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Aviation Ministry Support Association By Karen McBride



Missionaries depend upon the aviation industry in order to fulfill their dreams of spreading God's word to remote locations throughout the world. Lakeland's Sun 'n Fun is the perfect opportunity for missionaries to let aviators know what they are doing and how the aviators can help them to achieve their goals. However, to some missionaries, attending events such as Sun 'n Fun, can be cost prohibitive. Missionaries need a place to stay, food, and transportation in order to inform people in the aviation industry about their organizations.

This is where John Hoke, a local businessman,

stepped in. His desire to develop a strong support structure through local churches led him to assemble a team of volunteer coordinators to help make this a reality. In 2009, John founded Mission Aviation Support Association of Florida, now known as Aviation Ministry Support Association ("AMSA").

Christ has commanded us to "go and make disciples of all nations" and bringing AMSA to the Sun 'n Fun event is just one way that John is obeying the command.

Continued on Page 8

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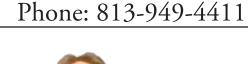
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Keith Chandler Journey Christian Church

Charles Spurgeon said, "I have learned to kiss the wave that throws me against the Rock of Ages."

The Rock of Ages is a name for God. It reinforces the fact that God is unmovable and strong. He is our sanctuary and our security.

Isaiah 26:4 says, "Trust the Lord forever, for the Lord our God is the Rock of Ages." Spurgeon uses the metaphor of a wave to help us understand suffering and hardships of life.

The Bible would teach us to kiss the wave, to embrace the wave, because God's doing something in us during that time that doesn't happen at other times in life. There are some things that God teaches us in the waves that we just don't do a very good job of learning laying out by the pool.

Charles Spurgeon struggled with depression most of his life. Some of you know how debilitating that can feel especially when it doesn't go away. It was a constant companion. His wife was bedridden for about twenty-five years of their marriage. He faced incredible opposition for some of what he would preach. He spoke out strongly against American slavery and was persecuted as a result.

Speaking about suffering, he wrote, "I have been cast into 'waters to swim in,' which, but for God's upholding hand, would have proved waters to drown in. I have endured tribulation from many flails. Sharp bodily pain succeeded mental depression, and this was accompanied both by bereavement and affliction in the person of one dear to me as life (speaking of Susannah, his wife). The waters rolled in continually, wave upon wave. I do not mention this to exact sympathy, but simply to let the reader see that I am no dryland sailor. I have traversed those oceans. I know the roll of the billows and the rush of the winds. Never were the promises of Jehovah so precious to me as at this hour. Some of them I never understood until now."

He would die four years later.

Briefly, a few things we know about waves. We know, first, that waves will come. Suffering is inevitable. Jesus said in John 16 to His disciples, "In this world you will have trouble." You should be ready for that.

Peter writes, "Dear friends, don't be surprised at the fiery trials you're going through, as if something strange were happening to you." 1 Peter 4:12 NLT

Don't act like that just because you follow Jesus that you're somehow exempt from the

Kiss the Wave

suffering of this world. We have the Rock of Ages. We have a sanctuary in the storm. We have the promises of eternal life.

But in this world we will have trouble. Don't be surprised when it comes. We get caught off guard because of unrealistic expectations. We have our ideas of what life should look like and then when you experience something other than that, we say, "I

never saw it coming."
But Peter writes, "Don't be surprised. Don't have these unrealistic expectations of life."

Another reason why we get caught off guard is what I would call an Unbiblical Theology. Peter says, "Since Christ suffered physical pain, you must arm yourselves with the same attitude He had, and you must be ready to suffer, too." 1 Peter 4:1 NLT

You follow a suffering Savior. Don't be surprised when you suffer as well. We know that waves will come. The other thing we know is that waves will stop.

"Instead be very glad, for these trials make you partners with Christ in His suffering, so that you will have the wonderful joy of seeing His glory when it's revealed to the whole world." 1 Peter 4:13 NLT

I just want you to know it's going to get a little bit rough out there. There are going to be a couple of rough waves that knock you flat. You never saw them coming, and it's going to be scary. But it won't last forever. It's really just a moment. Before you know it, you will arrive at the port of heaven and the waters are calm. So take some Dramamine and hang in there. The waves are coming, but the waves will stop.

Revelation 4:6 says, "Before the throne there is a sea of glass that is like crystal."

There are no waves in heaven. Many things will no longer be in heaven.

In heaven there'll be no more cancer, no more divorce, rejection, loneliness, depression, middle of the night phone calls, no more crosses along the side of the road, child abuse, rape, road rage, addiction, drama, funeral homes, orphanages, nursing homes, waiting rooms, motionless ultrasounds or tiny caskets, no more tears, no more sorrow.

The Bible says, "No more pain." No more waves. Revelation says, "He who is seated on the throne said, 'I am making everything new." The waves will come; the waves will stop, but for now we worship in the waves.

Until next month, Keith

7708 Van Dyke Rd, Odessa 813-920-0442 Services Sunday at 10:00 www.tampajourney.com

New Prayer Labyrinth Experience



church practice that offers us a more intentional time with God. It has been said that it is like a short journey of its own. We wind our way through the path that it may become a mirror for our own lives and a metaphor for our walk with God. In short, a Prayer Labyrinth is a tool of spiritual growth, a place of transformation of body, mind, and spirit.

As a pastor, I have had the great pleasure of walking many Prayer Labyrinths around this beautiful country. And each time I walk one, I leave with a wonderful memory of how God has spoken directly to me. It is truly amazing just what happens when we set aside intentional time to be with God.

At All Saints Lutheran Church (5315 Van Dyke Rd, Lutz), we want to make this experience available to all. For this reason, we re-

Walking a Prayer Labyrinth is an ancient cently built a Prayer Labyrinth for our community to use as they feel called. It is located on the Church property to the right of the large granite cross in our memorial garden. I invite you to come and take a walk on the new Prayer Labyrinth soon. #AllAreWelcome

In February, we blessed the Prayer Labyrinth for God's work in the world. I leave you with the closing prayer used for this blessing: "We ask that you bless everyone and anyone who walks this Prayer Labyrinth searching for you, for deeper meaning in their lives, and for healing of their souls. May your Holy Spirit be with them, sustaining them and may all who leave the labyrinth be strengthened to serve others in your name. We give you thanks, O God, for drawing us closer to you. Amen."

Blessings, Pastor Joshua Gyson

Samantha Taylor Fitness is Leading Women to Healthier Lives

By Karen McBride

SAMANTHA TAYLOR FITNESS HAS BEEN A PARTNER WITH DUNNDEAL PUBLI-**CATIONS FOR 17 YEARS SUPPORTING** CHRISTIAN EDUCATION BY KEEPING GOD'S WORD IN PRINT MEDIA. CAN WE **AFFORD ANYTHING LESS?**

Samantha Taylor has been helping women in the Tampa Bay area to lead healthier, happier lives for over 25 years. The certified trainer began her career by offering personal training in a large corporate gym, and she soon became the #1 trainer out of 2,000 trainers! There was such a need for people to change to a healthier lifestyle, and the company quickly grew for it was apparent that women wanted a more personal approach and felt more comfortable at a ladies-only studio.

Her first studio opened in Lutz and has expanded to include studios in Wesley Chapel, Carrollwood, Westchase, and Palm Harbor.

Since she started training, over 6,500 women have come through the doors and transformed their lives through exercise, nutrition, and new friendships. Friendships are formed through group workouts and planned social events including cooking classes, paddle board, and bowling. Accountability support groups have been created to further build on those relationships.

Members can choose from personal training, which offers a more private, customized training (either one-on-one, semi-private, or small group) or participate in a fitness boot camp led by personal trainers. The boot camp offers a faster paced, more intense large group workout.

Fitness is not only about working out. What you eat is another essential component to a healthier lifestyle. Samantha Taylor Fitness now has a licensed dietician and offers simple eating plans with delicious recipes to make in your own kitchen. Also, affordable food plans can be ordered and delivered straight to your home. The meal plan options include the popular Keto and Mediterranean diets and delicious, healthy desserts, but the dietician can now work with you to customize your plan to fit your needs.

Weekly webinars for members only and monthly nutrition seminars that are free and open to the public are offered. Be sure to check the website for upcoming dates at https://samanthataylorfitness.com/events. Learning what to eat and making simple changes to your food choices can help you not only shed body fat but also helps to boost your energy. You will begin to feel better and think more clearly.

"I think many people really underestimate how what they eat on a daily basis affects how they feel inside and out. Most people are happier, have more energy, sleep better and just feel better overall when they balance out their nutrition," says Samantha.

To find the right program for you, call 813-377-3739 or go to www.SamanthaTaylorFitness. com. Choose from five convenient locations:

2206 Knight Road Land O' Lakes, FL 34639

26908 Ridgebrook Drive, Suite #101 Wesley Chapel, FL 33545020 Gunn Highway, #270

Tampa, FL 33624

12709 Race Track Road Tampa, FL 33626

32872 US 19 N., Suite B Palm Harbor, FL 34624



3...2...1... The shot goes up... and it's in! At that last second, he makes another shot! The Eagles pull ahead even further. This player knows he has one more quarter to go, but if he keeps sinking his

shots, his team can win the game.

Basketball is, by far, the students' favorite sport this time of year. At recess, you will see many of the younger children playing a game of basketball and talk about how they are going to be "just like Johnny" when they ioin the team.

Many of our teen boys and girls are on our varsity basketball teams. Currently, our boys' team is undefeated and will be competing for first place in the tournament. They practice throughout the week and oftentimes you will see them in the early morning and on the weekend playing on the outside court perfecting their

skills. Each day they get closer to the tournament, we want them to realize the only way they will succeed is by having Godly character and working hard. By teaching them these things, our

hope is that they will carry this with them into everyday life.

Our school's sports program is opportunity we want to continue to provide for each child. From the basketballs and the uniforms to the cost for officials for home games, it takes a lot of money to keep this sports program going. We also need

to provide meals for the children when they play games off campus. Would you be willing to donate to our sports program? Choose to be a part of the Eagle's success this season!

How You Can Help:

School.HopeChildrensHome. org/Athletics/Basketball

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Women at the Well

"Women at the Well" has moved to the Land O'Lakes Recreation Complex at 3032 Collier Pkwy. and has been serving ladies for more than 30 years in Bible study. The Study "The Cross" is designed to bring us to the heart of the cross and what was accomplished on our behalf.

Teacher: Dr. Ouida Walsh R.N. Minister and Author

Who: Women at the Well (all ladies welcome) What: Women's Bible Study

When: 10:30 Wednesday Mornings

Free Purim Celebration, Wesley Chapel

Saturday, March 23, 2019 from 11:00-1:30

Purim celebrates the biblical story of the rescue of the Jewish people from annihilation by Queen Esther. It is customary at Purim to dress up in biblical costumes. Join us for our Messianic Shabbat Service, where Jews and Gentiles worship together. Enjoy our Purim play, costume parade, Davidic dancing, and food, including hamantaschen. For further information, contact Rabbi Ed Marvin, emarvin@shoreshdavid.org or 813-270-6361.

Shoresh David Messianic Synagogue of Wesley Chapel 7107 Boyette Road Wesley Chapel, FL 33545 https://www.shoreshdavid.org/wesleychapel

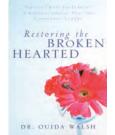
The Ceramic Garden



The Ceramic Garden is back with a new bigger location in Lutz and its popular handson Summer Art Camps for children ages 5-14, teens, and adults. Camps include hand-building with clay, pottery on the wheel, drawing/painting, glass, mixed, and textile art and run from June 3 through August 9. Space limited. Call 813-263-5948 or view details and register at www.theceramicgarden.com/art-camps. Grab \$20 off per child when you sign up by

March 30, and \$10 off by April 30. Our new studio has separate rooms for pottery on the wheel, birthday and other parties, glass art and a coffee/tea, healthy smoothies bar.

Restoring the Broken-Hearted



Restoring the Broken-Hearted is a book about connecting, and the heart is the connecting point between you and God—between you and

others. It is through your heart that God wants to change the world. In Restoring the Broken-Hearted, the book will help you discover Biblical keys for turning a dysfunctional past into a dynamic future.

Dr. Ouida Walsh is an ordained minister, licensed registered nurse, and Christian counselor.

She is married and has three children and three grandchildren. Retailers: Ingram, Spring Arbor, Amazon, Walmart. Xulon publishers.



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Books needed Jewish and non-Jewish. Please call Rabbi Uriel Rivkin for delivery (Temple Terrace, Florida) or pick-up at 813-832-3018 or email drrobertnorman@gmail.com.



"This righteousness from God comes through faith in Jesus Christ to all who believe. For all have sinned and fall short of the glory of God."

— Romans 3:22-23

Local Student Becomes a National Merit Scholar Finalist

Bishop McLaughlin Catholic High School Senior Hannah Holliday has been selected as a National Merit Scholarship Finalist. She is the only student in a Diocese of St. Petersburg high school to be named a Finalist.

To become a Finalist, a Semifinalist must submit a detailed scholarship application, in which they provide information about their academic record, participation in school and community activities, demonstrated leadership abilities, employment, and honors and awards received.

A Semifinalist must have an outstanding academic record throughout high school, be endorsed and recommended by a high school official, write an essay, and earn SAT scores that confirm the student's earlier performance on the qualifying test.

From the approximately 16,000 Semifinalists, about 15,000 are expected to advance to the Finalist level. All National Merit Scholarship winners will be selected from this group of Finalists. Merit Scholar designees are selected on the basis of their skills,



accomplishments, and potential for success in rigorous college studies, without regard to gender, race, ethnic origin, or religious preference. Bishop McLaughlin Catholic High School provides a Christ-centered education that nurtures the development of the whole person and prepares young men and women to meet successfully the challenges of our global society.

For more information on Bishop McLaughlin Catholic High School, go to https://www.bmchs.com.

One More Child Backpack Program



One More Child is excited to be meeting the needs of children who are often hungry on the weekends by providing backpacks full of nutritious food for them and their families through its Backpack Program in local schools. One More Child currently provides thousands of meals for children in locations



One More Child is excited to be meeting e needs of children who are often hungry the weekends by providing backpacks full nesses to expand!

Please visit <u>OneMoreChild.org</u> to find out how you can help children and families be happier and healthier on the weekends through your support.

Women-n-Charge



Women in Charge inducted their new member Tia Young with membership chair Kay Dunn (left) st the Feb. luncheon meeting.

Our March meeting will feature guest speaker Pamela Latour, Ph.D. with her presentation, "Why We Get Stuck in the Same Day After Day and the Way Out: Three Steps to More Love, Money and Adventure in Life."

http://www.women-n-charge.com

Free Job Fair

Free Job Fair Tuesday April 16, 2019. Held at the Dale Mabry Campus of Hillsborough Community College. 9:30am – 2:00pm. Located in the GYM. 50+ employers with hiring opportunities scheduled to attend. This event is free and open to the public.

Each HCC campus houses a Career Resource Center (CRC) staffed by professionals to assist students in selecting a career and mapping an educational pathway. The Centers offer tools and services to assess skills and interests, explore various occupations, develop résumés, and prepare for interviews. Job Fairs are held each spring and/or fall semester.

If you would like more information about this Job Fair, please contact Jean Switalski at 813-253-7310 or email at jswitalski@hccfl.edu.



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Obtaining a Medical Cannabis Card

By Karen McBride

The negative side effects of pharmaceuticals have caused patients to search for more natural forms of treatment. According to the National Center for Complimentary and Integrative Health, people have used cannabis, also called marijuana, for a variety of health conditions for at least 3,000 years.

Clinical studies on the use of medical cannabis or medical marijuana began over 20 years ago. More recently, medical marijuana has gained national attention as a growing number of states, territories, and the District of Columbia have enacted laws to legalize it.

Medical marijuana has been effective in reducing the symptoms of such diseases as fibromyalgia, neuropathic pain, Alzheimer's disease, and even helps protect against spontaneous seizures for patients suffering from epilepsy.

Other conditions that benefit from the use of medical marijuana include:

- Cancer medical marijuana is proven to be effective at treating cancer-related symptoms and treatment-related side effects, including nausea, appetite, sleep, and pain issues.
- Arthritis arthritis sufferers have found relief from inflammation, pain, and stiffness when using medical marijuana.
- Glaucoma glaucoma increases pressure in the eyeball, damaging the optic nerve and causing loss of vision. Marijuana decreases the pressure inside the eye.
- Post-Traumatic Stress Disorder ("PTSD") - One of the qualifying conditions in Florida is PTSD, which is an anxiety disorder.

Our bodies contain an endocannabinoid system, which brings balance to the other systems in our body.

The natural alternative to pharmaceuticals is successful in treating such a variety of conditions because it is also contains cannabinoids similar to those all mammals produce,

and, therefore, similar to a supplement. The supplement comes in many forms. In addition to being inhaled, it is available in a topical cream, patch, drops, nasal mist, and more to

fit the patient's needs and comfort level.

The first step in purchasing medical marijuana is to become certified by a licensed and certified medical marijuana doctor. You do not need to see your primary care physician first. Once you have been approved by the doctor, the request is processed by the state. When completed, you will receive an email and then be able to purchase medical marijuana from several locations throughout the Tampa Bay area. The supplement can be sent directly to your house.

Medical marijuana is not covered by health insurance, but it is affordable. Since it is still against federal law, insurance companies cannot cover it. To schedule your appointment, call 813-756-0091 or 844-420-7277 or visit http://certifiedmarijuanadoctors. com or http://cmmdr.com.

What our patients are saying:

"With a wide range of health problems, I came in as a skeptical wreck, and these people were so patient and understanding, and helpful. I cannot thank them enough. I am having unbelievable results. My husband said I am a different person. Things that I didn't expect it to benefit it has helped. From reducing my blood sugar, to pain, sleep, everything has been beneficial. With NO side effects. Being a very religious person, I was taught this was not good, and all I can say now, is God put it here, and it works. I tell everyone who will listen. This has dramatically changed my life for the better.'

- Carmen D.

"Therefore, if anyone is in Christ, he is a new creation. The old has gone, the new has come!" — 2 Corinthians 5:17

The Great Florida Outdoors: Limpkins & Apple Snails

Dr. Robert Norman, Clinical Professor, Dermatology, Nova Southeastern University



What are these and what birds eat them?

Limpkins (Aramus guarana) feed primarily on apple snails (Pomacea sp.) and freshwater mussels. The limpkin searches visually for snails in clear water, or by jabbing or sweeping with its bill. Once found, it turns the snail shell opening upward. It cuts through the muscle attachment and pulls out the snail in about 10 to 20 seconds. The shell is rarely broken.

Here is one of the Cornell website's "cool facts." It states, "The limpkin's bill is uniquely adapted to foraging on apple snails. The closed bill has a gap just before the tip that makes the bill act like tweezers. The tip itself is often curved slightly to the right so it can be slipped into the right-handed chamber of the snail."

https://www.allaboutbirds.org/guide/Limpkin/lifehistory

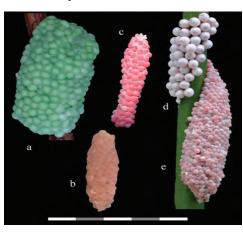


listen to the limpkin's unmistakable call). The sound of several males counter calling has been described as "one of the weirdest cacophonies of nature" (Sprunt 1954: 141).

https://www.fws.gov/refuge/Florida Panther/wah/birds/limpkin.html

Limpkins were once quite abundant in Florida but were almost totally eradicated by food-hunting humans. Further decline of limpkins in Florida, estimated at about 9.1% per year from 1966 to 1993, is primarily due to conversion of wetlands for development and agriculture.

Applesnails (Pomacea) are larger than most freshwater snails and distinct from other freshwater species by their oval shell which has the umbilicus (the axially aligned, hollow, coneshaped space within the whorls of a coiled mollusc shell) of the shell perforated or broadly open. There are four species of Pomacea in Florida, one of which is native and considered beneficial (Capinera and White 2011). Of the four species of apple snails in Florida, only the Florida apple snail is a native species, while the other three species are introduced.



Egg masses of introduced and native Pomacea spp. in the continental U.S. a) Pomacea haustrum, titan apple snail; b) Pomacea diffusa, spike-topped apple snail; c) Pomacea

Cornell Lab of Ornithology (here you can canaliculata, channeled apple snail; d) Pomacea paludosa, Florida apple snail; e) Pomacea maculata, island apple snail. Scale bar = 5 cm. (Photograph by Rawlings et al. http:// entnemdept.ufl.edu/creatures/misc/gastro/ apple_snails.htm)

Pomacea paludosa (Say, 1829), the Florida apple snail, occurs throughout peninsular Florida (Thompson 1984). Based on fossil finds, it is a native snail that has existed in Florida since the Pliocene. It is the principal food of the Everglades kite, Rostrhamus sociabilis plumbeus Ridgway, and should be considered beneficial.



It cannot survive low winter temperatures that occur in the northern tier of Florida counties and northward except where the water is artificially heated by industrial wastewater or in warm springs. It occurs as far west as the Choctawhatchee River. It is easily distinguished from other apple snails in Florida by the low, strongly rounded shell spike, and measures about 40-70 mm (Capinera and

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Is There A Biblical Basis for Taxes?



The short answer is yes! Even Jesus speaks about taxes directly, reference

Luke 20:25: "He said to them, 'Then give back to Caesar what is Caesar's, and to God what is God's."

and mortgage deductions.

Inability to pay taxe symptomatic of poor plant

Romans 13:7: "Give to everyone what you owe them: If you owe taxes, pay taxes; if revenue, then revenue; if respect, then respect; if honor, then honor."

You see, how I pay taxes is a direct reflection of my integrity. Here are a couple beliefs that I have:

- 1) Paying income taxes is not a "bad" thing
- 2) Integrated tax planning is critical to long term financial success! I work very hard for you on this, it's what I do.
- 3) Income tax planning requires legally specialized expertise. What is good for one home may be different from another.
- 4) Getting a large refund check can be a sign of poor stewardship. I know, I know, some people like that "surprise lump sum." Nevertheless.
- 5) Even Jesus and the disciples paid taxes to the Romans, and we know they disliked the Romans.

That info in itself is a lot to think about and process. Sorry. I do not have room to elaborate, but we can set aside some time to get together. But wait, there is more. I want to give you several "conceptual" ideas. Here we go!

- There is a direct correlation between income and income taxes due
- Tax reduction is a legitimate goal

James H. Willis, III

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813-948-9109
Jim@TheWillisAgency.com
www.TheWillisAgency.com
1 Peter 5:7

- Tax reduction should never be the "tail that wags the dog." Examples: Tax shelters and mortgage deductions.
- Inability to pay taxes that are due is symptomatic of poor planning. Taxes should never be a source of cash flow problems.
- Tax reduction and debt reduction are in direct conflict with one another. In order to decrease your taxes, you must decrease your income, which decreases your ability to pay off debt.
- Ultimately, all income, from whatever source, is taxed.
- Tax avoidance and Tax evasion are two entirely different things
- Disagreeing with the government is not a legitimate reason to not pay taxes
- 2 Corinthians 4:2: "Rather, we have renounced secret and shameful ways; we do not use deception, nor do we distort the word of God. On the contrary, by setting forth the truth plainly we commend ourselves to everyone's conscience in the sight of God."

And I also send with you this verse, which is a great set up for next month, Investing!

Proverbs 13:11 "Dishonest money dwindles away, but whoever gathers money little by little makes it grow."

I know this is a stressful topic on so many levels. Planning and expecting to pay taxes helps avoid increased trauma. Personally I wish there was a flat tax, but that is just me. Keep it simple and everybody plays.

Caring for you and yours,

Jim

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A Word From Our Winners



My boyfriend Jonathan and I toured Big Cat Rescue, loved it, thanks so much! Here we're taking a twofie with the most dangerous cat according to our tour guide. Before I arrived, I played a game on their app which told me which wildcat I am and turns out Priya the tigress is the one! She was napping like a princess when we arrived and folks that had been prior said she was their favorite noting her playful demeanor especially in the water. Our guide agreed sharing how she caught two vultures

just the other day, but this day she was perfectly fine with only resting in our presence. When she takes her staycation, our guide pointed out that the 24/7 camera will show her in all of her glorious action!

Fast forward, today, I was delighted to read in my journal about the joy of seeing two bobcats in the wild a year ago. I was reflecting on how all these cats will never experience the wild due to abuse of man. One of the cats was lioness, Nikita. Every day she misses the freedom. She deserves to be with her pride, let alone any cat ever. So this Valentines Day, I think of her and all the beloved cats with care!

- Kara

To My Forever Wildkat,

Wishing you still lived with us out here in the plains. You and I both know your purpose was to remain in our pride. Is it possible for you to one day forgive all your human abusers? I pray so, my love! Miss you here and happy you found your forever home at Big Cat Rescue. I wrote this post card to tell you, 'Happy Feline Love Day, my Lioness!' We'll always share our Wild Love. Pretty Young Thing, forever we are a dunndeal, eternally waiting for you here.

Love your only one, Big Cat

Thank you so much for the free month to Samantha Taylor's fitness studio! I have gone twice now and feel great. The ladies there are friendly and encouraging, as well.

Thanks again!

- Cynthia M.

I had a great time at the fair this past weekend. I thank you for the tickets and will continue to enter contests. Thanks so very much!

- Cary D.



Tickets On Sale Now!
AMALIE ARENA | MAR 21 - 24

DisneyOnIce.com



Pediatric Place of Tampa Offers After-Hours/Urgent Care

By Karen McBride

after school activities and summer programs. According to the CDC, "Getting an annual If you have not already scheduled your flu vaccine is the first and best way to protect child's school physical or sports physical, it is not too late. Don't wait until the end of the school year to schedule your child's physical for any summer programs he or she may be involved in.

Contact Dr. Michele Johnson-Towson at Pediatric Place of Tampa, a board-certified pediatrician with 30 years of experience in caring for children ages newborn to 21 years old. The cold and flu season is here. Flu season peaks from December to February, but it can last until May, according to the Centers for Disease Control and Prevention ("CDC"). Germs are spread quickly through the schools, and children need to protect themselves from illness as much as possible.

In addition to proper sleep and nutrition to boost their immune systems, vaccines are available. Parents are encouraged to get the flu shot, not only for themselves, but for their children. The flu shot, which contains coverage against the influenza A&B strains, is avail-

As the new year begins, it can mean new able in proper doses for ages 6 months and up. yourself and your family from the flu."

> Pediatric Place of Tampa is located at 1338 W. Fletcher Avenue, Tampa, FL 33612. For more information or to schedule an appointment, call 813-264-2288. Same-day appointments are available (Monday-Friday 8:00am - 3:30pm).

> Knowing all too well that families can be in need of a doctor at any time, Pediatric Place offers after-hours/urgent care (Monday-Thursday 3:30pm – 7:00pm; Friday 3:00pm - 5:00pm; Saturday 8:00am - 12:00pm) as a special accommodation to their patients. New patients are welcome and the practice accepts all insurance.





It's Never Too Late to Become a Black Belt

Mon.-Fri. 8am-3:30pm • By Appointment

Urgent Care: Mon.-Thur. 3:30pm-7pm • Fri. 3pm-5pm • Sat. 8am-12pm

By Grand Master Zico Cheng (7th Degree Black Belt) John Prevatt Karate, 1916 Oak Grove Blvd., Lutz (813) 948-4004

A senior citizen, Ms. Kyoko Wright has earned her black belt title at John Prevatt Karate-Lutz. I met Kyoko 16+ years ago while her son was practicing Tae Kwon Do. Her enthusiasm toward fitness later directed her to kickboxing, the regimen she follows to date.

★ Se Habla Español

Several years ago, Kyoko and other women in my kickboxing class showed some interest in Tae Kwon Do training under my guidance. I encouraged them to start training as a group and eventually earn their black belts.

The novice students steadily transformed into confident higher belt rank students. Despite losing some members under unexpected life's circumstances, Kyoko and the other senior member continued their training. Their desired path to black belts was right around the corner. At last, they both successfully achieved their shared goal; as one says "Never say never."

Recently, Kyoko enrolled in our school's latest program, "MAX". Guided by Grand Master John Prevatt (9th Degree Black Belt), students are trained to master their advanced weapons forms while developing endurance and strength. As the school's director, I plan to form a private women's group (focused on older ages) who always wanted to train in martial arts but thought they were too late or too old to take it on.



An Act of Kindness: The Good Samaritan

Jesus answered, "A certain man was going down from Jerusalem to Jericho, and he fell among robbers, who both stripped him and beat him, and departed, leaving him half dead. By chance a certain priest was going down that way. When he saw him, he passed by on the other side. In the same way a Levite also, when he came to the place, and saw him, passed by on the other side. But a certain Samaritan, as he travelled, came where he was. When he saw him, he was moved with compassion, came to him, and bound up his wounds, pouring on oil and wine. He set him on his own animal, and brought him to an inn, and took care of him. On the next day, when he departed, he took out two denarii, and gave them to the host, and said to him, 'Take care of him. Whatever you spend beyond that, I will repay you when I return.' Now which of these three do you think seemed to be a neighbor to him who fell among the robbers?" He said, "He who showed mercy on him.'

— Luke 10:30–37, World English Bible Then Jesus said to him, "Go and do likewise."



WOULD YOU LIKE TO SAVE A LIFE OR MAKE A DIFFERENCE?

Well, you can by volunteering at Oasis Pregnancy Care Centers

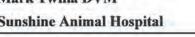
Looking for Christian, pro-life women volunteers to serve in Land O'Lakes, Tampa, or Wesley Chapel. One 3-4 hour shift per week. Various positions available. No experience required as we will train you. Bilingual a plus but not a must.

Call April today at 813-406-4965 or http://heartsforoasis.org/volunteer



COMMUNITY PET NEWS

Mark Twilla DVM





Canine Influenza

Canine Influenza virus (CIV) is a highly contagious disease that spreads easily from dog to dog. Unlike the human flu, canine flu can occur at any time of the year. There are two strains of the flu. It is believed that the first strain of canine influenza came to the United States from Asia. The first recognized outbreak of canine flu (H3N8) in Florida occurred in 2004 at a greyhound track. Today, Florida, including the Tampa Bay area, has both strains of canine influenza present.

Symptoms: Common CIV symptoms include cough, fever, rapid breathing, lethargy, and lack of appetite.

Dogs that are high risk: All dogs are at risk but especially ones that visit dog parks, boarding facilities, kennels, day care centers, groomers, pet shows, and sporting events.

How is it spread? Canine influenza is an airborne virus spread from respiratory secretions via coughing, barking, and sneezing. It can also be transmitted indirectly through bowls, toys, clothing, or the hands of a human.

What is the treatment? Veterinary expertise is required to establish the best course of treatment. Secondary treatment options will largely depend on the lifestyle of your dog. In November of 2015, Merck Animal Health received approval for its Canine Influenza vaccine. Sunshine Animal Hospital has been working with Merck Animal Health and is a provider for the Canine Influenza vaccine.

For more information or to make an appointment for your pet, Please call us at Sunshine Animal Hospital. 813-885-7071



Phone: 813-949-4411



Walk For Life is a two-mile, fun, family-friendly celebration of Life that is held Saturday of Mother's Day weekend each year. It's the most important two miles you will ever walk! Simply raise pledges and you WILL help save lives!

Register to become a Walker at iwalkforlife com

The Walk supports New Life Solutions Family of Ministries, including A Woman's Place Medical Clinic, More 2 Life Youth Development Program, and Passages of Hope Abortion Recovery Program.

This year's date and time is Saturday, May 11, 2019

- Walker Check-In: 8:00 AM 9:00 AM
- Walk Starts: 9:00 AM

4 Convenient Locations:

Hillsborough

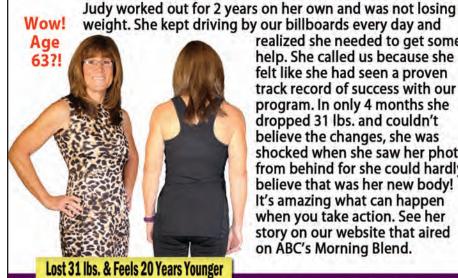
- South Tampa Fellowship-Ballast Point Location

- Clearwater at Countryside Christian Center
- Largo at First Baptist Church of Indian Rocks
- St. Petersburg at North Shore Park by the Pool

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How is your Body Transforming? Are you Ready for Help?

Don't let another month go by without seeing results



realized she needed to get some help. She called us because she felt like she had seen a proven track record of success with our program. In only 4 months she dropped 31 lbs. and couldn't believe the changes, she was shocked when she saw her photo from behind for she could hardly believe that was her new body! It's amazing what can happen when you take action. See her story on our website that aired on ABC's Morning Blend.

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- Land O' Lakes

Book your Complimentary Body Transformation Analysis Today!

(813) 377- 3739 Palm Harbor

Samantha Taylor Fitness.com



Samantha Taylor Samantha Taylor Fitness

One day I was working at the large corporate gym I used to train at before I opened my own studios for women and I was watching all the different people coming in that were there regularly and were in great shape.

They seemed like they would never live their life any other way. I wondered what was the difference between someone like that and someone that struggles with being fit and making it a priority in their life?

people who were fit really see themselves as someone that is fit and healthy and they will accept no other way. And that they would feel uncomfortable if they were not working out or eating unhealthy and not taking care of their body.

It becomes part of their identity and part of who they are and to do anything different than that would not be consistent with who they see themselves as.

I heard somebody say many years ago, "One of the strongest driving forces with a person is to stay consistent with their identity." So if you want to become someone that exercises and works out and makes it a part of your life,

Building Healthy Habits

you need to start seeing yourself as someone that lives your life like that.

It doesn't happen overnight, it is a process of behaviors and patterns that develop over years. The main thing to realize is that you have to start somewhere. If you've never been a person that really made exercise and being a healthy weight a part of your life, then you need to start at the beginning. But if you don't start now when will you ever start? And will it be too late if you continue to wait? I encourage you to take action and start to build those healthy habits now so you can start to see yourself as someone who is fit and healthy.

If you are someone who always saw yourself as fit and you find yourself not being true to yourself and you overweight now, I also encourage you to take action and take that step I really think it has to do with that the and do something about it. Don't let it continue not being true to yourself another day.

> We have so many amazing resources for our clients, 30-minute workouts, we have personal training and we offer a fitness boot camp. We also help you with the nutrition and accountability plus we have weekly webinars. And next month we will also have a full-time licensed dietitian on staff that can customize eating plans to fit your particular needs.

The #1 thing our clients tell us is they have seen my ads for years before they did something. Don't let years go by that you are not looking and feeling amazing! Life is too short to miss out on that! Call 813-377-3739 or go to www.SamanthaTaylorFitness.com.

Tampa Bay Dance Club

March 15 DJ Joey Royal / Dinner - Chicken Marsala & Trimming & Desert March 29 Singer Karen Kallen – Little Ms Dynamite

Location: 5601 Hanley Road, Tampa, Florida 33634

Everyone is welcome, dress code is causal. Admission Cost: \$8.00 for everyone. Doors open at 6:30pm, dance starts at 7:30pm and ends at 10:30pm.

Website: tampabaydanceclub.com

1. Therefore, if anyone is in Christ, ____



Dr. Douglas Wingate, Ph.D.

Life Christian University

Every Christian has a divine purpose on the Earth that the Lord has positioned them to fulfill. We must keep in mind, however, that life on this Earth is not really about life on this earth. This life is just a test to determine how we will be positioned with the Lord concerning rewards and responsibilities throughout our real life, our eternal life. Eternity in Heaven for born again Christians is the real life; the one that lasts for quadrillions of quadrillions of years.

"Life without end" should sound familiar to everyone who has ever heard the basics of the Christian faith, but few realize that everyone, not just the preachers, are responsible for fulfilling our Divine Assignment. Our success in doing that will determine how we are going to spend our time throughout the real life, the eternal one.

When we look at the condition of our nation, and even the modern church, you might be hard pressed to find anyone who even remotely cares about an individual purpose from God. Of course this is just as our enemy, Satan, desires. Simply look at the entire Earth and its immoral direction, and we can see that we face a global opposition from our enemy, Satan. We don't expect much change from the barbaric places that have been immersed in false religion for centuries, but when the nations which formerly embraced the faith of our Lord Jesus turn to such wickedness, we can't help but think that time is running out for this Earth.

Nations have jettisoned the sanctity of unborn human life, like those of Canaan who sacrificed their children to the god Molech, burning them alive in a furnace. And they killed them in hope of a good harvest season, just to satisfy their greedy bellies. Un-

Pushing Back Against The Devil's Opposition

fortunately, America has led the way in this abomination due to our advanced medical technology and our retarded lack of basic morality and human decency.

The whole world seems to be on a celebration of gender fluidity, identifying nearly 100 potential choices. The Bible reveals the only truth available to mankind and tells us in Gen. 1:27, "So God created man in His own image; in the image of God He created him; male and female He created them." The next verse tells them to be fruitful and multiply. Any combination that can't multiply, "procreate", is simply not according to God's design and cannot receive his blessing.

Entertainers and athletes in our culture have determined to appear as strange looking as they can, even as though they came from another planet. Now it seems that you can't be the lead pastor of a modernist church without copying their bizarre faddish appearance. I wouldn't be accepted to preach truth and wisdom in some of these churches because I occasionally wear a tie, and I always wear socks.

All the while, there are those of us who radically committed our lives to the Lord and have never departed from our relentless pursuit of the presence of God and His holy anointing. I don't say that with any sense of self-righteousness, because when I received the Lord 45 years ago, I was a drug-addicted professional rock drummer. In the process of our relentless pursuit, we have all found what I call the great pushback from Satan. When we have this opposition, this pushback, we simply must determine to push back even harder, knowing that our failure can only come if we quit, and our victory will only come if we never stop pushing back. We do need to stand with one another and push back together in order to get the quickest and best success.

Let me tell you a push back testimony from my own life. In November 2016, I began holding healing services for LCU. With today's modern technology, I knew we could

Continued on Page 8

Enter to Win! Family Pack (4) tickets to Disney on Ice (value \$38 per ticket) Amalie Arena Fill in the Verses (answers are found in the paper!) Must Receive Entries By March 15 - Show Runs 3/21-3/24!

- 2. Now if we are children,
- 3. This righteousness from God _____

Share your experience with other readers by sending a note & photo to edit@ddpnews.com.

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Aviation Ministry Support Association

Continued from Page 1

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Missions are not just for evangelists, preachers or those with Biblical degrees. Each one of us can open our hearts and understand we all have a purpose within the "Body of Christ".

AMSA helps educate those who come to Sun 'n Fun of the missions around the world, while helping to build valuable relationships with pilots and those in the aviation industry.

AMSA hopes to open the eyes of participants to the opportunities to volunteer locally and out on the mission field. By attending the Sun 'n Fun event, it may "open doors to new people that want to get involved in different ways, ultimately opening doors to new efforts and resources that may not have been available before seen by those who want to get involved."

The Sun 'n Fun is an annual event, and will be held April 2-7, 2019. Participants include owners from all over the United States and Canada who fly their aircraft to the event. Many pilots fly their own vintage, homebuilt

aircraft or restored ex-military aircraft.

The kickoff will begin with a "Big Gathering" on Monday, April 1, at 6:00 pm. The mission aviation organizations that AMSA invited will be there. The event will be held at Ardella Baptist Church in Lakeland. This is a ticket event and people can register on the web site at www.masafl.org.

The missionaries are also available to speak at local churches to further spread the word about their missions. If you are interested in having a missionary speak at your church, contact Dave McClamma, AMSA Chairman, at 863-640-1461 or dave.mcclamma47@gmail.com.

If you would like to volunteer to provide food, shelter or transportation for participants, please contact Kathy Hoover at 407-579-9380 or khoover3@tampabay.rr.com. For more information on the aviation ministry, go to https://www.masafl.org or find them on Facebook at https://www.facebook.com/masafla. For the Sun 'n Fun event schedule, go to https://www.flysnf.org/sun-n-fun-intl-fly-expo.



A Tip For Your Spirit

March is: Knowing Who You Are In Christ

Next to knowing God, knowing who you are in Christ is one of the most important things to know. If you want to walk in confidence. if you want to live in peace, then it's time to discover this important truth.

"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do". Ephesians 2:10

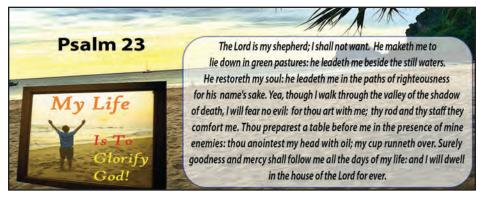
Lots of Winners the First 2 Months of 2019

60 Florida Strawberry Festival admission tickets were awarded to 29 Winner for the February contest!!!!!

Everyone who completed an entry for the Renaissance Festival in the January issue received admission tickets. Over 200 tickets were awarded!!!!!

"I made myself another job - opening envelopes, counting tickets, and mailing prizes out," says Kay Dunn!!!





"Now if we are children then we are heirs - heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory."

— Romans 8:17



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- * Many folks want to serve God, but only as an adviser.
- * Do you think "stop, drop, and roll" will work in Hell?
- * Some minds are like concrete: thoroughly mixed up and have permanently set.
- * God loves everyone but probably prefers "fruits of the Spirit" over nuts!
- * The good Lord didn't create anything without a purpose, but mosquitoes came close.
- * Opportunity may knock once, but temptation bangs on the front door forever.
- * Quit griping about your church! If it was perfect, you couldn't belong.
- * If your church needs a better pastor, it only needs to pray for the one it has.
- * The best mathematical equation is 1 cross + 3 nails = 4 given.
- * God Himself doesn't propose to judge a man until he's dead. So why should you?
- * Don't wait for six strong men to take you to church.
- * We don't change the message, the message changes us.
- * Why advertise your business to keep God's word in print media? He will give you somthing to sing about and something you can dance to.

AVAILABLE NOW!

Pushing Back Against the Devil's Opposition

Continued from Page 8

make these services available to all of our students at our extension campuses throughout the whole world. When I was a student at Rhema, I attended and then ushered at healing school with Brother Hagin for one and a half years. We were all on one campus, so the opportunity to attend was extended to all students. I had to wait until today's technology allowed us to offer the same training and opportunity to receive supernatural healing. We stream our services on our LCU Facebook page and archive them all on our www.divinehealing.faith website.

The very first week that we started, I also conducted a healing service in a church the following Sunday morning. I even saw a vision of God's glory cloud come rolling in at the end of the service.

Right before getting into the car to leave, I felt a pressure in my chest and my arms went numb. I ended up having to spend the night at the hospital because I had to have a stent placed in the LAD artery of my heart.

Well I knew that this was just the pushback of the devil because I had no potential causes for this physical weakness, and there was no plaque blocking the artery, it simply collapsed. Satan wasn't happy that I started healing services, so he tried to intimidate me to stop. He can send spirits of infirmity to do his handiwork. So I had to determine to push back even harder. Now I can testify that we have had great success in our healing services, and I have even conducted a number of healing revivals.

When I went back to my cardiologist for an annual checkup last year, he commented on how healthy I was and how open all the arteries of my heart were. He even emailed my family doctor reporting to him how healthy I was. I had to go to my dentist the next week for a cleaning and my dentist stated, "Boy, your gums are really healthy. He then asked, What are you doing?'

I didn't tell him exactly about the healing services, but I did say something about putting the Word in my mouth. Well, I knew it was from declaring the healing Word of God to others and watching the results happen in their bodies, but I was also getting all of the benefits of pushing back against the devil in my body as well. I knew that I felt great, but it is also great to get a confirmation from your doctors declaring how well you are doing physically.

I was recently at the Kenneth Copeland ministers conference when I got word that an LCU graduate friend of mine had to go the the hospital with a staph infection in his leg. He is the Senior Pastor of a bilingual church, one that I had conducted a healing crusade at. I called him as soon as I got back in town so that I could stand with him to push back against the devil with him. He immediately bore witness to what I was saying and invited me to preach for him that Sunday.

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His wife had just asked him if he could have a replacement preach since he just got out of the hospital. He had called his associate only to discover that he was in the hospital because his dog had just mauled his hand.

He required surgery that Sunday morning. We knew we were in a pushback war with the devil. Well, we had a powerful service indeed, with prayer for the pastor, even though he felt well enough that he provided the Spanish interpretation for me.

Today's committed ministers need to stand in unity with one another. We definitely must be lights shining in the darkness. Our jobs are to convince those who think of themselves as simply rank and file Christians that each one of their assignments is of equal importance to the Lord. Even if someone lives to be 120 years of age, the Bible calls this life a vapor. That is like the vapor that you expel from one

breath, and when you compare that to how long eternity is, it is hard to believe that so many are squandering their eternal rewards for the foolishness of temporal fleshly desires and shallow distractions on this Earth.

I can't go into all of the scriptures here that refer to our eternal reward consisting of eternal responsibilities and positions, but I don't think that we will sitting around on clouds playing harps forever and ever. There has to be a grand purpose to God creating a new heaven and a new earth. I believe that He will fill it with His eternal family, and we will all have corresponding rewards and responsibilities according to our earthly faithfulness.

Let's stand together as we push back against the devil, leading others into following the divine purposes for their lives. Remember the words of our Lord Jesus from Mt. 25:21, "His Lord said to him, "Well done, good and faithful servant; you have been faithful over a few things, I will make you ruler over many things. Enter into the joy of your Lord."

Dr. Doug Wingate,

President and Founder of Life Christian University

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Florida Woman to Attend the United Nations Council on Status of Women

Submitted by National Episcopal Church Women Staff Writer John Wilkerson



This coming March, Karen Patterson from Dade City, FL, will attend the United Nations Commission on the Status of Women (UNCSW). She will travel to New York for the March 11 - 22 convention.

Her appointment as a representative was announced by Episcopal Church Presiding Bishop and Primate Michael Curry. "I was

chosen because of the work I do; working with older women who are not able to take care of themselves: guardianship appointed by court," Ms. Patterson said. In all, eight women representatives from across the United States, Europe, and South

America will assist Bishop Curry.

Ms. Patterson's professional background lends credence to her desire to support women's issues. She said, "A large percent of women are in need of later-in-life support because they live longer. They need assistance in applying for whatever benefits they can obtain. Nursing homes are expensive and most of them don't have the funds to pay for long-term care. We have to find any assets they may have, find if they're entitled to pensions, social security, deceased husband benefits, and make application for Medicaid."

The National Episcopal Church Women (ECW) is another organization that receives her support. The ECW is a Christian women's group dedicated to the betterment of all women and girls throughout the world. It was her leadership at the ECW, coupled with her court-appointed guardian knowledge, that

prompted Bishop Curry to appoint Ms. Patterson as an official delegate. In 2018 she was elected president of the international, non-profit Episcopal Church Women.

Her three-year-term as ECW president will focus on helping younger women. "We are looking at the issues in society that women have to face. Women are usually the caregivers for their parents. Sometimes it's the son but normally it's the daughter. We want to let them know that we have information that can help them. Many of these women are looking for educational opportunities to assist with employment and family care. We have speakers and resources that are centered on problems in society."

"I was raised that whatever I had, I was blessed, and it was my responsibility to do for others." Her words ring true as to how she gives back to the local community as well as taking on social causes that affect women across the globe.



What;#@%aaugh... You know I was reading the Dunndeal Gazettes this month and it made me feel that things are starting to get better. There's something about that silly paper that makes me feel good! I think it may have something to do with the tickets I received in the mail the other day for playing their games, anyway, I just came by to see if you would like to go to the Renaissance Festival with me.



By whom also we have access by faith into this grace wherein we stand, and rejoice in hope of the glory of God.

- ROMANS 5:2 KJV



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Samantha Taylor Fitness



Samantha Taylor

When my personal training career started in this area over 17 years ago, Mark Dunn called me and asked if I wanted to be a part of their paper. I was new in business in this area and knew I had to get my name out there, so this was the first media outlet I had ever advertised in. As people started to hear about what I offered, through THIS paper, my name started to get out in the community, and in a few years I became the #1 producing personal trainer in the large gym I was in, out of 2,000 trainers!

When it was time to go out on my own, God used THIS paper to give me the confidence that I could find clients outside of that gym. I knew I must, because I wanted to create an environment for women that didn't want to be in a gym. That wanted a safe place they could work out and not feel judged. I also enjoy catering to Christian women who liked that our studio cared about that.

Now we have trained over 6,000 people, have 17 trainers, won the Small Business of the Year Award by the Chamber, give free seminars to the community, and started a meal prep service delivered to your home. We opened our 5th location in Palm Harbor, and we just moved our Wesley Chapel location into a new building that we own. We also have Land O Lakes, Carrollwood, Westchase, and more to come!

I thank God for bringing this paper into my life, and I am SO grateful, for they helped give me the original confidence that I could build this business, and look what its turned into and the amount of people we serve! The owners, Mark and Kay, are some the nicest, most genuine people you'll ever meet and I appreciate how they honor Jesus Christ in this paper. It's such a blessing to partner with them, and I'm happy to know that I am the longest advertiser in the last 17 years!





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