANEOUS
JOHN PREVATT KARATE-LUTZ: After School & Summer Camp. No Contracts, No Late Pickup Fee. Call 813-948-4004 for more information.

CLEAN, SPACIOUS, WELL MAINTAINED office room rental in TAMPA PALMS. Includes 2 large desks, conference table, full bathroom & kitchen. \$500/mo. rent includes utilities & WIFI. Contact Jeanette Yates. 813-933-1761.

AFFORDABLE NEW SIDING! Beautify your home! Save on monthly energy bills with beautiful NEW SIDING from 1-800-Remodel! Up to 18 months no interest. Restrictions apply. 1-855-361-3532.

Become a Published Author. We want to read your book! Dorrance Publishing—Trusted by Authors Since 1920. Book manuscript submissions currently being reviewed. Call for Free Author's Guide at 1-844-218-1247. <http://dorranceinfo.com/florida>.

Call Empire today to schedule a FREE in-home estimate on Carpeting & Flooring. Call Today! 1-800-214-0166.

Earthlink High Speed Internet as low as \$14.95/month (for the first 3 months). Reliable High Speed Fiber Optic Technology. Stream Videos, Music and More! Be sure to call Earthlink today at 1-877-929-1176 for more information.

GET ENERGY-SAVING NEW WINDOWS! Beautify your home! Save on monthly energy bills with NEW WINDOWS from 1-800-Remodel! Up to 18 months no interest. Restrictions apply 1-877-409-3565.

WATER DAMAGE. Dealing with water damage requires immediate action. Local professionals that respond immediately. Nationwide & 24/7. No mold calls. Call us today at 1-800-730-6976 for more information.

Book Your Flight Today on United, Delta, American, Air France, Air Canada. We have the best rates. Call today to learn more 1-866-449-3539.

HOME IMPROVEMENT

Jersey Mike's Home Remodeling LLC

We specialize in:
Kitchen • Bath • Tile • Flooring
Painting • Drywall • Fencing

All around handyman.
No job too small!
Call today for a free estimate.

10% discount with ad.
(609) 760-0289
Lic# L19000077647

DECK MAKEOVERS! New Wood or Composite decking. All types of railings available. FREE ESTIMATES. Designer Decks in Lutz. 813-727-4387 or www.ddecks.com.



SERVICES
MOVING SERVICES - ALL FLORIDA. Professional & Reliable! Best prices, FREE ESTIMATES! Call Today!!! 786-468-6632 for more information.

CROSS COUNTRY MOVING Long distance Moving Company, out of state move \$799. Long Distance Movers. Get a free quote on your long distance move today by calling 1-800-214-4604 for more information.

COMPUTER ISSUES? Free Diagnosis by Geeks On Site! Virus Removal, Data Recovery! 24/7 Emergency Service, In-home repair/On-line solutions. \$20 OFF. 1-855-993-4172.

A PLACE FOR MOM has helped over a million families find senior living. Our trusted, local advisors help find solutions to your unique needs at no cost to you. 1-877-505-5169.

Get Your Medical Marijuana Card. Call today to qualify. St. Augustine 904-299-5300. Gainesville 352-306-0220. Orlando 407-755-1022, 321-247-7667. Tampa 813-756-0091. Ft. Myers 239-236-5311.


Get your Smile on! Think about this: 

* Many folks want to serve God, but only as an adviser.

* Do you think “stop, drop, and roll” will work in Hell?

* Some minds are like concrete: thoroughly mixed up and have permanently set.

* God loves everyone but probably prefers “fruits of the Spirit” over nuts!

* The good Lord didn't create anything without a purpose, but mosquitoes came close.

* Opportunity may knock once, but temptation bangs on the front door forever.

* Quit griping about your church! If it was perfect, you couldn't belong.

* If your church needs a better pastor, it only needs to pray for the one it has.

* The best mathematical equation is 1 cross + 3 nails = 4 given.

* God Himself doesn't propose to judge a man until he's dead. So why should you?

* Don't wait for six strong men to take you to church.

* We don't change the message, the message changes us.

* Why advertise your business to keep God's word in print media? He will give you something to sing about and something you can dance to.

AVAILABLE NOW!

The Origins of Father's Day & the Fairmont Mining Disaster



The campaign to celebrate the nation's fathers did not meet with the same enthusiasm—perhaps because, as one florist explained, “fathers haven't the same sentimental appeal that mothers have.” On July 5, 1908, a West Virginia church sponsored the nation's first event explicitly in honor of fathers, a Sunday sermon in memory of the 362 men who had died in the previous December's explosions at the Fairmont Coal Company mines in Monongah, but it was a one-time commemoration and not an annual holiday. The next year, a Spokane, Washington woman named Sonora Smart Dodd, one of six children raised by a widower, tried to establish an official equivalent to Mother's Day for male parents.

She went to local churches, the YMCA, shopkeepers and government officials to drum up support for her idea, and she was successful: Washington State celebrated the nation's first statewide Father's Day on July 19, 1910.



Miners that were members of one of the rescue teams prepare to enter the slope entry to the Darr Mine, Van Meter, AP, following the mine gas explosion on Dec. 19, 1907. The crew entered and remained inside the mine for just two hours before being relieved by another team.

Slowly, the holiday spread. In 1916, President Wilson honored the day by using telegraph signals to unfurl a flag in Spokane when he pressed a button in Washington, D.C. In 1924, President Calvin Coolidge urged state governments to observe Father's Day.

However, many men continued to disdain the day. As one historian writes, they “scoffed at the holiday's sentimental attempts to domesticate manliness with flowers and gift-giving, or they derided the proliferation of such holidays

as a commercial gimmick to sell more products--often paid for by the father himself.”

During the 1920s and 1930s, a movement arose to scrap Mother's Day and Father's Day altogether in favor of a single holiday, Parents' Day. Every year on Mother's Day, pro-Parents' Day groups rallied in New York City's Central Park—a public reminder, said Parents' Day activist and radio performer Robert Spere, “that both parents should be loved and respected together.”

Paradoxically, however, the Depression derailed this effort to combine and de-commercialize the holidays. Struggling retailers and advertisers redoubled their efforts to make Father's Day a “second Christmas” for men, promoting goods such as neckties, hats, socks, pipes and tobacco, golf clubs and other sporting goods, and greeting cards.

When World War II began, advertisers began to argue that celebrating Father's Day was a way to honor American troops and support the war effort. By the end of the war, Father's Day may not have been a federal holiday, but it was a national institution.

In 1972, in the middle of a hard-fought presi-

dential re-election campaign, Richard Nixon signed a proclamation making Father's Day a federal holiday at last. Today, economists estimate that Americans spend more than \$1 billion each year on Father's Day gifts.

<http://www.history.com/topics/fathers-day>
<http://patheoldminer.rootsweb.ancestry.com/darr2.html>



At 10:20 a.m., December 6, 1907, explosions occurred at the No. 6 and No. 8 mines at Monongah, West Virginia. The explosions ripped through the mines at 10:28 a.m., causing the earth to shake as far as eight miles away, shattering buildings and pavement, hurling people and horses violently to the ground, and knocking streetcars off their rails. Three-hundred and sixty-two men and boys died. It remains the worst mine disaster in the history of the United States.



DISCOVER Dunndead Publications Service Directory

Introducing Your Business by Direct-Mail, Business to Business Racks, and Online Distribution in all 6 Gazettes!

Each month, Dunndead Publications will choose a business from the Service Directory to SPOTLIGHT them with an editorial about products or services they have to offer the community!

\$250 Single
\$395 Double

Per Month
4 month minimum

ARBORIST

Certified Arborist
Certification # FL 6266a



myallpro.com Pete Spiridis

727-409-3315 813-244-9234

- Trimming
- Removals
- Stump Grinding
- Clean-ups
- Design
- Installation

FREE
Tree Removal Permit

FREE
Stump Grinding with any tree removal of \$600 or more.

CLEANING SERVICES

B Cleaning Services
Commercial & Residential


Weekly, Bi-Weekly, Every 4 Weeks, a One Time Clean
New House & Post Construction Clean-up

Cleaning Services Window Cleaning
Move-in or Move-out Cleanings

call: Ben
(813) 531-0154
bcleanings@hotmail.com

We use our Own Supplies
Free Estimates

JESUS is not our Religion, he is our Savior...
Connecting Christian Businesses! Faith is being sure of what we hope for and certain of what we do not see.
Hebrews 11:1
813.949.4411



JOHN 14:3 "and if I go and prepare a place for you, I will come back and take you to be with me that you also may be where I am."

PALM TRIMMING

JUST PALMS
CHRIS TILLMAN
813-598-0755

LICENSED / INSURED
FACEBOOK.COM/JUSTPALMS

PALM TREE TRIMMING & CLEANING

SPECIALIZING IN QUEENS, WASHINGTONIAN & ROEBELLINI'S

CLEAN-UPS • HEDGE TRIMMING
SMALL OAKS/OTHER TREES

Nextdoor **813-598-0755**
LICENSED / INSURED

ELECTRICAL SERVICES



Mr. Electric
a neighborly company
Mr. Electric of Land O' Lakes

813.461.6812
MrElectric.com/Land-O-Lakes
Locally Owned and Operated Franchise
License # EC13006910

BUILDING CONSTRUCTION

Glover Builders, Inc.
Design & Build Firm Since 1977
Nat Glover, Owner Lic# CGC061977

see me now or see me later
Todd Seeme
(813) 464-1264 • scimes2000@aol.com

We help homeowners • We help churches
Save a lot of money & time
Plans • Site construction • Zoning
Building construction permits
PA Architect Lic# 8735



This space could be yours!
Call today!
(813) 949-4411



DP
Dunndead Publications.com

REAL ESTATE

LORI CAIN
REAL ESTATE PROFESSIONAL

TIMEYOUMOVETODAY@GMAIL.COM
813.695.7766
WWW.TIMETOMOVE.TODAY

YOUR REFERRAL IS THE FINEST COMPLIMENT I CAN RECEIVE! THANK YOU




“For there is one God and one mediator between God and men, the man Christ Jesus, who gave himself as a ransom for all men—the testimony given in its proper time.”
— 1 Timothy 2:5

Just Palms
Chris Tillman

As a longtime advertiser in Dunndead Publications, I just wanted to say thanks for your years of service. I've met so many great readers over the years, many who use our services year after year. Advertising in your publications is probably the sole reason my Palm Trimming business has succeeded over the years. It's the only place I gladly pay for advertising year after year. Thanks Kay for all the great service over the years, and I'm looking forward to many more years of advertising with you!

Mr. Electric – Your Safety Comes First

By Karen McBride



Melissa Thomas is the owner of the Mr. Electric Land O' Lakes franchise. As a woman in a predominantly male industry, she chose Mr. Electric for its high safety standards and reputation for “doing the right thing for the right reason.”

When a technician is dispatched to a home, an email is sent to the customer with the technician's biography and photograph. In this way, the customer knows exactly who is coming into their home.

“We care about that first interaction, and we want our customers to feel safe,” says Melissa.

Mr. Electric offers residential and commercial repair and installation. Home safety inspections are important for both the customer and the technician.

Thorough inspections can reveal potential hazards within the home. Once the repair has been made, routine preventative maintenance can keep the customer's home safe and running efficiently.

Mr. Electric is now a distributor of LED lighting. LED lights last longer and use less energy. They also produce less heat from the actual bulb, which can save on air conditioning bills.


Smart homes are becoming more popular, and Mr. Electric can help with the installation of USB wifi outlets, smart lighting controls for Alexa and Google Home Hub devices, and Ring Video doorbells.

For additional ways to increase the safety in your home, Mr. Electric can install motion sensors, landscape lighting; carbon monoxide and smoke detectors, as well as child-proof your home.

Mr. Electric is proud to be part of the Neighborly Group. The free website allows customers to put in information about their home (i.e., the year it was built and square footage) and it will send a reminder when it time to change the air conditioning filter, drain the water heater, and other routine maintenance to keep the home running well.

The repair companies are all licensed, insured, and certified and have the same code of ethics. Go to www.getneighborly.com.

For more information or to schedule an appointment with Mr. Electric, call 813-461-6812 or visit www.mrelectric.com/land-o-lakes.



Samantha Taylor Fitness

Samantha Taylor

When my personal training career started in this area over 17 years ago, Mark Dunn called me and asked if I wanted to be a part of their paper. I was new in business in this area and knew I had to get my name out there, so this was the first media outlet I had ever advertised in. As people started to hear about what I offered, through THIS paper, my name started to get out in the community, and in a few years I became the #1 producing personal trainer in the large gym I was in, out of 2,000 trainers!

When it was time to go out on my own, God used THIS paper to give me the confidence that I could find clients outside of that gym. I knew I must, because I wanted to create an environment for women that didn't want to be in a gym. That wanted a safe place they could work out and not feel judged. I also enjoy catering to Christian women who liked that our studio cared about that.

Now we have trained over 6,000 people, have 17 trainers, won the Small Business of the Year Award by the Chamber, give free seminars to the community, and started a meal prep service delivered to your home. We opened our 5th location in Palm Harbor, and we just moved our Wesley Chapel location into a new building that we own. We also have Land O Lakes, Carrollwood, Westchase, and more to come!

I thank God for bringing this paper into my life, and I am SO grateful, for they helped give me the original confidence that I could build this business, and look what its turned into and the amount of people we serve! The owners, Mark and Kay, are some the nicest, most genuine people you'll ever meet and I appreciate how they honor Jesus Christ in this paper. It's such a blessing to partner with them, and I'm happy to know that I am the longest advertiser in the last 17 years!

HERITAGE HARBOR
golf & country club
949-4886
Go to our website for our specials!
www.heritageharborgolf.com
Free Golf - Outside Positions Available

Monday & Tuesday
\$1 per hole
After 11am
Includes golf cart
Good thru 6/30/19

Kay's List of Preferred Christian Businesses

Business	Contact	Phone
Reflexology Therapy	Louise Richardson	(813) 965-1697
Christian Bros. Automotive Land O' Lakes	Larry Giannone	(813) 949-0100
Cornerstone A/C, Plumbing & Electrical	Ellen Castellani	(813) 343-0804
Coverage by Dave—Health Insurance	David Taylor	(813) 391-3448
Oasis Pregnancy Care Centers	April Beck	(813) 406-4965
Realtor-Charles Ruttenberg	Judy Nicolosi	(813) 600-9848
Smarter Water Solutions LLC	Erik Groenendijk	(813) 929-8149
The Willis Agency—Medicare	Jim Willis	(813) 948-9109
PFG Private Wealth Financial Planner	Andy Whitten	(813) 546-6377
Ernest Walker Agency Insurance	Ernest Walker	(813) 968-4043
Sunrun Solar	Jon Zuckerman	(813) 450-4189

OUR MISSION

Is to effectively connect consumers with Christian product and service providers who strive to operate their business organization according to Biblical principles.



First Baptist Church of Hudson
Myrtle Lake Baptist Church
Harvester United Methodist Church
Our Lady of the Rosary Catholic Church
Journey Christian Church
Keystone United Methodist
First United Methodist Church of Lutz
Calvary Chapel Tampa
Christ Cumberland Presbyterian Church
Grace Family Church
First Baptist Church Lutz
Keystone Community Church
Keystone Bible Church
River of Life Church,
Holy Trinity Lutheran Church
Bay Hope Church
All Saints Lutheran Church
St. Timothy's Catholic Church
Carrollwood Baptist Church
Grace Lutheran Church
Northwest Community Church
Messiah Lutheran Church & Preschool

7009 Hudson Ave., Hudson
2017 Riegler Rd., Land O' Lakes
2432 Collier Parkway, Land O' Lakes
2348 Collier Parkway, Land O' Lakes
7708 Van Dyke Rd, Odessa
16301 Race Track Road, Odessa
960 W. Lutz Lake Fern Rd., Lutz
17538 Livingston Ave., Lutz
19501 Holly Lane, Lutz
5101 Van Dyke Rd., Lutz
18116 US Hwy. 41, Lutz
21010 State Road 54, Lutz
10925 Tarpon Springs Rd., Odessa
410 Chapman Rd. E., Lutz
20735 Leonard Rd., Lutz
17030 Lakeshore Rd., Lutz
5315 Van Dyke Rd., Lutz
17512 Lakeshore Rd., Lutz
5395 Ehrlich Rd., Carrollwood
3714 E. Linebaugh Ave., Carrollwood
14913 Hutchinson Rd., Carrollwood
14920 Hutchinson Rd., Carrollwood

Unifying the Business to glorify the Lord.
Communities Eph. 1:10b



Be a part of Something Bigger.

RSVP online for upcoming BUSINESS BUILDING LUNCHEONS!

RELATIONSHIP BUILDING

- Monthly luncheons
- Resource counseling
- Prayer

BUSINESS/COMMERCE

- Promoting common economic and advocacy interests
- Referral matching to meet business needs

TRAINING/MENTORING

- Monthly business skill-building workshops
- Bible study/accountability groups
- Business mentoring
- Biblical business training

MINISTRY

- Training churches to build business ministries
- Connecting members with local and national ministries

www.C3TB.org

727-378-5885
813-949-5516
813-948-2311

813-920-0442
813-920-5153
813-949-1751
813-265-2759
813-909-9789

813-949-7495
813-948-4522

813-949-9931
813-949-7173
813-968-3983
813-963-0969

813-962-3214
813-961-8747
813-962-4990
813-961-2182

Sun. 10:30am & 6pm, Sunday School 9:15am
Sun. Bible Study 9:00, Worship 10:30
HarvesterUMC.com
Sun. 7:45, 9:45, 11:30, 5:00
Sun. 10:00
Sun. 8:30, 9:45, & 11:00
Sun. 8:00, 9:45, & 11:30
Sun. 10:15, www.cctampa.org
Sun. 10:30
Sat. 5:00 & 7:00, Sun. 9:30 & 11:30
Sun. 9:00 & 10:30
Sun. 10:30
Sun. 8:00 & 10:00
Sat. 6:00, Sun. 9:30 & 11:15
Worship 9:45, Sun. School 11:00
Sat. 5:30, Sun. 7:00, 9:00, 11:00 & 5:30
www.carrollwoodbaptistchurch.org
www.gracetampa.org
Sun. 10:30
Sun. 8:30, 9:45, & 11:00



Not receiving the Gazettes? Subscribe!
12 issues for only \$34.95!
218 E. Bearss Ave. #256 • Tampa, FL 33613

Advertise With Us!

- Direct-mailed to homes in upscale communities.
- Publications are kept to a reasonable size so that your ad is not "lost."
- Editorials are contributions of our advertisers, business & entertainment.
- Powerful Internet presence! A FREE ad in our online publication!

We can also develop and host your very own website for your business!

- FREE help wanted classifieds!
- Our monthly contest has awarded our readers over **\$300,000!** Over a quarter of a million dollars in **FUN** and **ADVENTURES** over the past 18 years.

Call Kay at (813) 841-5932
Email: office@ddpnews.com

MY Your Award-Winning Community Paper
Dunndean Publications
Whether by Mail, Racks, or Online...
Dunndean Publications has you covered!



Pick Up a Copy from Any Dunndean Operating Partner Listed Below									
Citrus Park Gazette		Carrollwood Gazette		Lutz Gazette		New Tampa Gazette		Pasco Gazette	
6560 Gunn Hwy.	Quick Lane & Auto*	8546 N. Dale Mabry	Hank's Catfish & BBQ	205 E. Bearss Ave.	Racetrack Gas	3119 Cove Bend Dr.	Chick-Fil-A*	1930 Land O' Lakes Blvd.	The Great Catch
6602 Gunn Hwy.	Tire Kingdom	14819 N. Dale Mabry	Riviera Restaurant	218 E. Bearss Ave.	The UPS Store	14903 Bruce B. Downs	Speedway	2810 Land O' Lakes Blvd.	Central Pasco Chamber
8500 Gunn Hwy.	Subway	13140 N. Dale Mabry	Wild Birds Shop	804 E. Bearss Ave.	Wawa Gas Station	15014 Bruce B. Downs	Race Track	3036 Land O' Lakes Blvd.	Holloway's Farm*
8568 Gunn Hwy.	Beef "O" Brady's*	13014 N. Dale Mabry	The UPS Store	1911 E. Bearss Ave.	Wings Express	16014 Bruce B. Downs	Publix	3619 Land O' Lakes Blvd.	\$1.99 Cleaners
8741 Gunn Hwy.	Keynote Cafe	10041 N. Dale Mabry	Abby's Health	1913 E. Bearss Ave.100B	Copo Cuts Barber	16010 Bruce B. Downs	Subway	4005 Land O' Lakes Blvd.	ABC Pizza*
8745 Gunn Hwy.	G. Peppers*	13186 N. Dale Mabry	The Hungry Greek	14915 N. Nebraska Ave.	Sparta Fitness	17402 Bruce B. Downs	Circle K	4028 Land O' Lakes Blvd.	Tax Appraisal
8538 Gunn Hwy.	Ace Hardware*	10001 N. Dale Mabry	First Watch	15003 N Nebraska Ave,	Culver's Restaurant	17511 Bruce B. Downs	Walgreens	4204 Land O' Lakes Blvd.	Natural Market
17633 Gunn Hwy.	The UPS Store*	10023 N. Dale Mabry	Carrollwood Shell	410 Chapman Rd.	Mr. Empanada	20741 Bruce B. Downs	Walgreens	4526 Land O' Lakes Blvd.	Larry's Deli
17928 Gunn Hwy.	Keystone Rec. Center	13236 N. Dale Mabry	Mr. Empanada	17693 N. Dale Mabry	Lutz Mail Depot	5220 Cypress Preserve	Race Track	4805 Land O' Lakes Blvd.	Ukulele Brand's
17623 Gunn Hwy.	Subway	15028 N. Dale Mabry	Zoe's Kitchen	18801 N. Dale Mabry	Guiding Star	15309 Amberly Dr.	Pharmacy	7016 Land O' Lakes Blvd.	Papa John's Pizza
17635 Gunn Hwy.	Dunkin' Donuts	13122 N. Dale Mabry	Orangetherapy	18560 N. Dale Mabry	Al's Lawn Care	16221 Compton Dr.	Y.M.C.A.	7040 Land O' Lakes Blvd.	Beef "O" Brady's
17773 Gunn Hwy.	Three Brothers Pizza	10205 Lake Carroll	Evo's Real Food	18905 N. Dale Mabry	Subway	17402 Donna Michelle	Shell Gas	7044 Land O' Lakes Blvd.	Dunkin' Donuts
17808 Wayne Rd.	Austin Davis Library	4801 Ehrlich Rd.	7-11	19130 N. Dale Mabry	Dunkin' Donuts	5102 Point of Tampa Way	7-11	7804 Land O' Lakes Blvd.	San Jose Mexican
8848 S. Mobley Rd.	Citrus Park Landscape	5249 Ehrlich Rd.	Ricky's Cuban Cafe	17514 U.S. Hwy 41	Dunkin' Donuts	17503 Preserve Walk Ln	Peta Express	7827 Land O' Lakes Blvd.	Walgreens
11203 Sheldon Rd.	Shell Gas Station	1718 W. Fletcher Ave.	TB Farmers Market	18421 U.S. Hwy 41	Beef "O" Brady's*	17503 Preserve Walk Ln	Taste of NY Pizza	2121 Collier Pkwy.	Publix
9872 W. Linebaugh Ave.	Marcos Pizza	2902 W. Bearss Ave.	Jimnie B. Keel Library	18511 U.S. Hwy 41	Walgreens	10001 Cross Creek Blvd.	New Tampa Library	2818 Collier Pkwy.	Pasco Library
12121 W. Linebaugh Ave.	Marina Pizza	12096 Anderson Rd.	Subway	18421 U.S. Hwy 41	Speedway Gas	10006 Cross Creek Blvd.	The UPS Store	3032 Collier Pkwy.	LOL Rec. Center*
12157 W. Linebaugh Ave.	The UPS Store	12040 Anderson Rd.	Honeybaked Ham	18511 U.S. Hwy 41	Richard's Cafe	10359 Cross Creek Blvd.	Capi Pizza	22829 St. Rd. 54	Walgreens
11211 Countryway Blvd.	Upper Tampa Bay Reg. Library	12094 Anderson Rd.	The UPS Store	101 Flagship Drive	Lutz Library	10861 Cross Creek Blvd.	Post Office	23390 St. Rd. 54	Race Track
13911 Nine Eagles Dr.	Walgreens	4103 Gunn Hwy.	Thornhills Gas Station	101 Lutz-Lake Fern Rd.	China Taste	10960 Cross Creek Blvd.	Shell Gas Station*	22601 St. Rd. 54	The Village Inn
12008 Race Track Rd.	Ellie's Restaurant	4441 Gunn Hwy.	Natural Market	3850 Van Dyke Rd.	Uncle Maddio's Pizza	10928 Cross Creek Blvd.	Publix	21627 Village Lakes Center	The Imperial Buffet
12702 Race Track Rd.	Nutrition Smart	4802 Gunn Hwy.	Life's Treasures	3967 Van Dyke Rd.	The UPS Store	3959 Van Dyke Rd.	Subway	1900 Oak Grove Blvd.	Pepé's Cuban Rest*
12950 Race Track Rd.	Hungry Greek	5709 Gunn Hwy.	Walgreens	3949 Van Dyke Rd.	Walgreens	3971 Van Dyke Rd.	Green	3138 St. Rd. 54 (Trinity)	Christo's Restaurant
13001 Race Track Rd.	The Village Inn	8810 N. Himes Ave.	Beef "O" Brady's	5524 Van Dyke Rd.	Shell Station			11345 St. Rd. 54 (Odessa)	Vallarta's Mexican
13006 Race Track Rd.	Tire Choice*	8830 N. Himes Ave.	Hank's Pizza						
13032 Race Track Rd.	Subway	8870 W. Himes Ave.	The UPS Store						
13048 Race Track Rd.	Westchase Pizza	4502 W. Village Dr.	Rainbow Dry Cleaners						
13151 Race Track Rd.	7-11	4522 W. Village Dr.	Pak Mail						
		4534 W. Village Dr.	NY Bagel Cafe						
		3879 Northdale Blvd.	The UPS Store						
		4029 Northdale Blvd.	Pepo's Cuban Rest.						
			YMCA						

Citrus Park Gazette

Carrollwood Gazette

Lutz Gazette

New Tampa Gazette

Pasco Gazette

Wesley Chapel Gazette

When you look in the mirror

are the memories of your youth, just that, memories?

Let us help you turn back time with Le Camelot Spa's Non-Surgical & Non-Invasive Treatments!

Try our "Cryo-Stem Facial" using live plant or bovine stem cells with hyaluronic acid.*

For the "Ultimate" Facial Treatment, add in a peel and our Nano-Fiber Pen Technology (our virtually painless alternative to the painful Micro-Needling).

The Sleeping Beauty/Lunch Time Face Lift is always a favorite! It is so relaxing, & pain-free, most clients fall asleep! This treatment uses micro-current to strengthen the muscles of the face & neck giving you a natural & fresh lift & look!



Le Camelot
WELLNESS SPA

*Hyaluronic Acid is not an acid, but is what our body's produce to keep our skin moist and supple, unfortunately as we age we produce less and less of it. Hyaluronic Acid holds 1000 times in weight in water!



For more information about these treatments, and to schedule an appointment, call or text Sandi Brooks,

813.239.4090

Le Camelot Wellness Spa your place for Perfect Peace and Timeless Beauty!

Sandi Brooks, Owner, Esthetician/Full Skin Care Specialist, Massage Therapist, ACE PT, & CNHP, Licenses: #MA05943 & #FS873055



ROYAL PETS
MARKET & RESORT
VETERINARY CENTER

Your Pet's Destination For A Fun & Healthy Summer!

SUMMER FUN



Come in & see our new Summer selection of toys, apparel & more!

\$5 OFF \$50

SAVE \$5.00 OFF YOUR NEXT PURCHASE OF \$50.00 OR MORE!

*Cannot be combined with other offers
*Limit 1 coupon per customer *Market Only

CODE: GZ060119
EXP: 8/31/19

PREVENTION

ProHeart[®] 6
(moxidectin)

\$5 Off ProHeart[®] Instant Rebate!

A single injectable dose lasts 6 months!

*New Prescriptions Only

BRAVECTO[®]
(FLURALANER)

\$15 Off Bravecto!

Don't forget about fleas & ticks! Buy 2 doses of Bravecto and get a \$15 rebate!

Is your pet protected against fleas, ticks & heartworms? Come into Royal Pets and talk to one of our experts!

1st PET FREE HEALTH ASSESSMENT

***2nd Pet Gets FREE Wellness Enrollment!** *FIRSTTIME PATIENTS ONLY

\$57 Value! Includes: • Nutrition & Medical History Review
• Comprehensive Exam • Vaccine & Preventative Review

CODE: GZ060219
EXP: 8/31/19

VACATION



Summer is here! Let your pet STAYCATION here with us!

FREE SNACK & PLAY

Beef Popsicle & Doggie Day Camp Playtime!

\$10 VALUE!

*WITH 3 NIGHT HOTEL STAY
*Pets must be spayed /neutered, be up to date with the canine flu vaccine and pass acclimation

CODE: GZ060319
EXP: 8/31/19

SHOP STAY PLAY GROOM VET

WE'RE GROWING! VISIT US ONLINE TO FIND YOUR NEAREST ROYAL PETS LOCATION: ROYALPETSMARKET.COM

FOLLOW THE ROYAL FAMILY!  like us on facebook  #TREATEDLIKEROYALTY