



**Oasis Pregnancy Center Celebration** 

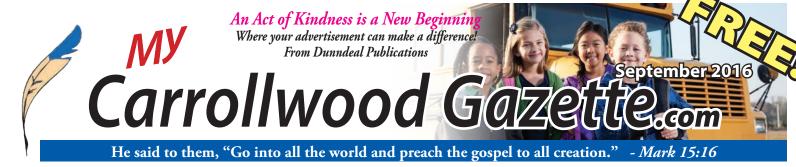
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Declaration of Dependence on God

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### How to Keep the Sabbath

By Doug Batchelor

What does the Bible mean by keeping the Sabbath? Christ had a number of conflicts that are written in the Gospels. He never said you shouldn't keep it. He just told us how to keep it. This was a very important subject because scripture has been neglected by much of Christianity.

I had a pastor friend say to me one day, "Brother Doug, why are you making a big deal about the Sabbath day? I know you worship God on the Sabbath day. But I worship God every day!"

"But I too worship God every day also. It's not just about worship."

"You're right," he said. "You're also supposed to rest."

And I replied, saying, "But if you rest every day, you're not just being holy, you're just being lazy. What we're talking about are different things."

In 1924, Eric Liddell was a dedicated Christian and he was a very fast runner, so fast that he was chosen to represent his country, France, to run in the Olympics of 1924 in the 100 meter event. But after he got there, they were having final time trials and it just happened to be on Sunday, and he said, "I cannot participate in this."

So they asked him why, and he said because the Sabbath was a holy day and as a devoted Christian, he could not run. All of a sudden the team and the country were put in a great quandary about what to do. So they brought in the church leaders to try to pressure him to run, saying, "Eric, it's the Olympics, just do this once. God will understand." Eric said, "It's a holy day, and I'm not going to compromise it."

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## **Auto Accident?**

## Slip and Fall?

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**Walk-Ins Welcome** 

#### Presentation of the Ark of His Covenant

All of these Old Testement "Types and Shadows" are where the Spirit of God hid the New Testement and is explained in the Apostles' writings. With this being established emphatically by the Book of Hebrews, we go on into the most holy and important of illustrations that God Himself established, The Ark of His Covenant.

The second-most important aspect of the Ark is that it is not just a part of the Old Testament because

it was built by Moses. In fact, it is truly appointed as a New Testament object and teaching. The reason being was that the first sets of tablets, "the Ten Commandments" were never placed in the Ark of the Covenant. That set began with this statement:

(Ex 20:2) "I am the LORD thy God, which have brought thee out of the land of Egypt, out of the house of bondage."

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## Big Brothers Big Sisters 100 Men in 100 Days Campaign



Big Brothers Big Sisters of Tampa Bay is launching its annual campaign to enroll more male mentors, called 100 Men in 100 Days, and the need has never been greater. There are hundreds of Tampa Bay children facing adversity on the organization's waiting list, and the vast majority of them are boys seeking a positive male role model in their lives.

The campaign kicks off on Wednesday, August 10 and runs through November 18. The goal is to surpass last year's response, when more than 300 applicants were collected from potential male volunteers.

Big Brothers Big Sisters is the oldest and largest youth mentoring organization in the nation and has been operating in the Tampa Bay area for more than 50 years. The agency matches caring adult mentors (called Bigs) to boys and girls

(called Littles) who are facing any number of challenges including living in poverty, coming from a single-parent home, living with a relative, or having a parent who is incarcerated. The program boasts an impressive success rate, with 97 percent of the children matched for more than a year in 2015 adstaying out of the juvenile justice system.

Volunteers are carefully screened and trained before being matched with a child. Bigs are asked for a minimum 12-month commitment in the school-based program, where they see their Little one hour each week during the school year. And they are asked for a minimum 15-month commitment in the community-based program, where they pick up their Little from home (typically on the weekend or in the evenings) twice a month and engage in activities of mutual interest—going to ball games, hiking/biking, spending time at the beach, etc.

Anyone interested in becoming a Big can get started by attending one of our Big Orientation & Training sessions. For a complete schedule of sessions near you, got to our website at www.bbbstampabay.org and follow the "Volunteer" links. And check the website regularly for a list of 100 Men in 100 Days events.

Watch a 100 Men in 100 Days video at https:// www.youtube.com/watch?v=DXvz5u0ryvY.

About Big Brothers Big Sisters of Tampa

Big Brothers Big Sisters of Tampa Bay is part of the nation's largest donor and volunteer-supported mentoring network and holds itself ac-

countable for children in its program to achieve measurable outcomes such as educational success, avoidance of risky behaviors, higher aspirations, greater confidence, and better relationships. Partnering with parents/guardians, schools, corporations, and others in the community, Big Brothvancing to the next school grade, and 99 percent ers Big Sisters carefully pairs youth, or 'Littles', with screened volunteer mentors, or 'Bigs', and monitors these one-to-one mentoring matches throughout their time in the program. Big Brothers Big Sisters provides children facing adversity-often of single or low-income households or families where a parent is incarcerated or serving in the military—with strong and enduring, professionally supported one-to-one mentoring relationships that change their lives for the better forever. In 2015, nearly 3,000 children were paired with mentors in Hillsborough, Citrus, Pinellas, Pasco, Polk, Hernando, and Sumter counties. Visit the website at www.bbbstampabay.org.



# Faith & Hope Care Center

The Care Center was established first as a healing center for individuals seeking a safe and encouraging place where they can be restored and comforted from life's hurts. The Care Center is a solid, balanced, inter-denominational ministry that is recommended by both Christian ministries and alternative faith-based health and healing organizations. Faith & Hope Care Center offers anonymity and confidentiality in a secure, faith-based environment. Our fees are on a sliding scale based on income. CALL US TODAY AT 813-415-6756 TO SCHEDULE AN APPOINTMENT.





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Urgent Care: Mon.-Thur. 3:30pm-7pm • Fri. 3pm-5pm • Sat. 8am-12pm

#### Christian Pre-School in Carrollwood

Anne Childers, Staff Writer



Hope Effect Day School Director Desirae Hamrick is excited to provide a new pre-school option for local parents and children ages 1-4. The full day faith-based program opening in September will operate from 6:30am to 6:00pm Monday -Friday and feature outstanding child care at a reasonable cost.

As an extension ministry of MorningStar Church, 5102 W. Linebaugh Avenue, Hope Effect Day School will teach the faith-based WEE Learn Curriculum.

Books, music, nature, and toys will be used to illustrate Christian fundamentals and academic skills in learning centers and group activities. Critical thinking, problem solving, and self-control will be taught in a loving, Christ-centered atmosphere with a focus on your child's social, spiritual, and emotional well-being.

All activities are designed for understanding God, Jesus, and the Bible, as well as church, self, and family. Parental workshops and family events will be part of the overall learning experience. Hope Effect Day School would be honored to share these formative childhood years with you and your children. Call 813-252-8613 for additional information and/or to schedule a tour. See the ad in this paper for a \$25 discount on registration. Now accepting applications.



## Louisiana Flooding: Red Cross Helps 8,000+

American Red Cross disaster workers are 99 degrees outside and more than 100 roads with a safe place to stay and food to eat demaking it challenging to get relief supplies to where they are needed.

worst natural disaster to strike the United States since Superstorm Sandy," said Brad Kieserman, vice president, Disaster Services Operations and Logistics for the Red Cross. "The Red Cross is mounting a massive relief operation which we anticipate will cost at least \$30 million, and that number may grow as we learn more about the scope and magnitude of the devastation."

Red Cross disaster volunteers have been to update their status on Facebook and Twitter. mobilized from all 50 states, the District of Columbia, and Puerto Rico to help with the Louisiana relief efforts. More than 80 volunteers from Florida have been deployed to help families in Louisiana. The Red Cross is also mobilizing over 60 disaster response vehicles, nearly 40,000 ready-to-eat meals, and dozens of trailers filled with shelter and kitchen supplies. See more about the Red Cross response here.

"People in Louisiana urgently need our help now," continued Kieserman. "Please consider making a financial donation to the Red Cross today."

#### How To Help

People in Louisiana are facing a dire situation. Floodwaters still cover neighborhoods. An estimated 25,000 homes are damaged, affecting at least 75,000 people. Thousands of people have no power when it feels like volunteer application.

helping thousands of Louisiana residents are closed. People can donate by visiting redcross.org, calling 1-800-RED CROSS, spite closed roads and continued flooding or texting the word LAFLOODS to 90999 to make a \$10 donation. Donations enable the Red Cross to prepare for, respond to, and "The current flooding in Louisiana is the help people recover from these disasters.

#### **Finding Loved Ones**

Residents of the affected areas can connect with their loved ones by using the "I'm Safe" button on the Red Cross Emergency App which is free and can be found in the app store for someone's mobile device by searching for "American Red Cross" or by going to redcross.org/apps.

People can also visit www.redcross.org/safean-Monday night, more than 8,400 people dwell to register on the Red Cross Safe and Well sought refuge in 36 Red Cross and commu- website, a secure and private way that friends nity shelters in Louisiana. More than 1,000 and family connect. The site also allows people

#### **Joint Relief Effort**

The Red Cross is working closely with the entire response community to coordinate relief efforts and deliver help quickly and efficiently, keeping in mind the diverse needs of the community. Some of the organizations sending help to the area include Southern Baptist Disaster Relief, the NAACP, Islamic Relief USA, Church of the Brethren Children's Disaster Services, Save the Children, AmeriCorps National Civilian Community Corps, AFL-CIO, Verizon, Duracell, Institute of Electrical and Electronics Engineers, Baton Route YMCA, and Church of Jesus Christ of Latter Day Saints volunteers.

#### Become A Volunteer

To become a Red Cross volunteer, visit redcross.org today to learn more about volunteer opportunities and how to submit a

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### **Grace Lutheran Church Events**

#### God's Work - Our Hands

Sunday, September 11 is an opportunity to love and serve our neighbors through various service opportunities at Grace Lutheran Church at Carrollwood in Tampa. Many projects for the day have been planned including making fleece hats for the homeless, making quilts for Lutheran World Relief, and helping at Metropolitan Ministries. High school youth will also be serving at Give Kids the World in Orlando.

Service projects continue to be developed and anyone with a service project idea is asked to call the church office at 813-961-8747. You don't need to be a church member to participate. Call Grace Lutheran at 813-961-8747 for further details and to register. Looking forward to you joining us on September, 11 at 12:15pm at Grace Lutheran Church at Carrollwood, 3714 W. Linebaugh Avenue, Tampa at the corner of N. Dale Mabry and Linebaugh Avenue.

#### "An Afternoon With The Classics"

Sunday, September 18 at 4:00pm, Grace Lutheran Church at Carrollwood will present a concert of classical music.

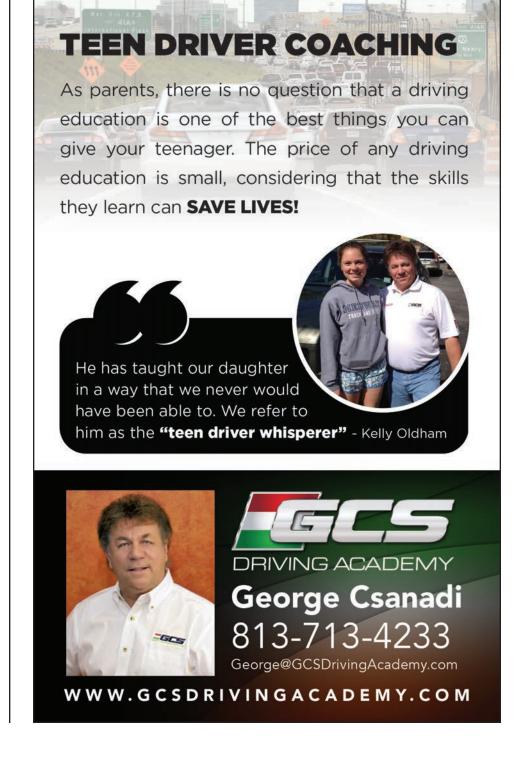
The concert will feature Robert Smith, principal trumpet of the Florida Orchestra, Lisa Katt Watson, soprano and James Sawyers, Jr. organist/pianist.

Musical selections include the works of J.S. Bach, Franz Joseph Haydn, Wolfgang Amadeus Mozart, George Frideric Handel, Franz Schubert, Cesar Franck, Herbert Howells, and Henry Smart.

Grace Lutheran is located at 3714 West Linebaugh at the corner of N. Dale Mabry and Linbaugh Avenue. Call the church office 813-961-8747 if you have questions.

The program is funded through the "Faith in the Arts" Endowment Fund. A free-willoffering will be taken to support the ongoing music ministry at Grace.





## **Community Involvement**

Women-n-Charge



Members and guests of Women-N-Charge enjoyed an August networking afterhours at !Cuatro, the Tampa Players Club restaurant in Lutz. Women -N-Charge holds regularly scheduled afterhours in addition to monthly luncheons to benefit the businesswomen of northern Hillsborough and Pasco Counties.

#### Keep It Local: Kingdom **Business Alliance**

Keep It Local: Kingdom Business Alliance meets Thursdays at 7:15am at Holy Trinity Lutheran Church on Leonard Road in Lutz. The Christian Networking Group is seatspecific and visitors are always welcome. A continual breakfast is available while members network and share business information. There is a friendly spirit of competition for weekly trophies. Recent winners are (left to



Warrior Run II

Warrior Run II participants assemble at the starting line on August 20th for the fundraiser to benefit Xavier Johnson and Colt Exum.



Sadie Gamble, age 88 and the oldest Womenn-Charge member, celebrated her birthday with daughter Anne Childers on August 5th at the monthly Women-n-Charge lunch meeting.



right) Judy Nicolosi, Real Estate Specialist for most "one- on one" meetings, and Anne Childers, Staff Writer for The Gazettes, for most invited guest.

Kingdom Business Alliance president Steve Hooper presents member Annette Hall with a check for the Warrior Run II Fundraiser. KBA members contributed an additional \$75.00 while participating in this event, bringing the total to \$475.00 raised for Xavier Johnson and Colt Exum, two local high school students who have suffered traumatic brain injuries.



## Pamper Your Pets with Paradise Paws

Anne Childers, Staff Writer



Paradise Paws is a locally owned and operated full-service pet care boutique conveniently located at 2102 W. Busch Boulevard.

Owner Valarie White was a corporate trainago. Valarie has a long history of caring for <a href="www.ParadisePawsTampa.com">www.ParadisePawsTampa.com</a>.

animals that includes being an animal trainer for the Miami Metro Zoo. The full-service pet care boutique specializes in grooming, training, pet sitting and retail for dogs and cats.

Paradise Paws is really a concierge service where your pets get the exercise, love, and dedicated care that is just right for them. Choose overnight care in your own home or with a dedicated staff member. Grooming is by scheduled appointments.

Paradise Paws is fully licensed, bonded, and insured. Paradise Paws is a proud member of Pet Sitters International (PSI) and the Carrollwood Area Business Association (CABA). Hours are Tuesday - Friday from 10:00am - 6:00pm,Saturday 10:00am - 5:00pm. Call er before she took a leap of faith and opened 813-944-2012 for a full list of services and her own business in Tampa over four years additional information or visit our website at





## Were Your Clothes Too Tight this Morning?

Get rid of body fat, regain your figure AND your closet with Samantha Taylor at Pure Health Personal Training for women

If your weight has been slowly creeping up over the last few years. You are not alone. If you are frustrated with diets that do not work and leave you tired and with little energy, you are not alone. If you don't know how to get started or stay motivated with healthy eating or an exercise routine, you are not alone.

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