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A Three-Day Story

By Pastor Keith Chandler, Journey Christian Church



Many of us may feel disappointed with life. Maybe you think, "I've got more days behind me than I do before me. I've not fulfilled all the dreams I once had for my life."

You may feel a bit like the chocolate Easter bunny - hollow inside. It happened when you began to feel like life wasn't turning out the way you hoped it would. All of us feel hopeless at times. I want to call that Saturday.

That may seem strange because typically Saturday is a great day. But when it comes to Easter, Saturday was not a good day. Because in the Easter story, Saturday is the day that hope is dead.

The Easter story is a three-day story. Friday, Saturday, Sunday. Death, Burial, Resurrection. Trouble, Silence, Deliverance. Beginning, Middle, and End.

We celebrate Good Friday, the day Jesus died for us, and we know about Easter Sunday. That's the Sunday we all celebrate because it's the day Jesus came back from the dead, but we often forget about Saturday. This was a DEVASTATING day. Good Friday brought shock, but Saturday brought hopelessness.

Continued on Page 8

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I see you.





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he little girls' eyes light up as she tries on poofy dresses and sparkly shoes. The young boy proudly tries on different suits with colorful bow ties. Nothing compares to the feeling of buying a new outfit, and it only can happen because of donors like you.

long-time been a tradition for our children Children's Hope Home to go shopping for a new outfit for Easter. We load up all the children on our buses and venture out to our local retail stores. It's an all-day event and so much fun to see the joy the children

have when picking out their new clothing. The girls take pleasure in trying on many different dresses until they find that one perfect dress that fits their personality. The boys like the brightest shirts and ties with the patterned socks to match of course!

However, the best part about this day is that the siblings will like to buy outfits that coordinate. They do this because on Easter Sunday they will take a picture with their siblings. It's not only a special time to take a photo together, but it's something that each sibling will cherish for years to come.

> Tradition... Family... those are values that we are teaching these children at Hope Children's Home. We don't want Easter to come and go and just enjoy the "things," but we want to instill in them those moments that will last a lifetime; however, we cannot do this without your help!

It takes a lot of money to buy an outfit for every child. You can help by giving at HopeChildrensHome. org/Donate and designating your funds to Easter Outfits. Make a difference in the lives of these children this Easter. Thank you so much for your support!



Samantha Taylor Samantha Taylor Fitness

People always ask me what finally made my life turn around with my food issues so I started having victory. Actually, it started after I was binging at a pizza place and the server recognized who I was as the health expert in this THIS paper, 17 years ago!

After the server called me out, God started to remind me about the scripture that refers to our body as the Temple of God. I felt convicted that I was struggling so much with food even though I was the #1 trainer in the company out of 2,000 trainers. I still couldn't get myself to stop eating unhealthily.

Although I had heard that scripture many times, this time was different, it hit me at the core of my spirit and I realized that food had become an idol in my life and that I needed help!

I started looking at the scriptures that talk about how when Jesus was crucified, He paid a price for us and that we don't own our bodies anymore (of course this applies only to believers and those that believe in what the Bible teaches about this). It says when He was crucified and rose from the dead, that gave the ability for our bodies to be the Temple of God.

This was huge for me to really SEE this at a different level and I realized that I was not taking care of the Temple He had given me. I also realized that I didn't have a right to abuse it or do whatever I wanted with it but I needed to ask God for help on this through prayer and studying the Bible. Little by little I started to overcome the dysfunctional relationship I had with food and I no longer binged, I overcame

Your Body, the Temple of God?

compulsive eating and my sugar addiction.

After 30 years of struggling with food and sugar, I realized it was time to make a change. So how about you? How have you been honoring the body that God gave you? Have you been a good "manager or steward" over it? With this month being the celebration of Resurrection day (aka Easter), perhaps use this time to reflect on this and ask God to give you an understanding of what this means in your life and how He wants you to implement it.

Taking care of our health is not only for us and our family but it's also honoring to God. He said to glorify God in our bodies, that it is worship to Him. Eating foods that are addictive and unhealthy and are linked to disease are not glorifying God in our bodies. It's not about a certain size or weight, it's about a heart attitude of honoring your body as God's temple and making sure you don't have any idolatry in your life with food.

Last month I was able to teach at my church a message called Fit Temple and you can see it here: www.SamanthaTaylorFitness. com/fittemple. Also if you need some help honoring your body, I have five personal training studios for women and that is what we do. We also have a 6-week challenge starting April 15th, see my website.

Have a wonderful time celebrating Resurrection weekend! It's also the day that my husband and I celebrate 24 years of when we went to church and responded to the call of God and dedicated our lives to Christ. We didn't want to go to church that day, but someone invited us, so we went. Think of someone you can invite to church for it matters, you never know whose life you will impact. And make sure you go, too.

*1 Corinthians 6:19-20

813-377-3739

www.SamanthaTaylorFitness.com.

New Prayer Labyrinth Experience



At All Saints Lutheran Church (5315 Van with the closing prayer used for this blessing: Dyke Rd, Lutz), we want to make this experience available to all. For this reason, we recently built a Prayer Labyrinth for our community to use as they feel called. It is located on the Church property to the right of the large granite cross in our memorial garden. I invite you to come and take a walk on the new Prayer Labyrinth soon. #AllAreWelcome

In February, we blessed the Prayer Labyrinth for God's work in the world. I leave you

We ask that you bless everyone and anyone who walks this Prayer Labyrinth searching for you, for deeper meaning in their lives, and for healing of their souls. May your Holy Spirit be with them, sustaining them and may all who leave the labyrinth be strengthened to serve others in your name. We give you thanks, O God, for drawing us closer to you. Amen."

Pastor Joshua Gyson

One More Child Backpack Program



One More Child is excited to be meeting the needs of children who are often hungry on the weekends by providing backpacks full of nutritious food for them and their families through its Backpack Program in local schools. One More Child currently provides thousands of meals for children in locations



such as Sleigh Middle School, and we need the help of churches, individuals, and businesses to expand!

Please visit OneMoreChild.org to find out how you can help children and families be happier and healthier on the weekends through your support.



The Ceramic Garden



The Ceramic Garden is back with a new bigger location in Lutz and its popular hands-on Summer Art Camps for children ages 5-14, teens, and adults. Camps include hand-building with clay, pottery on the wheel, drawing/ painting, glass, mixed, and textile art and run from June 3 through August 9. Space limited. Call 813-263-5948 or view details and register at www.theceramicgarden.com/art-camps. Grab \$10 off per child when you sign up by

April 30. Our new studio has separate rooms for pottery on the wheel, birthday and other parties, glass art and a coffee/tea, healthy smoothies bar.



Keystone Community Church invites you to join our **EASTER** Celebrations! Sunday He is Risen...He is Risen Indeed! **Easter Good Friday** 21010 State Road 54 - Lutz, FL 33558 **Egg Hunt** Service www.keystonecommunitychurch.org 10:00am 7:00pm **Easter** Donuts, Worship Danish Services & Coffee 8:30am & 9:30am 11:00am

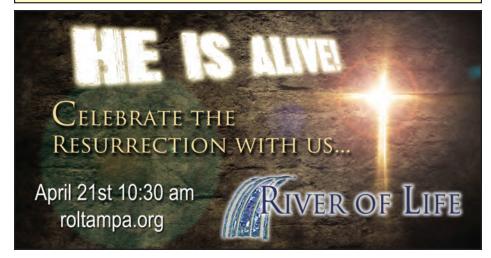
Phone: 813-949-4411

The Well – A Women's Training Ministry

By Karen McBride

The Well is a women's Bible study and training ministry. Women from all denominations learn and grow in their personal walk with God with opportunities to develop leadership skills through Bible study and mentoring. The Well is having a "pop-up" session on Saturday, May 4th from 9:30am-12:30pm at North Pointe Church, located at 19862 Amanda Park Drive, Lutz, FL 33559. The Well Pop-Up includes greeters, snacks, a devotion, prayer groups, and a short message and is a great time of fellowship! To register for the Pop-Up session or to find a bible study near you, go to http://thewellbiblestudy.org.





A Rose Like No Other



munities of Lutz/Land 'O Lakes lost a wonderful soul on March 25, 2019 with the passing of Rosemary (Rosie) Heim.

As a tireless volunteer Rosie devoted her time, talents, and treasures to The Central Pasco

Chamber of Commerce, The Greater Federation of Women Club, Women-N-Charge, the WRENS, and any other community group or activity needing funds or service.

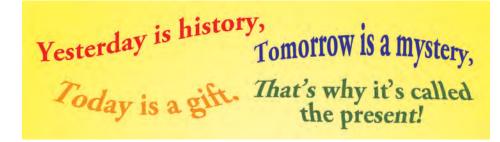
Never content to be just a member, Rosie excelled in everything she touched. She served the Chamber as Honorary Mayor, winning both Member of the Year and Ambassador of

the Year, presided as President of the GFWC, served on the board of Women-n-Charge participating in the annual Teas and fundraisers on every level.

As a retired teacher's aide, she supported the activities of other retired teachers and aides as a member of the WRENS.

Most if not all activities overlapped as she served both God and her community with a loving heart, dispensing help, love, and AVON to all she met in her daily walk on Earth.

A Celebration of Life honoring Rosie Heim is scheduled on April 13, 2019 at 10:30am at Holy Trinity Lutheran Church, 20735 Leonard Road, Lutz, Florida 33558. A reception in the activity hall will immediately follow the service. All are invited to join the Heim family for food, fellowship, and remembrance.





Women-n-Charge



President Mary Adele Cluck with new members, Gwendoline Bennett of Bennett Building & Development, Mary Taphorn of Swaddle Your Baby, Pam Bush of Police Ballistic Shield, Laura White of Life & Leadership Coaching, Josie Allen of JAM 3-D Printing, and membership chair Kay Dunn

Join the vibrant ladies of Women-n-Charge guests who RSVP by Monday prior to the on Friday, April 5th from 11:15am-1:15pm at meeting. Tuesday and after, the cost is \$20 for Plantation Palms Golf Club (23253 Plantation members and \$23 for guests. relationships, and share our resources with 9848 or info@women-n-charge.com. other women in business.

The cost is \$15 for members and \$18 for light Your Business!

Palms Blvd., Land O' Lakes, FL 34639). The Please register at http://www.women-n- meeting includes lunch, a presentation, and charge.com/meetings. For more information time to network. We share our talents, build or to RSVP, please contact Judy at 813-600-

Our April meeting is Networking to High-

"The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full." — John 10:10





What Did the King Say?

Dr. Dan Coflin Pastor, River of Life Church

"Then the righteous will answer him, saying, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you?

And when did we see you sick or in prison and visit you?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brothers, you did it to me." (Matthew 25:37-40 ESV)

Whatever your understanding of this portion of scripture might be, one thing is certain. Jesus takes personally what we do to and for others. The Bible is full of admonitions to take care of the poor, the needy, the outcast, the rejected, and afflicted. Healing the sick, raising the dead, cleansing the leper, and casting out demons may be a challenging command for many believers, but there should be no hesitation for anyone who declares that Jesus Christ is Lord to feed, clothe, and house those in need.

The Bible teaches us that we are the Body of Christ on the Earth. Jesus is declared to be the head of the body (Eph. 1:22,23). He is not just the leader, superintendant or CEO of the organization that is called his church, but Jesus is the head of the body and you and I are members of this body. We are the arms and

Embrace Grace is a program where women with an unexpected pregnancy are welcome to come and meet together with others in need of help during and after the birth of the baby. This group meets once a week to watch a helpful video presentation, encourage one another and find spiritual, emotional and physical help.

If you are interested in participating in this on April 25th from 5:30 to 6:30pm.

feet that function at the will of the head. Jesus may be seated in heaven, but his church is upon the Earth to carry out his will.

The Apostle John writes, "But whoever has this world's goods, and sees his brother in need, and shuts up his heart from him, how does the love of God abide in him?" The primary way people will see Jesus in action, meeting their needs and answering their prayers will be through you and me.

I am grateful for the many ministries that reach out to the poor and needy and for the businesses and individuals that give to support such ministries. Many people have devoted their lives to help others in need whether it be to open shelters for the homeless, provide the needs of the elderly, or be the voice of reason and decency to protect the unborn.

I personally, as does our church, take a strong stand to protect the unborn, however, we cannot advocate against abortion if we are not helping the unwanted children that are born or their mothers that may be in a crisis or unplanned pregnancy. So let me introduce you to Embrace Grace.

Dr. Dan Coflin and his wife Dianne co-pastor River of Life Church at 410 E. Chapman Rd. in Lutz, FL. 33549, (813) 949-9931, www.roltampa.org We would love to invite you to visit River of Life Church. Our lively worship begins at 10:30am on Sunday. We are a non-denominational, spirit-filled ministry. Please honor us with your visit. We would love to have you!

program or would like to sponsor a woman, please contact River of Life Church. Embrace Grace meetings are already in progress on Wednesday nights beginning at 6:45pm. There will also be a community meeting for businesses in the north Tampa/Lutz area for a meet and greet in the church annex building

Hors e'odures, coffee, and desserts will be goods or services they provide and to discover work local businesses who have a desire to fulfill the heart of the King in meeting the needs will have an opportunity to share about the 949-9931, www.roltampa.org

served. The purpose of this meeting is to net- free services that may be a help to their employees, clients or customers. Please RSVP if you plan to attend at River of Life Church at of people in crisis. Every business attending 410 E. Chapman Rd. in Lutz, FL. 33549, (813)

Cycling For Autism Fundraiser

Date: Saturday, May 4, 2019

Time: 8:00am

Where: Whiskey Joe's, 7720 W Courtney Campbell Causeway, Tampa, FL 33607

Sign up at https://www.interbayrotary.org/events/cycling-for-autism to ride and to raise money for programs supporting individuals on the autism spectrum.

Contact: Rob Kraemer, 813-469-8091 contact@igbassociates.com

The Tampa Interbay Rotary Club is hosting its 10th Annual Cycling for Autism fundraiser on Saturday, May 4, 2019 at the Courtney Campbell Causeway Trail. The ride starts at Whiskey Joe's in Tampa and offers 6, 12, 16, and 32-mile routes. Lunch, cash bar service, games for children and adults, bike raffle, and music will be provided. In the last 9 years this event has raised over \$200,000 to support individuals in our community who have an autism spectrum disorder. Proceeds this year will benefit the Center for Autism & Related Disabilities and Applied Behavior Analysis Program at USF. Sponsorships are available.

CBA Now North Tampa Bar Association



After almost two decades of serving Tampa area attorneys and the community, Carrollwood Bar Association has changed its name to the North Tampa Bar Association to better reflect the area in which its members live and work, consistent with the association's geographical boundaries. The 2019 officers for the North Tampa Bar Association

(NTBA) are (from right to left), Jared M. Krukar, of DPW Legal in Wesley Chapel, serving as Secretary; Mike Hancock, of Hancock Injury Attorneys in Tampa, serving as Immediate Past President; Adria Beenhakker Dickey, of Adria Beenhakker Dickey, PA in Tampa, serving as President; and Robert S. Wise, of Robert S. Wise, PA in Tampa, serving as Treasurer.

The North Tampa Bar Association's mission is to serve its members and the residents of the North Tampa area by fostering respect for the law by advancing the competent and ethical practice of the legal profession and by providing programs to its members that will enhance their practice and enrich their experience in the legal profession.

The North Tampa Bar Association has contributed thousands of dollars to area charities since its inception. Last year, the North Tampa Bar Association was pleased to present donations to Elves for Elders and Community Food Pantry. For more information regarding the North Tampa Bar Association or to search the association's directory of attorney members, please go to www.northtampabarassociation.com.

The Great Florida Outdoors: Vines

Dr. Robert Norman, Clinical Professor, Dermatology, Nova Southeastern University



What are these vines?





Some of the vines can get quite large. (Hand



of 17 year old Trey Bacon)

Grape *Vitis rotundifolia* (pictured above)

The leaves are simple, alternate, deciduous or evergreen, variably shaped depending on species, often 3 main veins with netted interveins. The stems are vine, variable, some with thorns. The flowers are small, trumpet shaped with flowers in small clusters, greenish to yellowish, dioecious. Fruit are berry, green turning red to blue or black, containing 1-3 seeds. The habitat is wide range and is a very important wildlife plant. The fruit is eaten by turkey, quail, and at least 40 species of songbirds.

Other vines



Greenbriar, catbriar, briar Smilax spp

closely-related species that are vines and able to grow up trees using some combination of tendrils and thorns and propagate via runners and seeds. In Florida there are about a dozen species of Smilax found growing wild including earleaf greenbriar (Smilax auriculata), saw greenbriar (Smilax bona-nox), cat greenbriar (Smilax glauca), and everglades greenbriar (Smilax havanensis). The drink called "sarsaparilla" comes from some species of Smilax roots. Greenbriar provides both food and protective cover and serves as an important component in the diets of wildlife including deer and black bear.

Trumpet vine



Campsis radicans is trumpet vine or trumpet All the common names refer to a number of creeper and also known in North America as cow itch vine or hummingbird vine is a species of flowering plant of the family Bignoniaceae. The vine is native to the eastern United States and naturalized in parts of the western United States as well as in Ontario, parts of Europe, and scattered locations in Latin America. It grows to 10 m (33 ft) and inhabits woodlands and riverbanks Trumpet vine is a vigorous, deciduous woody vine, notable for its showy trumpet-shaped flowers. and is also a popular garden subject.

The leaves are opposite, ovate, pinnate, 3-10 cm long, and emerald green when new, maturing into a dark green. The flowers come in terminal cymes of 4-12, orange to red in color with a yellowish throat, and generally appear after several months of warm weather. The flowers are very attractive to hummingbirds, and many types of birds like to nest in the dense foliage. The flowers are followed by large seed pods. As these mature, they dry and split. Hundreds of thin, brown, paper-like seeds are released. These are easily grown when stratified.

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Biblical Stewardship



James H. Willis, III Founder and President The Willis Agency, Inc

813-948-9109 Jim@TheWillisAgency.com www.TheWillisAgency.com

1 Peter 5:7

What is Biblical Stewardship? How does it have any impact on my life and my money? I'll share with you my first personal experience with Biblical Stewardship. It was in the mid 90's and I had financial frustration in every aspect of my life. It was absolutely horrible!! Once I got a grasp on this concept (ha, perhaps it got a grasp on me?!?), I was almost immediately set free. I felt an overwhelming burden lifted and a clear financial future by obeying God's stewardship principles. May I also note: You don't need to be a Christian to be successful applying these principles. I was liberated and focused on financial freedom. God's way and love have helped 100% of the families we work with.

Here are some of the major points of Biblical Stewardship:

1) Stewardship is the only area of the Christian life that cannot be faked. The way we spend our money is a true measure of our priorities.

2) Every spending decision is a spiritual decision. Ask, "Is this really what God wants me

3) Believing—this is the key to financial freedom. Often it is not rational or the American Dream.

There are 4 Transcendent Planning Principles of Financial Success:

- 1) You must spend less than you make
- 2) Avoid the use of debt as much as possible
- 3) Build up liquidity, a "slush fund" of 3-6 months of expenses
 - 4) Set long-term goals and plan ahead!

These are some of the primary points of Financial Stewardship. Remembering that God really owns it all and provides for it all is at the forefront. And yet He leaves it to us to be good stewards of great blessings. My purpose is to be your Steward Assistant.

Caring for you and yours,

The Norman Jewish Library and Education Center

Books needed Jewish and non-Jewish. Please call Rabbi Uriel Rivkin for delivery (Temple Terrace, Florida) or pick-up at 813-832-3018 or email drrobertnorman@gmail.com.

> "Set your mind on things above, not on earthly things." - Colossians 3:2



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Flip Side Realty By Design

By Karen McBride



owner and broker of Flip Side Realty By Design, opened her doors a little over three years ago. What makes her brokerage firm different from others is the vast array of residential services offered. Marla wanted

to create a "one stop shop" to help customers with all their real estate needs. She has been a proven industry expert regarding all aspects of real estate including and yet not limited to buying, selling, relocation, property management, and home renovation and design.

Having served in the U.S Navy for 8 years, servicemen and women when it came to buying or selling a home. Her passion to assist people not only in the military led Marla and her agents to become involved in Homes for Heroes (HFH). This organization is the largest nationwide network of affiliate real estate, mortgage, and local business specialists committed to monetarily rewarding our country and community heroes. The organization was established to give back to firefighters, EMS, law enforcement, military, healthcare professionals and teachers for all they do. Currently, Marla and her agents are delivering HFH boxes filled with goodies and dropping them off at schools, fire/police stations and other locations. This is an opportunity to both show their appreciation and to inform heroes about the program available to them.

Flip Side Realty By Design has been involved in a number of other community events over the past year, including the Temple Terrace Night Out, K-9 Pasco Sheriff Golf Tournament, Veterans Helping Veterans golf tournament, New Tampa Noon Rotary Cycle for Vets, just to name a few. Marla also spon-

Marla Adams, the sored Heat and Hops; a fundraiser last August where the proceeds went to the families of two City of Tampa Firefighters, both of whom are battling cancer.

"It is always a great opportunity to explain Homes for Heroes. At first I was surprised that a lot of people did not know about this programs available to them," said Marla. "But then I realized that not many agents in the area participate in HFH because the money the Hero receives back comes directly out of the agent's commission."

In April, Flip Side Realty By Design agents will be participating in Prosthetic & Amputee Rehab and Research Foundation's ("PARR") 5K run. The event will be held April 5 at the Babe Zaharias Golf Course. For more infor-Marla knew she wanted to help her fellow mation on this event, go to http://www.parrfoundation.org.

> Marla is also in the process of launching a foundation "Hear to Help". She has been hearing impaired for years but was hesitant to wear hearing aids. A few years ago, she finally gave in and began wearing them.

> "What a difference it has made in my life. I just want to help others experience this as well."

Hear to Help will offer hearing aids, sign language classes, and hearing service dogs. Medicare pays for hearing aids for the elderly, but Medicaid does not. Unfortunately, the example of the single mom or dad with a child who needs hearing aids falls in the loophole of the system. "I want Hear to Help to be that bridge for the hard working individual who just can't get ahead but desperately has a need," says Marla.

Whether you are looking to rent, own or sell a home or property, Flip Side Realty By Design is ready to assist. Flip Side Realty By Design is always looking for agents with likeminded goals in serving the community. For more information, go to www.FlipsideRealtybyDesign.com or call 813.335.1449.



Pediatric Place of Tampa Offers After-Hours/Urgent Care

By Karen McBride

As the new year begins, it can mean new doses for ages 6 months and up. after school activities and summer programs. If you have not already scheduled your child's school physical or sports physical, it is not too late. Don't wait until the end of the school year to schedule your child's physical for any summer programs he or she may be involved in.

Contact Dr. Michele Johnson-Towson at Pediatric Place of Tampa, a board-certified pediatrician with 30 years of experience in caring for children ages newborn to 21 years old. The cold and flu season is here.

Flu season peaks from December to February, but it can last until May, according to the Centers for Disease Control and Prevention

Germs are spread quickly through the schools, and children need to protect themselves from illness as much as possible.

In addition to proper sleep and nutrition to boost their immune systems, vaccines are available. Parents are encouraged to get the flu shot, not only for themselves, but for their children. The flu shot, which contains coverage against the influenza A&B strains, is available in proper

According to the CDC, "Getting an annual flu vaccine is the first and best way to protect yourself and your family from the flu."

Pediatric Place of Tampa is located at 1338 W. Fletcher Avenue, Tampa, FL 33612. For more information or to schedule an appointment, call 813-264-2288. Same-day appointments are available (Monday-Friday 8:00am

Knowing all too well that families can be in need of a doctor at any time, Pediatric Place offers after-hours/urgent care (Monday-Thursday 3:30pm - 7:00pm; Friday 3:00pm - 5:00pm; Saturday 8:00am - 12:00pm) as a special accommodation to their patients.

New patients are welcome and the practice accepts all insurance.





Faure Requiem at Grace Lutheran Church

The Chancel Choir at Grace Lutheran Church at Carrollwood is presenting the Faure Requiem conducted by Lisa Katt Watson. The concert on Saturday, April 6, 2019 at 7:00pm will feature soloists Katrina Cox, soprano, and Matthew Cox, baritone. They will be accompanied by a String Ensemble, James Sawyers, Jr, on organ and Dolly Roberts, harpist.

The concert is funded by the Betty Burton "Faith and the Arts" Endowment Fund. Admission is free but a free-will offering will be received to fund the Youth Ministry at Grace. A reception following the program will be held in Connections.

For further information, please visit our website at www.gracetampa.org or call the church office at 813-961-8747. Grace Lutheran Church at Carrrollwood is located at 3714 West Linebaugh Avenue.





Pet Nutrition

Your pet's diet is important to their well being. National brand pet foods sold at grocery stores by and large are nutritionally complete diets for both dogs and cats. The type of food depends on the pet's age, size, breed, and lifestyle. However, some pets require specialty or prescription diets that are specifically designed to help treat medical conditions such as diabetes, heart disease, allergies, renal failure, obesity, and gastrointestinal disorders. Hills Science Diet and Royal Canin are excellent manufacturers of these types of specialty foods. At Sunshine Animal Hospital, nutritional counseling is a fundamental part of your pet's wellness program.

Can you feed dogs and cats the same food? The answer is no. Pet foods are specifically formulated to meet the nutritional needs of dogs or cats, and these needs are vastly different.

Are human foods bad for your pets? The answer is some of them. There is a list of foods that are especially dangerous for your pet. Some of these are: Macademia nuts one of the most poisonous foods for dogs. Chocolate - all types of chocolate including white chocolate. Onions and garlic - can kill your pet's red blood cells. Ice cream - Yes, ice cream. Many dogs don't digest dairy. This can cause diarrhea. Other bad foods include almonds, raw eggs, caffeine, grapes, raisins, cinnamon, and alcohol. If you suspect that your pet has eaten any of these foods, call your veterinarian immediately.

For more information or to make an appointment for your pet, Please call us at Sunshine Animal Hospital. 813-885-7071



Thank you for the tickets to the Renaissance fair! We enjoyed feeding butterflies, meeting unicorns and mermaids, watching shows and listening to music!

Thank you. Kay, Erica, Demi, & Ben





Kay Dunn & the Queen at the Renaissance **Festival**

Thank you so much for the Disney On Ice tickets! We had a great time on Saturday night. Please see our picture attached.

Keep up the good work! Susie S.



Kay, this is a belated "thank you" for the 4 tickets to Disney On Ice: Dare to Dream at Amalie Arena! We thoroughly enjoyed the show! The seats were awesome. I must share the blessing that occurred:

Originally, my husband and I were to take our young niece and nephew to the show, but plans fell through at the last minute. We decided to attend anyway and prayed that God would show us a family to which to give the other 2 tickets. We were running late to get to the show, and as we approached the box office, we spotted a young mother and her little girl in a Belle costume next to us. We just knew this was the family God led us to.

We asked the lady if she wanted the vouchers/tickets, and she got tears in her eyes and was just so thankful. We thought that was it. However, as we completed our transaction, a man approached us and emotionally thanked us several times for giving the tickets to his wife and daughter. We were all a bit emotional. That was, indeed, the right family.

Needless to say, my husband and I feel that we were the ones blessed that day. God is good! Thank you for all you and the Gazette do in our community, and may God continue to bless this ministry.

Sincerely,

Kelley C.

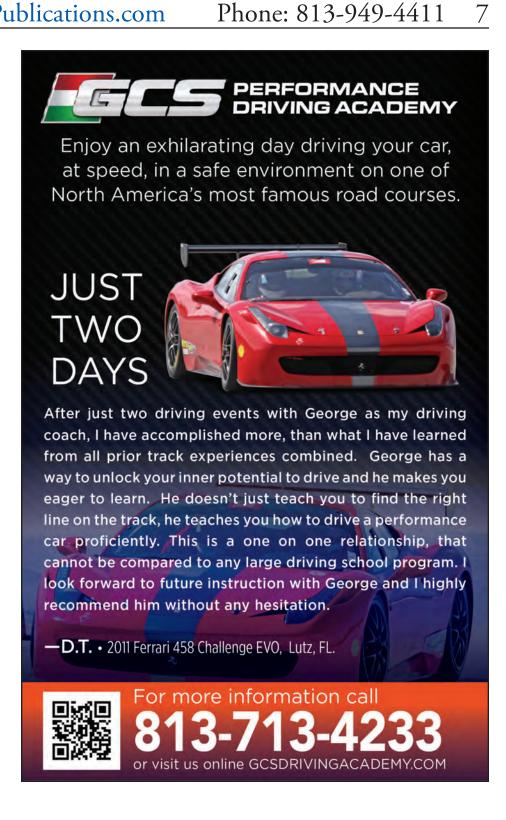


The Lord's Prayer:

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one.

Matthew 6:9-13





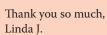


Hi there, I'm Joseph, the one on the far left and my girlfriend Samantha is on the far right. My grandmother won a contest for 2 tickets to the strawberry festival and she gave them to me and my girlfriend. I just wanted to say that I really appreciate everyone for this opportunity and I am grateful for being able to go. Not only did we have a blast riding rides, eating tons of food and playing a bunch of games, we met Plush Time Wins, they are famous YouTubers that we have been watching for years now and to be able to have met them is just unreal. They even talked about us in a video that they posted later on in the day. It was truly a wonderful day and when we left we didn't forget the number one rule, if you go to the strawberry festival you always have to bring home some delicious strawberries! Anyways, Thank you guys so much for the opportunity and we hope that everyone has a wonderful day!

Thank you for a wonderful day at the Strawberry Festival. We elected to go on Senior Day and enjoy the FREE entertainment by the Kingston Trio which for us old timers was pleasant memories. Of course the day would not be complete without strawberry shortcake and St. Clements again provided that pleasure. The weather was perfect so once again proof positive that God is good. Keep up the good work in the Dunndeal Publications and may God keep smiling on you and yours.

Sincerely, Gene & Helen M.

It was exciting winning tickets to the Strawberry Festival in Plant City. I took my husband, it was our first time going. We had so much fun! One lucky thing happened while we were there. I was buying a flat of strawberries and one of the vendors gave my husband and I free tickets to see the group Home Free. After we saw Home Free, I went and found the vendor to thank him. I also want to thank you for the tickets. We had a great experience and we will defiantly go again next year.





Harley's Strawberry Surprise

Hi, my name is Harley and a couple of weeks ago I had a problem.

Daddy had taken me to the Oak Ridge Boys Concert at the Strawberry Festival 5 years in a row. This was to be #6! And two of my friends and their daddies were going to join us!

But I was sick with 101.6 degree temperature and mommy wouldn't let me go. Daddy had to call my cousin's dad and my friend's dad and cancel. I was so upset that I cried and cried and cried and I cried myself to sleep, which I NEVER take naps during the day. Never! I thought that I would not get to spend time with my friends this year.

That's when I asked Daddy how long the Strawberry Festival was going to be in Plant City. He said we still had another week, but I still had to get better first. A couple days later, I was feeling so much better and my dad called my friends' dads and tried to reschedule. My friend wasn't able to make it, but Cousin Rachel and Uncle Sean did!



Here's what all we got to do:

- I got to dress up like a strawberry!
- Rode all these rides, really spinny rides, which I almost threw up and I had so much fun!
- Then I ate cinnamon rolls, strawberry shortcake, and ice cream.

Even though the Oak Ridge Boy's streak is over, we did make it to the Strawberry Festival for the 6th straight year, and I hope the Oak Ridge Boys will still be alive next year so I can see them again.

So it ended up as one of the best days ever! And that's my Strawberry Surprise!

Thank you so much for the two tickets. My husband and I took two of our grandkids to the Strawberry Festival with us and they had a fun day riding the rides. The four of us enjoyed the strawberry shortcake, seeing the animals, and listening to the music. We even brought home some strawberries. Once again thank you. Your generosity was appreciated.

A Three-Day Story

Continued from Page 1

They had followed him for three years watching him perform miracles. So when he was arrested on Thursday night, they thought, "This won't last long. Jesus will stand up and everyone will fall down."

But he didn't.

Then he's brought before Pilate. "Everyone will bow before him and suddenly he will overthrow Rome and we will be in charge."

But he didn't.

Then he's sentenced to be flogged, dragged out onto the city streets suspended on a pole, and whipped. All of his disciples thought, "Surely at some point he's going to stop this."

But he didn't.

And then when he's sentenced to die and forced to carry his cross through the city streets of Jerusalem and nailed to this cross everybody has to be thinking, "What's going on? This is not supposed to happen. The Son of God does not die."

But then he did.

For us, crucifixion is so sanitized. We have tattoos of the cross and gold cross earrings, but for people back then it was horrific. As Saturday approaches, hope is over.

The followers of Jesus must have thought, "We've fallen for the biggest hoax of all time." Because Jesus was dead.

They had to be thinking, "God, where are you in all of this? Why are you silent?"

All of us have something that robs our hope and makes us feel hollow inside.

The reason Easter Sunday is so great is because Saturday was so bad. As far as we know, Saturday was the only day in the last 2,000

years that there were no followers of Jesus because they all thought he was dead.

Nobody was planning for him to return the next day. John's not saying to Peter, "What are you going to say to Jesus when you see him?" Mary Magdalene isn't thinking, "What shall I wear for Easter Sunday, are hats still in?" Hope is dead. This is Saturday and God is silent.

What do you do when you have no more hope? Because all of us are hopers. This is why people go out on first dates, because maybe this could be the one. All of us are irrepressible hopers. Saturday was a realization that hope was dead. The word hope is used 71 times in the New Testament about Jesus and the church - 70 times after the Resurrection and only once before the resurrection.

The message of Easter is that God does his best work in hopeless Saturday situations. The story of Easter is that setbacks are setups for a comeback.

The story of Easter is a three-day story.

The problem with three-day stories is, you don't always know it's a three-day story until the third day.

When it's Friday or Saturday it's as bad as it can get. Is it possible the hopelessness you feel right now is that you're only in day two? What if God is working behind the scenes to bring about your third day?

Until next month, Keith 7708 Van Dyke Rd, Odessa 813-920-0442 Services Sunday at 10:00

www.tampajourney.com

"Jesus said 'All this I have spoken while still with you. But the Counselor, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything said to you. Peace I leave with you, my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid." — John 14:25-27

Enter to Win! Golf Certificate for 2 Players & Cart at the Heritage Harbor Golf & Co. Club (value \$100) Fill in the Verses (answers are found in the paper!)

8 winners won Disney on Ice tickets in the March Giveaway: Kelley C. - Doug K. - Carol W. - Susie S. - Stephen P. - Eileen H. - Barbara C. - Audrey S.

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United Believers of America Christian Prayer Initiative



unitedbelieversofa@gmail.com Ronald Tardy, Visionary rontardy1@gmail.com

"Praying in Unity for Our Nation and Our World"

Pray the Prayer 2019!

for America
The Believer's 7-Day Unity Prayer

This Christian *Believer's 7-Day Unity Prayer* has been divinely inspired, and is the "prayer petition mandate" of the *United Believers of America*, a growing, ecumenical, inter-denominational prayer group. It was created as a prayer tool and identifies several critical areas impacting the lives of <u>all</u> Americans, and indeed the world. Through intercessory prayer and a Christian Call to Action, we are petitioning and believing God for His favor, mercy and protection over America.

The Believer's 7-Day Unity Prayer suggests seven specific areas in which to pray continually, with an emphasis on one area for a specific day. We certainly recognize that prayer- whether corporate or personal, is a reverent dialogue between the Christian Believer and God the Father, Jesus the Son and the Holy Spirit.

Thus, the Believer's 7-Day Unity Prayer is suggested to be inclusive with one's prayer time even as God's Word exalts us to "...pray without ceasing." (I Thes.5:17)

"Each prayer includes a scriptural support and an additional prayer petition"

The Believer's 7-Day Unity Prayer and related prayer tool images will be available in various formats and promoted through traditional media and inter-active social media platforms, as we establish faithful, "Unity Prayer Partners."

During these uncertain times of natural and man-made disasters, a divided nation and government, social unrest, mass shootings and global fears, this prayer for America and the world may be heard as a Christian, clarion call for unity and hope for our strong, but challenged nation.

Plan to unite with this prayer initiative through your Faith in God, and your Faith in America~

Support the Prayer!

The United Believers of America







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- * Many folks want to serve God, but only as an adviser.
- * Do you think "stop, drop, and roll" will work in Hell?
- * Some minds are like concrete: thoroughly mixed up and have permanently set.
- * God loves everyone but probably prefers "fruits of the Spirit" over nuts!
- * The good Lord didn't create anything without a purpose, but mosquitoes came close.
- * Opportunity may knock once, but temptation bangs on the front door forever.
- * Quit griping about your church! If it was perfect, you couldn't belong.
- * If your church needs a better pastor, it only needs to pray for the one it has.
- * The best mathematical equation is 1 cross + 3 nails = 4 given.
- * God Himself doesn't propose to judge a man until he's dead. So why should you?
- * Don't wait for six strong men to take you to church.
- * We don't change the message, the message changes us.
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Over the years, I was convicted that if Jesus was to be Lord of my life, He is with me day and night at work. Now I understand not to leave Jesus at the door when I enter my workplace. He is with me 24/7 and the Bible is full of help for my workplace if I just look.

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Just Palms

Chris Tillman

As a longtime advertiser in Dunndeal Publications, I just wanted to say thanks for your years of service. I've met so many great readers over the years, many who use our services year after year. Advertising in your publications is probably the sole reason my Palm Trimming business has succeeded over the years. It's the only place I gladly pay for advertising year after year. Thanks Kay for all the great service over the years, and I'm looking forward to many more years of advertising with you!







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You can email us as well if you would like to donate items for the raffle or auction.



Samantha Taylor Fitness

Samantha Taylor

When my personal training career started in this area over 17 years ago, Mark Dunn called me and asked if I wanted to be a part of their paper. I was new in business in this area and knew I had to get my name out there, so this was the first media outlet I had ever advertised in. As people started to hear about what I offered, through THIS paper, my name started to get out in the community, and in a few years I became the #1 producing personal trainer in the large gym I was in, out of 2,000 trainers!

When it was time to go out on my own, God used THIS paper to give me the confidence that I could find clients outside of that gym. I knew I must, because I wanted to create an environment for women that didn't want to be in a gym. That wanted a safe place they could work out and not feel judged. I also enjoy catering to Christian women who liked that our studio cared about that.

Now we have trained over 6,000 people, have 17 trainers, won the Small Business of the Year Award by the Chamber, give free seminars to the community, and started a meal prep service delivered to your home. We opened our 5th location in Palm Harbor, and we just moved our Wesley Chapel location into a new building that we own. We also have Land O Lakes, Carrollwood, Westchase, and more to come!

I thank God for bringing this paper into my life, and I am SO grateful, for they helped give me the original confidence that I could build this business, and look what its turned into and the amount of people we serve! The owners, Mark and Kay, are some the nicest, most genuine people vou'll ever meet and I appreciate how they honor Jesus Christ in this paper. It's such a blessing to partner with them, and I'm happy to know that I am the longest advertiser in the last 17 years!

Free Job Fair

Free Job Fair Tuesday April 16, 2019. Held at the Dale Mabry Campus of Hillsborough Community College. 9:30am - 2:00pm. Located in the GYM. 50+ employers with hiring opportunities scheduled to attend. This event is free and open to the public.

Each HCC campus houses a Career Resource Center (CRC) staffed by professionals to assist students in selecting a career and mapping an educational pathway. The Centers offer tools and services to assess skills and interests, explore various occupations, develop résumés, and prepare for interviews. Job Fairs are held each spring and/or fall semester.

If you would like more information about this Job Fair, please contact Jean Switalski at 813-253-7310 or email at jswitalski@hccfl.edu.



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Kay's List of Preferred Christian Businesses

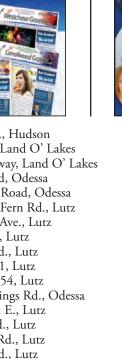
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6560 Gunn Hwy. 6602 Gunn Hwy. 8500 Gunn Hwy. 8568 Gunn Hwy. 8741 Gunn Hwy. 8745 Gunn Hwy. 8538 Gunn Hwv. 17633 Gunn Hwy 17928 Gunn Hwy 17623 Gunn Hwy 17627 Gunn Hwy. 17635 Gunn Hwy. 17773 Gunn Hwy 17808 Wayne Rd. 8848 S. Mobley Rd. 11203 Sheldon Rd. 9872 W. Linebaugh Ave. 12121 W. Linebaugh Ave. 12157 W. Linebaugh Ave. 11211 Countryway Blvd. 13911 Nine Eagles Dr. 12008 Race Track Rd. 12702 Race Track Rd. 12950 Race Track Rd. 13001 Race Track Rd.

13006 Race Track Rd.

13032 Race Track Rd.

13048 Race Track Rd.

13151 Race Track Rd.

8546 N. Dale Mabry 14757 N. Dale Mabry 13140 N. Dale Mabry 13014 N. Dale Mabry

14374 N. Dale Mabry

10041 N. Dale Mabry

10001 N. Dale Mabry

10023 N. Dale Mabry

11300 N. Dale Mabry

13236 N. Dale Mabry

14755 N. Dale Mabry

15028 N. Dale Mabry

4801 Ehrlich Rd.

5249 Ehrlich Rd.

1718 W. Fletcher Ave.

2902 W. Bearss Ave.

3611 W. Bearss Ave

12096 Anderson Ro

4103 Gunn Hwy.

4802 Gunn Hwy

5709 Gunn Hwy.

8810 N. Himes Ave.

8830 N. Himes Ave.

8870 W. Himes Ave

4502 W. Village Dr.

4522 W. Village Dr. 4534 W. Village Dr.

4538 W. Village Dr

3853 Northdale Blvd

3879 Northdale Blvd

4029 Northdale Blvd.

12040 Anderson Rd.

Quick Lane & Auto' Tire Kingdom Beef "O" Brady's Keystone Cafe G. Peppers* Ace Hardware The UPS Store Keystone Rec. Center Dash Cleaners Dunkin' Donuts Three Brothers Pizza Austin Davis Library Citrus Park Landscape Shell Gas Station Marco's Pizza Marina Pizza The LIPS Store Upper Tampa Bay Reg. Library

Ellie's Restaurant Nutrition Smart Hungry Greek The Village Inn Tire Choice* Subway Westchase Pizza 7-11

Carrollwood Gazette

Hank's Catfish & BBQ Riviera Řestaurani Wild Birds Shop The UPS Stor Abby's Health The Hungry Greek First Watch Carrollwood Shell Mr. Empanada IHOP Restaraunt Firehouse Subs AAA Office Zoe's Kitchen Evo's Real Food Ricky's Cuban Cafe TB Farmers Marke Jimmie B. Keel Library Circle K Honeybaked Ham Thornhills Gas Statio Natural Market Life's Treasures Reef "O" Brady's Hank's Pizza The UPS Store Rainbow Dry Cleane Pak Mail NY Bagel Cafe SliceMaster's Pizza The UPS Store

YMCA

Lutz Gazette 205 E. Bearss Ave. Racetrack Gas 218 E. Bearss Ave. 804 E. Bearss Ave. Wawa Gas Station 1911 E. Bearss Ave. Wings Express Copo Cuts Barber 1913 E. Bearss Ave.100B 14915 N. Nebraska Ave. Sparta Fitness 15003 N Nebraska Ave, Culver's Restauran 410 Chapman Rd. River Of Life Church 17693 N. Dale Mabry Mr. Empanada 18801 N. Dale Mabry Lutz Mail Depot 18560 N. Dale Mabry Guiding Star 18905 N. Dale Mabry Al's Lawn Care 19235 N. Dale Mabry Subwav 19130 N. Dale Mabry Dunkin' Donuts 17514 U.S. Hwy 41 Dunkin' Donuts 18421 U.S. Hwy 41 Beef "O"Brady's* 18511 U.S. Hwy 41 Walgreens 18459 U.S. Hwv 41 Subwav Speedway Gas 18431 Livingston Dr. 101 Flagship Drive Richard's Cafe Lutz Library 101 Lutz-Lake Fern Rd. TPC Tampa Bay 5300 W. Lutz-Lake Fern 3850 Van Dyke Rd. Walgreens 3967 Van Dyke Rd. China Taste 3949 Van Dyke Rd. Uncle Maddio's Pizza 3959 Van Dyke Rd. The UPS Store Subway 3971 Van Dyke Rd.

Shell Station

5524 Van Dyke Rd.

New Tampa Gazette 3119 Cove Bend Dr. Chick-Fil-A* 14903 Bruce B. Downs 15014 Bruce B. Downs Race Track 16014 Bruce B. Downs 16010 Bruce B. Downs Subway 17402 Bruce B. Downs Circle K 17511 Bruce B. Downs Walgreens 20741 Bruce B. Downs Walgreens 5220 Cypress Preserve 15309 Amberly Dr. 16221 Compton Dr. 17402 Donna Michelle 5102 Point of Tampa Way 7-11 17503 Preserve Walk Ln Peta Express 17503 Preserve Walk Ln Taste of NY Pizza 10001 Cross Creek Blvd. New Tampa Library 10006 Cross Creek Blvd. The UPS Store 10359 Cross Creek Blvd. Capi Pizza 10861 Cross Creek Blvd. Post Office

10960 Cross Creek Blvd. Shell Gas Station3

1041 Bruce B. Downs Anytime Fitness

10928 Cross Creek Blvd. Publix

Pasco Gazette

11345 St. Rd. 54 (Odessa) Vallarta's Mexican

1930 Land O' Lakes Blvd. The Great Catch 2810 Land O' Lakes Blvd. Central Pasco Chamber 3036 Land O' Lakes Blvd. Holloway's Farm 3619 Land O' Lakes Blvd. \$1.99 Cleaners 4005 Land O' Lakes Blvd. 4028 Land O' Lakes Blvd. Tax Appraisal 4204 Land O' Lakes Blvd. Natural Market 4526 Land O' Lakes Blvd. Larry's Deli 4805 Land O' Lakes Blvd. Ukulele Brand's Papa John's Pizza 7016 Land O' Lakes Blvd. 7040 Land O' Lakes Blvd. 7044 Land O' Lakes Blvd. Dunkin' Donuts 7804 Land O' Lakes Blvd. San Jose Mexican 7827 Land O' Lakes Blvd. Walgreens 2121 Collier Pkwv. Publix 2818 Collier Pkwy. Pasco Library 3032 Collier Pkwy. LOL Rec. Center* 21033 St. Rd. 54 & Hwy. 41 TIBBETTS Lumber 22829 St. Rd. 54 Walgreens 23390 St. Rd. 54 Race Track The Village Inn 22601 St. Rd. 54 24726 St. Rd. 54 Subway The Imperial Buffet 21627 Village Lakes Center Pepe's Cuban Rest* 1900 Oak Grove Blvd. 1943 Foggy Ridge Rd. Rice & Beans 3138 St. Rd. 54 (Trinity) Christo's Restaurant

Wesley Chapel Gazette 1259 Bruce B. Downs 1660 Bruce B. Downs 1708 Bruce B. Downs 1920 Bruce B. Downs 2653 Bruce B. Downs 3751 Bruce B. Downs 5400 Bruce B. Downs 28329 Paseo Drive 26699 State Rd. 56 27140 State Rd. 56 27215 State Rd. 56 27866 State Rd. 56 27221 State Rd. 56 1920 Co. Rd 581 5371 Village Market 5429 Village Market 5450 St. Rd. 54 & BBD 25195 State Rd. 54 25201 State Rd. 54 24929 State Rd. 54 27251 State Rd. 54 27616 State Rd. 54 27741 State Rd. 54 28115 State Rd. 54

Honeybaked Ham Beef "O" Brady's Don Pan Int'l Bakery Publix Going Postal Bentzer Phamracy Publix Pholicious Rest. Gate Gas Station Race Track \$1.99 Cleaners Wawa Gas Station V's Barbers Ace Hardware City Grill The UPS Shore Tailgate Station Walgreens Mobile Circle K PostNetMobile Gas Station 7-11/Subway Walgreens





Faith is being sure of what we hope for and certain of what we do not see. Hebrews 11:1

In the beginning God created the heavens and the earth. "The Big Bang" Genesis 1:3 "Let there be light...

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